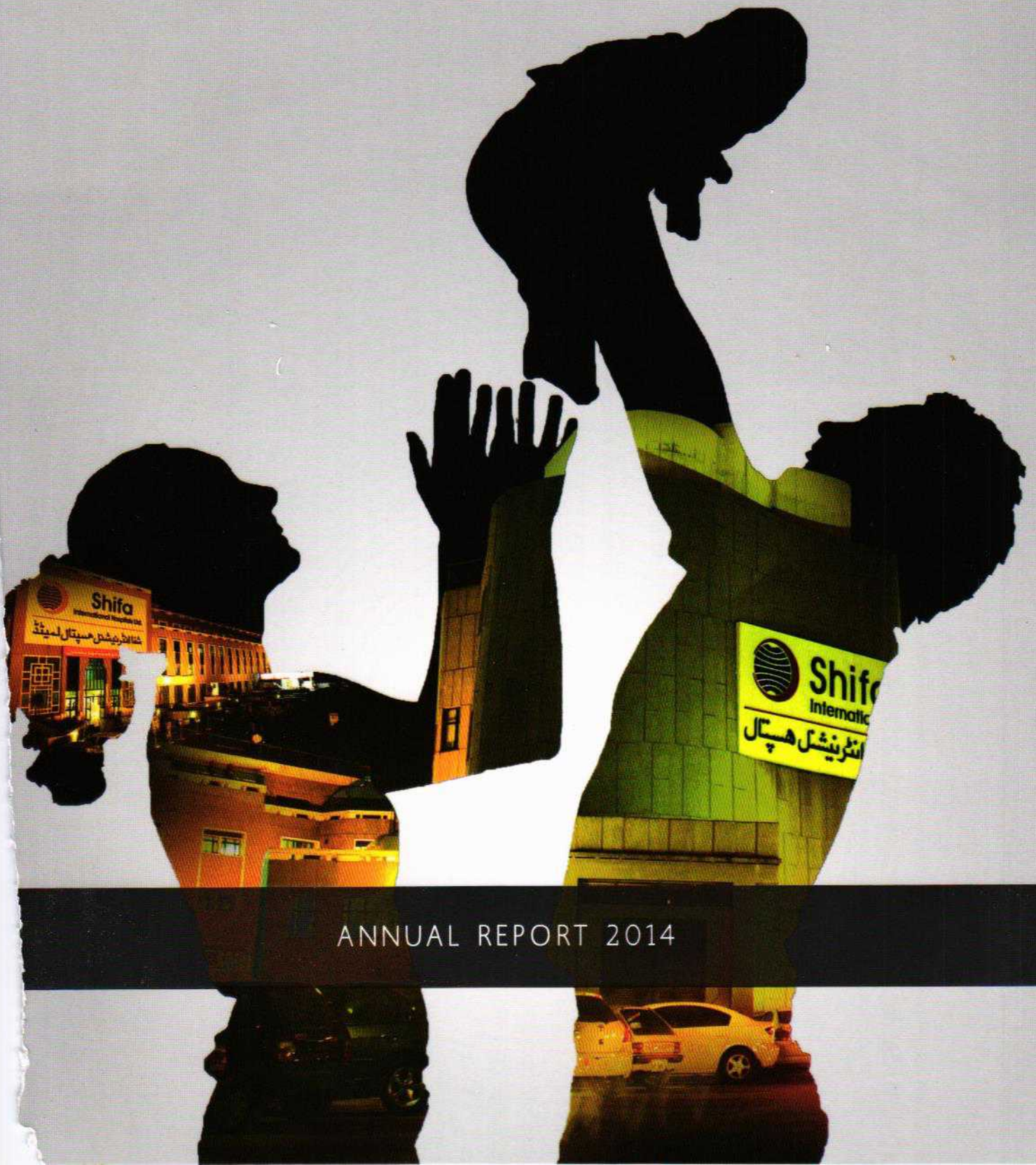


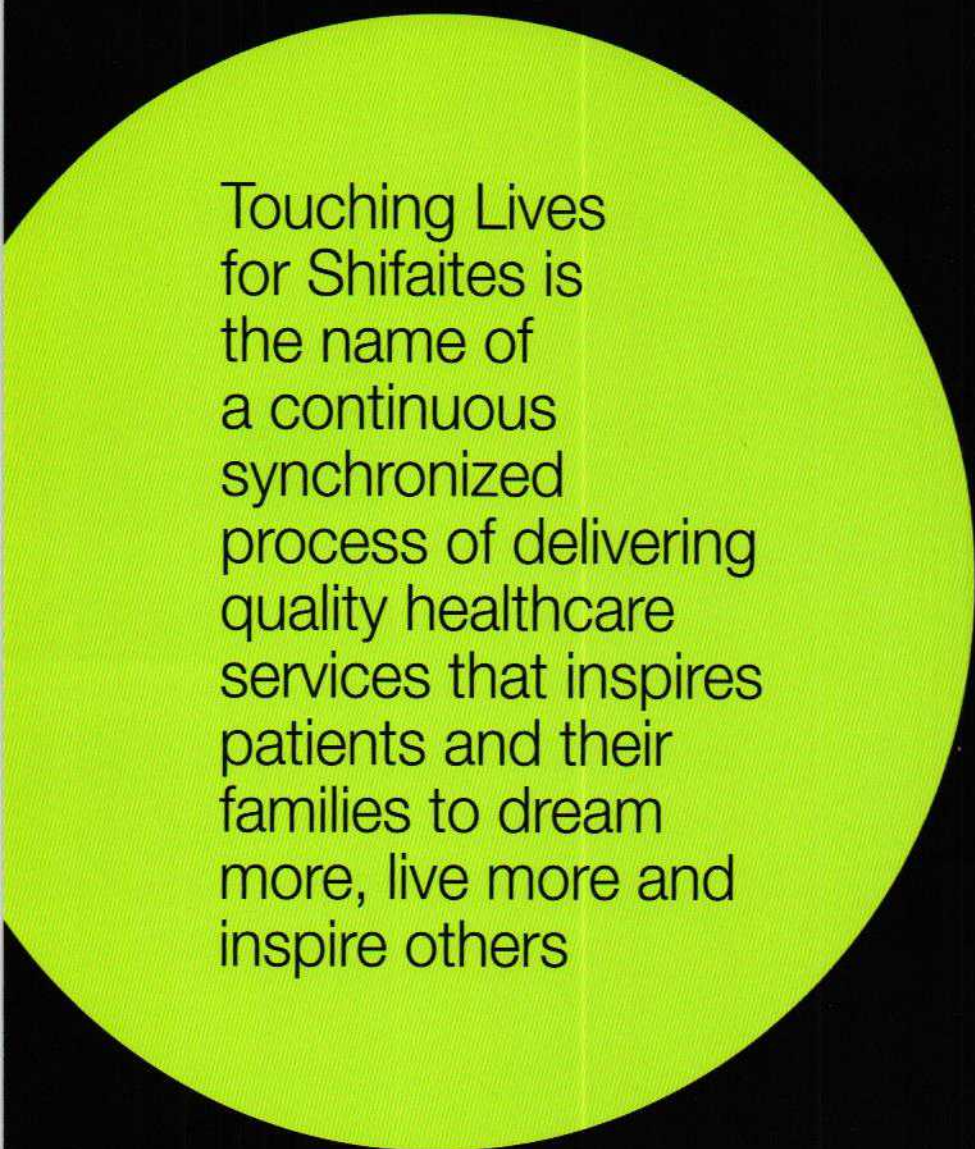


Shifa
International
Hospitals Ltd.

Touching **LIVES**



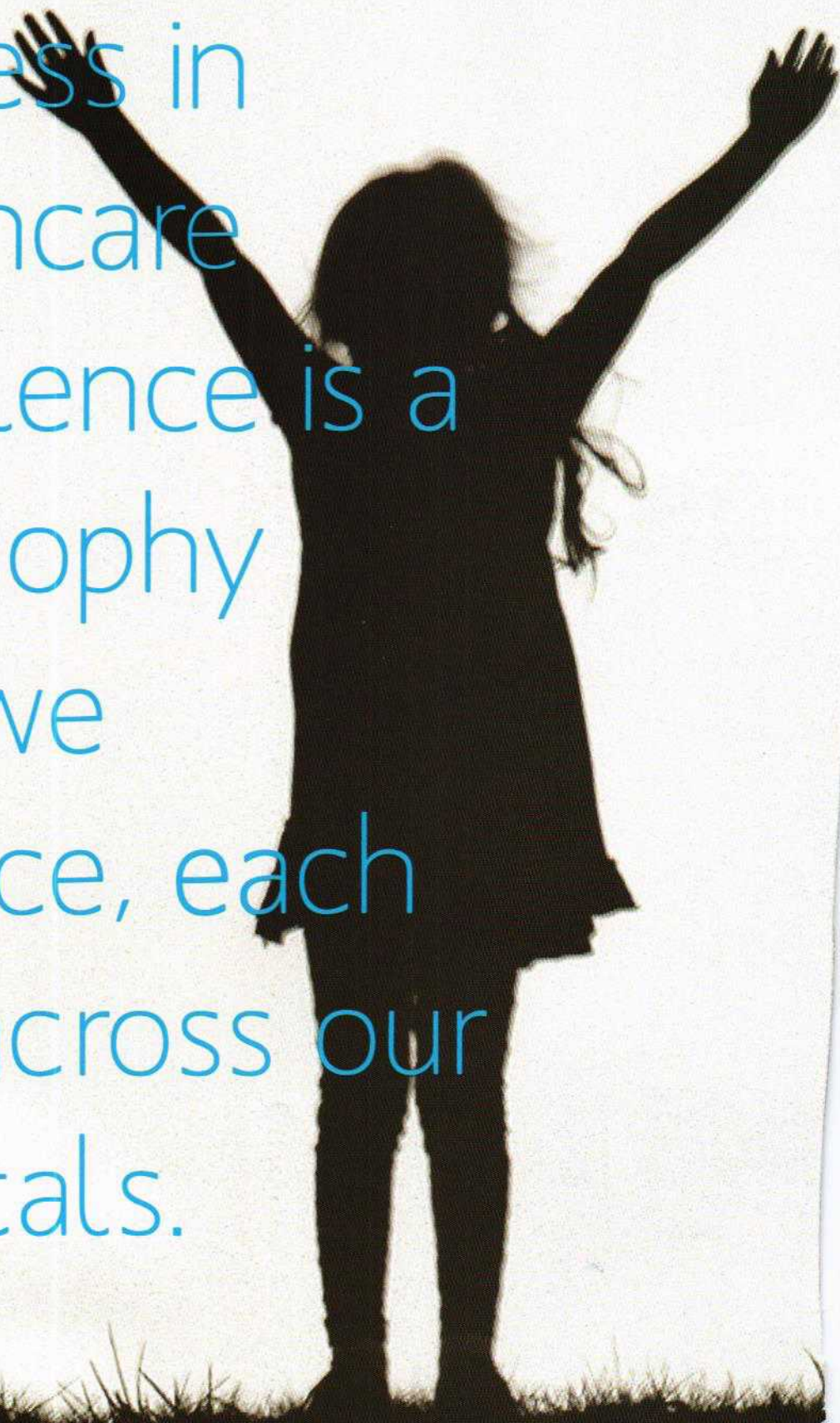
ANNUAL REPORT 2014



Touching Lives
for Shifaitees is
the name of
a continuous
synchronized
process of delivering
quality healthcare
services that inspires
patients and their
families to dream
more, live more and
inspire others

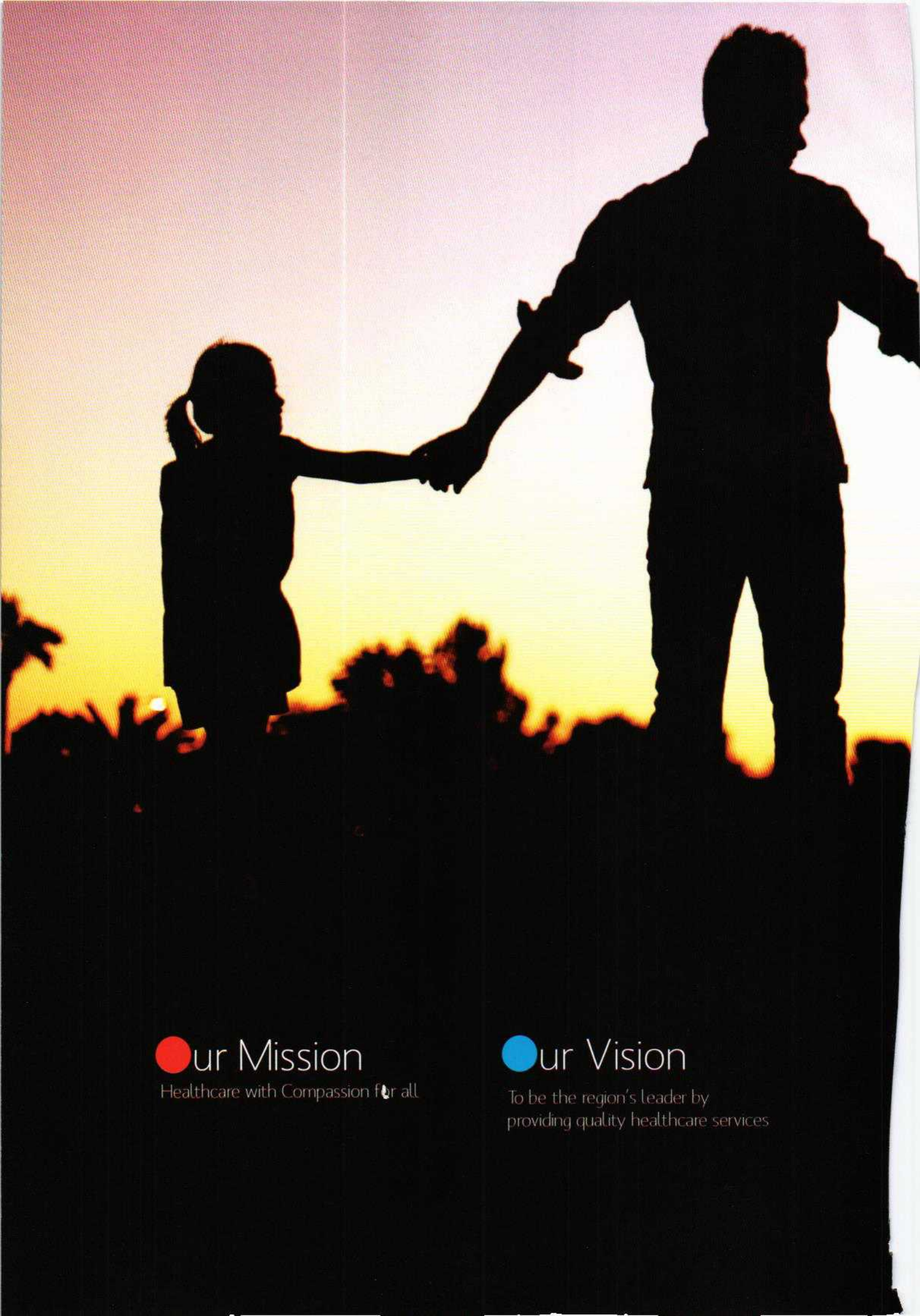
بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

At Shifa,
progress in
healthcare
excellence is a
philosophy
that we
practice, each
day, across our
hospitals.



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ur Mission
Healthcare with Compassion for all

ur Vision
To be the region's leader by
providing quality healthcare services



● Our Values

Compassion, Commitment, Teamwork, Quality,
Respect and Accountability

● Our Strategic Priorities

- Physician Partnership and Enhanced Clinical Quality
- Provide Seamless/Easy Access Care Delivery
- Financial Strength/Viability
- Strategic Growth

Company Information

BOARD OF DIRECTORS

Dr. Habib-Ur-Rahman, Chairman
Dr. Manzoor H. Qazi, CEO
Mr. Muhammad Zahid, Director
Dr. Abdul Razaq, Director
Dr. Saeed A. Bajwa, Director
Dr. Mohammad Salim Khan, Director
Mr. Shafquat Ali Chaudhary, Director
Mr. Shah Naveed Saeed, Director
Mr. Qasim Farooq Ahmad, Director
Dr. Samea Kauser Ahmad, Director

AUDIT COMMITTEE

Shah Naveed Saeed, Chairman
Dr. Habib-Ur-Rahman, Member
Dr. Mohammad Salim Khan, Member
Mr. Muhammad Zahid, Member
Dr. Samea Kauser Ahmad, Member

HR & R COMMITTEE

Dr. Habib-Ur-Rahman, Chairman
Dr. Manzoor H. Qazi, Member
Mr. Shah Naveed Saeed, Member

CHIEF OPERATING OFFICER

Mr. Sohail A. Siddiqi

CHIEF FINANCE OFFICER

Syed Muneer Hussain

COMPANY SECRETARY

Mr. Muhammad Naeem

HEAD OF INTERNAL AUDIT

Mr. Muhammad Saeed

AUDITORS

M/s Anjum Asim Shahid Rahman
Chartered Accountants

LEGAL ADVISOR

M/s Bashir Ahmad Ansari & Company

BANKERS

Meezan Bank Limited
Al Baraka Bank (Pakistan) Limited
Burg Bank Limited
Habib Bank Ltd
MCB Bank Limited
Faysal Bank Limited
First Habib Modaraba

REGISTERED OFFICE

Sector: H-8/4, Islamabad

SHARE REGISTRAR

M/s Corplink (Private) Limited
Wings Arcade, 1-K, Commercial,
Model Town, Lahore.





Board of Directors



Dr. Habib-Ur-Rahman
Chairman



Dr. Manzoor H. Qazi
CEO



Dr. M. Salim Khan
Director



Mr. Muhammad Zahid
Director



Dr. Abdul Razaq
Director



Mr. Shah Naveed Saeed
Director



Mr. Qasim Farooq Ahmad
Director



Dr. Saeed A. Bajwa
Director

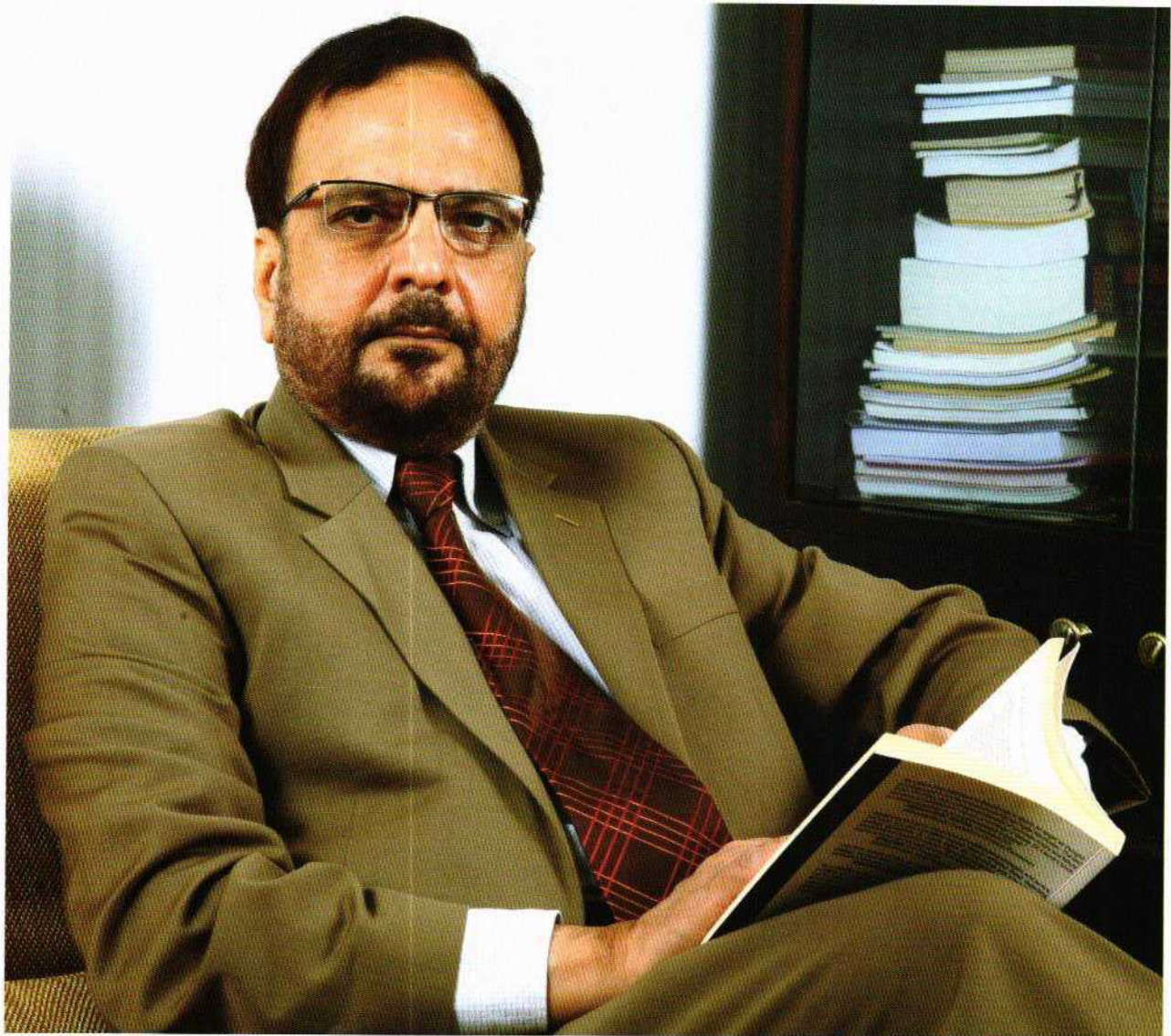


Mr. Shafquat Ali Ch.
Director



Dr. Samea Kauser Ahmad
Director

Chairman's Review



It is a privilege to share review of Shifa's past year with all stakeholders. This is an endeavor that includes recalling and reiterating the ideals that we pursue as a company and individual professionals as well as charting the future course of action. It is, hence, a glance at the past with eyes focused on future horizons.

Very dear to our hearts is the vision of founders which after a quarter century holds the same practical relevance and inspirational value for our team. We are mindful to design our corporate strategies in a manner that our core operations result in adding value to our CSR philosophy and initiatives. We at Shifa International Hospitals Limited believe that activities under the banner of Corporate

Social Responsibility should not remain limited to a few philanthropic contributions. We need to widen the canvass to paint better pictures. Conscientious companies cannot remain aloof to the responsibilities which they owe to their respective communities in their core operations.

With the above-stated guiding principle in mind, Shifa International Hospitals Limited especially focused on a number of new and ongoing initiatives to further enrich the impact of our efforts to create value for the communities we serve and to our nation.

Employees' empowerment in the course of training and development and by inculcating a sense of ownership

Very dear to our hearts is the vision of founders which after a quarter century holds the same practical relevance and inspirational value for our team. We are mindful to design our corporate strategies in a manner that our core operations result in adding value to our CSR philosophy and initiatives.

through well-thought-out policies has been one such area in this regard. This exercise has resulted in not only enriching the lives of these individuals but has enabled them to serve as ambassadors of the company, and more importantly, the values that our company espouses. I can confidently state that we are nurturing conscientious and responsible professionals who are equally good citizens. They, I believe, have become change agents in their respective societies.

Education has always been of phenomenal importance and significance in the betterment and uplift of individuals, businesses, communities, societies and nations. We do have a responsibility to share in this arena. It is as important as our core functions. We, and for that matter any business, cannot think of prospering and growing in a backward and illiterate society. Shifa International Hospitals was mindful of this duty from day one and we were always eager to augment the educational initiatives - from professional education in medicine and related disciplines to general education for indigent communities through our sister organizations. This hand-in-glove approach helped us prepare competent and research-savvy health professionals who would serve better our consumers and, simultaneously, impart a learning culture in their communities as well as peer institutions. A giant leap in this regard was establishment of Shifa Tameer-e-Millat University of which, Shifa International Hospitals Limited, is one of the three sponsors. Seeing its direction, I believe that with every passing day STMU will further make its mark and become a pioneering institution in advancing excellence in various health related academic disciplines, to name a few, Healthcare Administration, Healthcare Economics, Entrepreneurship in Healthcare etc.

While thinking about a society's development, the importance of environment cannot be overemphasized. In fact, one cannot think of a society while overlooking the environment. An American cultural anthropologist of the previous century, Margaret Mead has said "we won't have a society if we destroy the environment". Our Enterprise Resource Planning initiative, besides others, will significantly minimize the use of paper and hence enable us to put our share in protecting environment. We were taught the lesson of care for environment by our Holy Prophet Muhammad (SAW) centuries ago in ahadith encouraging plantation of trees. "Whoever plants a tree and diligently looks after it until it matures and bears fruit is rewarded" - (Musnad

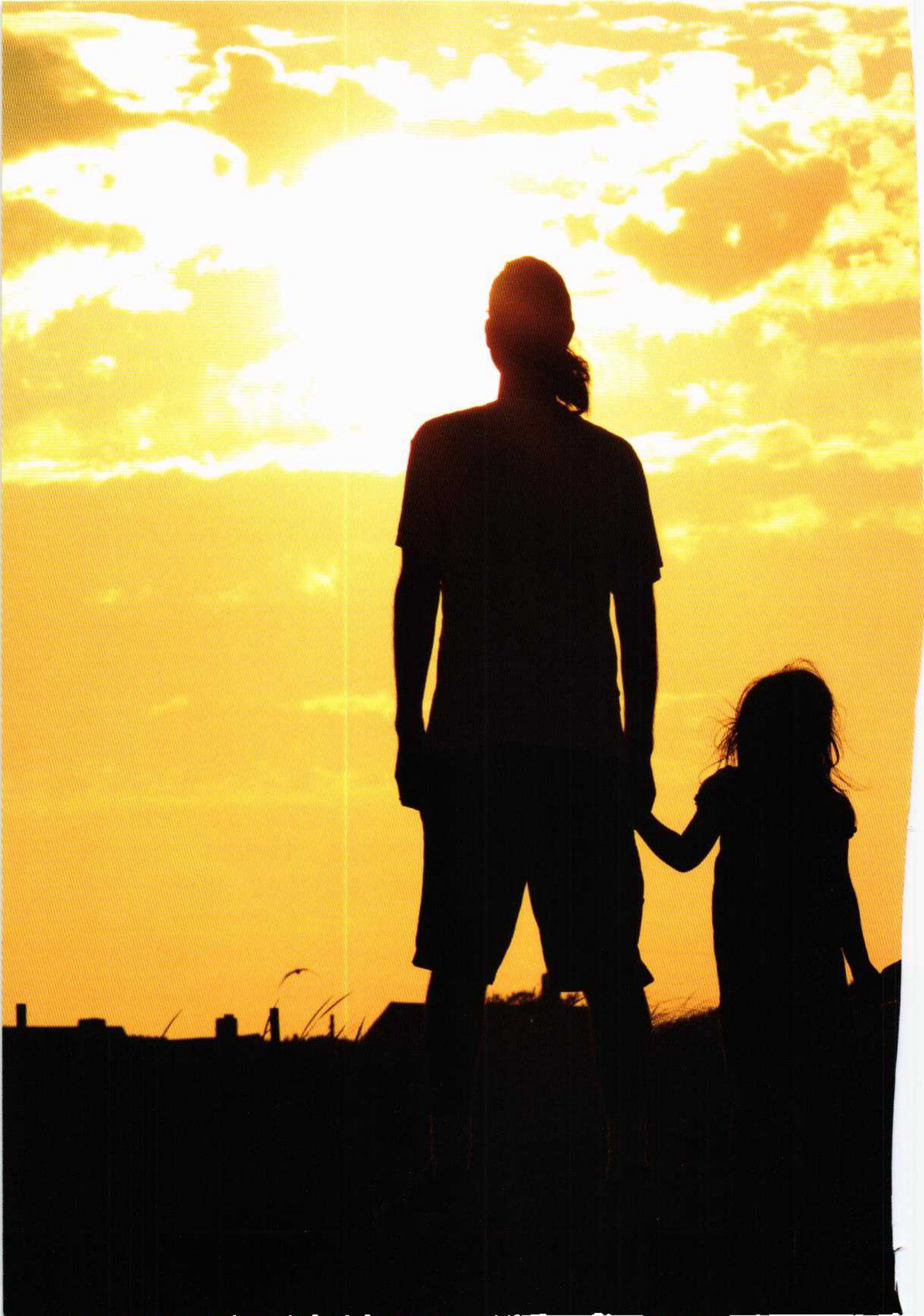
Ahmad bin Hanbal). Ours may be a humble contribution towards environment protection but it is a conscious effort and we take pride in it and share for others to follow.

To conclude I would like to again refer to the sense of direction discussed in the beginning. We are steadfast in our resolve and have unwavering confidence in our direction being right and with these feelings we vie to touch newer heights in our business and social endeavors. For us, they are inseparable.

I am honoured to convey my deep appreciation for the shareholders, the Board of Directors, consultants, employees, management and not the least, the patients - who all have contributed to making Shifa International Hospitals (Limited) a responsible, futuristic and forward-looking national institution.

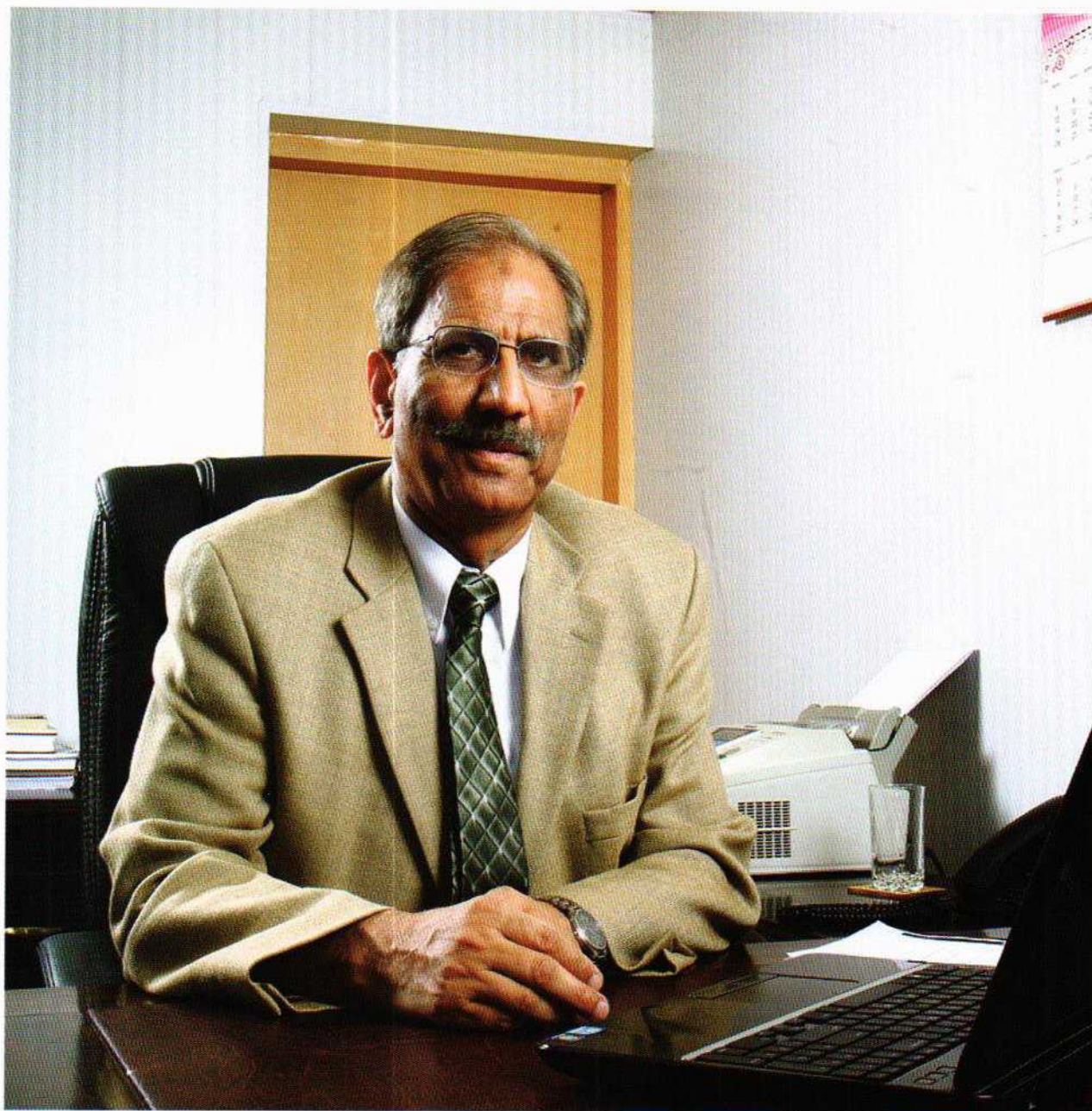
With this keynote, I present the Chairman's review for the year ended June 30, 2014.

We at Shifa International Hospitals Limited believe that activities under the banner of Corporate Social Responsibility should not remain limited to a few philanthropic contributions. We need to widen the canvass to paint better pictures.





Office of the Chief Executive Officer



After completing 20 years of success with pride, we have already embarked on the journey of next 20 years. The new 1st year has produced results, better than our expectations. Looking back, the critical element in our success was the Quality of Healthcare Delivery. This will remain our core focus as we move forward. As Chief Executive Officer of Shifa International Hospitals Limited I believe that commitment to quality is our prized distinction and guarantor of success.

Increased knowledge, know-how and increased resources are definitely helpful but will not translate into high quality

of healthcare. How one organizes the delivery of care is more important.

Combined and untiring efforts of everyone - healthcare professionals, patients and their families, planners and educators to make the change will lead to better patient outcome, better systems performance and better professional development. These changes should become integral part or second nature of everyone's job, everyday in all parts of the system. Unshakable belief in the idea that everyone in healthcare really has two jobs when he/she comes to work everyday - to do the work and to

Increased knowledge, know-how and increased resources are definitely helpful but will not translate into high quality of healthcare. How one organizes the delivery of care is more important.

improve it. Yes this is the Quality and it has to improve every time - tomorrow we will provide even better care than we provided today.

Successful and high quality service of 21 years has given new energy and new motivation to all the members of Shifa Family. Everybody is enthusiastic and committed to perform even better than a successful yesterday. New avenues are being thought of and explored. Understandably, the current infrastructure has its limitations after 21 years of constant growth. We have expanded into a new facility in nearby G-10 area which will be more of a primary care facility and take some overflows from the main Hospital. We are actively in process of looking into possibilities of Shifa International Hospitals in other cities of Pakistan.

In August our Liver Transplant Team - the only one in Pakistan - achieved another milestone, 100 Transplants from live donors with zero donor mortality and the results of recipients comparable to any respectable international institution. Our Transplant Centre is also performing Kidney and Bone Marrow Transplants with excellent results. We are proud of this team.

New Operating Rooms - our biggest and most ambitious project in last several years is the commissioning of 14 new Operating Rooms, which are fully equipped with latest design and technology. With the existing OTs now we have 22 OTs to serve our patients - and have the best surgical infrastructure in Pakistan. While we are already doing Laproscopic and minimally Invasive Surgeries, we plan to start Robotic Surgery in next 2-3 years.

With over 200 highly qualified consultants and more than 350 young doctors in training, 3700 employees, 500+ beds, more than 100 critical beds and 680,000 sq ft built area with complex equipment and technology, all geared towards care and safety of the patients, employees and visitors - this all has beautifully blended into a quality machine which is enviable. I am thankful to every member of Shifa family for this excellent care and performance.

Providing the best Technology to our patients has been our priority from day one. Recent acquisitions of second latest Linear Accelerator, highly sophisticated ophthalmology and OT equipment are testimony to this.

Our hospital in Faisalabad and the new one in G-10 area are providing the same quality of care at the doorsteps of those communities. We plan to expand this network. Kabul and Dubai Facilitation Centres started during the year, have

been slow in the beginning as expected, but have started picking up now.

We are training senior and junior doctors, nurses and paramedical staff from other areas of Pakistan and Afghanistan, in collaboration with Government and Non-government organizations. Actually we have become **Master Trainers** for the Healthcare Professionals in the region. This is a feeling of pride and satisfaction. As we are expanding, we are seeing more and more of our trained medical, paramedical and nonmedical staff in other hospitals of Pakistan and Middle East. We feel proud about it.

Our administrative, financial and professional systems are working more efficiently, smoother and with better cost controls. This is reflecting into increased clinical outcome and higher patient satisfaction and better earnings per share.

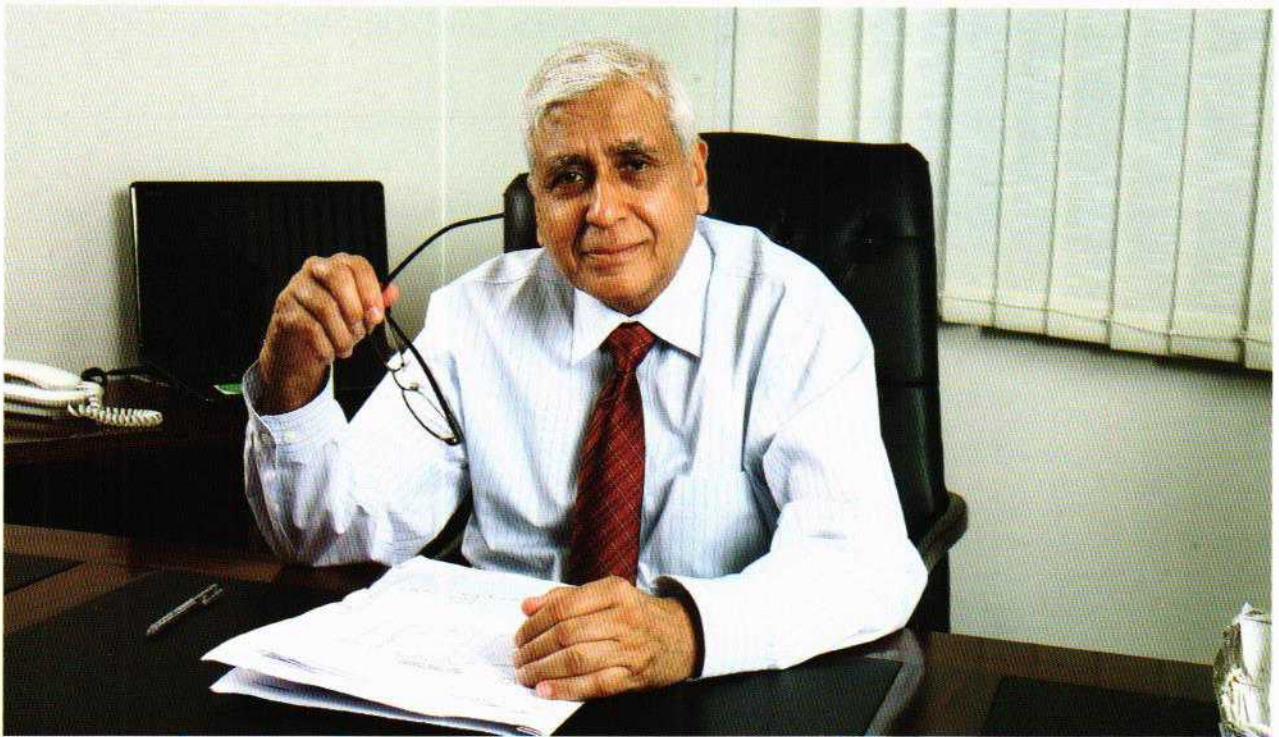
With the help of our MIS Department we are rapidly working towards automation in all the areas and within next 12 months almost all the above systems will be automated...Insha-Allah!

One of the areas which did not get enough attention in past is Clinical and Basic Research. We are rapidly putting in place an infrastructure which will be helpful in establishing world class Research Unit, which we can be proud of.

Shifa International continues helping increasing number of non-affording patients, through Shifa Foundation. All these patients get the same facilities and same care and respect as other patients at Shifa. The number of Shifa Foundation patients which we treat are limited because of limited availability of funds. Shifa Foundation is constantly making fundraising efforts so that more and more of these less privileged patients can be served.

I, along with every member of Shifa Family, am thankful to Almighty Allah for His guidance and giving us strength and resources to help sick fellow human beings.

Office of the Medical Director



DR. MIAN AMJAD SOHAIL
Director Medical Services



DR. ARIF MALIK
Director Surgical Services



DR. DARAKHSHAN JABEEN
Director PGME

Medical Director in close and active collaboration of Director Medical Services and Director Surgical Services streamlines and supervises the entire clinical operations to play a major role in achieving Enhanced Clinical Quality

Entire clinical aspects of our service delivery and matters related to our faculty are governed by the office of the Medical Director. Medical Director in close and active collaboration of Director Medical Services and Director Surgical Services streamlines and supervises the entire clinical operations to play a major role in achieving

Enhanced Clinical Quality. MD reports to the Chief Executive Officer. MD Office also looks after a rigorous Post Graduate training program. We are currently running PG training program in more than 18 specialties of medicine and surgery.



DR. M. YOUSAF CHAUDHARY
Chief of Radiology



DR. MRS. K. S. RAJA
Chief of OBS & Gyne



DR. GHULAM SIDDIQ KHAN
Chief of Surgery



DR. SYED NAYER MAHMUD
Chief of Medicine



DR. MUSARRAT HUSSAIN
Chief of Pediatrics



DR. MUHAMMAD ASHRAF
Chief of Anaesthesia & Pain
Medicine



DR. IMRAN NAZIR AHMAD
Chief of Pathology

Medical Staff Affairs

The Department of Medical Staff Affairs (MSA) develops and manages credentialing, re-credentialing and privileging activities of the medical staff. It plays a pivotal role in implementing various policies & procedures in the best interest of the patients. MSA supports the Medical Staff leadership and committees by providing expert consultation. It ensures that medical staff adheres to the Medical Staff Bylaws, rules and regulations and policies designed for improving the quality, safety and care of our patients.

Our systems allow only the most competent physicians to be appointed. Physicians form our backbone and are an integral part of various committees which develop guidelines & policies. MSA is currently experiencing an intense activity for JCI accreditation process. Led by the Medical Director & the Directors of Medical & Surgical Services, MSA is proud to be current and compliant with all national & international standards.

MSA places an immense importance to the patients' documentation & its easy accessibility. About 75 percent of the patient data is now available online and efforts are under way to have full EMR soon.

MSA remains vigilant throughout the patients stay in the hospital starting with their initial assessment to the time of discharge and ensures that all recommendations at various


steps are followed. Stringent measures are taken to control infection so that our patients are discharged in a minimal possible time. Outpatient interactions are also monitored very closely. MSA is actively involved in mortality & morbidity reviews and clinical audits. All patient related complaints are analyzed in detail in MSA and corrective measures are taken whenever necessary.

MSA places considerable emphasis on the capacity building activities for physicians and other healthcare providers and facilitates continuing medical education. Life Assistance skills have been made mandatory for all physicians and other caregivers.

The department directs & oversees all our well sought after internship, residency and fellowship programs. Presently we have 206 trainees in 18 CPSP approved programs. Since its inception in 2003, 37 trainees have passed their FCPS examinations.

Our physician friendly work environment has made it possible to have the highest number of US & UK trained and qualified physicians, under one roof, anywhere in Pakistan. MSA ensures that health, disability & insurance needs of our physicians and their families are met so that their focus always remains on patient care.





Consultants: 218
PG trainees : 206

Medical Officers: 103
Interns: 41

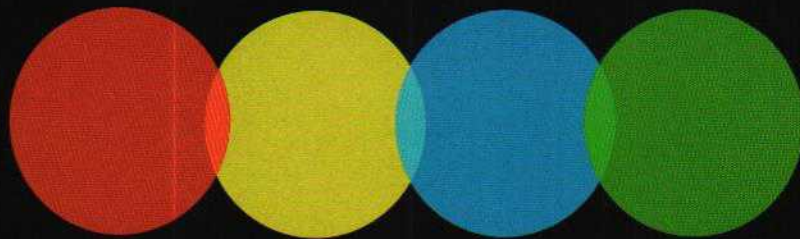
18 College of
Physicians & Surgeons
approved Postgraduate
Training Programs

FCPS: 37
MCPS: 14
IMM: 94
MRCOG: 06
FRCR: 07
MRCP: 06
MRCS: 05

Touching Lives

While we serve the humanity
with zeal and passion

Words like these
prove our commitment
and compassion



ہمیں ہمارے ہیرو!

پوری قوم ہیرو کا شکار ہے۔ ایسے ماحول میں اچھی خبر تازہ ہوا کہ جموں کے سے کم نہیں۔ قارئین کا حق ہے کہ ان کے ساتھ بھی شیر کی جائے۔

گورنمنٹ کالج لاہور میں الیاس ہمارا واحد کلاس فیلو تھا جس کے پاس اپنی کاٹھی۔ ایک متول منٹکا گھرانے کا نوجوان ہونے کے باوجود اس میں امیر لڑکوں والے چمکن نہیں تھے۔ گھر میں شرافت اور مذہبی اقدار کا راج تھا۔ اسی ماحول نے اسے سنجیدگی، شرافت اور وقار کے سانچے میں ڈھال دیا۔ وہ پسندیدہ اطوار اور اچھے اخلاق کے باعث کلاس میں متول تھا۔ میرے ساتھ اس کی پہلے جیلو ہائے ہوئی پھر دونوں جانب سے قربت میں اضافہ ہوتا گیا اور کالج سے نکلنے تک دوستی ہو گئی۔

الیاس مزید بڑھائی کیلئے برطانیہ چلا گیا اس لئے ملاقاتیں کم ہو گئیں مگر جب بھی ملتے اس کی طرف سے خلوس اور گرگجوش کا بھرپور اظہار ہوتا۔ پھر میں سول سروس میں آ گیا اور اس نے اپنی انڈسٹری سنہال لی۔ ہم ایک دوسرے کے ہاں آتے جاتے رہے۔ سروس میں سب سے پہلے میری مانسہرہ کی تحصیل اوگی میں تعیناتی ہوئی تو الیاس اپنے بچوں کو لے کر وہاں آیا۔ اس کی بیٹیوں ذکیہ اور زینب کو یہ چھوٹا سا خوبصورت پہاڑی قصبہ اتنا پسند آیا کہ وہ آج بھی اس کا ذکر کرتی ہیں۔ وہ اپنی محنت اور جدوجہد کے سبب خود ایک بڑا صنعتکار بن گیا مگر دولت کی بہتات دینی اقدار اور روایات سے اس کی وابستگی پراثر انداز نہ ہو سکی۔

والدین کی فرمانبرداری، ان کی بے پناہ عزت اور خدمت اس کی شخصیت کا بہت نمایاں پہلو ہے۔ اس کے والدین سے جب بھی ملاقات ہوتی وہ بھی اپنے فرمانبرداری کے خوبیوں کا ذکر کرتے اور اسے دعائیں دیتے۔ والدین کی بیماری اس کا بہت بڑا concern رہا ہے۔ والد یا والدہ زیادہ بیمار ہوتے تو وہ یورپ اور امریکہ کے بہترین ہسپتالوں میں ان کا علاج کراتا۔ وہ صحت یاب ہوتے تو اس کے چہرے پر خوشی اور اطمینان کی کمریں پھوٹ پڑتیں۔ گرمیوں میں وہ والدین کو بھور بن لے جاتا اور پھر سارے کام کاج چھوڑ کر ان کی خدمت میں حاضری ہی اس کی سب سے اہم مصروفیت ہوتی۔ والد صاحب دنیا سے چلے گئے تو الیاس اور اس کے بچے والدہ کی دیکھ بھال اور خدمت میں جُت گئے۔

رمضان میں فون پر بات ہوئی تو اس نے پریشانی کے عالم میں بتایا کہ ”والدہ صاحبہ کی طبیعت بہت خراب ہے۔ گردے میں کینسر detect ہوا ہے جو تیزی سے پھیل رہا ہے۔ پاکستان کے تمام بڑے ڈاکٹروں نے رپورٹوں کا معائنہ کیا ہے کوئی بھی اقی کے بڑھائے اور کمزور صحت کے سبب آپریشن کرنے کا رسک لینے کیلئے تیار نہیں ہے۔ سینئر ڈاکٹر بھی باہر لے جانے کا مشورہ دیتے ہیں لہذا ہم انہیں برطانیہ لے جا رہے ہیں دعا کرتا۔“ میں نے دل سے دعائیں مانگیں کہ ”اے قادر مطلق! ماں کو اس قدر چاہئے والوں کو دعاؤں اور برکتوں کے خزانے سے محروم نہ کرنا۔“

الیاس اپنی اٹھتر سالہ والدہ کو پرنسپل ایبویٹس کے ڈریسے برطانیہ کے بہترین ہسپتال Princess Grace Hospital لے گئے جہاں پہنچتے ہی ماہر ڈاکٹروں کی ٹیم نے CT سکین، PAT سکین، MRI اور دیگر ٹیسٹ شروع کر دیے۔

والدہ کی تیمارداری کیلئے الیاس کا سارا اگنڈہ بھی برطانیہ چلا گیا اور ان کی عید ہسپتال میں والدہ کے بیڈ کے ارد گرد گزری۔ عید پر فون کیا تو الیاس پریشان تھے کہنے لگے ”سینئر ترین ڈاکٹروں نے ٹیسٹ کئے ہیں مگر کوئی تسلی بخش جواب نہیں دے رہے۔ کینسر پھیل کر پیچھے پڑوں تک جانے کا خطرہ ہے مگر یہ آپریشن کرنے کی حامی نہیں بھر رہے۔ بس دعا کرتا۔“ چند روز بعد فون کیا تو کہنے لگے کہ ”برطانیہ کے ڈاکٹروں نے بھی جواب ہی دے دیا ہے اب امریکہ لے جانے کا سوچ رہے ہیں۔ آپ دعا کریں۔“ آپریشن کے بغیر ہی ہسپتال انتظامیہ اور ڈاکٹر سوار کوڑ روپیہ وصول کر چکے تھے۔

اگلے روز پھر فون آیا۔ الیاس کہنے لگے ”تم جانتے ہو



ذوالفقار علی چیمہ

☆☆☆☆

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والدہ صاحبہ ضعیف بھی ہیں اور کمزور بھی، امریکہ کا طویل سفر کرنا ان کے لئے بہت مشکل ہے۔ رپورٹیں دیکھ کر وہاں کے ڈاکٹر بھی آپریشن کرنے کا رسک لینے کیلئے تیار نہیں ہیں۔ اس لئے ہم نے فیصلہ کیا ہے کہ ہم والدہ کو پاکستان ہی لے آئیں۔ اللہ کرے کہ اپنے ماحول میں اپنے عزیزوں کے درمیان ان کی طبیعت کچھ سنبھل جائے۔“

وہ پاکستان پہنچے تو میں نے فون کیا کہ کل میں خالد جی کی عیادت کیلئے لاہور آؤں گا۔ کہنے لگے نہیں ہم انہیں لے کر اسلام آباد آ رہے ہیں۔ میں نے چونک کر پوچھا کس لئے؟ کہنے لگے آپریشن کرانے کیلئے؟ میں نے کہا جس Risky آپریشن کا بیڑہ یورپ کے قابل ترین ڈاکٹروں نے نہ اٹھایا وہ آپریشن کرنے کا آپ کو کون مشورہ دے رہا ہے؟ کون ہے ایسے مشورے دینے والا ڈاکٹر؟ کہنے لگے وہ ڈاکٹر نہیں۔ میں نے پوچھا پھر کون ہے؟ کہنے لگے ”وہ فرشتہ ہے اور میں دیکھتے ہی اس پر ایمان لے آیا ہوں۔“

ڈاکٹر سعید اختر ایک معروف یورالوجسٹ ہیں۔ امریکہ کے کئی ہسپتالوں میں یورالوجی ڈیپارٹمنٹ کے سربراہ رہے ہیں۔ سال میں آٹھ نو مینے انٹر نیٹل ہسپتال، اسلام آباد میں کڈنی ٹرانسپلانٹیشن میں معروف رہتے ہیں اور باقی عرصہ امریکہ میں گزارتے ہیں۔ آمدنی کا زیادہ حصہ اللہ کی راہ میں خرچ کر دیتے ہیں۔ کسی عزیز نے ان کا

ذکر کیا تو الیاس نے ان سے نیوجرسی (امریکہ) میں رابطہ کر کے والدہ کی بیماری کے بارے میں آگاہ کیا اور تمام رپورٹیں بھجوا دیں۔ ڈاکٹر صاحب نے انہیں فون کر کے بتایا کہ مریض کی عمر اور صحت کے باعث مسئلہ تو بہت پیچیدہ ہے لیکن وہ چند روز بعد اسلام آباد آ رہے ہیں آپ والدہ کو لے کر ہسپتال آ جائیں۔ اللہ خیر کرے گا۔

پوری فمیلی کو آپریشن کے بارے میں شدید خدشات تھے کہ کینسر زدہ گردے کے جس کس کو برطانیہ اور امریکہ کے چوٹی کے ڈاکٹر ہاتھ لگانے سے گریزاں تھے اسے ایک پاکستانی ڈاکٹر پاکستان کے ہسپتال میں کیسے سنبھال سکے گا؟ ان تمام خدشات کے باوجود میاں الیاس اور ان کی مڈر اور باوقار معشرہ و باجی نصرت نے آپریشن کے حق میں فیصلہ کیا۔ 27 اگست کو والدہ آپریشن تھیٹر میں گئیں تو سارے کہنے نے دعا کیلئے ہاتھ اٹھائے اور قادر مطلق سے والدہ کی صحت یابی کی دل سے دعائیں مانگیں۔

موت و حیات کے مالک نے ڈاکٹر سعید اختر کے ہاتھوں معجزہ دکھا دیا۔ چار گھنٹے کا آپریشن ہوا جس میں سرطان زدہ گردے کے علاوہ gall bladder بھی جسم سے نکال دیا گیا۔ جو کارنامہ برطانیہ کے چوٹی کے ڈاکٹر نہ کر سکے وہ ایک پاکستانی ڈاکٹر نے اپنے ملک میں کر دکھایا۔ آپریشن کی کامیابی پر ماں کی خدمت گزار اولاد سجدہ شکر میں گر گئی۔

یورپ اور امریکہ کے ہسپتالوں کے معیار اور Post Operative Care کا مکمل ادراک رکھنے والے اس گھرانے کو اس بارے میں تشویش تھی۔ مگر بعد از آپریشن نگہداشت کیلئے پاکستانی ہسپتال کے بہترین SOPs دیکھ کر سب کو خوشگوار حیرت ہوئی اور یہ سب کچھ اپنے ملک میں ہوا۔ خالق نے دعائیں قبول کیں۔ چند روز ہسپتال میں رہنے کے بعد اب والدہ محترمہ کو لے کر لاہور چلے گئے ہیں اور مریض صحت یاب ہو رہی ہیں۔

ویل ڈن ڈاکٹر سعید اختر ویل ڈن! پوری قوم کو آپ جیسے لائق فرزندوں پر فخر ہے آپ پاکستان کے ہیرو ہیں۔ ہمیں اس بات پر ناز ہے کہ ہمارے ملک میں ڈاکٹر سعید اختر اور ڈاکٹر ادیب رضوی (کراچی) جیسے یورالوجسٹ اور ڈاکٹر اطہر انعام (کراچی) جیسے قابل نیوروجن موجود ہیں۔

میاں الیاس صاحب کا ابھی ابھی منیج آیا ہے آپ بھی سن لیں ”میں بے پناہ مسرت اور افتخار کے ساتھ سب کو بتانا چاہتا ہوں کہ ہمارے اپنے ملک میں اتنے قابل ڈاکٹر ہیں کہ باہر کے ڈاکٹر ان کا مقابلہ نہیں کر سکتے۔ مجھے اس بات پر شرمندگی ہو رہی ہے کہ ہم جیسے صنعتکار، برنس مین اور ہمارے سیاستدان علاج کیلئے یورپ اور امریکہ کا رخ کرتے ہیں۔ جبکہ ہمارے اپنے ملک میں کسی چیز کی کمی نہیں۔ یہاں عالمی معیار کے ہسپتال بھی ہیں اور ڈاکٹر سعید اختر جیسے فرشتہ سیرت ڈاکٹر بھی، جن کے ہاتھ میں دوا بھی ہے اور شفاء بھی۔ مجھے اپنے پیارے ملک پاکستان اور یہاں کے قابل اور بھروسہ سجاؤں پر فخر ہے۔..... جیوے میرا پاکستان۔ پاکستان زندہ باد۔“

Shifa Heart Center



The Heart Centre of Shifa International Hospital is the hub of various general and specialized cardiac services. It is known to be one of the best heart health centers of Pakistan. Angiography, angioplasty, stents, intra aortic balloon pump, EECF and Cardiac MR are some of the services we offer here. Our highly competent consultants have the ability to deal with critical areas and conditions and treatments of heart like Heart failure, Interventional Cardiology/PCI, CHD/Valve Replacement, Peripheral Vascular Disease & Peripheral Artery Disease (PVD & PAD), Electrophysiology/Arrhythmias, Cardiac Imaging and Cardiac Rehabilitation.

We are equipped with Cardiac CT (640 slice) that is advance and fast technology. It has made possible to record coronary angiogram without placing catheters in the heart. The risk associated with conventional coronary angiography can thus be avoided. The department also provides EP studies with Cardiac ablation, Cardiac Resynchronization Therapy and Implantable Cardiac Defibrillator.

We plan to expand rapidly and our improvement plan is aimed at revolutionizing heart health facilities' culture. Following are some of the initiatives in this regard:

Cardiac MRI Service: The department aims to offer this new and exciting diagnostic modality. We hope to start the service with full strength in 4-6 weeks. Our goal is to establish a full time and dedicated cardiac MR and cardiac CT set up in the upcoming years that can cater to the needs of the region.

National Integrated Anticoagulation Service (NIACS): We take pride in successfully initiating and developing a

comprehensive and integrated anticoagulation service in collaboration with our Hematology department and Roche pharmaceuticals. This is done at a time when anticoagulation is an unregulated and unmonitored therapy in most of the developing countries. We provide an INR monitoring and appropriate dosage facility. We have also acquired smaller strength warfarin for the patients. Now, we intend to extend our services throughout the region and beyond.

Heart Failure Service: This unique and pioneering service will help establish SIH in providing extensive and comprehensive health provider. The department plans to start a heart failure treatment optimization service for chronic heart failure patients by autumn this year. If not managed properly, the condition can show worst prognosis than certain cancers. It will be supervised by the consultants and run by cardiology fellows and nurse practitioners. We not only intend to provide support to the patients in the clinic but also through emailing, mobile text and telephones.

Patient Education Program: We realize the importance of educating and informing the general public about health. Thus we plan to do this in association with NUST. The program will be called IMPROVED or Improving Public Perception of Diseases which will produce pamphlets,



I am blessed with a new life

I had chest pain in 2009 and I came to Shifa to discuss my case with doctors. My luck that most of the doctors were on leave that day due to Eid holidays. Seeing me in pain, Dr Habib ur Rahman, a great personality in the cardiology clinic, called me in his room and examined me. He gave me around two hours, in which he looked at my reports and listened to me. I was so obliged that he spared so much time for a patient and didn't even charge a penny. Dr Fareed Ullah did my surgery and now I am under treatment of Dr Asad. They are Pakistan's highly qualified specialists and I have no doubts about their capabilities. I am blessed with a new life. And after Allah, these two personalities are the ones to be credited. I have been to other hospitals for treatment too but my experience with Shifa is best.

newspaper articles, emails and mobile text. We hope to start it formally in October or November this year.

INCREDIBLE Heart: To help improve cardiovascular risks in general population, we have started an initiative and research study known as INCREDIBLE or Initiative for Cardiovascular Risk Reduction through Dietary, Behavioral, Lifestyle modifications and Exercise. We welcome sponsors for such milestone study. This program is mainly targeted to younger and middle aged population of the capital city and beyond with multiple cardiac risks. We have incorporated cardiac rehab program into this initiative and are utilizing our cardiac rehab facility as a centre for education and exercise program, obviously introducing people to our resources.

Cardiovascular and Thoracic Surgery

Cardiovascular and Thoracic Surgery Department has matured in the past two decades having performed more than 4000 surgeries. We are proud to have reached a stage where the Department's performance and spectrum of activities is comparable to any good tertiary care centre in the world.

Over the past few years the variety of cases being performed have been expanded from Adult cardiac surgery to more sophisticated sub-specialized fields such as Aortic Root surgery, Thoracoabdominal Aortic surgery, Valve repair, Adult Congenital Cardiac surgery and Pediatric Cardiac surgery.

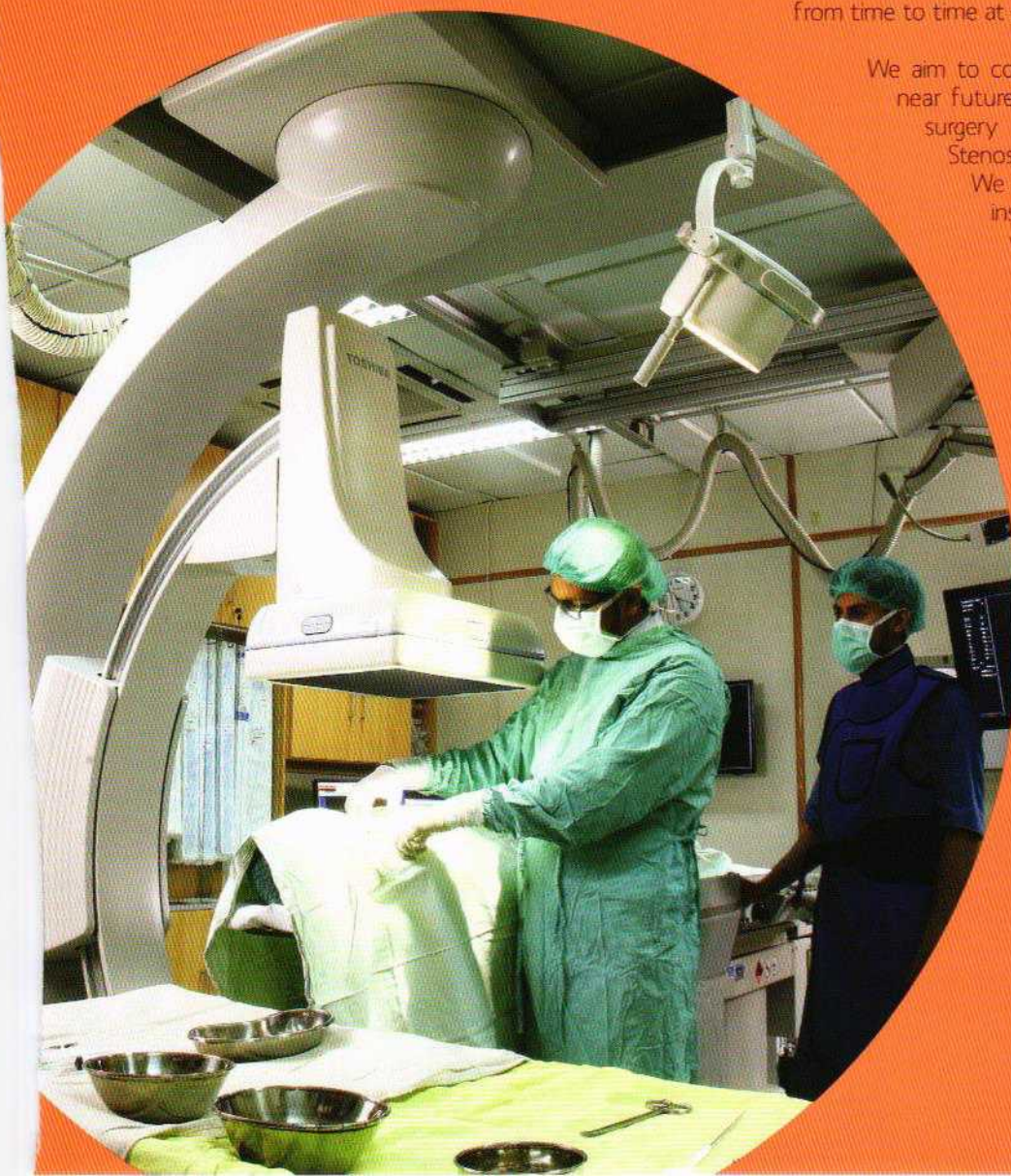
In addition we have expanded the Thoracic surgery spectrum and currently are offering minimal access tumor resection, lung volume reduction, empyema surgery, and diagnostic procedures. Cosmetic correction of chest wall deformities, diagnosis and resection of mediastinal tumors. Video assisted Thoracoscopic surgery for pneumothorax, pleural effusions diagnosis and therapy are also being performed.

We continue to
f r o m

expand our charity program in collaboration with various charities both within Pakistan and from abroad. We are especially grateful to Shifa Foundation that continues to come to our patients rescue from time to time at short notice.

We aim to continue to expand further in the near future and hope to offer endovascular surgery for Aortic aneurysm, Carotid Stenosis and peripheral vascular disease. We also aim to be one of the first institutions to offer Percutaneous valve replacement in Pakistan. Another of our targets is to offer ECMO service for pediatric population and Cardiac and Respiratory failure therapies including Cardiac assisting devices and Cardiac and Lung transplantation in the near future.

As a service to the specialty we aim to start a cutting edge Residency program comparable to the best in the world. We also want to start a diploma in Cardiovascular Nursing in collaboration with Shifa School of Nursing. The education program will help fulfil the dream of our pioneers who envisioned an institution comparable to the likes of Mayo Clinic or the Cleveland Clinic in the United States.



Orthopedics

Orthopedics is one of the significant departments of SIH. We offer all major elective procedures such as hip and knee replacements, knee and shoulder arthroscopies, limb length and limb deformity correction with Ilizarov external fixator, spinal surgery and pediatric orthopedics are being done here. The three member team of young and energetic

surgeons is trained and experienced in modern orthopedic medical & surgical treatment. Two of the surgeons are on the Specialist Register in Ireland and UK.

The department provides 24/7 trauma services and covers all aspects of trauma including pelvic and acetabular fracture fixation, intramedullary nailing, management of open and closed fractures etc.

The standard of care in orthopedic in-patient ward rooms is of the highest quality with specific attention to avoidance of infection. We have nurses in the ward specially trained in orthopedic. A physiotherapist with special training in orthopedic rehabilitation has been dedicated for patient's postoperative rehabilitation.

Our new elective orthopedic theatre has international standard laminar airflow. This minimizes the risk of infection in orthopedic surgical case such as joint replacement and implant surgery. There will be new operation theatres specifically for orthopedics in the near future which are designed at the highest international standards. Moreover,

the newly acquired equipment includes an operating table that can be used to take X-rays during the surgery. Surgeries are done with disposable surgical gowns and drapes to further minimize the infection risk. We have recently acquired a new Image Intensifier which is a specialized X-ray machine that is used to see the position of bones and implants during operation.

The Orthopedic department offers:

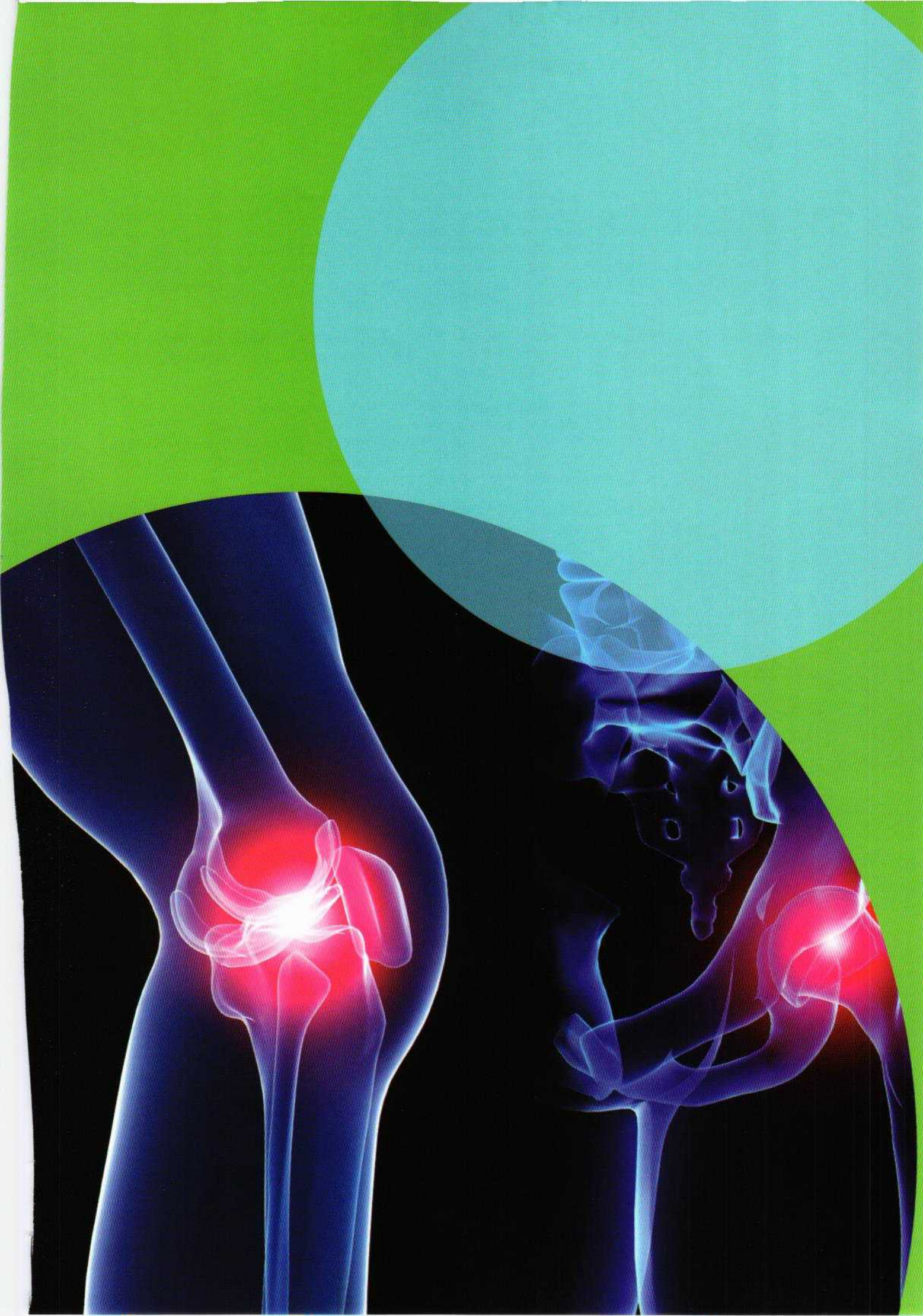
- Management of simple and complex fractures and dislocations with internal and external fixations
- Limb deformity correction and lengthening via Ilizarov external fixator - Joint replacements including Total Knee, Hip and Shoulder replacements - Arthroscopies of the knee, ankle and shoulder joint
- Fixation of complex pelvic injuries
- Pediatric Orthopedic surgery including Developmental Dysplasia of Hip, Congenital Hip Dislocations, Club foot management by Ponsetti Technique and surgical club foot correction and many other congenital deformities

The orthopedic unit is progressing rapidly and will soon have recognition for postgraduate training. We also soon hope to welcome onboard a fourth Consultant Orthopedic Surgeon who is fully qualified and has most of his training in Ireland & UK.



I will be discharged today

I am very satisfied with the treatment I am getting at SIH. The doctor's and staff are loveable and caring. The staff takes care of the patients' needs. Dr Waqar Jan and Dr Iffat are highly competent. I came here to get treatment for my broken knee. Examination and tests revealed that I needed a knee replacement surgery. During this time I did not feel even slight pain. Today is my fifth day of surgery and I will be discharged today. My initial walking sessions have also started. One comes to know this hospital actually is only when you visit. People will notice great difference from other hospitals. The well maintained cleanliness is worth praising; even the washrooms are well kept.



Neurology

Neurology, one of the key departments of Shifa International Hospital, has highly trained and qualified neurologists, who along with their dedicated post-graduate trainees and nursing staff, provide inpatient and outpatient services. The division mainly provides diagnosis and treatment options for disease relating to the body's neurological system. We have the honor of establishing the first dedicated Stroke Unit in the region. Fortunately, the department is also credited for having Pakistan's first Dementia patient registry and a registry for maternal and fetal complications in pregnant epileptic women. Our post-graduate training program is also a matter of great pride for us. The goal of the Neurology Residency is to train future leaders in clinical and academic neurology. Currently, we have 6 Post graduate fellows in training.

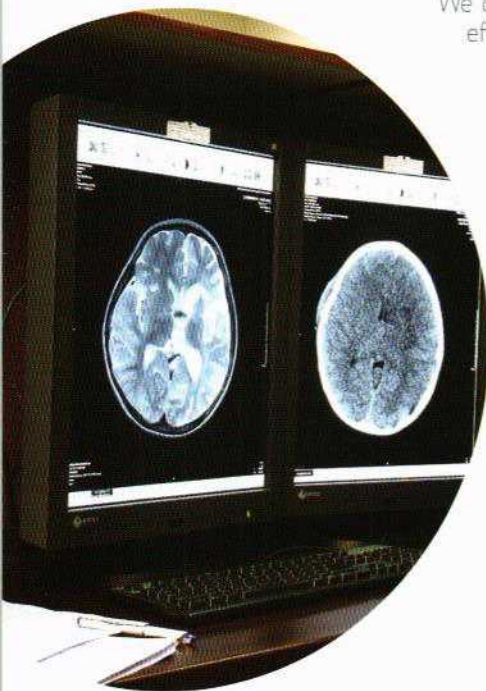
We offer Neurophysiology services that include Nerve Conduction studies (NCS), Electromyography (EMG), Electroencephalography (EEG), Video EEG monitoring, sleep studies and all types of evoked potentials (somatosensory, brainstem auditory, visual).

We celebrate designated awareness days for common neurological diseases and have put efforts in developing patient awareness materials for Stroke, Alzheimer's, Epilepsy and Multiple Sclerosis. Our research team is actively working on over 15 on-going projects. More than 30 research papers have been published in several renowned international and national indexed medical journals over the course of last five years.

Our future vision includes establishment of a fully facilitated Neuro-Rehab unit which is going to be first of its kind in the country. We also soon aim to establish epilepsy and botox clinic. Initiation of a Parkinson's disease registry is also in the pipeline.

Neurosurgery

The department of Neurosurgery has 4 qualified and experienced neurosurgeons with vast experience in dealing with brain tumors, spinal procedures and vascular and endoscopic procedures. We also provide high quality care for neurosurgical trauma patients and have high quality equipment for spinal fixation and excellent neuro-monitoring facilities. Neurology division at Shifa compliments the Neurosurgery and this combination makes Shifa the ultimate choice for patients.



Patient:
Naveed Akhtar



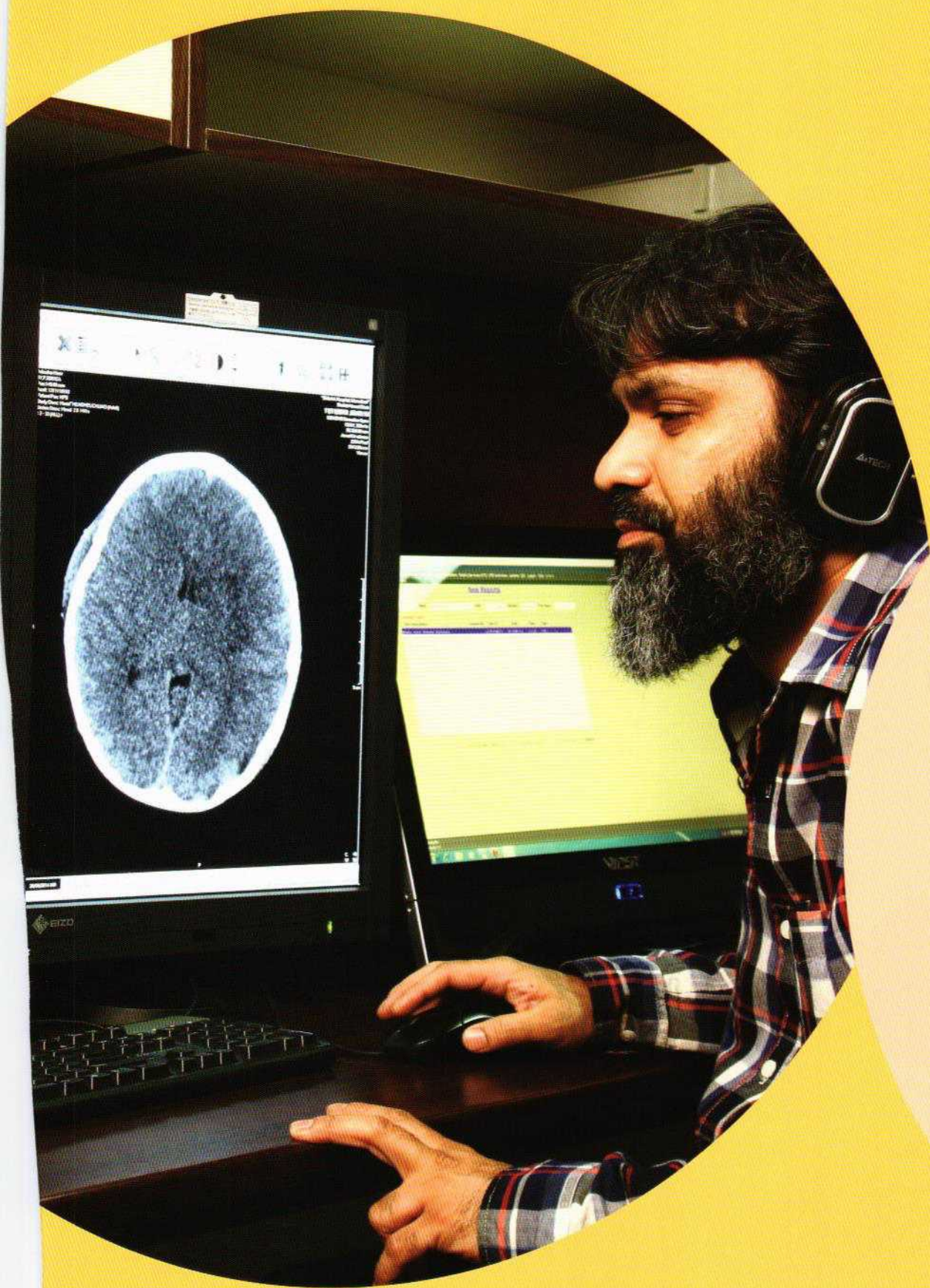
City:
Tehsil
Kahuta

Clinic:
Neurology

Consultant:
Dr. Maimoona
Siddiqui

Like a mother takes care of her child

I was brought unconscious to SIH. When I regained conscious, I found doctors, nurses and my family standing around me. I actually had an accident in 2000 and was treated at a government hospital in Rawalpindi. In April 2013, I again had pain in my head. A friend advised me to visit SIH for this kind of issue. Shifa was new to me but I really liked the attitude of doctors. They take care of patients like a mother takes care of her child. Dr. Tauqeer Nasir, Dr. Yousuf Awan and Dr. Maimoona treated me well. SIH is the best from all aspects. A patient's life is highly precious and here they try their best to bring hope and life to the patient. The whole environment and staff is friendly at Shifa. I regained my health here and I feel indebted to everyone. I never found such warmth and affection anywhere else.



Shifa Cancer Center

Shifa Cancer Center has been providing state of the art medical treatment for cancer patients since the early 90's. Considering the growing burden of the disease, the pioneers realized the need and established the first radiation oncology department in the private sector in 1994. Progressing further, the department developed additional cancer treatment facilities over the years. Now, we are proud to be part of full-fledged Shifa Cancer Centre, established in 2012.

Medical Oncology

We provide comprehensive medical oncology care for solid tumors and hematological malignancies, including chemotherapy and autologous/allogenic Bone Marrow Transplant (BMT). Moreover, there is inpatient care for chemotherapy, supportive care and treatment of emergencies and complications as well. We hold Multidisciplinary Tumor Board regularly at our facility.

The Oncology Day Care Unit is especially designed for patients suffering from various benign and malignant disorders. This Unit offers various diagnostic and therapeutic modalities including blood transfusions for patients with thalassaemia. Other than this, other types of blood component infusion therapy and outpatient cancer chemotherapy for all types of malignant diseases is also available.

Radiation Oncology

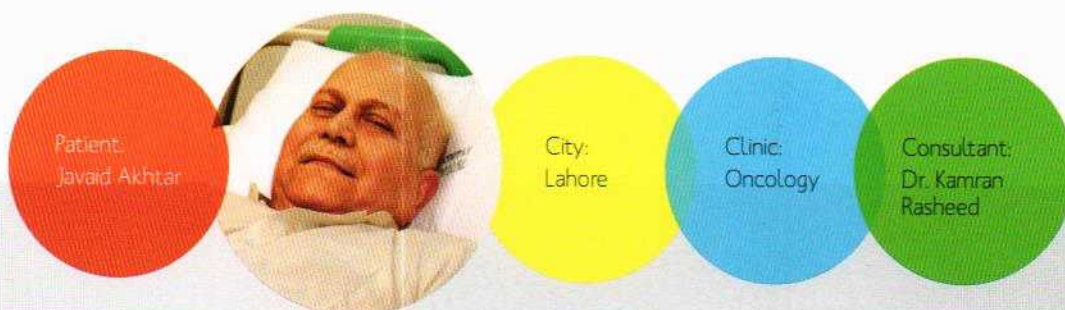
Radiation Oncology Department has the privilege of being Pakistan's first radiation therapy center in the private sector. Trained and expert staff of the department has been providing radiation therapy services to cancer patients since 1994.

Currently, we provide 2DRT (Two dimensional Radiation Therapy), 3DCRT (Three dimensional Conformal Radiation Therapy), IMRT (Intensity Modulated Radiation Therapy) and Arc and Rotational Radiation Therapy.

The department is equipped with a state of the art Liner Accelerator and CT Simulator (Wide Bore). The latter is used for accurate visualization of tumors and normal tissues in each individual patient so that accurate targeting of tumors and protection of normal tissues can be done.

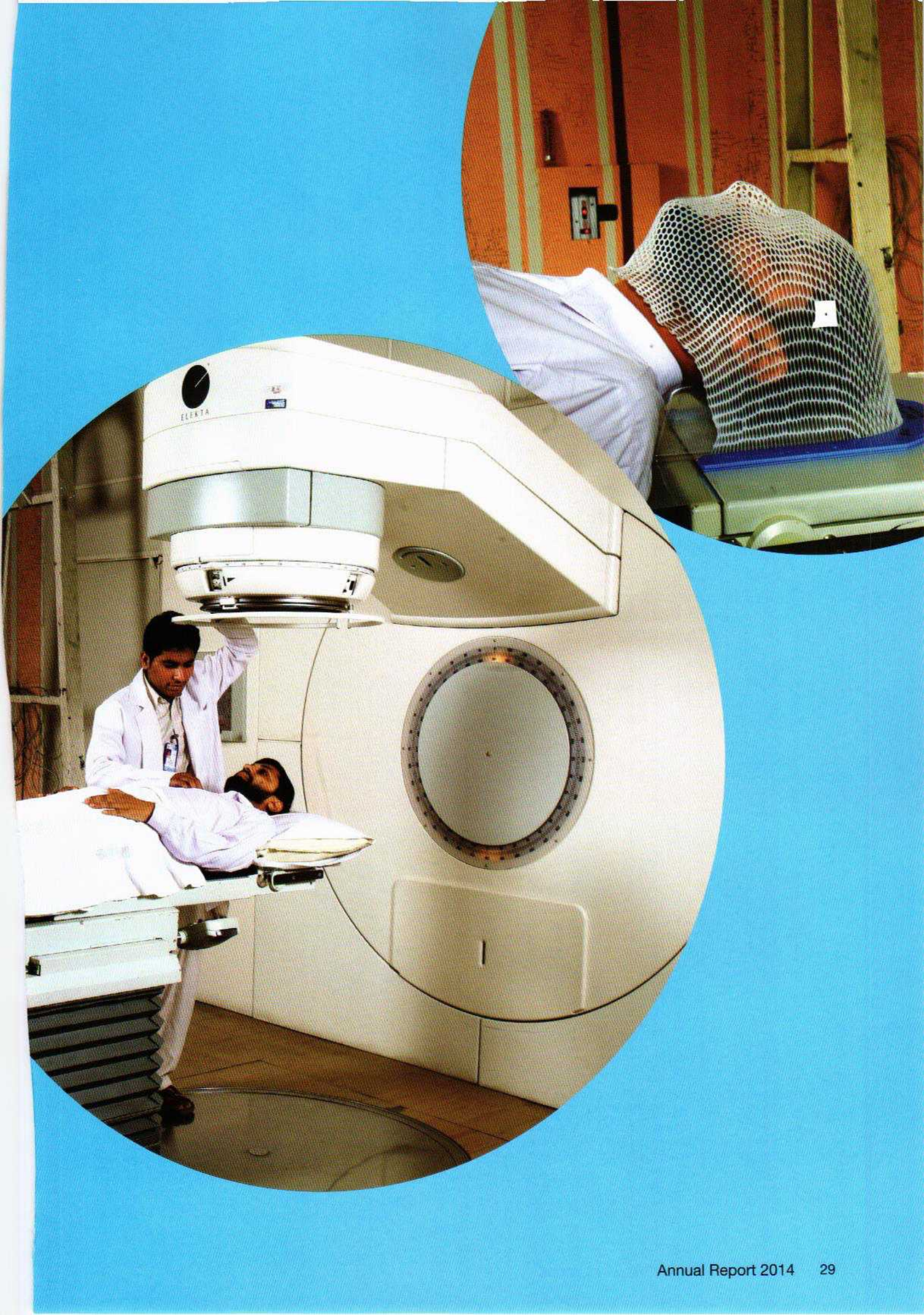
We are the first department to introduce and implement SOPs for radiation therapy including Simulation, Customized Shielding Blocks, Computerized Treatment Planning and Port Films for Treatment Verification.

Moreover, we have the pleasure of being the pioneer center to train many medical physicists and technologists now serving cancer patients in different hospitals of Pakistan as well as abroad.



Competent Doctors, Standardized Treatment

I had surgery for prostate cancer and was being treated for it in Lahore. But I was not satisfied. My experience in other hospitals of Lahore was also not really good. I therefore, finally came to Shifa. Staff in some hospitals doesn't bother guiding the patients where to go. Here at Shifa, I found the staff's attitude very positive. My radiation was done by Dr Mohammad Ali Afridi. He is competent and a good person. The staff in oncology department is also worth praising. One of the reasons of my coming here is that I find Shifa very clean. Nowadays, I am under the treatment of Dr Kamran Rasheed. He is not just a doctor of great stature but a great person as well. I am satisfied with the treatment I am getting. If people want to get standard treatment they should definitely opt for SIH.



Nephrology

The department of Nephrology deals with the care of the patients with kidney diseases of different stages. With a team of four qualified and experienced nephrologists, our centre has grown into a busy and sought-after center for nephrology services over the last 20 years. The department provides various types of therapies like dialysis, one of its key services, and kidney transplant and also deals with salt, water and electrolyte disorders. There is no doubt that our dialysis centre is one of the best in the country. The department started with just a few machines in the beginning and now has 33 to cater to the needs of the patients. Our dialysis centre offers its services round the clock; even on public holidays. Moreover, outpatient, inpatient and emergency dialysis facilities are also provided here. From doing just a couple of hundred dialysis sessions each month, we now perform more than two thousand every month. We have a competent, experienced and dialysis staff that is determined to meet the expectations of the patients. The centre



more
hard working
also trains new dialysis
technicians.

We now also provide CRRT (Continuous Renal Replacement Therapy) to the critically ill patients. Our department is also performing interventions like kidney biopsies and dialysis access placements. Permanent dialysis access like Arteriovenous fistulas and grafts are also formed here. Living related kidney transplantation is also being done at Shifa and we have performed more than 250 renal transplantations so far.

We have an active fellowship program (FCPS) recognized by the College of Physician and Surgeons of Pakistan and presently eight fellows are doing their fellowship. The department is committed to play its part in serving the community by providing the best trained, knowledgeable and hard working nephrologists.

We plan to upgrade the dialysis centre into a custom made unit with 60 machines. The department also aims to establish a chain of satellite dialysis units in different parts of the country where our trained fellows will provide health services to the needy patients near their homes.

Patient:
M Saleem



City:
Faisalabad

Clinic:
Nephrology

Consultant:
Dr. Nayer
Mahmood

Cleaner Environment, Great Experience

As soon as I came to know I had a kidney problem, I came to Shifa. My friend had been treated here earlier and he advised me to visit SIH. I was admitted for two days. I do not have treatment experience of any other hospital. But I am aware that there is a huge difference. I am very much inspired by the environment. They are so diligent in keeping the hospital clean and I haven't witnessed this in any other hospital. My experience with Dr Nayer was also great.

Gastroenterology & Liver Transplant/ Hepatobiliary & Pancreatic Surgery



COMPLETED
100 +
LIVING DONOR
LIVER TRANSPLANTS
& COUNTING

Department achieved a landmark this year by performing 100th successful liver transplant. This is major achievement, as Shifa becomes first institution in Pakistan to offer this badly needed service and has successfully brought itself to the premier position as the center of excellence in this area. The entire team of transplant service deserves appreciation and the Shifa administration for whole heartedly supporting all these efforts.

Our fellowship program in Gastroenterology has advanced successfully and we are training young physicians to become proud gastroenterologists to serve this country. We also added fellowships in Liver Transplant and are in process to add Transplant Hepatology Fellowships. This will bring major service to the nation.

All this brought up gradations of the department in terms of equipment, space and staffing to further provide Stat of the Art services to our patients.

Patient:
Habib Ullah



City:
Afghanistan

Clinic:
Gastro

Consultant:
Dr. Farzana
Shafqat

I travelled all the way

I am from Afghanistan and it takes approximately 50 hours to get to Islamabad. Despite the language and cultural barriers, travelling so long for treatment is proof enough that the hospital is worth it. The attitude of doctors and even nurses for that matter is commendable. SIH is better than other hospitals because it meets the international standards. It provides all facilities required for the patient. After having a positive experience, I have suggested my friend also in Afghanistan to come to SIH for his problem. I am sure he will be satisfied too.

Liver Transplant/Hepatobiliary & Pancreatic Surgery

With 90% success rate, the department of Liver Transplant/Hepatobiliary & Pancreatic surgery has performed 107 liver transplants till now. This is a great achievement of the department. We offer adult and pediatric living donor liver transplantation on regular basis. We also perform all major pancreatic cancer surgeries including whipples operation along with vascular resection & reconstructions. The department also does minor and major liver resections for metastatic tumors, gallbladder cancer and cholangiocarcinomas. We perform portosystemic shunt operations in children & adolescents with portal vein thrombosis.

We are the country's leading unit offering comprehensive care in liver, pancreas and biliary pathologies under the umbrella of a multidisciplinary team. Our transplant and hepatobiliary experience has been recognized at international forums and we have been awarded with travel grant as well. Our work has been presented at international liver transplant society and international HPB annual congresses in London, Sydney and Seoul. The unit is very active on academic front as well. We also provide fellowships training in liver transplant & HPB surgery.

We are aiming and working on to become one of the leading liver and pancreatic surgery units in the next 3-4 years.



Patient:
Sajjad Ahmad



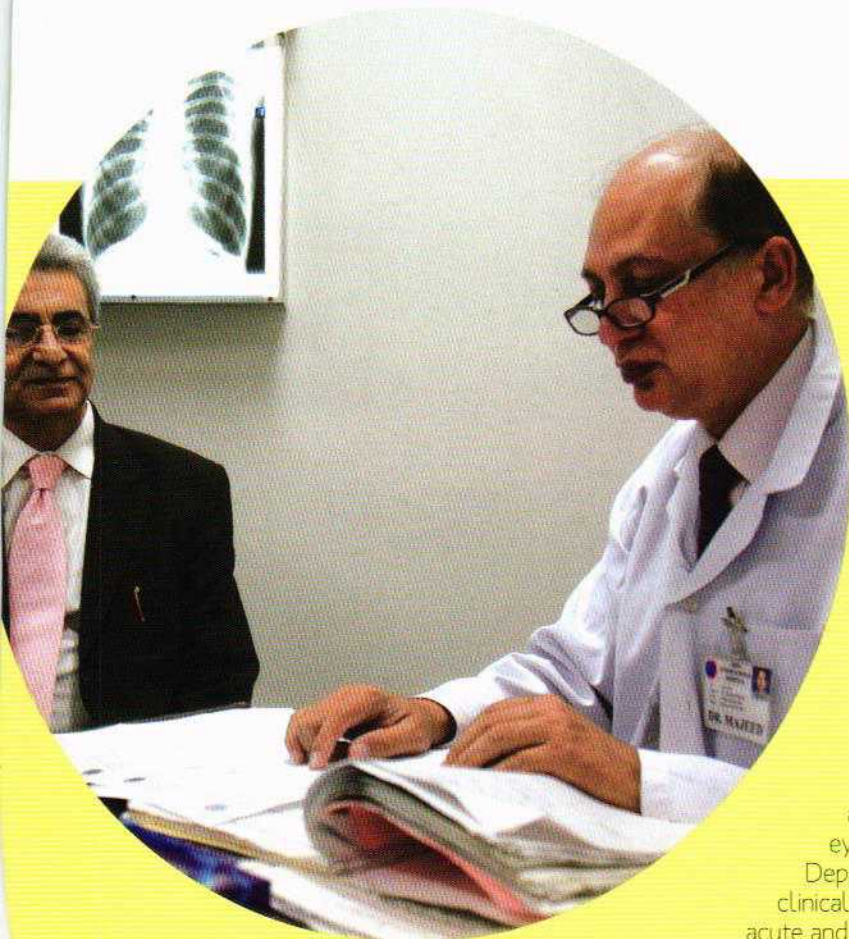
City:
Multan

Clinic:
Liver
Transplant

Consultant:
Dr. Mohammad
Saleh

Today I am alive because of these doctors

I suffered from hepatitis C since 2003. Even after completion of treatment course from Gujranwala my condition worsened. In 2013, I experienced a complication in which my stomach got filled with water. After a few days I got this horrifying news that I had cancer. I was also told that I had just one month left and liver transplant was the only option. My family decided to take me to India. Meanwhile, one day we saw a doctor on TV saying that liver transplant service was available in SIH. We immediately came here. The doctor's gave me hope and I was the 6th case in Shifa's history to get the transplant surgery. I was hopeful that I would survive. Dr Faisal Saud Dar did my surgery. SIH was considerate enough to transfer me under Shifa Foundation when the funds for my treatment exhausted. The best thing about doctors and management here is that they never leave the patient alone and do not stop treatment if the patient can no longer afford it. After Allah, today I am alive because of these doctors. My brother was my donor. Along with the recipient, the team also takes great care of the donor. The liver donation process is very transparent and only relatives are allowed to donate. I pray that SIH grows by leaps and bounds.



Internal Medicine

Specialists of Internal medicine apply scientific knowledge along with clinical expertise to the diagnosis, treatment, and care of adults across the spectrum from health to complex illness. Internists often act as consultants to other physicians to help solve puzzling diagnostic problems. Hence, are sometimes referred to as the "doctor's doctor".

Patients' problems may be common or rare, simple or complex. But an Internist is especially trained to deal with all sorts of problems. They have expertise to solve challenging diagnostic problems and can handle severe chronic illnesses and multiple problems that can strike at the same time. Moreover, they consider themselves responsible to provide an understanding to the patient about disease prevention and the promotion of health, women's health, substance abuse, mental health, as well as effective treatment of common problems of the eyes, ears, skin, nervous system and reproductive organs.

Department of Internal Medicine has a wide range of clinical offerings, including but not limited to, general practice, acute and chronic illness, annual check-ups, well-woman check-ups, preventive medicine, insurance medicals, immunizations, travel advice and inpatient services including pre-operative evaluation.

Patient:
M Shareef



City:
Chakwal

Clinic:
Internal
Medicine

Consultant:
Dr. Aamer Nazir
Ahmad

With doctors I feel as with friends

I have been visiting Shifa since past 8 years. I initially came for diabetes treatment but later other associated illnesses like heart and kidney problems came to surface. My experience with Dr Aamer has been really good. After Allah, it is because of Dr Aamer that I am able to cope with so many diseases. Patients at Shifa are treated really well. They listen to the patient and make him feel he is talking to his friend. Earlier I used to go to local hospitals, but since I came to Shifa I have never been to any other hospital. There is huge difference between them and Shifa. We get the lab and other services under one roof and their working is also good.

Urology & Kidney Transplant

Shifa's Urology and Kidney Transplant Department remains at the forefront of treatment of various urological problems. These treatment options range from office urology, endourology, pediatric urology, laparoscopy, reconstructive surgeries, urological oncology and urogynecology. Eight experienced and well trained urologists including a full time pediatric urologist provide their service thus covering entire spectrum of Urology.

We are equipped with state of the art lithotripter and provide facility to all age groups. Ancillary help of general anesthesia has made lithotripsy possible even in young children including infants.

The department has fortunately become a comprehensive unit with the provision of kidney transplantation. And its results are comparable to international level.



Patient:
M Khalil Bhatti



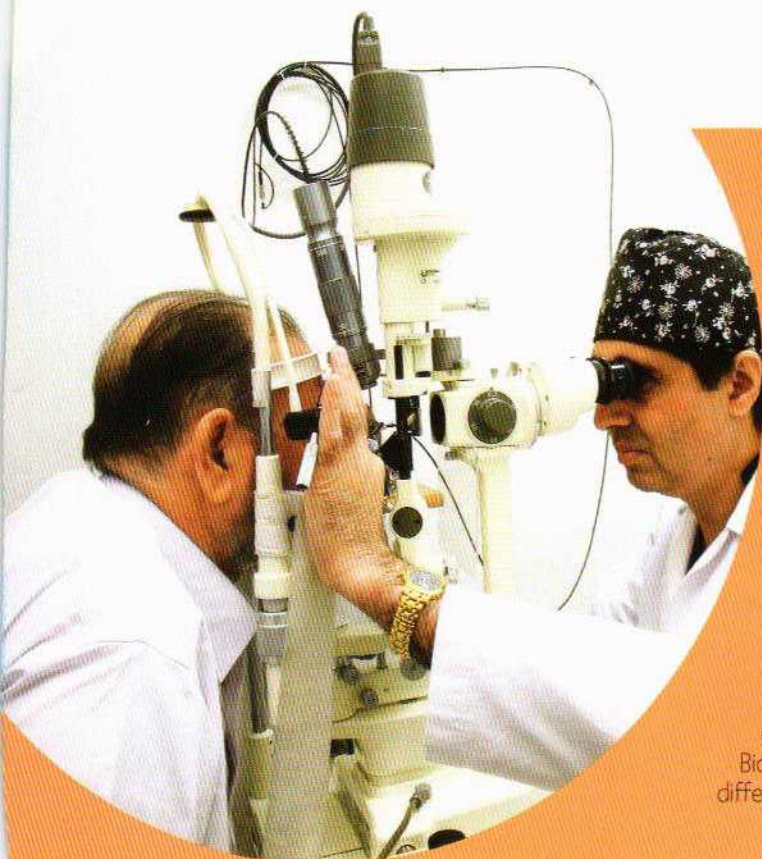
City:
Rawalpindi

Clinic:
Urology

Consultant:
Dr. Athar
Khawaja

Didn't feel I was in a hospital

I came to Shifa in May 2014 for a checkup. I was recommended various tests and was eventually diagnosed with a tumor for which I had to undergo surgery. One of my kidneys needed to be removed as well. I went to some other hospitals for treatment as well but I found Shifa the best. I didn't feel I was admitted in a hospital. The air did not have the medicine odor which is usually present in hospitals and the environment was really clean. Other than the doctors, even nurses and staff have a great attitude towards patients.



Ophthalmology

Ophthalmology at Shifa provides state of the art anterior and posterior segment eye surgeries. We have latest Zeiss lumera operating microscope with inbuilt focusing for anterior and posterior segment procedures. It has up to 1.75mm small incision phacoemulsification with Infinity using unifocal, multifocal and toric foldable intraocular lenses to match individual needs.

We perform a range of glaucoma surgeries that include using antimetabolites and Valve surgeries for resistant cases. The department also has state of the art 25 G with valve, posterior vitrectomy with intraocular laser options and expertise to treat retinal and macular disorders. We are affiliated with American Tissue Bank International (Donor bank) for corneal transplants for all ages. The department also has a trained optometrist and strabismologist for pediatric care. The clinic also provides diabetic Retinopathy treatment in the form of laser and ANTI VEGF injections. There is a wide range of diagnostic equipment available including OCT, corneal tomogram, Bscan, Biometry, Fundus angiography which help in the diagnosis of different eye disorders.

Patient:
Bashir Ahmad



City:
Rawalpindi

Clinic:
Ophthalmology

Consultant:
Dr. Sadia Farooq

It is Pakistan's best hospital

I have come here for the first time. I was suffering from cataract since past 30 years. I went to many hospitals for treatment but it went in vain. My friend then suggested me to visit SH. Here, the doctor recommended a surgery after which I am completely alright. Shifa is a great hospital and I am satisfied with their services. It is Pakistan's best hospital. We get everything under one roof. And the attendants are not told to run around and bring this or that for the patient.

Plastic Surgery

Shifa's Plastic Surgery Department, with three full time consultants and one associate consultant, provides a variety of cosmetic and reconstructive procedures. The consultants are highly qualified US and UK trained surgeons who are recognized internationally as well. They have an experience in plastic, reconstructive and hand surgery.

The department is well equipped to handle difficult cases that are tertiary referrals from plastic surgeons of other hospitals. They require complex reconstruction, often necessitating Microvascular Tissue Transplantation (Free flaps). More than 200 such cases requiring free tissue transfer have been done since 2009. We confidently say that the success rate of these cases have been 99 percent. The Plastic Surgery clinic is also involved in collaborative work with other specialties like ENT for head and neck cancer patients, orthopedic surgeons for bone and soft tissue sarcomas and limb salvage and interventional radiologists for embolisation of vascular malformations. Other than elective cosmetic and reconstructive procedures, plastic surgery department provides round the clock service of lower limbs, digit and hand amputation, chemical and electric burns and brachial plexus injury.

The department is recognized for full time residency program in plastic and reconstructive surgery by College of Physicians and Surgeons of Pakistan since January 2010. Currently, we have three residents and two senior medical officers. The first resident who cleared his FCPS II is now an Assistant Consultant at Shifa. The department is also a role model of academic excellence for elective rotations with approximately 12 residents completing their compulsory one month elective rotations every year. Since 2012, three international undergraduates have completed their electives.

We are not far behind when it comes to academics. In a short time, we have managed to publish three papers in PubMed indexed journals, two of which are international journals and two papers have been accepted for final review. The department also has the honor of two gold medals for best paper presentation in two consecutive Annual meetings of Pakistan Association of Plastic Surgeons in 2013. Two chapters on plastic surgery have been published in a book title "Complex Injuries of the Hand" and one chapter in the book FRCS General surgery road to success.

The department is looking forward to expanding its cosmetic surgery services and hoping to start new reconstructive procedure like craniofacial surgery. With a unique blend of experience and youthful enthusiasm, it is well placed to excel in these endeavors. The department has also joined hands with renowned charity program "The Smile train project" to give quality care treatment to poor cleft lip and palate patients.

Patient:
Aisha Sohail



City:
Islamabad

Clinic:
Plastic Surgery

Consultant:
Dr. Mamoon
Rashid

I can't think of going anywhere else

Other than being close to my home, I chose Shifa because it is the city's most standardized hospital. I have lived in Australia for two years and I don't find much difference between Shifa and the hospitals there. There is no doubt that it is an international hospital. Patient care is so important for them. I had breast cancer for which I underwent amputation. Later I was sent to plastic surgery for breast reconstruction. Here, the doctors looked after me with great care. The lower staff is also praiseworthy. I once went to a hospital in Rawalpindi and I came back without going to the doctor because of the environment and substandard services. Now I never think of going anywhere else.



Mother & Child Health

Mother and child have a beautiful and strong bond that can be best taken care of at Shifa International Hospital owing to the highly trained and qualified professionals along with state-of-the-art technology of Obs/Gynae and Pediatrics departments.

Obs/Gynae

One of the busiest tertiary care centres of Shifa is the Obs/Gynae department which has achieved the status of a referral centre. The department houses 56 beds including 5 labor beds. We provide services for all major and advanced conventional surgeries and also have a full range of endoscopic surgeries (laparoscopy, hysteroscopy). Fluoroscopy of fallopian tubes and mammography are also available.

We deliver around 2500-3000 babies every year. We have successfully delivered babies even as small as 26 weeks. Our department is backed by the Pediatric Department which has hi-tech neonatal ventilators. The department's out-patients have reached around 36000 and in-patients around 8000.

The department offers Epidural analgesia, and antenatal/intranatal fetal monitoring 24/7. We plan to get intensive care and first stage labor beds. The department is also into training; 16 postgraduate trainees [MCPS, FCPS, MRCOGS, UK] and six house officers are getting trained as recognized by CPSP, RCOG (UK) and PMDC.

Projects in our pipeline are:

1. Expanding Satellite OPD services in Rawalpindi and Islamabad.
2. Assisted Reproductive Therapy Like IUI (already being practiced), IVF, ICSI and the whole range.
3. Stem Cell Therapy for various ailments in collaboration with "STEM LIFE" Malaysia. One patient has already been investigated. In this connection we will soon develop "Fetal Cord Blood Bank".
4. Chorion Villous Sampling of fetus for various congenital and genetic problems.
5. In few days time we will be inaugurating a full-fledged Shifa International Hospital in G-10/4, Islamabad. This will help us in catering to the growing needs of the patients seeking tertiary care from us.

Patient:
Misbah Khurram



City:
Islamabad

Clinic:
OBS/Gynae

Consultant:
Dr. Huma Tasleem

Indeed a Wonderful Experience

I came here for the first time when I was expecting my first child. The doctor's attitude was very warm and polite with me till the end. Patients who get treated here once find it difficult to get treatment from some other hospital. The hygiene standards are well met here. Be it the patient rooms, OT rooms or the reception, everything is tip top and clean. This is something highly essential when considering the standard of a hospital. I had no other choice but to keep my first child with me in the hospital when I had my second c-section. I could do this only because I was satisfied with the hygiene standards. My experience with Dr Huma was so wonderful that I didn't go to any other doctor during the second time. The best thing about Shifa is that every patient leaves satisfied from the hospital. I grade SIH as the number 1 hospital.

Pediatrics

One of the oldest departments of Shifa International Hospital is the Pediatrics which provides primary care facility including but not limited to, well-child clinic, vaccinations, developmental assessment and 24/7 service through Emergency Department. The outpatient, inpatient, neonatal intensive care unit and pediatric intensive care unit are available here.

Our faculty is considered to be of highest caliber in the region catering large area of northern Punjab, KPK, AJK and neighboring Afghanistan as well. We have eleven faculty members; post-graduate degree holders from USA, UK and Pakistan.

The Pediatrics patient has turnover of more than 35000 per year. Up to 3000 children are born every year in the hospital. About 20 percent of all the newborns are at high risk and need level-II or level-III care during their stay in the hospital. The department houses 73 beds that include 32 neonatal intensive care beds. A well equipped 9 bedded Pediatric intensive care unit has recently been established and a full time Pediatric Intensive care specialist is on board who would manage post-op pediatric cardiothoracic surgery patients as well.

We offer sub-specialty services in the disciplines of pediatrics gastroenterology and liver transplant, pediatrics nephrology, urology and renal transplant, pediatric intensive care unit, pediatric hematology/oncology and bone marrow transplant. The department fortunately had a pediatric surgeon on board who provides pediatric and neonatal surgeries.

Department of Pediatrics has been recognized by College of Physician and Surgeons of Pakistan for FCPS and MCPS training. As for now, 27 postgraduate trainees and 15 house officers are being trained in the department.



Critical Care & Pulmonary Medicine

With the department of Critical Care and Pulmonology Medicine, Shifa has the honor of being the only hospital in Pakistan that offers critical care services with largest number of beds (100 plus).

The department offers a variety of services to patients with pulmonary problems. Our highly experienced and foreign trained consultants manage patients according to the International trends and concept of "Closed ICU".

We have state-of-the-art equipment like Bronchoscopy suite which is laced with two fiber optic Olympus Bronchoscopes, new Raphael Silver Ventilators and Nelcor Puritan Bennett Ventilators, Pulmonary function Lab Vitalograph and BEARS Non-invasive Ventilator.

The department is not far behind when it comes to academics, a fellowship program is offered in Critical Care Department. Other than this, we have also made efforts to improve patient care with round-the-clock availability of a Medical Specialist in ICU. Moreover, to decrease mortality level in critically patients in ICU, we have initiated CRRT in the department. Shifa International hospital is one of the three hospitals in Pakistan to have started CRRT.



Patient:
Rukhsana Akram



City:
Islamabad

Clinic:
Pulmonology

Consultant:
Dr. Aftab Akhtar

I can do my work independently now

I came here when I suffered from pneumonia and got water in my lungs. I earlier went to another hospital but did not feel better. I even went to Lahore but did not find relief. After this my son took me to Singapore but came back after getting unsatisfactory treatment even from there. After coming back, someone told me to visit SIH. My health started getting better rapidly after my treatment started here. Now I just come here for follow-ups. Nature has gifted these doctors with healing powers in their hands. I am now able to change my clothes on my own, take a bath and walk without support. I had gained excess weight during my illness. But during treatment I reduced 23 kgs. And now I have a normal weight. The doctors here take a lot of care of the patient. They explain everything about the medicine. The nurses and staff are also helpful and kind. As soon as they see me entering the clinic they give me a chair to sit because I cannot stand for long. May Allah bless them all and hope the hospital progresses further.



Endocrinology and Diabetes Department

Shifa International Hospital's Endocrinology and Diabetes Department is one of the crucial and busy departments. It not only diagnosis and manages patients with diabetes, but also treats obesity, hormonal disorders, thyroid problems, short stature, pituitary/adrenal/bony disorders and metabolic syndrome - both in the outpatient and inpatient areas. But majority patients come for treatment of Diabetes Mellitus type 2 which is the most common Endocrine disease. We provide all services including prevention, medical management, education, nutrition, foot and eye care to these patients. The department is greatly supported by highly skilled and professional nursing staff.

The patients are facilitated by Shifa's well-equipped laboratory and radiology departments where all sorts of hormonal tests are conducted.

We are actively involved in public awareness programs, educational activities and medical research. We celebrate public awareness programs on "Diabetes and Ramadan" and "World Diabetes Day" every year.

Patient:
Dr Badar Alam



City:
Rawalpindi

Clinic:
Endocrinology

Consultant:
Dr. Osama
Ishtiaq

A Remarkable Experience

I am a doctor and I believe Shifa has no match. It's been a year since I am getting treated for diabetes. One of my friends suggested me to visit Dr Osama. And my experience with him has been remarkable. I have benefitted a lot from his treatment and suggestions. I am given a call a day before my appointment and even sent a text message as a reminder. This is Just one of many best things about Shifa.

Allergy & Immunology Medicine

With increasing numbers of allergy patients in the region, Allergy/Clinical Immunology Department is a highlight especially when seasonal allergy problems strike. The clinic provides state of the art care for patients suffering from all kinds of allergic diseases, including but not limited to allergic skin diseases, urticarias, contact dermatitis, allergic rhinitis, allergic conjunctivitis, allergic bronchial asthma, atopic dermatitis, drug allergies and food allergies.

We perform modern methods of allergy skin tests and immunotherapy at Shifa. Sublingual immunotherapy for selected allergens is also offered here. The department takes special interest in life threatening anaphylactic disorders and insect sting allergies. Our main goal is to educate patients and their families about their illnesses so that they have a better understanding of their disease and treatment.

The department has a board certified Allergist/Immunologist with thirty years of clinical experience in the field.



Patient:
Mohammad
Ishaq Rana



City:
Jhang

Clinic:
Allergy &
Immunology

Consultant:
Dr. Athar Niaz
Rana

The doctors have healing powers

The nursing staff at SIH is commendable. I have not seen such professionalism in government or private hospitals. I had a breathing problem and I visited various hospitals for treatment. I spent hundreds of thousands rupees but did not get better. When I came here, Dr Athar recommended an allergy test and prescribed medicines. After just taking the second dose I could stand and pray at Tahajud. Earlier I used to get breathless with just few steps. Honestly, the doctors here are highly skilled and Allah has bestowed shifa (healing powers) in their hands. Moreover, the staff on counters are professional too. In other hospitals people have to face a lot of humiliation and then get the fee submitted. At Shifa, all the steps including fee submission, check up and buying medicines are easy. Hospitals should be built in Shifa's manner.

Psychiatry

Shifa's Psychiatry Clinic has excellent expertise in the provision of clinical, academic and therapeutic services to adults and elderly for behavioral and psychiatric disorders. We have four qualified and experienced Psychiatrists and a senior registrar who conducts clinics every day. The department also offers personal psychotherapeutic care for individuals, couples and families with emotional and psychological distress and addresses drug addictions and related psychiatric disorders. Moreover, the department also houses two psychologists who perform pediatric evaluations. If required, patients are also admitted for more intensive care.



Patient:
Nabeela Meer
Rind



City:
Islamabad

Clinic:
Psychiatry

Consultant:
Dr. Abdul Wahab
Yousafzai

Learned to control my anger

I am a patient of SIH since last 10 years. I was previously a patient of Dr Fawad Kaiser. But after he left for UK, I started consulting Dr Abdul Wahab. The best thing about him is that he listens to the patient very calmly and carefully. I feel so good after talking to him. I realize that he sees so many patients in a day and helps them overcome their problems. If I would have been in his place I would not be able to tolerate so much. I appreciate that Shifa has such a strong person like him who can tolerate all such things. I was unable to control my anger but since the past 4 months I have learnt to control it. And this is simply just because of Dr Yousafzai.

Dermatology

The department of Dermatology provides services in the clinical, academic and therapeutic fields. All kinds of skin, nail and hair diseases are taken care of here. We treat children, adults and elderly of both genders. The clinic is equipped with dealing in cosmetic problems and skin diseases related to environmental and industrial ill-effects.

We perform skin biopsies and remove moles, cysts and warts. The department is also responsible for specimen collection for bacterial, fungal & viral infections for further laboratory tests. Patients in remote areas can benefit from our telemedicine service.

The department looks forward to extend its services further in the field of Laser therapy.



Patient:
Sapna Umar



City:
Islamabad

Clinic:
Dermatology

Consultant:
Dr. Rasheed A.
Chaudhry

Loving and Caring People

I came to Shifa for my acne problem, which is now almost vanished. Thanks to Dr Rasheed. He gives a lot of respect to the patients. The staff here is so loving and caring. I have been to many hospitals but they are so filthy. They don't care about the cleanliness. And the staffs' treatment with the patients is also bad. But we don't see any such thing here. I would suggest others that if they want to get the best treatment in a clean environment then Shifa is the best option.



Nutrition-Medicine

The Nutrition department caters to the needs of patients regarding nutritional management and helps the patient set a roadmap towards a desirable nutritional status and healthier lifestyle. We focus on the impact of foods and nutrients on health and disease management. Our special nutrition programs include hyperlipidemia, diabetes, eating disorders and hypertension treatment. Depending on the patient's condition, the extended treatment program service is offered as a continuation of the above mentioned treatments.

Nutrition therapy provides the nutrient prescription that involves an oral diet, dietary supplement, enteral and parenteral nutrition for caring of hospitalized and home patients. At Shifa, new and improved diets and delivery techniques are used to administer nutrients both safely and effectively, based on the latest research available globally.

We offer tailor-made nutritional plans for every patient, depending on the patient's life-style, eating habits and medical history. The hospital has state-of-the-art computer assessment tools to precisely determine the fat, lean body mass and water contents of the patient's body, and the patient's unique basal metabolic rate by the Body Composition Analyzer. This can help to determine the goal of the tailored nutritional plan for the patient. For weight management, patient receives a potent behavior modification training and cognitive restructuring in order to remove the underlying causes of excess weight. The department also provides supervised, patient specific healthy diet and exercise plan which is designed to achieve permanent weight management.

Patient:
Kinza Faisal



City:
Islamabad

Clinic:
Nutrition
Medicine

Consultant:
Dr. Rezzan Khan

Shifa helped me reduce weight healthily

I am getting treatment from Shifa since past 3 years. I came here for weight reduction. When I came here for the first time I weighed 92 kgs. Dr Rezzan helped me loose 20 kgs in 6 months time. And I maintained my weight for 2 years. After the birth of my second child and then not exercising or taking care of what I ate. I regained the weight and reached to 78 kgs. I came to Shifa again and now that I am following the doctor's plan my weight has dropped by 7 kgs. I trust Shifa for helping me reduce weight in a healthy manner. Never have I felt dizzy or weak during this time. And no one tells me that I have become pale or look ill. I also did not feel sluggish or inactive during the treatment. I am doing all my work actively and with complete energy. There is no hospital like Shifa in the city. I have recommended this hospital to many of my friends.

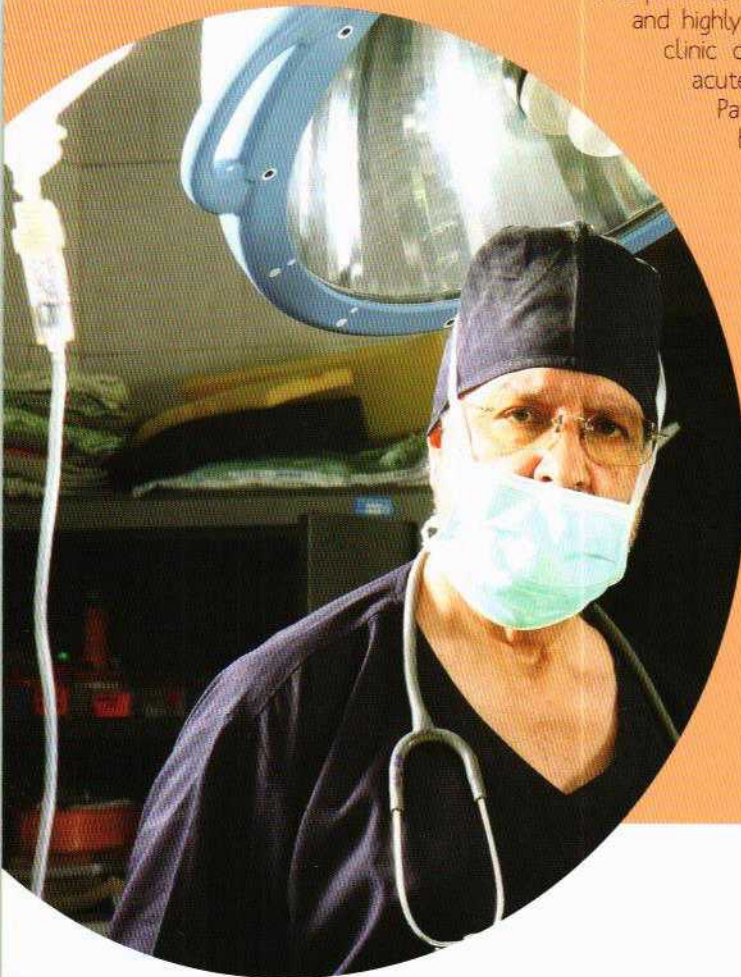
Anesthesia & Pain Management

Shifa's Anesthesia Department is the only private hospital in the capital city that provides Pain Medicine facility. The department has modern modalities and highly trained therapists for managing pain. The Pain Management clinic covers prevention, treatment and alleviation of chronic and acute pain like cervical and lumbar radiculopathies, arthritis etc. Patients of Cervical spondylosis, lumbar spondylosis etc. can benefit from this service. Our pain management team includes medical practitioners, clinical psychologists, physiotherapists, occupational therapists, and nurses.

The primary function of the department of Anesthesiology is to provide all types of surgical procedures, including but not limited to, adult cardiothoracic, congenital cardiac, neurosurgical, major vascular, transplant, general, urological and Obs/Gyne surgeries. We also provide anesthetic care to MRI, CT and ultrasound guided procedures. The department also provides additional anesthesia services like pre-anesthesia evaluation, epidural anesthesia, patient controlled analgesia, acute pain management and chronic pain management.

Our anesthesiology program is fully recognized for PG training by College of Physicians & Surgeons of Pakistan.

We have nine state-of-the-art Operation Theaters that have the most modern and latest instruments and equipment. Excellent infection control is the hallmark of our operation theaters.



Patient:
Malik Zubair



City:
Islamabad

Clinic:
Pain clinic

Consultant:
Dr. Salman Saleem

Shifa's existence in Islamabad is a blessing

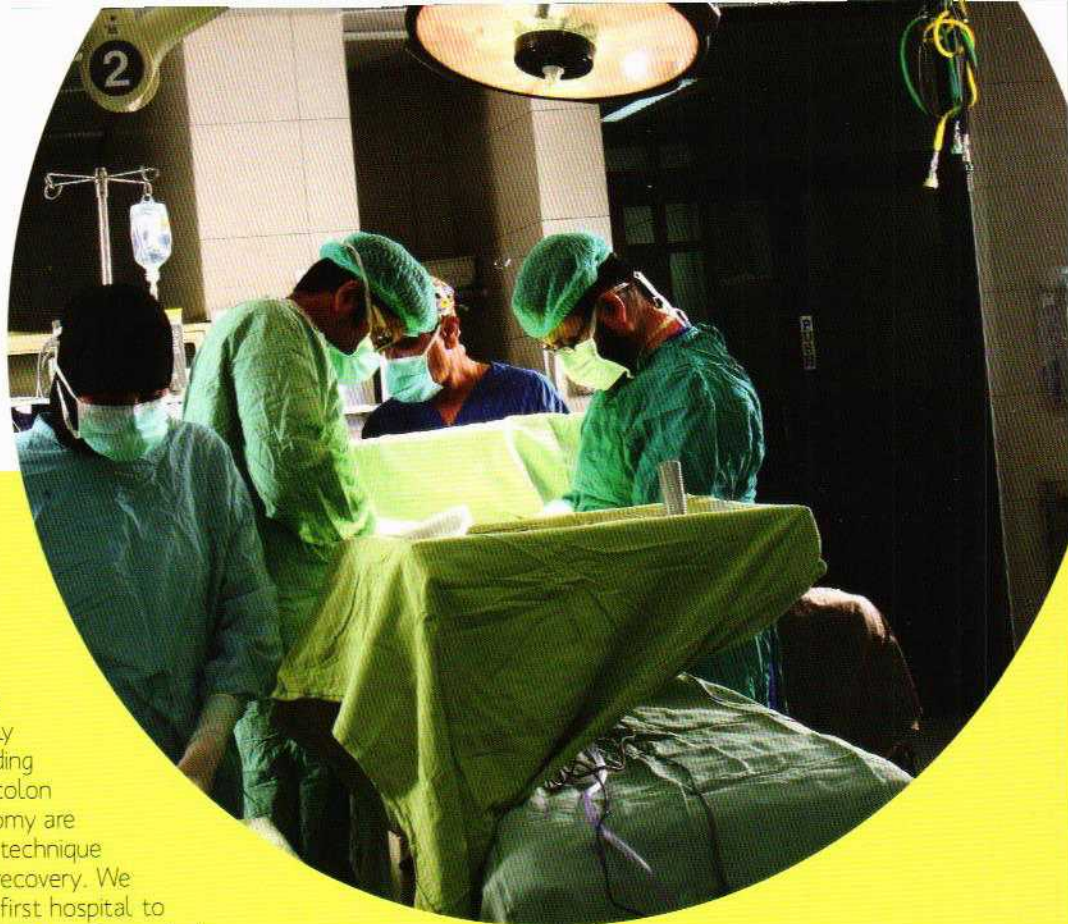
It's been almost five years since I am getting treatment from Shifa. I have been to various clinics and I found all the consultants really good especially Dr Salman. He is highly professional and friendly at the same time. He carefully listens to the patients' problems and gets to the right solution. The staff and nurses are also well-mannered. They are patient and polite. SIH's existence in Islamabad is a blessing.

General Surgery

The General Surgery Department of Shifa International Hospital offers minimally invasive or laparoscopic techniques to treat various conditions. Our highly qualified and professional surgeons routinely perform surgeries including gallbladder, appendix, hernia, colon and rectal cancer and splenectomy are being done routinely with this technique to benefit patients with early recovery. We take pride in being the region's first hospital to offer laparoscopic sleeve gastrectomy for surgical weight loss giving patients chance to live a longer and healthier life.

Our aim is to provide most compassionate and high quality care to our patients. By using latest techniques, we strive to provide best treatment in routine and complex surgical conditions. We offer cost effective solutions to patients with collaborative or multidisciplinary approach.

Yet, another feather in our cap is the training of young surgeons through fellowship (FCPS) program and medical student rotations. General surgery department of Shifa intends to add new state-of-the-art operating rooms in near future as it continues to grow and expand its services.



Patient:
Syed Saahir Ali



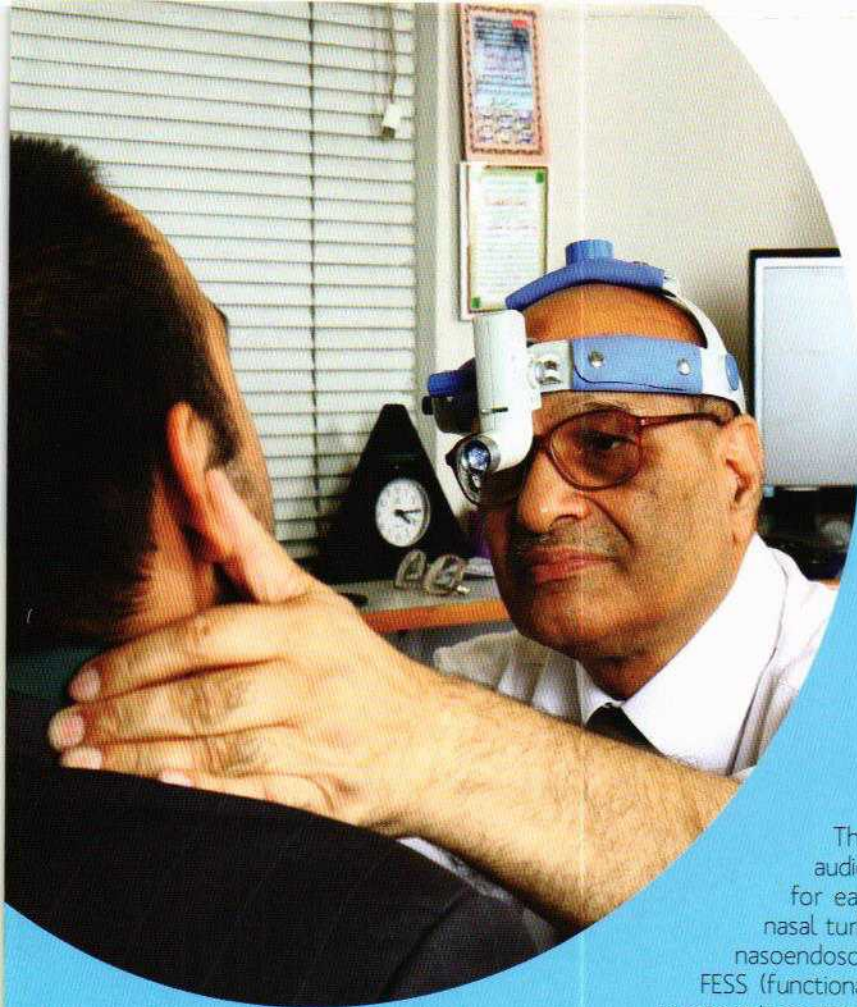
City:
Mansehra

Clinic:
Surgical

Consultant:
Dr. Ghulam
Siddiq

Shifa gave me hope for life

I came to SIH for the first time in 2009 for a surgery. I was getting treatment from Abbottabad before that but they were not capable enough to treat me further so referred me to Shifa. Dr. Ghulam Siddiq took my problem as a challenge. Shifa gave me hope for life at a time when I had lost all hope. My experience with Dr. Ghulam Siddiq is so wonderful since the first day. He meets me with warmth and love. He makes the patients feel at home and talks in a friendly manner. My communication with the staff and nurses was also positive. I am satisfied with the treatment I received at Shifa. And if anyone wants any sort of treatment they should definitely come to Shifa.



Ear, Nose and Throat

Shifa International Hospital's ENT department offers specialized treatment for adult and pediatric patients. The five qualified and experienced consultants provide services for routine ear, nose and throat related problems and also deal with complex procedures related to head and neck tumors. Other than this, the doctors look into matters including but not limited to ear ache, ear discharge, hearing loss, vertigo, tinnitus, ear wax, sinusitis, nasal allergies, nasal polypi, deflected nasal septum, epistaxis (nasal bleeding), tonsillitis, snoring and sleep apnea, voice problems and neck swellings.

The department is fully geared with equipments like audiometer, tympanometer, video otoscope, microscope for ear examination, APC (argon plasma coagulator) for nasal turbinate reduction, flexible nasolaryngoscope and rigid nasoendoscopes.

FESS (functional endoscopic sinus surgery) by highly skilled ENT surgeons is an attraction for many patients from Pakistan but also from neighboring countries like Afghanistan.

We work in close association to plastic surgeons, oncologists, immunologists as well as radiologists for the treatment of many diseases. The department also offers rehabilitation services for which a speech therapist is available.



I am really satisfied and happy

I had tonsillitis and was getting treatment from another hospital. But I didn't get any relief. When I came to Shifa I felt a great difference. Physicians pay attention to the patient's problem really minutely. I could only get rid of my problem after I came to this hospital. And I am really satisfied and happy now. The time I spent with the nurses was excellent. They talk to the patients calmly and politely. I will give 95 percent marks to the hospital. I will give the remaining 5 percent after I become completely alright.

Shifa Dental Clinic

The Centre of Implant Dentistry, Orthodontics & Dentofacial Orthopedics (CODO).

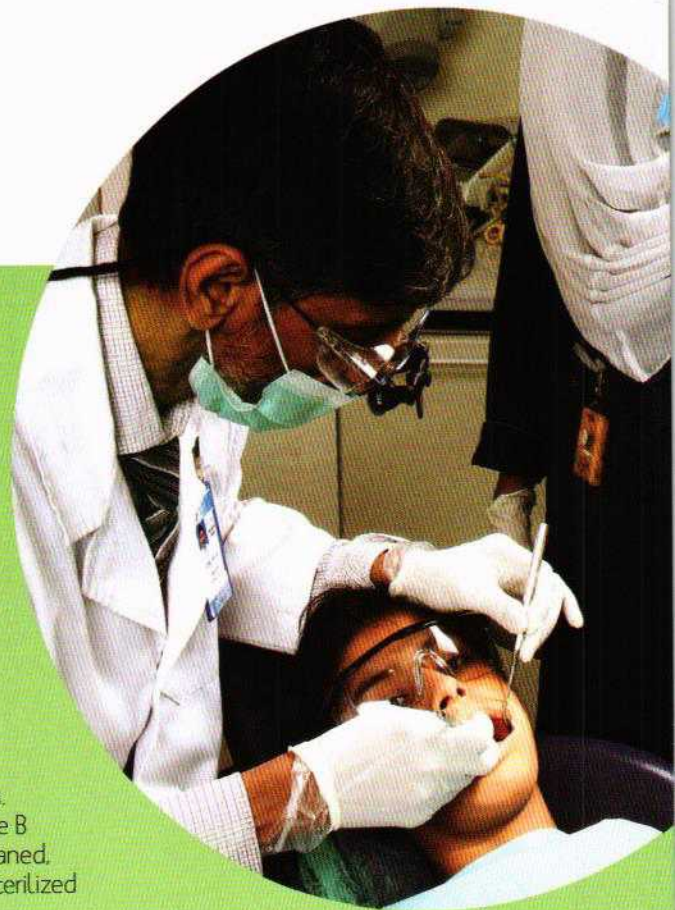
The Dental Clinic has become the Centre of Excellence in its field and has grown into a state-of-the-art modern clinic since its inception in 2001. The six consultants are foreign qualified and specialists in their respective fields. We also have two medical officers in the department. We offer Restorative dentistry, Implant dentistry, Oral Surgery, Orthodontics, Pediatric dentistry, Prosthetic dentistry, Periodontology and Endodontics. Other than this, we provide tooth whitening, smile makeover and aesthetic dentistry services too.

We take pride in being the first centre in Islamabad to provide lingual braces/invisible braces, which are fitted behind the teeth.

The department has five dental surgery rooms, equipped with hi-tech dental chairs, digital X-rays and other necessary accessories. There is a separate room for sterilization, which is equipped with type B latest autoclaves. The instruments are scrubbed manually and cleaned, washed in the ultrasonic bath and then packed in the pouches and sterilized in the autoclaves.

Our beautiful and spacious waiting area is designed to be child-friendly and suitable for patients with special needs.

The increasing number of patients over the last decade is a proof that our patients have complete confidence in our high quality services. The department strives to provide the best quality of dental care to the patients in the hospital.



Patient:
Hirra Junaid



City:
Islamabad

Clinic:
Dental

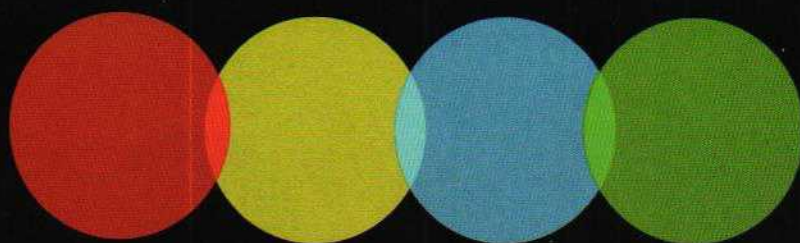
Consultant:
Dr. Imtiaz
Ahmad

I recommend Shifa to friends and relatives

I came here last week and was in a lot of pain. The staff at the reception was efficient and helpful. Dr Imtiaz took time to examine me and gave me the required medicines. I had my tooth extracted which was done with great expertise and to my surprise I felt no pain. Shifa is an excellent hospital with some of the best doctors in Pakistan. I highly recommend it to my friends and relatives.

Recognition

Shifa Consultants with
H. E. President
Islamic Republic of Pakistan
Syed Mamnoon Hussain



DR. MASOOMA SAEED A Graduate of Sindh Medical College Karachi, she is working as Consultant Anesthetist at SIH. She has completed her Residency Training from Texas Tech University Health Sciences Center, Lubbock, Texas, USA.



DR. SALMAN AHMAD SALEEM Dr. Salman is a Consultant Anesthesiologist at Shifa International Hospital. His special interest involves Pain Management and he is among the pioneers of Pain Clinic at SIH.



DR. SHAHID JAVAID Dr. Javaid is a graduate of Nishtar Medical College, Multan and is a Fellow of College of Physicians and Surgeons, Pakistan. Dr. Javaid has worked as Associate Professor of Anesthesiology at Islamic International Medical College, Rawalpindi before joining SIH. He has over 27 years of clinical experience which includes 8 years of teaching experience in Anesthesia & Intensive Care. Currently working as Consultant Anesthesiologist at SIH.



DR. EITZAZ UD DIN KHAN Dr. Eitaz has done his graduation along with a Diploma in Anesthesiology from Nishtar Medical College, Multan. He is also a Member & Fellow of College of Physicians & Surgeons Pakistan. Currently working as Associate Consultant Anesthesiologist at SIH.



DR. AZAM KHAN Dr. Azam is a graduate of Khyber Medical College, Peshawar and has done Fellowship from College of Physicians and Surgeons, Pakistan. With enviable experience of several years as Assistant Professor Anesthesiology at Rehman Medical College and Peshawar Medical College, he has also served at different hospitals of Pak Army in various capacities. Currently working as Associate Consultant Anesthesiologist at SIH.



Our Consultants - Our Pride



DR. SHAFI UR REHMAN He is a graduate of Army Medical College, Rawalpindi. Having Fellowship & Membership in Anesthesia from College of Physicians & Surgeons, Pakistan. Dr. Shafi Ur Rehman is currently serving as an Associate Consultant Anesthesia at SIH.



DR. ABDULLAH LASHARI Dr. Lashari is a graduate of Allama Iqbal Medical College, Lahore has done Fellowship in Anesthesiology from College of Physicians & Surgeons, Pakistan. Currently serving as an Associate Consultant, Anesthesia at SIH.

CARDIOLOGY



DR. HABIB-UR-RAHMAN Dr. Habib is Diplomate American Board in Internal Medicine and Cardiovascular Diseases. He is also a Member American College of Physicians, American College of Cardiology, Pakistan Cardiac Society and Life Savers Foundation. He completed Residency from DC General Hospital, Washington, Wayne State University Program Detroit Michigan, Wright State University Ohio and is serving as Consultant, Cardiologist, and Program Director Cardiology Postgraduate training program.



DR. MOHAMMAD ASAD A. SALEEM Diplomate American Board of Internal Medicine, American Board of Cardiology and American Board of Electrophysiology. Dr. Asad is presently working as Head, Department of Cardiology, Consultant Cardiologist and Electrophysiologist at Shifa.



DR. MUHAMMAD ABDUL AZIM Dr. Azim is graduate of Allama Iqbal Medical College. He has done his Fellowships in IM & Cardiology from College of Physicians & Surgeons, Pakistan. Dr. Azim has completed his residency from AFIC, Rawalpindi. He is presently serving as Consultant Cardiologist at SIH.

DR. SAEEDULLAH SHAH A graduate from Khyber Medical College, University of Peshawar. He is a member of Royal College of Physicians and has accreditation of Transthoracic & Transesophageal Echocardiography from British Society of Echocardiography. He is also accredited in Cardiac CT and Cardiac MR. His main areas of interests are Heart Failure, Cardiac Imaging & Cardiovascular Research. He is Consultant Cardiologist at SIH.



DR. YUSUF HASSAN A graduate of King Edward Medical College, Lahore and a Member of Royal College of Physicians, UK. Dr. Yusuf is Board Certified in Internal Medicine, Cardiovascular disease, Interventional Cardiology, Echocardiography and Nuclear cardiology. Currently working as Consultant Cardiologist at Shifa International Hospitals Ltd.



CARDIAC SURGERY

DR. M. TAUQEER AKBAR A Fellow of Royal College of Surgeons with Fellowships in Cardiothoracic Surgery and Anesthesia & Intensive Care. He has worked at various hospitals of UK & Ireland which include Basildon & Thurrock University Hospital, Royal Prompton Hospital, Northern General Hospital of UK and Mater Hospital, Our Lady's Hospital and St. James's Hospital of Ireland. He also has a Diploma in Management for Medical Doctors. Currently he is employed at SIH as Consultant Cardiothoracic Surgeon.



DR. FARIDULLAH KHAN A Fellow of Royal College of Surgeons Edinburgh, UK. Dr. Faridullah has vast experience of more than 20 years in the field of Cardiothoracic Surgery. Presently working as part time Consultant Cardiac Surgeon in Shifa International Hospital. He is professor & head of Department Cardiology, PIMS, Islamabad.



DERMATOLOGY

DR. RASHEED CHAUDHRY A graduate of Nishtar Medical College, Multan with vast experience of working as a Dermatologist. Dr. Rasheed Chaudhry, Consultant Dermatology, D.Derm (Pak) is working as Consultant Dermatologist at SIH.



Our Consultants - Our Pride



DR. AHSAN HAMEED A Fellow of College of physicians & Surgeons in Dermatology. Dr. Hameed received Leadership award for outstanding services to Dermatology and research from American Biographical Institute. He is presently working as Professor of Dermatology at SCM and Consultant Dermatologist at SIH.



DR. AAMNA BATOOL KHAN A Member & Fellow of College of Physicians & Surgeons of Pakistan. Dr. Aamna has previously worked at PNS Shifa Hospital, Karachi. Currently she is serving as Associate Consultant Dermatologist at SIH.



DR. RIAZ A. SHEIKH Diploma in Dermatology & Venereology from Vienna University (Austria). Dr. Sheikh was awarded honorary fellowship by Royal Society of Health, UK. With over 25 years of experience, he is presently serving as Consultant Dermatologist at Shifa Medical Center F-11, Islamabad.



DR. NOSHEEN RIZWAN A graduate of Rawalpindi Medical College and has done her Diploma in Dermatology from Royal College of Physicians & Surgeons, Glasgow. Presently working as Dermatologist at Shifa Medical Centre, F-11.

DENTAL SURGERY



DR. IMTIAZ AHMED With Trainings from University of London, Royal Australian College of Dental Surgeons Sydney and London General Dentistry. Dr. Imtiaz is working as Consultant Dental Surgeon at Shifa International Hospital. He performs full range of Restorative Dentistry like Restorations, Root Canal Treatments, Crowns, Bridges, Ceramic & Metallic Inlays, Porcelain Veneers, Cosmetic Dentistry including Smile Makeovers, Tooth Whitening & Dental implants.

DR. SYED HAMID NASR Consultant Dentist at Shifa International Hospital. Dr. Hamid got Fellowship of FDRCS, UK. He graduated from Montgomery College of Dentistry Lahore and also served in Saudi Arabia after foreign trainings.



DR. ANWAR ALI SHAH He graduated from Khyber College of Dentistry, University of Peshawar and is a Fellow of Royal College of Surgeons of Edinburgh, Ireland & England. He has also got CCST in Orthodontics from GDC, UK in addition to his PhD in Orthodontics from University of Sheffield, England. He has over 16 years of practicing and teaching experience in his field. He has over 30 publications in International Journals. He is examiner to the Royal College of Surgeons of Edinburgh. Currently practicing as Consultant Orthodontist at SIH.



DR. NOEEN ARSHAD Dr. Noeen is the only dual trained orthodontist & pediatric dentist in Pakistan. He is Diplomate American Board of Pediatric Dentistry & Fellowship in restorative dentistry from Royal Australian College of Dental Surgeons, Sydney. In addition he has master degree in Orthodontic from the eastern Dental Institute, UK. Member of different professional organizations like American Academy of Pediatric Dentistry, World Federation of Orthodontists and American Association of Orthodontists. Currently employed as Consultant Orthodontist & Pediatric Dentist at SIH.



DR. M. AZHAR SHEIKH A Graduate from De'Montmorency College of Dentistry, Lahore, he is a Fellow of Royal College of Surgeons of Ireland, UK. His further qualifications are FDS, RCS, FFD RCS and FDS Oral Surgery From UK. His fields of interest are Dental implantology, Trauma & Orthognathic Surgery. He served in UK for more than 20 years with memberships in multi-health sectors including British Association of Oral & Maxillofacial Surgeons. He is working as Dental Surgeon at SIH.



DR. MONIZA ABEDI SOHAIL Currently serving as Consultant Dental Surgery at Shifa Medical Center F-11, Islamabad. Dr. Moniza graduated from Baqai Medical & Dental College and is certified in Cerec 3D Technology from USA.



Our Consultants - Our Pride



DR. NADIA AMAN A Fellow of College of Physicians & Surgeons Pakistan. She has completed her residency from Aga Khan University Hospital in Operative Dentistry. Currently employed at SIH as Associate Consultant Dental Surgeon.



DR. UZMA NOOR Dr. Uzma did her Bachelors in Dentistry from Liaquat University of Medical and Health Sciences. In addition she has Masters Degree in Orthodontics from Xiangya College of Dentistry Central South University, Changsha P.R.China. She is presently serving as Dental Surgeon at SMC F-11, State University Ohio and is serving as Consultant Cardiologist and Program Director Cardiology Postgraduate training program, Washington, Wayne State University Program Detroit Michigan, Wright State University Ohio and is serving as Consultant Cardiologist and Program Director Cardiology Postgraduate training program.

EMERGENCY



DR. ABDUS SALAM KHAN A graduate of DOW, class of 1990. Dr. Abdus Salam completed residency in internal medicine from Mount Sinai, NY, USA. He is Diplomate American Board of internal medicine. He worked for quite some time as ER Physician, Hospitalist and primary care physician in different parts of Florida, USA. Presently he is serving as Director of ER at SIH.



DR. KHAWAJA JUNAID MUSTAFA He is a graduate of Rawalpindi Medical College and a Member of College of Emergency Medicine, UK. He has worked as a Consultant Emergency Medicine in Weston General Hospital, Somerset, UK. Currently serving SIH as Associate Consultant, Emergency Medicine.



DR. HUMA HUSNAIN A graduate of Quaid E Azam University and a Member of Royal College of Physicians, UK. Previously she has worked as Assistant Consultant, Emergency Medicine at SIH. Currently working as Associate Consultant Emergency Medicine at Shifa International's Ltd.

ENDOCRINOLOGY

DR. NASIM YUSUF A Fellow in Endocrinology from McGill University, Montreal (Canada). Dr. Nasim is presently working as Consultant Endocrinologist at SIH. She was working in the same capacity at Reddy Memorial Hospital and Royal Victoria Hospital. Her areas of expertise and interest include thyroid, pituitary, adrenal, sex hormones problems, obesity, metabolic disorders, hirsutism, growth problems and calcium and bone problems.



DR. OSAMA ISHTIAQ Member & Fellow of College of Physicians & Surgeons, Pakistan, did Fellowship in Diabetes, Endocrinology / Metabolism from AKUH and also Fellow of American College of Endocrinology. Dr. Osama is a member of Endocrine Society USA and Pakistan Endocrine Society. Having over 15 research papers to his credit, he also pioneered Pakistan's first online database of Pakistani Medical Journals. Currently working as Consultant Endocrinologist at SIH. His special interest includes Clinical Research, Tele Medicine & HMIS.



DR. M. TAYYAB BADSHAH Dr. Tayyab graduated from King Edward Medical College, Lahore. He completed his postgraduate medical training from Louisiana State University, New Orleans, Louisiana, USA. He is Diplomate, American Board of Endocrinology, Diabetes & Internal Medicine. Currently he is working as Consultant Endocrinologist and Diabetologist at SIH.



ENT

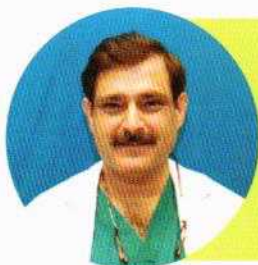
DR. ZAFAR IQBAL An experienced ENT Surgeon, Dr. Zafar performs all type of ENT surgeries. His areas of special interest are Rhinology and Ear Surgery. He is serving as Consultant ENT at Shifa International Hospital.



DR. M. ZAFFAR RABBANI Serving as ENT Consultant at Shifa International Hospital and Head of ENT Department in Shifa College of Medicine. Dr. Zaffar is Fellow of College of Physicians and Surgeons. His special interests include Rhinology, head and neck surgery and Otology.



Our Consultants - Our Pride



DR. SARIM H. LODHI He is a graduate of Dow Medical College, Karachi and has done his Fellowship from Royal College of Surgeon, Glasgow. Dr. Lodhi has worked as Consultant ENT Surgeon, at Hill Park General Hospital, Karachi prior to joining SIH family. In UK, he has served over 14 years in his field. Currently serving as Associate Consultant ENT.



DR. BADAR US SALAM Dr. Badar is graduate of Khyber Medical College. He did his residency training in various hospitals in UK and Ireland. Dr. Badar is a Fellow of Royal College of Physicians Edinburgh. Recently he is working as Consultant ENT Surgeon at SIH.



DR. M. YASIR KHAN Dr. Yasir is a Fellow of College of Physicians and Surgeons, Pakistan. His special interest is Otolaryngology. Currently working as Associate Consultant ENT Specialist at Shifa Medical Centre, F-11, Islamabad.

EXECUTIVE PHYSICAL & EMPLOYEE HEALTH



DR. RESHMA AZIZ Dr. Reshma is a graduate of Dow Medical College, Karachi and has done her Masters in Pediatric Surgery from the University of Dhaka. In addition she has got certifications in Clinical Ultrasound, Clinical Diabetology and Colonoscopy. Dr. Reshma has previously worked as an Associate Consultant and Department Head for executive Health at Square Hospital Ltd, Dhaka for about 8 years. Currently working as Associate Consultant Executive Physical and Employee Health at SIH.



GASTROENTEROLOGY

DR. NASIR KHOKHAR Diplomate American Boards of Internal Medicine and Tropical Medicine. Dr. Khokhar is Member of American College of Gastroenterology. He did Residency from Wright State University Hospitals Dayton, Ohio, and Fellowship at University of Illinois, USA. His rich experience includes service as Chairman Department of Medicine Pekin Hospital, USA. Presently he is working as Consultant Gastroenterologist and Head of Gastroenterology at SIH. Patient care, Research and Education are his areas of interest.



DR. SHAHEEN M. MUFTI With graduation in Medicine from KEMC. Dr. Shaheen is Diplomate American Board of Internal Medicine. Currently she is working as Consultant Internal Medicine and Gastroenterology at SIH.



DR. SAEED ZAMEER Diplomate American Board of Gastroenterology and American Board of Internal Medicine, he comes with several years of work experience as Consultant Gastroenterologist in the US. He is currently working as Consultant at SIH.



DR. FARZANA SHAFQAT With more than 30 publications in national and international Medical Journals. Dr. Farzana is presently serving as Consultant Gastroenterologist & Supervisor of Gastroenterology fellows at Shifa International Hospital. Her experience includes serving as Assistant Professor at Shaikh Zayed Postgraduate Medical College.



DR. NAJMUL HASSAN SHAH He is Consultant Gastroenterologist & Hepatologist and Director of Liver Transplant Program at SIH. His special interest includes Liver Transplantation, Hepato-Cellular Carcinoma and Therapeutic ERCP.



Our Consultants - Our Pride



DR. MOHAMMAD SALIH A graduate of Khyber Medical College. He is a fellow of College of Physician & Surgeons Pakistan in Gastroenterology and Internal Medicine. He has completed his residency in Internal Medicine from Sheikh Zayed Medical Complex, Lahore and Fellowship in Gastroenterology from AKUH. He got his trainings for Endoscopic Ultrasound from Malaysia and for Liver Transplant from USA. Currently serving SIH as Consultant Gastroenterologist.

GENERAL SURGERY



DR. GHULAM SIDDIQ Working as Chief of Surgery & Consultant General Surgeon at SIH. Dr. Siddiq is a seasoned surgeon. A Fellow of Royal College of Surgeons, his special interests include Laparoscopic Surgery, Bariatric surgery, Pancreatobiliary Surgery and Colorectal Surgery. He has extensive experience in major abdominal surgeries.



MAJ. GEN. (R) DR. M. A. HASHMI Author of a book and over 45 research articles, he is serving as a Professor of Surgery and Consultant General Surgeon at SIH. He has dual Fellowships, from Royal College of Surgeons Edinburgh, UK in General Surgery and from College of Physicians and Surgeons in Pediatric Surgery. He has worked in UK, Saudi Arabia and Pakistan.



DR. ARIF MALIK Diplomate American Board of Surgery with Fellowship in Laparoscopic, Bariatric and Robotic surgery (USA). He is a Member of Society of American Gastrointestinal and Endoscopic Surgeons (SAGES). Currently working as Consultant General Surgeon & Director Surgical Services at SIH. His areas of interest include minimal access surgery, laparoscopic sleeve gastrectomy for weight loss and breast cancer surgery.



DR. MOHAMMAD AMIR A graduate of King Edward, he postgraduated from College of Physicians and Surgeons Pakistan and Royal College of Surgeons UK. Presently working as Professor of Surgery in SCM and Consultant General Surgeon in SIH. Special Interests include Laparoscopic Surgery, Colorectal with emphasis to Fistula, Hemorrhoids, Thyroid and Breast Diseases.

DR. MOHAMMAD IQBAL With enviable experience of over 50 Years & teaching experience of about 40 years, Dr. Iqbal is presently serving as Consultant in Shifa International Hospital and Professor of Surgery in Shifa College of Medicine. He graduated in 1963 and earned postgraduate qualification from Royal College of Surgeons, Edinburgh in 1968. He has also been awarded FCPS by College of Physicians & Surgeons, Pakistan. His areas of special interest include Laparoscopic and Endocrine Surgery.



DR. MOHAMMAD MUSSADIQ KHAN A senior Thoracic & Vascular Surgeon, Professor of Surgery and American Board Certified. He is presently working as part time Consultant Surgeon at SIH. He has to his credit decades of illustrious career as a surgeon and academic.



DR. TAHIR HUSSAIN Trained in General and Vascular Surgery from UK, Dr. Tahir is a Fellow of College of Physicians and Surgeons (Pakistan). He is also a Member of European Society of Vascular Surgery. He is working as Consultant General & Vascular Surgeon at SIH. He has special interest in General Surgery which includes Laparoscopic Surgery, complicated thyroid & neck dissection surgeries.



DR. QAMAR HAFEEZ KIANI A member of Royal College of Surgeons, UK and a Fellow of College of Physicians & Surgeons, Pakistan. He has recently completed his Fellowship in Colorectal Surgery from Guy's and St. Thomas' NHS-Trust Hospital London, UK. Currently working as Associate Consultant General and Colorectal Surgery with special interest in diseases of Anus, Rectum and Conlon.



DR. SAEEDA YASMIN She graduated from Rawalpindi Medical College, Rawalpindi. She is also a Member and Fellow of College of Physicians and Surgeons, Pakistan. Dr. Yasmin has previously worked as Senior Registrar in General Surgery at Shifa College of Medicine. She is currently working as Associate Consultant General Surgeon at SIH and SMC F-11 and Assistant Professor at Shifa College of Medicine.



Our Consultants - Our Pride



DR. NASIR KHAN A graduate of Ayub Medical College and a Fellow of College of Physicians & Surgeons, Pakistan. He is also Licentiate of medical council of Canada (LMCC) & Master of Surgery from McGill University, Montreal, Canada. Dr. Khan has previously worked as Assistant Consultant in General Surgery at SIH. Currently working as Associate Consultant General Surgeon at Shifa International Hospitals Ltd.

HEMATOLOGY & ONCOLOGY



COL. (R) DR. SALEEM SIDDIQUI Diplomate American Board of Internal Medicine and American Board of Medical Oncology with Fellowship from Royal College of Physicians, Dr. Siddiqui passed residency from Queens Hospital Centre Jamaica, N.Y. USA. He is presently serving as Consultant Oncologist at SIH.



DR. KAMRAN RASHID Diplomate American Board of Internal Medicine, American Board of Oncology and American Board of Hematology with Fellowship in Bone Marrow Transplant, Dr. Rashid is currently working as Consultant Oncologist at SIH.



DR. SAIRA HASSAN She is a Diplomate American Board in Internal Medicine, Hematology & Oncology. She has completed her graduate training in Hematology/ Oncology from Baylor College of Medicine/MD Anderson Cancer Center, Houston. Prior to joining SIH she has worked as Consultant Hematologist/ Oncologist in Shaikat Khanum Cancer Hospital. Presently serving SIH as Consultant Oncologist.

INFECTIOUS DISEASES



DR. MAHMUD H. JAVID Diplomate American Board of Internal Medicine & Infectious Diseases. Dr. Mahmud got his training in Internal Medicine at Columbia University College of Physicians & Surgeons, N.Y. Nassau County Medical Center, N.Y. and University of Kansas Medical Center. Serving as a Visiting Consultant Infectious Diseases at Shifa International Hospitals Ltd.

INTERNAL MEDICINE

DR. MAZHAR A. MUFTI Diplomate American Board of Internal Medicine and Member American Medical Association, American College of Physicians and American Society of Internal Medicine. he did Residency from Indiana University & Wryne State University, USA. He practiced as Medical Consultant in Elmira, N.Y, USA from 1977 to 1993. Since 1993 he is working as Consultant Medical Specialist at SIH and also involve in teaching at SCM.



DR. MAHMUD MAJEED Diplomate American Board of Internal Medicine, Dr. Mahmud completed Residency in Internal Medicine from Conemaugh Valley Hospital, Johnstown, PA, USA. He is working as Consultant Medical Specialist at Shifa International Hospital, Islamabad and Assistant Professor of Medicine at Shifa College of Medicine.



DR. MIAN AMJAD SOHAIL Diplomate American Board of Internal Medicine and has Diploma in Cardiology From Hammersmith Hospital, University of London, UK. Member American College of Physicians. Dr. Amjad did Residency From Luthern Medical Center, New York, U.S.A. He is presently working as Consultant Medical Specialist and Director Medical Services at SIH.



DR. S. TAUQEER A. SHAH Diplomate American Board of Internal Medicine and Fellow Royal College of Physicians, Edinburgh. Dr. T.A. Shah did Residency from University of Maryland Hospital Baltimore, USA. He is currently serving as Professor in Shifa College of Medicine.



DR. TARA JAFFERY Diplomate American Board of Internal Medicine and Member American College of Physicians. She completed her Residency from University Of Illinois College of Medicine at Chicago. She is serving as Consultant Internal Medicine, Shifa International Hospitals and Associate Professor of Medicine, Shifa College of Medicine.



Our Consultants - Our Pride



DR. AAMER NAZIR AHMAD Diplomate American Board of Internal Medicine, Member American Medical Association and American College of Physicians, Dr. Aamer Completed Residency in Internal Medicine from The Mount Vernon Hospital, Mount Vernon, New York. He is serving as Consultant Internal Medicine at Shifa International Hospitals.



DR. WAJID YAR KHAN Diplomate American Board of Internal Medicine, Member American Medical Association and American College of Physicians, Dr. Wajid did Residency from Michigan State University, East Lansing Michigan, USA. He is working as Consultant Medical Specialist at SIH.



DR. TAHIR IQBAL A graduate of Rawalpindi Medical College. He is a Fellow and Member of College of Physicians & Surgeons, Pakistan. Presently he is working as Consultant Internal Medicine at Shifa International Hospital.



DR. UZMA TAHSEEN Dr. Uzma is a graduate of Rawalpindi Medical College. She has done her Fellowship from College of Physicians & Surgeons, Pakistan in Internal Medicine. Currently working as Associate Consultant Medicine.



DR. NAHID GULL A Graduate from Khyber Medical College, Peshawar and fellow of College of Physicians and Surgeons, Pakistan, in General Medicine. She served Khyber Teaching Hospital, Peshawar for three years as Senior Registrar. Presently she is serving SIH as Associate Consultant Internal Medicine.

DR. MUHAMMAD ASHRAF He is a graduate of Ayub Medical College, Abbottabad. Dr. Ashraf has done his Fellowships from College of Physicians & Surgeons, Pakistan in Internal Medicine & Pulmonology. He has worked as Consultant in different hospitals in Pakistan and abroad. Currently he is working as Consultant Medical Specialist at SIH.



DR. M. YOUSUF AWAN A Fellow of College of Physicians & Surgeons, Pakistan, has CESR / CCST, UK. He has worked as Consultant Internal Medicine in tertiary care hospitals, both in the country and abroad. Currently serving as Consultant Medical Specialist and Program Director, Medicine.



DR. HASSAN MAHMOOD AWAN A graduate of Nishtar Medical College, Multan and a Member of Royal College of Physicians of Ireland & Royal College of Physicians & Surgeons, Glasgow. Dr. Hassan is American Board certified in Internal Medicine and has completed his residency at Grand Rapid Medical Education Partner MI, USA. He has also done clinical Fellowship in Cardiology at Aintree University Hospital NHS Foundation Trust Liverpool, UK. Currently working as Associate Consultant Medical Specialist at SIH.



DR. SHEIKH M. ILIAS A graduate of King Edward Medical College. Dr. Ilyas is US trained and experienced physician in Internal Medicine. He did Internal Medicine Residency from Flushing Hospital, New York. He was Chief of Medical Staff NWFC Hospital, Florida. Dr. Ilyas is currently serving as Consultant at Shifa Medical Centre, F-11.



Our Consultants - Our Pride



DR. NADIA SAEED She is a Fellow and Member of College of Physicians & Surgeons, Pakistan. She has completed her residency training at SIH & PIMS, Islamabad. Presently serving as Medical Specialist at Shifa Medical Centre, F-11, Islamabad.



DR. FIBHAA SYED Dr. Fibhaa is a member of Royal College of Physicians, UK & a Fellow of College of Physicians & Surgeons, Pakistan. She has completed her residency from PIMS, Islamabad. Currently working as Medical Specialist at Shifa Medical Centre, F-11, Islamabad.



DR. SHAHEENA REHMAN KHAN Dr. Shaheena graduated from University of Peshawar. With several years of experience in her field, Dr. Shaheena is working as family Physician at Shifa Medical Center, F-11.

LIVER TRANSPLANT



DR. FAISAL SAUD DAR Trained in Hepatopancreaticobiliary Surgery from UK, Dr. Faisal is a Fellow of Royal College of Surgeons UK and College of Physician & Surgeons, Pakistan. He has also worked at Kings College hospital, UK. His special interest is in Pediatric & adult to living donor transplantation. Currently working as Consultant Liver Transplant Surgeon at SIH.



DR. HASEEB H. ZIA Having Fellowships in Surgery from College of Physicians & Surgeons, Pakistan and in Transplant Surgery from Baskent University Hospital, Turkey and a Member of Royal College of Surgeons, Ireland. Dr. Haseeb is a graduate of Army Medical College, Rawalpindi. He completed residency from Combined Military Hospital, Rawalpindi. Previously, he has worked as a General Surgeon in Naval Hospitals, Islamabad & Karachi and HBP Transplant Surgeon in North West General Hospital, Peshawar. Currently serving as an Associate Consultant HPB & Liver Transplant Surgeon at SIH.

DR. ABDUL WAHAB DOGAR Graduated from Quaid-e-Azam Medical College, Bahawalpur and has done his Fellowship in General Surgery from College of Physicians & Surgeons, Pakistan. Dr. Dogar is serving as an Associate Consultant, Liver Transplant Surgeon at SIH.



MICROBIOLOGY

DR. MUHAMMAD USMAN He is a graduate of Army Medical College, Rawalpindi and fellow of College of Physicians and Surgeons, Pakistan, in Microbiology. He has special interest in Nosocomial infections and Antimicrobial Resistance. He served Combined Military Hospitals and Medical College as Consultant Pathologist and Assistant Professor Pathology, respectively. Currently he is serving SIH as Associate Consultant Microbiologist.



DR. SYED M. ZEESHAN Dr. Zeeshan, graduate of Karachi Medical & Dental College and has done Fellowship in Medical Microbiology from College of Physicians & Surgeons, Pakistan. He has worked as Specialist Microbiologist / Section Head Microbiology & Parasitology Department at Dr. Sulaiman-al-Habib Medical group, Riyadh, KSA. He has also worked as Consultant Microbiologist at Sindh Institute of Urology & Transplant (SIUT) and instructor at AKUH, Microbiology Department. Dr. Zeeshan completed his residency from Aga Khan University Hospital, Karachi and currently working as Associate Consultant Microbiologist at SIH.



NEPHROLOGY

DR. KH. SAYEED AHMED Member of American Society of Hypertension, American Society of Nephrology, International Society of Nephrology, National Kidney Foundation USA and Pakistan Society of Nephrology. He is a graduate of Dacca University. He did his residency from Westchester County Medical Center & NY Medical College. He is working as Consultant Nephrologist at SIH.



DR. S. NAYER MAHMUD With Fellowship in Nephrology from University of Oklahoma, Dr. Nayer did Residency in Internal Medicine from Albert Einstein College of Medicine, New York. At present, he is serving as Chief of Medicine, Consultant Nephrologist and Transplant Physician at Shifa International Hospital and Assistant Professor (Medicine) at SCM.



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DR. SYED FARHAT ABBAS A Fellow of College of Physicians & Surgeons Pakistan. Dr. Abbas has previously worked at Pakistan Institute of Medical Sciences. Currently he is serving as Head of Department & Consultant Nephrologist at SIH.

NEUROLOGY



DR. ARSALAN AHMAD Dr. Arsalan has done his graduation & residency from Dow Medical College Karachi. With more than 30 publications and 60 abstracts Dr. Arsalan is serving as a Consultant Neurologist at Shifa International Hospitals Limited, and Professor Neurology at Shifa College of Medicine.



DR. MAIMOONA SIDDIQUI A Graduate of Dow Medical College Karachi. Dr. Maimoona did residency from Liaquat National Hospital. She is a Fellow of College of Physicians & Surgeons Pakistan in IM & Neurology. She is presently serving as Consultant Neurologist at SIH.



DR. MUHAMMAD AZHAR SAEED He is graduate of RMC & a Fellow of College of Physician & Surgeons Pakistan. He has worked as Neuro Physician at FFH and as Assistant Professor at FUMC. He has published 7 original research papers in addition to case reports, series and abstracts in local & indexed journals. He has special interest in Epilepsy, Stroke, Headache, Parkinson Disease and Nerve & Muscles disorders. He is working as Consultant Neurologist at SIH.



DR. RAO SOHAIL A Fellow of College of Physicians and Surgeons Pakistan. Dr. Rao Sohail has been working as Assistant Professor at Department of Neurology (PIMS) since 2006. Presently he is working as Associate Consultant Neurologist at Shifa International Hospital.

DR. MUHAMMAD AMJAD Dr. Amjad has done his graduation from Punjab Medical College, Faisalabad. He is a fellow of College of Physicians and Surgeons, Pakistan in Neurology and member CPSP in General Medicine. He has completed his residency from PIMS, Islamabad, and Shaikh Zayed Hospital, Lahore, in Neurology and Medicine respectively. His experience includes serving Fauji Foundation Hospital, PIMS, and Shaikh Zayed Hospital. Presently he is serving SIH as Associate Consultant Neurologist.



DR. WASEEM TARIQ MALIK Having Fellowship in Neurology from College of Physicians & Surgeons, Pakistan, Dr. Malik is a graduate from Rawalpindi Medical College, Pakistan. He is working as an Associate Consultant Neurology at Shifa International Hospitals Ltd, Islamabad.



NEUROSURGERY

DR. INAYATULLAH KHAN Dr. Inayat did Residency from Royal College of Surgeons UK and gained vast experience in various hospitals of UK & Ireland. Trained in dealing with Spinal & Vascular neurosurgical problem & cerebral tumor, he is presently serving as Consultant Neurosurgeon at SIH.



DR. MUHAMMAD NADEEM Specialized in Neuro Trauma, Brain & Spine problems including Prolapsed Intervertebral Diseases, Spinal stenosis and Tumors. Dr. Nadeem is trained from the College of Physicians and Surgeons, Pakistan. With experience in Stroke Surgery, he is currently serving as Consultant Neurosurgeon at Shifa International Hospital for more than 8 years.



DR. SHAHID AHMED SHAH A fellow of College of Physician & Surgeons Pakistan in Neurosurgery. He has completed his residency in Neurosurgery from Liaquat National Hospital, Karachi and served the same Hospital for seven years. Currently he is serving at SIH as Associate Consultant Neurosurgeon.



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NUTRITION MEDICINE



DR. REZZAN KHAN With PhD in Food and Nutrition from Kansas State University, USA. Dr. Rezzan is a Member of Academy of Nutrition and Dietetics, Pakistan Nutrition & Dietetic Society and Nutrition Association. Currently a Consultant Nutritionist at SIH. Dr. Rezzan has worked as Research Assistant in Iowa State University, USA and Head of Food Technology Department in Gazi University, Turkey.

NUCLEAR MEDICINE



DR. S. RAFAQAT ALL JAFRI He is a graduate from Nishtar Medical College, Multan and attained his Masters degree in Nuclear Medicine from University of London, UK. He is also Fellow of College of Physicians and Surgeons Pakistan, in Nuclear Medicine. Furthermore, he is Overseas member of British Nuclear Medicine Society, UK. He has a vast experience of over 34 years in the field of Nuclear Medicine. Currently working as Consultant Nuclear Medicine at SIH.



DR. MUSAB RIAZ He is a graduate of Rawalpindi Medical College and has received his MSc degree in Nuclear Medicine. In addition he has done his Fellowship from College of Physicians & Surgeons, Pakistan as well as a certification of Diplomate Board of Nuclear Cardiology from American Society of Nuclear Cardiology. Currently working as Associate Consultant Nuclear Medicine at SIH.

OBS/GYNE



DR. (MRS.) KHURSHID S. RAJA A Professor and Chief / Consultant of the Department, possesses DRCOG, MRCOG and FRCOG from the Royal College of OBS & Gyne, UK. She got on job Postgraduate Training from 1961-1969 at different leading teaching & training hospital of university of Glasgow, UK. She has the honor of developing the department at SIH & SCM including seeking recognition by PMDC & CPSP for postgraduate training and she is a supervisor for the same and for RCOG (UK). She is a Life member of Society of Obs/Gyne of Pakistan. A seasoned Obs/Gyne specialist has keen interest in genital cancer, infertility, endoscopic surgery and fetal medicine.



DR. MAH PARVEEN QAZI A Member and Fellow of Royal College of Gynecology UK. Dr. Mah Parveen is serving as Consultant Obstetrics & Gynecology at SIH. She completed her Residency Training from Royal Gwent Hospital Newport Monmouthshire South Wales UK. Besides serving in different towns of Pakistan. She also worked as Registrar Obs/ Gynae in South London Hospital for Women & Children's in London.

DR. NABIA TARIQ Professor of OBS/ Gynae and Head of Department of OBS/Gynae in Shifa College of Medicine. Consultant Gynecologist at SIH for more than 10 years. She is an examiner and supervisor of Undergraduate and Post Graduate medical programs. In addition to her obstetrics experience, her area of special interest are gynecological endoscopies and reproductive endocrinology.



DR. AZRA BATOOL Having special interest in Fetal Medicine and Gynae Micro Surgery. She has had her training from UK and USA, (John Hopkins University). Dr. Azra is working as Professor at SCM and Consultant Gynecologist at SIH. She has been a faculty member of CPSP. She is Convener of MCPS & FCPS exams, and a member of Accreditation team of CPSP & PMDC and Pakistan Society of Gynae/Obs.



DR. SHAZIA FAKHAR With Fellowship in OBS/ Gynaecology after graduating in 1996, Dr. Shazia is working as Associate Professor at SCM & Consultant Gynecologist at SIH. With 16 years of experience in her field Dr. Shazia is looking forward to put her mark in the field of Minimal Invasive Surgery.



DR. HUMA TASLEEM Dr. Huma Tasleem is an Associate Professor of Obs/Gyne at SCM, Associate Chief and Consultant Gynecologist at SIH. She is also Program Director (Gynae) for postgraduate training program at SIH. She has done MCPS and FCPS. She has special interest in Urogynecology and gynecological malignancy.



DR. TASNEEM AKHTAR A graduate of Rawalpindi Medical College. She is a Fellow and Member of College of Physicians & Surgeons, Pakistan. Currently working as Associate Consultant Gynecologist at SIH & SMC. F-11.



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DR. SHAMSA RIZWAN A Fellow and Member of College of Physicians & Surgeons Pakistan in Obstetrics & Gynaecology with Diplomas of Epidemiology from London School of Hygiene & Tropical Medicine, Dr. Shamsa is working at Shifa Medical Center F-II, Islamabad as part time Consultant OBS/Gynae.



DR. SHAHEEN ASHRAF Dr. Shaheen is a graduate of Dubai Medical College, UAE and a Member of Royal College of Obstetricians and Gynecologists, London, UK. In addition, she has done her Fellowships in Maternal Fetal Medicine and Fetal Echocardiography from Thomas Jefferson University Hospital, Pennsylvania, USA. Previously, she has worked as Consultant Gynecologist at Women's Hospital, Peshawar and a clinical Tutor of Obstetrics and Gynecology at Dubai Medical College. Currently working as Associate Consultant Gynecologist at SIH.



DR. AMEENA SHAH Dr. Ameena is a graduate of Army Medical College, Rawalpindi. She has done her Fellowship from College of Physicians & Surgeons, Pakistan in Gynecology/Obstetrics. Currently working as Associate Consultant Gynecologist at Shifa Medical Center, F-II.



DR. RIFFAT SHAHEEN Dr. Riffat is a Fellow & Member of Royal College of Obs/ Gyne, UK and College of Physicians, Pakistan. Currently serving at Shifa Medical Center, F-II as Gynecologist.

OPHTHALMOLOGY



DR. ZEBA I. MATIN A Fellow of College of Physicians and Surgeons Pakistan and Royal College of Surgeons Edinburgh, UK. Dr. Zeba is serving patients with extensive 13-years Post-Fellowship experience. Her special interests involve, Phacoemulsification for cataract surgeries, Corneal Graft Operation and Squint Correction surgery. She is head of Ophthalmology Department. She is also working as an assistant professor at Shifa College of Medicine.

DR. FAROOQ AFZAL A King Edward graduate. Dr. Farooq is a Fellow of Royal College of Surgeons Ireland, Royal College of Surgeons Glasgow and Royal College of Ophthalmology London, UK. He is also serving as a professor of Ophthalmology at Pakistan Institute of Medical Sciences Islamabad. With experience of over a decade from UK and Saudi Arabia, he is presently working as Consultant Ophthalmologist at SIH.



DR. M. AMER RAZA AWAN A KE graduate and has dual Fellowships from Royal College of Ophthalmologists, London and Royal College of Surgeons, Edinburgh. He has also got Vitreo-Retinal Fellowship from UK. Dr. Awan has worked as a Consultant Ophthalmic & Retinal Surgeon at University Hospitals Ayr & Crosshouse, UK prior to joining Shifa International Hospitals Ltd and has over 10 years of experience in his field. Currently working as Consultant Ophthalmologist at SIH.



DR. SULMAN JAFFAR A Fellow of Royal College of Surgeons UK & College of Physician & Surgeons, Pakistan. He has completed his residency from Al Shifa Trust Eye Hospital. Currently he is working as Assistant Professor, SCM and Consultant Ophthalmologist at SIH.



DR. SADIA FAROOQ A Gold Medalist of her medical school, she is working as Professor in Shifa College of Medicine and as Consultant Ophthalmologist at SIH. She is also a Member of College of Physicians & Surgeons and Fellow of the Royal College of Surgeons. Her special interests involve Glaucoma, Cornea Cataract & Plastic Surgery.



DR. AYISHA KAUSAR Dr. Ayisha is a graduate of Rawalpindi Medical College and also a Member & Fellow of College of Physicians and Surgeons, Pakistan. Currently working as Associate Consultant Ophthalmologist at SIH.



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DR. INAYATULLAH KHAN Dr. Inayat is a graduate of Khyber Medical College, Peshawar and a Fellow of College of Physicians and Surgeons, Pakistan. Currently he is working as Ophthalmologist at Shifa Medical Center, F-11.

ORTHOPEDICS



DR. SAJJAD HASAN ORAKZAI He is a graduate of Khyber Medical College and completed his residency from various hospitals of Ireland. He has done his Fellowship from Royal College of Surgeons in General Surgery and Trauma & Orthopedics. Previously worked with Connolly Hospital Blanchardstown, Dublin and Midland Regional Hospital, Tullamore, Co. Ofally, Ireland as Consultant Orthopedic Surgeon. Currently he is working at SIH as Consultant Orthopedic Surgeon and is the Head, Department of Orthopedics.



DR. WAQAR M. JAN He graduated from Ayub Medical College and completed his basic surgical and higher surgical training conducted by Royal College of Surgeons in Ireland & UK. He has Fellowships from Royal College of Surgeons in General Surgery and in Trauma & Orthopedics. Dr. Waqar has worked as a Consultant in Trauma & Orthopedic Surgery in Dublin, Navan & Drogheda in Ireland before joining as a Consultant Orthopedic Surgeon at SIH.



DR. AAMER NABI NUR Consultant Orthopedic Surgeon at SIH, he graduated From King Edward Medical College Lahore and did Residency in Orthopedics from Agha Khan University Hospital, Karachi. He then moved to UK where he worked in different hospitals and gained experience in various subspecialties of Orthopedics. Before moving to Pakistan he was working as Senior Registrar Orthopedics At Royal, Sussex County Hospital, UK.



DR. M. AAMER FAROOQ Dr. Amer is a graduate of Allama Iqbal Medical College, Lahore and has done Fellowship in Surgery & Trauma and Orthopedics from Royal College of Surgeons, UK. In addition he has done his Masters in Orthopedic Engineering from Cardiff University, UK and MCh in Orthopedic Surgery from Liverpool University, UK.

PATHOLOGY

DR. FAZAL ILAHI Senior Consultant of Pathology at SIH, he is Diplomate American Board of Clinical Pathology and Anatomical Pathology. He did Residency Training at St. Lukes Hospital, USA. Dr. Fazal is a Fellow of College of American Pathologists and American Society of Clinical Pathologists. He is also a Member of State Medical Society Wisconsin, USA and American Association of Blood Banks.



DR. IMRAN N. AHMAD Dr. Imran is Diplomate American Board of Pathology in Surgical Pathology (Histopathology) and Hematology (Pathology) and also a Fellow of College of American Pathology. He did his surgical pathology Fellowship from Yale University, USA and Hematopathology Fellowship from Albany Medical Centre, USA. His areas of interest include Hematopathology, Urological Pathology, Breast Pathology and Flow cytometry. Currently he is working as a Chief of Pathology & Consultant Pathologist at SIH and Assistant Professor of Pathology at SCM.



DR. AYESHA JUNAID Dr. Ayesha is a Fellow of College of Physicians and Surgeons in Pathology & she is a member of CPSP in Clinical Pathology. She is working with Shifa International Hospital as Hematology Consultant. Dr. Ayesha is a graduate of King Edward Medical University, Lahore. She is the Professor of Pathology, Director Blood Transfusion services & stem cell Laboratory. She is Supervisor CPSP in subject of Laboratory Hematology.



DR. HUMAIRA NASIR A King Edward graduate, Dr. Humaira has two Fellowships in Histopathology & Cytology. One from Royal College of Pathologists, London & other from College of Physicians & Surgeons, Pakistan. She has also done membership of CPSP in Clinical Pathology. She is Renal and Liver Pathologist. She is actively improving quality.



DR. NADIRA MAMOON Dr. Nadira is a Fellow of College of Physicians & Surgeons Pakistan in Histopathology & Cytopathology. She has got her training from St. Thomas Hospital, London. Her special areas of interest are Head, Neck & Breast Pathology. Currently she is working as Consultant Histopathologist at SIH & Professor of Pathology at SCM.



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DR. IJAZ AHMAD Dr. Ijaz is Diplomate American Board of Pathology in Histopathology, Clinical Pathology and Chemical Pathology. He has done Fellowship in Forensic Pathology from USA. Currently working as Consultant Chemical Pathologist at SIH.



DR. ZEESHAN UD DIN A graduate of Dow Medical College, Karachi and a Fellow of College of Physicians & Surgeons, Pakistan in Histopathology. He got training in Histopathology from AKUH. Before joining SIH he worked as Senior Instructor at AKU. Currently serving as Associate Consultant Histopathologist at SIH and Assistant Professor Pathology at SCM. He has special interest in Gynecological Pathology & Neuropathology.



DR. ASNA HAROON KHAN A graduate from Army Medical College, Rawalpindi and fellow of College of Physicians and Surgeons, Pakistan in Histopathology. She is retired Lieutenant Colonel from Army Medical Corps and presently serving SIH as Associate Consultant Pathologist & Assistant Professor of Pathology at SCM.



DR. SAMEENA GHAYUR She is a graduate of Army Medical College and has obtained her certifications of Fellowship and Membership from College of Physicians & Surgeons, Pakistan in Chemical Pathology and Clinical Pathology, respectively. Currently working as Associate Consultant Chemical Pathology at SIH. She is Section Head & Associate Professor of Pathology at SCM.



DR. TAHIR AZIZ AHMAD Having Fellowships in Medical Microbiology from College of Physicians & Surgeons, Pakistan and in Immunology from Royal College of Pathologists, UK. Dr. Tahir is working as Consultant Immunologist at SIH. He is local coordinator of FRCP examination in Pakistan. He has worked as Consultant Immunologist & Head Department of Immunology at AFIP has also worked as Professor of Pathology /Head Department of Microbiology at Combined Military Hospital, Lahore.

PEDIATRICS

DDR. REHANA SAYEED A medical graduate from Dacca (Bangladesh). Dr. Rehana is treating young patients as Consultant Pediatrician in SIH. Present in the field with 40 years of impressive experience and American Board Certification, She is involved with Shifa since day one.



DR. EJAZ A. KHAN Working as Consultant Pediatrician, Dr. Ejaz has Board Certification from American Board of Pediatrics and Infectious Diseases. His areas of special interest are Pediatric TB and Pediatric HIV. He is also supervisor for College of Physicians and Surgeons' Postgraduate Program in Pediatrics.



DR. MUSARRAT HUSSAIN American Board Certified Pediatrician, he has vast experience in General Pediatrics, Neonatology and Pediatric Nephrology. A Member of American Academy of Pediatrics and International Pediatric Nephrology Association, he is presently working with SIH as Chief of Pediatrics & Consultant Pediatrician.



DR. YAWAR NAJAM A Graduate of Rawalpindi Medical College. Dr. Yawar did post graduate training and membership From Royal College of Physicians, Ireland. Dr. Yawar's special interest include Neonatology with emphasis on nutrition and Preventive Neonatology. He is serving as Consultant Pediatrician at SIH.



DR. IFFAT FATIMA ZAMAN Diplomate American Board of Pediatrics, Dr. Iffat did her Residency Training from Pediatric Department of Harlem Hospital NY, USA. Presently a Consultant Pediatrician at Shifa International Hospital, she comes with experience and international exposure as Assistant Professor at Lincoln Medical Center New York Medical College, USA, Pediatric Consultant at Bilkent University Ankara, Turkey, Pediatrician at John Hopkins Hospital Maryland, USA & Consultant, Shaikat Khanum Memorial Cancer Hospital Research Centre.



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DR. MUNIR IQBAL MALIK Professor of Pediatrics in SCM and Consultant Pediatrician at SIH. Dr. Munir is American Board Certified. He is also a Supervisor for College of Physicians and Surgeons Pakistan, postgraduate program in Pediatrics. He has vast experience in general pediatrics and Pediatric Gastroenterology. He has done 2 years Fellowship in Pediatric Gastroenterology at Saint Louis University, USA.



DR. YASIR IQBAL A graduate of KEMC & has done his Fellowship from American Academies of Pediatrics and training in Pediatric Oncology. Dr. Yasir is a Member of American Society of Pediatric Hematology, American Diabetic Association and Saudi Medical Council. He did Residency Training from Winthrop University, Mineola, USA. American Board Certified Dr. Yasir diagnoses & treats Childhood Malignant & Benign Hematologic Disorders. He is working at SIH as Consultant Pediatrician with special interest in Pediatric Hematology & Oncology.



DR. MAZHAR H. RAJA A graduate of Nishtar Medical College, Multan. He is member of Royal College of Physicians, UK and Fellow of Royal College of Pediatrics & Child Health London. He has completed his residency in Gen. Paediatrics & Neonatology from Leicester University Hospital and Addenbrook's Hospital, Cambridge, UK. He had his Diploma in Child Health from PU, Lahore, Pakistan. Currently he is employed at SIH as Consultant Pediatrician with special interest in Neonatal Medicine.



DR. MASOOD KHAN American Board Certified Pediatrician with Diploma in Child Health from Royal College of Surgeons, UK. Previously he has worked with Beatrice Community Hospital, USA. Currently employed at SIH as Consultant Pediatrician.



DR. SHEHLA CH A Member and Fellow of College of Physician & Surgeons Pakistan. She is a gold medalist of Rawalpindi Medical College and has completed her residency from Benazir Bhutto Shaheed Hospital, Rawalpindi. Currently working as Associate Consultant Pediatrician at SIH with special interest in Neonatology.

DR. SHAHID NAZIR With extensive experience of over 20 years in his field. Dr. Shahid is currently working as Director NICU /PICU and Consultant Neonatologist at SIH. He is a graduate of King Edward Medical College and a Diplomate of American Board in Pediatrics and Neonatology. Previously, he has worked as Staff Neonatologist at Fountain Valley Hospital and Arrowhead Regional Medical Center, California.



DR. ANWAR UL HAQ He is a graduate of Ayub Medical College, Abbottabad and has done his Fellowship from College of Physician & Surgeons, Pakistan in Pediatric Surgery. He has completed his residency in Pediatric Surgery from PIMS, Islamabad. Previously he has worked as Consultant Pediatric Surgeon at MCH Buraydah Al-Qassim in Saudi Arabia. Currently working as Consultant Pediatric Surgeon at SIH & Assistant Professor of Pediatric Surgery at Children Hospital, PIMS, Islamabad.



DR. ALAM ZEB Graduate of Gomal Medical College and a Fellow of College of Physicians and Surgeons, Pakistan. Dr. Alam Zeb is currently working as Pediatrician at Shifa Medical Center, F-11.



DR. SYED KALEEM UR REHMAN Member of Royal College of Pediatrics & Child Health, UK and College of Physicians & Surgeons, Pakistan. Dr. Kaleem is serving as Pediatrician at Shifa Medical Center, F-11.



PHYSICAL MEDICINE & REHAB

DR. KHAULA ASHRAF Dr. Khaula is a graduate of Army Medical College, Rawalpindi and is a Fellow of College of Physicians and Surgeons, Pakistan. She has a long experience as Specialist in Physical Medicine & Rehabilitation in Pakistan Armed Forces Hospitals. Currently working as Associate Consultant Physical Medicine & Rehabilitation at SIH.



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PLASTIC SURGERY



DR. SALEEM A. MALIK A former Plastic Surgeon of Henry Ford Hospital USA and Marshfield Clinic USA and also served as a Professor of Plastic Surgery in PIMS. Dr. Saleem is currently serving as Consultant Plastic Surgeon at SIH. An American Board Certified & FRCS (C) in Plastic Surgery, he is a Member of American Society of Plastic Surgeons, Pakistan Association of Plastic Surgeons and Pakistan Society of Hand Surgeons.



DR. MAMOON RASHID Fellow of Royal College of Surgeons, UK and College of Physicians & Surgeons, Pakistan. He is President of Pakistan Association of Plastic Surgeons and Pakistan Society for Surgery of Hand. Prior to joining SIH Dr. Rashid has worked as Professor and Head of Department of Plastic Surgery at CMH, Rawalpindi. Currently he is working as Consultant, Plastic Surgeon at SIH & a Professor of Plastic Surgery at Shifa College of Medicine.



DR. MUHAMMAD IBRAHIM With dual Fellowships from College of Physicians & Surgeons, Pakistan & Royal College of Surgeons, Ireland, Dr. Ibrahim is working at Shifa International Hospital as Consultant Plastic Surgery. With last ten years in Plastic Surgery, Dr. Ibrahim is a Member of Pakistan Association of Plastic Surgeons.



DR. SAAD UR REHMAN A graduate of Army Medical College, Rawalpindi and a Fellow of College of Physicians and Surgeons, Pakistan. Dr. Saad is also PSEF International Scholar of American Society of Plastic Surgeons. Previously he has worked as Consultant & Head Department of Plastic Surgery at Iqbal Foundation Rawalpindi & NESCOM Hospitals. Currently working as Associate Consultant, Plastic Surgeon at SIH.

PSYCHIATRY



DR. ABDUL WAHAB YOUSAFZAI A Fellow of College of Physicians & Surgeons Pakistan with Diploma in Psychological Medicine. Previously he has worked as Assistant Professor of Psychiatry at Ayub Medical College & Aga Khan University and currently he is employed as Consultant Psychiatrist at SIH.

DR. RIZWAN TAJ With over 30 research papers to his credit, Dr. Rizwan is working as Consultant Psychiatrist with Shifa International Hospital. He is a member Royal College of Psychiatrists, London and has diplomas of Psychological Medicine, Management for Medical Doctors and Clinical Psychiatry from Royal College of Surgeons, Ireland. He is also serving as Professor & Head of Psychiatry at Pakistan Institute of Medical Sciences.



DR. MUHAMMAD HABIB Dr. Habib is Member of Royal College of Psychiatrists, England. He did Residency from Cherry Knowle College of Psychiatrists, England and working as Consultant Psychiatrist at SIH for last ten years.



DR. SEHAR ASHRAF Fellow of College of Physicians and Surgeons, Pakistan. Dr. Sehar did her graduation from Army Medical College, Rawalpindi and presently working as Psychiatrist at Shifa Medical Center, F-II.



PSYCHOLOGY

DR. NAZIA AZIZ Master of Science and PhD (Doctor of Psychology) from St. John's University New York. Dr. Nazia has worked at BAARNY, a state approved provider of psychological and educational services affiliated with the New York City Department of Education and at Infant Development Follow-Up Program at New York State Institute for Basic Research in Development Disabilities and Elizabeth W. Pouch Center for Special People, New York. Dr. Nazia is working as Consultant, Clinical Psychologist at SIH.



PULMONOLOGY & CRITICAL CARE

DR. AFTAB AKHTAR American Board Certified in Internal Medicine, Pulmonary and Critical Care Medicine. Dr. Aftab is currently working as Consultant Pulmonologist and is heading the section of Pulmonary and Critical Care Medicine. He has also served for three years in Saudi Arabia.



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DR. MOBEEN IQBAL Dr. Mobeen is a Diplomate of American Board of Internal Medicine, Pulmonary Medicine and Critical Care Medicine. He has membership of American College of Chest Physicians. His experience includes Fellowship in Critical Care Medicine and Pulmonary Diseases at Long Island Jewish Medical Center, USA. Dr. Mobeen is serving as Consultant in Pulmonology and Critical Care Department of SIH and Prof. of Medicine at SCM.



DR. MATI UR REHMAN Currently Consultant Pulmonology in Shifa International Hospital. Dr. Mati-Ur-Rehman has worked as Assistant Professor in Jinnah Postgraduate Medical College, Dow Medical College and in Saudi Arabia. He is DTCD, MCPS, MD (Chest Diseases). He is member American Society of Quality, National patient safety foundation USA, American College of Healthcare Executives & National association of Healthcare Quality USA. He is EMBA from SZABIST, a Certified Professional of Healthcare Quality, USA and certified in Science of Safety and TB Management from John Hopkins University.



DR. SOHAIL NASEEM Dr. Sohail has extensive experience in diseases of Chest and has worked in both academic and private sector. He has done his graduation from Dow Medical College and has completed his Fellowship in Pulmonary, Critical Care & Sleep Medicine from Medical College of Georgia, USA. Dr. Sohail is currently practicing at SIH as Associate Consultant Pulmonologist & Critical Care Specialist with American Board Certifications in Internal Medicine and Pulmonary & Critical Care Medicine.



DR. GHULAM HAIDER KHALID A graduate of Bolan Medical College. Dr. Khalid has Fellowships from College of Physicians and Surgeons, Pakistan in Internal Medicine and Pulmonology. He was trained in Pulmonology and Critical care Medicine at Dammam Chest Hospital, Kingdom of Saudi Arabia. Previously he has worked as Professor and Head of Medicine department at Bolan Medical College, Quetta. Presently he is working as Consultant Pulmonologist at SIH and Head of Medicine department, SCM.

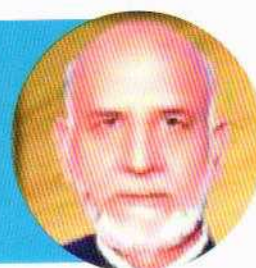


DR. KALEEM ULLAH TOORI He is graduate (MBBS and B.Sc in Respiratory Health) from King Edward Medical College, Lahore and University of Lancaster, UK, respectively. He is Member Royal College of Physicians, London and fellow Royal College of Physicians and Surgeons, Glasgow. He has worked as Consultant Physician & Pulmonologist in KRL General Hospital for 6 years. Currently serving SIH as Consultant Pulmonologist.

DR. IQBAL HUSSAIN Dr. Iqbal has done his graduation from Sindh Medical College and is a Diplomate of American Board of Internal Medicine & Critical Care Medicine. Currently working as Visiting Consultant Critical Care at SIH.



DR. IKRAM UL HAQ QAZI He is a Member of College of Physicians & Surgeons, Pakistan. He has also done his postgraduate Diploma in Tuberculosis and Chest Diseases from UK. Presently he is working as Consultant Pulmonologist at Shifa Medical Centre, F-11.



RADIATION ONCOLOGY

DR. MOHAMMAD ALI AFRIDI Diplomate American Board of Therapeutic Radiology and Member of American College of Radiology & American Society of Therapeutic Radiology & Oncology. Dr. Afridi completed Residency in Radiation Oncology from Rosewell Park Memorial Institute Buffalo, New York. With over 30 years experience in USA and Pakistan, he is serving as Consultant Radiation Oncologist & Head of Department.



DR. MOHAMMAD SALIM KHAN A Fellow of Faculty of Radiologist, Royal College of Surgeons, Ireland & Diplomate of Medical Radiotherapy (UK), he completed training from Christie Hospital and Holt Radium Institute, Manchester U.K. With over 30 years of experience of teaching and practicing medicine in Canada, UK and Pakistan, he is presently serving as Consultant Radiation Oncologist & Medical Director in SIH.



DR. ASIF MASOOD Dr. Asif is a graduate of Nishtar Medical College, Multan and has completed his residency in Radiotherapy from Shaukat Khanum Memorial Cancer Hospital, Lahore. He has done his Fellowship in Radiotherapy from College of Physicians & Surgeons Pakistan. Currently working as Associate Consultant Radiation Oncologist at SIH.



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DR. UZMA QASIM Dr. Uzma is a graduate of Fatima Jinnah Medical College, Lahore and has done her Fellowship from Royal College of Physicians & Surgeons. Currently working as Associate Consultant Radiation Oncologist at SIH.

RADIOLOGY



DR. MOHAMMAD YOUSAF CH. He practice Radiology in Florida, USA and was Director of Department at Raulerson Columbia Hospital till 1998. Working as Director & Consultant Radiologist in Shifa International Hospital since 1998. Dr. Yousaf is an American Board Certified Radiologist. A Graduate of King Edward Medical College, he finished Residency Training from Roosevelt Hospital, New York. He has served as fellow instructor for Neuro Radiology at Mount Sinai Hospital N.Y. Dr. Yousaf is a senior member of American Society of Neuro Radiology and Radiological Society of North America.



DR. ATIF RANA With Special Fellowship in Neuro Radiology and Fellowship in Vascular & Interventional Radiology from University of Alabama. Dr. Atif is working as Consultant Radiologist at Shifa International Hospital. He is an American Board Certified Radiologist and completed his Residency from the Universities of Connecticut and Alabama. He has also practiced and taught in America.



DR. RASHED NAZIR Dr. Rashed is a graduate of Rawalpindi Medical College and is working as Consultant Radiologist at SIH. He is a Fellow of College of Physicians and Surgeons Pakistan in Diagnostics Radiology.



DR. MUHAMMAD WASIM AWAN He is Fellow of College of Physicians and Surgeons Pakistan. He did Residency training in KRL Hospital, Islamabad. Presently working as Associate Consultant at SIH. Dr. Wasim has previously worked at KRL Hospital and Rawalpindi Diagnostic Center as part time Consultant Radiologist.

DR. MUHAMAMD UMAR AMIN A graduate of Army Medical College, Dr. Umar is Fellow of College of Physicians & Surgeons, Pakistan with additional Diploma in Diagnostic Radiology. Currently he is working as Associate Consultant, Radiologist.



DR. IMAAD UR REHMAN He is a graduate of Army Medical College and has Fellowship & Membership in Diagnostic Radiology from College of Physicians & Surgeons, Pakistan. He has also done additional Fellowship in Cross Sectional Imaging. Currently practicing as Associate Consultant Radiologist at SIH.



DR. BELQEEES YAWAR FAIZ A graduate of Fatima Jinnah Medical College, Lahore. Dr. Belqees Yawar has completed her entire training at Shifa International Hospitals Ltd and passed her FCPS examination. She has previously been working as Assistant Consultant Radiologist at SIH. Currently working as Associate Consultant Radiologist at SIH.



DR. SANAM YASIR Dr. Sanam is a graduate of Army Medical College, Abbottabad. A Fellow of College of Physicians & Surgeons, Pakistan and has completed her residency training from Pakistan Institute of Medical Sciences. Currently working as Associate Consultant Radiologist at SIH.



DR. RAHEELA AQEEL She is a graduate of Fatima Jinnah Medical College, Lahore. Dr. Raheela has completed her whole training at Shifa International Hospitals Ltd and passed her FCPS examination. She has previously been working as Assistant Consultant Radiologist at SIH. Currently working as Associate Consultant Radiologist at SIH.



Our Consultants - Our Pride



DR. SANAM MUSTAFA SOOMRO Dr. Soomro is a graduate of Chandika Medical College, Larkana and has done Fellowship in Diagnostic Radiology from College of Physicians & Surgeons, Pakistan. Presently serving as an Associate Consultant, Radiologist at SIH.

RHEUMATOLOGY



DR. AASIM REHMAN He is Diplomate American Board in Rheumatology & Internal Medicine. He has done his residency in Internal Medicine St. Louis University Hospital, Missouri followed with a Fellowship in Rheumatology at University of South Florida. He is working as Consultant Rheumatologist at SIH.



DR. ZAFARULLAH A graduate of Ayub Medical College, Abbottabad and a Member of Royal College of Physicians, UK and Royal College Physician & Surgeons, Glasgow. In addition he also has certification in Rheumatology from Federation of Royal College of Physicians and British Society of Rheumatology. Dr. Zafarullah has worked as Specialty Registrar in Rheumatology at Heart of England NHS Foundation Trust and a General Physician at Solihull Health care and Walk-in Center, UK. Currently working as Associate Consultant Rheumatologist at SIH.

UROLOGY



DR. SAEED AKHTER Dr. Saeed Akhter, MD and MPH from Yale University, USA is serving as Director, Transplant Surgery, Consultant Urologist in SIH and as Professor of Urology in Shifa College of Medicine. A Fellow of American College of Surgeons, Dr. Saeed is also a Clinical Professor of Urology & Surgery in Texas Tech University Health Sciences Center, USA.



DR. MIAN KHALID AKBAR Fellow of the Royal College of Surgeons (Edinburgh) and Member British Association of Urology and European Association of Urology, he did Residency training in various hospitals in UK and Ireland. Presently he is serving as Consultant Urology with SIH.

DR. FAIZAN AHMED Dr. Faizan is Fellow of the Royal College of Physicians and Surgeons, Glasgow, UK and Fellow of the International College of Surgeons. He is a Member of British Association of Urology Surgeons and Pakistan Association of Surgeons. Having Residency Training from various hospitals in UK, he is working as Consultant Urologist at SIH.



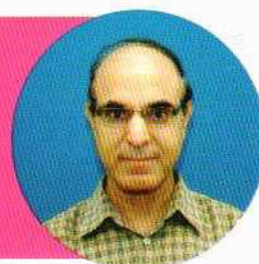
DR. MUHAMMAD AYAZ KHAN Dr. Ayaz is a graduate of Khyber Medical College. He has done his Fellowship from College of Physician & Surgeons Pakistan. Previously he has worked with Fauji Foundation Hospital, Rawalpindi as Consultant Urologist. Previously he has worked as Consultant Urologist in Fauji Foundation Hospital. Currently he is working as Consultant Urologist at SIH.



DR. KAMRAN MAJEED Fellow Royal College of Surgeons, Edinburgh and MD (USA), he did Residency training in various hospitals in UK. He also earned Diploma of Urology from London. Presently he is working as Consultant Urologist at SIH.



DR. IJAZ HUSSAIN Dr. Ijaz is a graduate of Bolan Medical College, Quetta. He is a Fellow of Royal College of Surgeons, Dublin, Ireland & College of Physicians & Surgeons Pakistan. He is also Fellow of European Board of Pediatric Urology and Fellow of University College of London, UK. He has also worked specialist registrar in Great Ormond Street Hospital, London. Previously he has worked as Associate Professor Pediatric with SIUT, Dow University of Health Sciences Karachi. Presently he is working as Associate Consultant, Urologist at SIH.



DR. MUHAMMAD ATHAR KHAWAJA A graduate of Nishtar Medical College, Multan. He has done his Fellowship from College of Physicians & Surgeons, Pakistan. Prior to joining SIH he has worked as Senior Registrar in Shifa College of Medicine. Currently working as Associate Consultant Urologist at SIH & Assistant Professor of Surgery at Shifa College of Medicine.



Our Consultants - Our Pride



DR. WAQAS M. IQBAL He has done MBBS from Rawalpindi Medical College and Fellowship in Urology from College of Physicians & Surgeons of Pakistan. He further did fellowship in Pediatric Urology from Children's National Medical Center Washington D.C. He worked as a clinical associate as well as Endourology and Robotic Fellowship at Duke University Medical Center Durham NC, USA. Currently working as Associate Consultant Urologist at SIH.

Shifa International Hospital Faisalabad



DR. M. ILYAS SHAKIR Diplomate American Board of Medicine, he completed his residency from Lutheran Medical College New York U.S.A. He is Member of American College of Physician & Member American college of Gastroenterology. He is working as Consultant Physician and Gastroenterologist at SIH Faisalabad.



DR. TARIQ MAHMOOD A member of College of Physician and Surgeons Pakistan, graduated from Bolan Medical College, Quetta, he completed residency training from department of Pediatrics Sheikh Zayed Hospital, Lahore. His main interest is in Neonatology and Preventive Pediatrics. He established first Neonatology unit in Faisalabad in 1998 at Ghafoor Bashir Children Hospital Faisalabad. Now he is serving as a Associate Consultant Neonatology at SIH Faisalabad.



DR. MAQBOOL ELAHI MALIK Dr. Maqbool Elahi Malik has done M.R.C.P from college of Pediatrics and Child Health (U.K). He has also done M.C.P.S from college of Physician & Surgeons of Pakistan and D.C.I from Glasgow. He has vast experience of working in Pediatrics and Neonatology. Currently he is working as Consultant pediatrician at Shifa International Hospital Faisalabad.



DR. M. SHAHID SALEEM Dr. Muhammad Shahid Saleem graduated from Punjab Medical College and got M.C.P.S and F.C.P.S (Diagnostic Radiology) from Shaikh Zayed Hospital, Lahore under the COLLEGE OF PHYSICIANS and SURGEONS PAKISTAN. Currently working as visiting Consultant Radiology in SIH Faisalabad.

DR. KHALID JAVED AKHTAR Fellow College of Physician and Surgeons of Pakistan, Fellowship in Endourology, National University Hospital, Singapore. Ex-Assistant Professor Surgery, Punjab Medical College Faisalabad. Dr. Khalid is Presently working as a Consultant Surgeon Urology at SIH Faisalabad.



DR. SAMINA KHALID A former Assistant Professor of Punjab Medical College Faisalabad and certified as Laparoscopic and Endoscopic Surgeons from Cairo University Egypt. Dr. Samina is Certified as IVF physician and Embryologist with training from National University of Singapore. Specialist in ART. She is presently working as Consultant Obs/ Gynae at SIH Faisalabad.



DR. NAEEM ASGHAR With MBBS from King Edward Medical College, Lahore and Fellowship from College of Physicians & Surgeons, Pakistan in Cardiology. Dr. Naeem is working as Assistant Consultant Cardiologist, SIH Faisalabad.



Strategic Planning & Business Development

As the name suggests, Strategic Planning & Business Development (SP&BD) Division has pioneered certain critical initiatives to help Shifa International Hospitals realize growth aspirations and achieve market preeminence in line with the Vision, Mission, Values and Strategic Imperatives of the company.

Under the guidance of the Board and the CEO, SP&BD division has developed and launched a 3-Year Strategic Operating Plan and has initiated Structured Reviews. This process has been institutionalized throughout the organization and is already impacting the processes of systematic, timely and future oriented decision making and execution.

Previously, the Division has also updated Mission, Vision, Values and has defined Strategic Imperatives to align them with the organizational aspirations and future goals.

Moreover, the SP&BD has organized Strategic Execution Teams to engage broader Leadership team and drive accountability during implementation of the Strategic Plan. Strategic Planning at Shifa starts with clear guidance from the Board while keeping in view the mission and vision of the organization. This creates strategic priorities called "Strategic Imperatives" which give form to actionable strategies and programs. Goals and Objectives are linked with the strategic imperatives of the organization and later performance reviews, talent reviews and leadership development is based on achievement of these goals and objectives.

Shifa's measurement of ongoing operational performance is organized around a commitment with "Shifa's Strategic Imperatives" i.e. Seamless/Easy Access Care Delivery, Physician Partnerships and Enhanced Clinical Quality, Financial Strength, and Strategic Growth.

The idea behind this approach is to achieve market preeminence. It's a three stage path which starts with establishing the base, moving on to the next level which is establishing capabilities and strengthening market position and aiming towards the 3rd stage which is to achieve enduring market preeminence. Distinctive characteristics of this approach include:

- 1) Translates long-term to mid- and short-term - Strategic plan directly links to 1-yr projects, work plans (and budget)
- 2) Top down - "Start with the answer" and build on system strategy and guidance: values / strategies / key actions + targets
- 3) But also bottom up - operating and staff leaders own. Develop the strategies and tactics to achieve key actions and targets
- 4) Focuses on execution of strategies through Projects (work plans)
- 5) Matrix teams - Sponsors are Leading teams in four imperative areas.
- 6) Tracks progress - accountability with course corrections

This process of **strategic planning** and execution fully complements the other key role of the division that is Business Development. We can proudly share that we have already embarked upon establishing our mark in Middle East (Dubai) and in **Kabul**, Afghanistan. In this expansion drive, technology like **telemedicine** is an enabler to bridge geographical gap between physicians and patients. It's just a beginning. We are eyeing upon further and newer heights in expanding this regional growth and simultaneously bringing in progressive investors into Pakistani health market. Coming years will witness many exciting news emerging from Shifa International Hospitals for healthcare consumers, Leaders and investors alike.

The division also plays an important role in creating health awareness and enriching media landscape thorough Media Division. The division manages regular and sporadic publications, awareness literature, organizes symposiums, seminars and other activities for professionals as general public alike.



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Awards & Achievements 2013-14



H. E. President Islamic Republic of Pakistan
Syed Mamnoon Hussain
Presenting 20 years accomplishment award



29th Corporate Excellence Award
in Healthcare by
Management Association of Pakistan (MAP)



Best Enterprise Award
in Healthcare by
Europe Business Assembly (EBA) London, UK

Office of the Chief Operating Officer



Chief Operating Officer provides central leadership to a whole array of diversified operations that go nonstop in a synchronized manner to guarantee quality service delivery to our patients.

Chief Operating Officer provides central leadership to a whole array of diversified operations that go nonstop in a synchronized manner to guarantee quality service delivery to our patients. Office of the COO reports and takes guidance from the Office of the CEO. All the support and ancillary operations at Shifa

International Hospitals are administered and guided by the Office of the COO. These diversified administrative, support and ancillary operational departments work in close coordination of the clinical side to assure highest possible quality services to patients in line with the Company's Mission, Vision, Values and Strategic Imperatives.

Emergency

Emergency department is one of those functional areas in the hospital which is always at the forefront of patient care. It operates 24 hours a day; to treat patients suffering from acute illness or seriously injured that may lead to severe complications if not treated quickly. Patient flow in ER increased from 16330 in 2010, to 26698 in 2012. Majority visits had a severity level of minor to moderate.

We have 2 full time consultants, 5 assistant consultants and 20 doctors with an Associate manager, ACNM and about 32 nursing staff. The department has made drastic efforts to improve quality of service. We have managed to decrease the waiting time to be seen by a doctor to 15 minutes.

Emergency department is providing orientations, in-house trainings and continuing education to its employees that assist the staff in attaining new skills and knowledge, gaining increasing level of competence and helping them grow professionally.





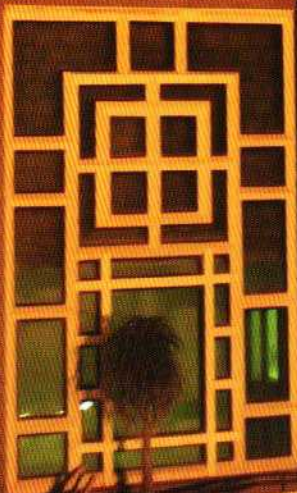




Shifa
International Hospitals Ltd.

شفا انٹرنیشنل ہسپتال لمیٹڈ

وَإِذَا مَرَضْتَ فَهُوَ يَشْفِيكَ



OUT





Nursing

The primary goal of the Nursing department at Shifa International Hospital is to provide the best patient care services. Incorporation of humanity and respect in providing nursing care is vital to the process of healing. Nursing division reflects the belief in a set of core values that are fundamental excellence in services shared and upheld by the nursing management staff and other clinical partners.

The hospital envisions creating a centre of excellence in nursing services and education. Shifa is one of the few hospitals in Pakistan where staff is encouraged to utilize its potential in a safe, supportive and encouraging work environment.

Currently the nursing division is committed to extend its services to 550 beds including 32 beds of neonatal intensive care, 65 beds of intensive care, 20 beds for day care chemotherapy and 17 beds for day care surgery. The emergency services for 24/7 are a hallmark of its contribution. The nursing division has flourished marvelously to more than 600 nurses of which 60 nurses are holding a baccalaureate degree in nursing and 150 paramedical staff is currently working at SIH. The volume of the knowledge in the health care arena expands daily. Since its inception, Shifa is committed to upgrade its human resource to meet the challenges in service and technology. The nurses have been trained at national and



international levels in the provision of highly specialized area of care. In 2014 Shifa has sponsored 75 nurses for ICU, ER and diploma in cardiology program. Moreover, 30 nurses are sponsored for Post RN BScN degree program this year.

To seek accreditation from Joint Commission International (JCI) there is a focus on program improvement of healthcare facility. Continuous professional development for managerial and nursing staff is being offered by Nursing Education Services Department through Quality management programs. To promote evidence based practices, nursing management has developed area specific key performance indicators, and encourages participation of nurses in internal and external audits for quality assurance.



In-Patient Department (IPD)

Shifa International Hospital has been committed to becoming a premier healthcare organization since the day it was founded. By the grace of Almighty it has been recognized due to its best quality and brand image. This dream came true because of dedicated and visionary leadership as well as unmatched efforts of entire healthcare team. We fully recognize the contribution of our team members and highly value our legacy of respect for people and to treat patients with care. We are enthusiastic to follow our tradition & legacy to serve the ailing humanity with a difference and make Shifa a great healthcare experience in years to come.

Patient is our first priority and to create a patient centred hospital we started continuous round the clock patients visits on the floors. Complaint Mitigation, keen eye on patients charging, connectivity with the family of the patients, checklist of the rooms and continuously maintaining the decor of the rooms with the help of other teams, right attitude with right attire and we are focused to promote a "Smile Culture" within the hospital.

We believe in continuous quality improvement and human capital development. For that purpose rigorous JCI compliance training programs have been imparted which includes "Patient Family Rights", "Patient Education", "Hand Hygiene for Infection Control," and "Patient Safety" to meet the international standards of quality healthcare, and to improve the Patient Experience.



Out-Patient Department (OPD)

Shifa's OPD department aims to gain patient satisfaction through highly motivated, trained and skilled staff. Out-Patient Department (OPD) Services is one of the important aspects of hospital administration. It is the mirror of the hospital, which reflects the functioning of the hospital being the first point of contact between the patient and the hospital staff. Patients visit OPD not only for treatment but also for preventive and promotive services like, Health check up, Immunization, Physio-therapy and so on.

The role of OPD is to act as bridge between consultant and administration. We make sure that every patient gets checked on time by the concerned consultant. Monitoring mechanism is devised to assess and evaluate efficiency and effectiveness of department. We have had 79,929 new patients registered at Shifa in 2013-2014.

Our services include registration, panel and cash management, medical record (MR), patient facilitation department, central appointment services, liaison and coordination of nursing support for clinics and liaison and facilitation to Physicians in parallel with Medical Staff Affairs.



Rehabilitation

Rehabilitation plays an integral part in patient's recovery process. Shifa International Hospital's Rehabilitation Department has a team of highly trained and experienced therapists. Our objective is to achieve rapid and durable rehabilitation outcomes through therapeutic exercises, state of the art modalities and home trainings in the activities of daily living along with provision of home help and attendant care. We now provide these services for both IPD and OPD as well.

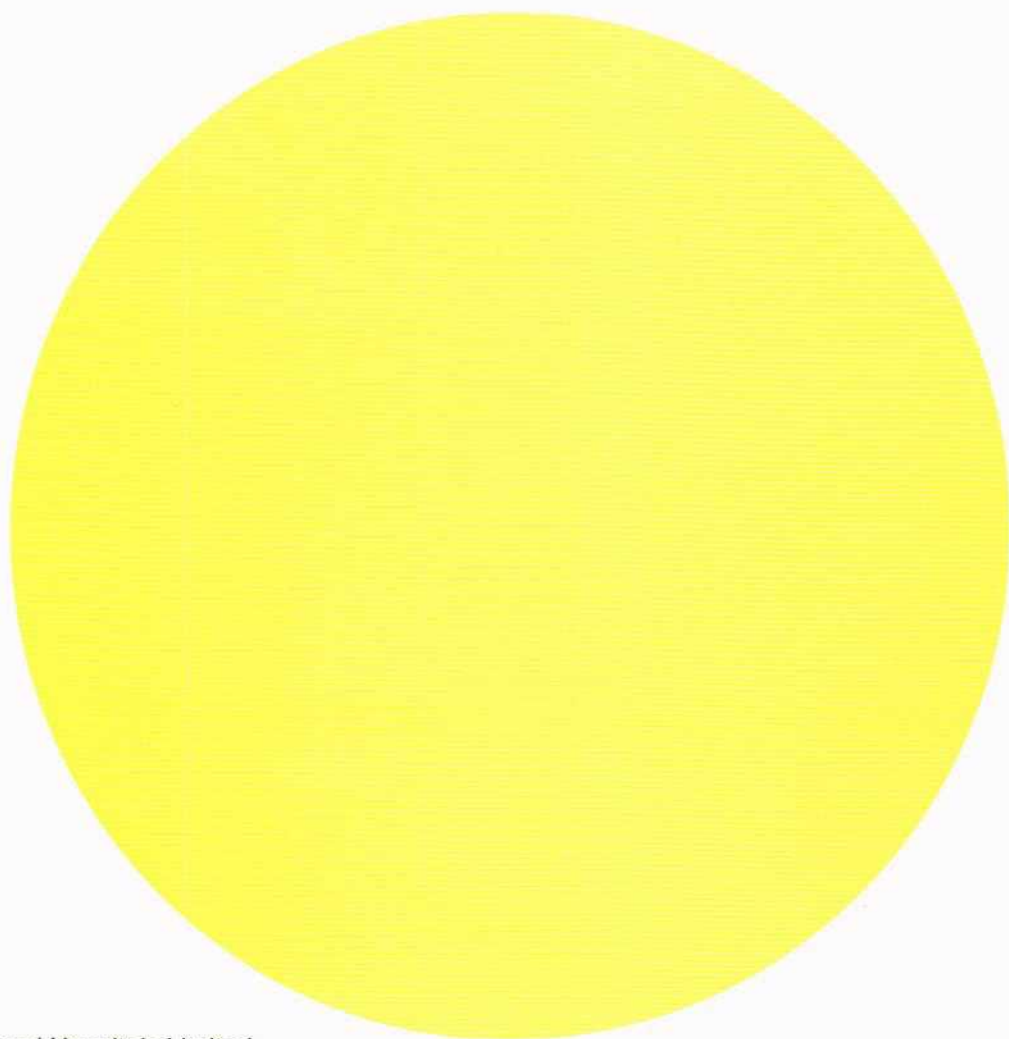
Rehabilitation can assist in recovery and faster mobility from almost any chronic ailment, hospitalization or surgery. We offer services that aim to improve movement, gait and manage pain, functional abilities of daily living, verbal communication and swallowing problem, well being through exercise and hydrotherapy. These therapies improve quality of life of the patient and help them become productive members of the society.

A thorough assessment is done by qualified physiotherapist, speech therapist or occupational therapist and implementation of treatment plan is one of the key features of our services.

Our Physiotherapy services offer treatment for cardiac, gynecology, orthopedic, neurology, pediatric, chest, pulmonary, hydrotherapy and pain management patients. We also provide services for speech therapy and swallowing, speech pathology, occupational & sensory integration, autism & behavior, applied behavior analysis, IQ testing, fitness program and home health services. We will soon be starting Orthotic services as well.

Shifa International Hospital is a pioneer in initiating Home health services in this region. Physiotherapy is one of the services that is being provided at the patient's door step. The philosophy behind introducing this unique service is to achieve rapid and durable outcomes, continuation of treatment care through the provision of home help and home based attendant care training in activities of daily living with the help of skilled medical professionals. This is a cost effective and time saving service that has no risks for the patient.

Physiotherapy services are also being offered at Shifa Medical center PWD and F-11 sector. We are going to start Physiotherapy, Speech therapy & Occupational services at Shifa International Hospital G-10 sector as well.





CLINICAL/Ancillary

Laboratory

Diagnostic services at Shifa International Hospital are rapidly enhancing to achieve the highest standards in the country. There are six subspecialties including Diagnostic Surgical Pathology, Hematology, Blood Bank Services, Chemical Pathology, Microbiology and Immunology. These sections are rapidly expanding not only in terms of addition of new automated equipment but also with expert and qualified technical staff. They work under direct supervision of experienced and foreign qualified consultants and believe that knowledge is ongoing process. We are expanding it by continuous training from abroad as well as conducting seminars for budding pathologists.

The Laboratory Department is a comprehensive, full-range service and reference laboratory dedicated to provide state-of-the-art quality and timely testing results to area physicians and health care providers. The services are provided 24/7 for patients of all ages through inpatient, outpatient and outreach modalities. We provide Home collection facility as well.

Chemical Pathology

The chemical pathology section utilizes services of a fully automated state-of-the-art integrated chemistry analyzer. This performs routine and specialized chemistry tests including hormones, therapeutic drugs, and drugs of abuse and tumor markers. The scope of tests being performed on this instrument has been expanding with addition of newer tests every year. We also provide services of Osmometry, calculi analysis and blood gases. There is a continuous growth in chemistry tests and we have performed more than 350,000 tests in 2013-2014.

The department is also providing services in emergency rooms as stat chemistry tests which have facilitated health care delivery more efficiently.

With the start of liver transplant, the department is keeping pace with it providing results within minutes during surgery which facilitates the work of surgeons and anesthetists. We have excellent internal and external (USA) quality control program.

Hematology

The services offered at Hematology department include routine hematology test, bone marrow biopsies and complete set of immune testing for final diagnosis of lymphomas / Leukemias. The department is now recognized for getting fellowship in this specialty and trainings have also started. We plan to get automation in most sections to reduce human error and aid our pathologists for accurate and quick diagnosis. To improve accuracy, the section is installing fully automated cell counter which has integrated system with capability of blood film preparation and staining. More than 195,000 tests have been done this year in Hematology section.

Flow Cytometry Lab

We have state-of-the-art Flow Cytometry Lab which has 6-8 color Laser equipped instrument, the first of its kind in Pakistan. Our department is fully capable of rendering Leukemia and lymphoma diagnosis in accordance to the International Standards in a very short period of time. This process facilitates the oncologists in critical management decisions. The Flow Cytometric analysis is performed by American Board certified Hematopathologist and foreign trained technologist. We take pride in rendering an integrated report within 24 hours.

Histopathology

Diagnostic surgical pathology is one of the busiest departments of the country that has grown by leaps and bounds in the past few years. We offer wide range of services that include exfoliative cytology, fine needle aspiration biopsy in addition to routine histopathology. We have an extensive panel of Immunohistochemistry antibodies for exact diagnosis of tumors. We plan to get an autostainer for immunohistochemistry that will help cope with the increased workload. Tumor diagnosis is also made accurate by correlation with radiologic findings and clinical details by our modern Laboratory Information System (LIS) which has made possible to view every patient's radiology and all other parameters which are mandatory for accurate diagnosis. Moreover, the department is equipped with latest Immunofluorescence techniques for diagnosis of

renal and skin biopsies. This technique needs expertise and fluorescent microscope in this regard. Nephrologists not only across northern area of the country but also from faisalabad, Lahore and Peshawar are sending tests for diagnosing renal diseases here. Frozen section facility for quick intra-operative diagnosis is also being used by adjacent large hospitals where the facility is unavailable.

We have a highly professional team that includes six histopathologists with special expertise in renal, liver, breast, head, neck and hematopathology. The technical staff is highly trained and experienced with ongoing training program.

The department has started (FISH) fluorescence in situ hybridization technique, initially oncogene HER2/neu that will be performed for breast and gastric cancer by FISH technique. In the coming year, we plan to use this for the detection of genetic abnormalities in other tumors as well. Our expert oncologists require this for planning exact treatment of cancer.

The department has initiated a tumor registry since January 2012 which will be a source of reliable data for research of cancer affecting our population. Most cancer patients are now discussed with a panel that includes Oncologists, Radiologists, Pathologists and treating Surgeons before their treatment. This Tumor board meeting is one of the big achievements of the departments.

Liver transplant at Shifa International Hospital has added another dimension to our pathology services as we are dealing with biopsies from donors and recipients as well as explanted livers. We hope to gain expertise in this area which is so far uncharted territory in this country.

The surgical pathology department also runs a vibrant residency program to obtain fellowship in this field. We aspire to become one of the best departments of Pakistan comparable to any in the developed world.

Microbiology

Microbiology Lab deals with routine culture and sensitivity testing providing patient care and catering to the needs of our Infection Control department. It is established and equipped with TB Lab which started functioning in 2005. We have started new tests for fabric Industry mandatory for export purposes in 2010 including Quantitative and Qualitative testing. Microbiology has started full range of viral detection including antibody status. We are equipped with a new PCR diagnostic lab which is going to look after the rapid testing of Mycobacterium tuberculosis from smear positive pulmonary specimens. Minimal inhibitory concentration (MIC) testing of some antibiotics has been started in house. Moreover, the Microbiology Department has launched antifungal sensitivity testing of yeasts and molds.



Blood Transfusion Services

BTS takes more than 10,000 blood donations a year and performs viral screening on more than 25,000 samples. The department provides special services like plasmapheresis, stem cell harvest, and single donor plateletpheresis besides running 24/7 for routine donation and issuance service. BTS performs ELISA testing for many rheumatic and few infectious disorders besides basic immunology for antibody screening. Recently pre-storage leukodepletion and cryoprecipitate production by blood transfusion service has added to the quality of care for critical patients. The department has supported 1st live donor liver transplant program in Pakistan by providing around 2,000 blood products on emergency basis for 35 transplant patients in one year.

Molecular Diagnostic Lab

Shifa International Hospital has recently established a state-of-the-art PCR Lab for the diagnosis of infectious disease like Hepatitis B, C and genotyping. The lab is equipped with a fully automated walk-away instrument which helps in accurate diagnosis with least chances of any contamination. The results are interpreted by American Board certified Pathologists. Our future goals of broadening test base by including CMV PCR, EBV PCR and HLA GENOTYPING BY PCR.

Phlebotomy

The Phlebotomy section deals with collection of blood samples for the required tests. This is the most sensitive area of the Laboratory, which gives the impression of quality of work for the entire laboratory. Blood collection requires skill, a professional attitude and decorum. Proper patient identification and specimen labeling through barcodes, is essential in providing accurate results that can safely be used in decision making by the physician which minimizes the pre-analytical errors.



Radiology

Driven by the insatiable motivation to offer the highest level of patient care, Department of Radiology at Shifa International Hospital is where the action has never ceased. The once planted tiny seed occupying a few rooms in the basement of the hospital has now blossomed into a department in full bloom occupying an entire block on the first floor.

During its multi-dimensional unparalleled expansion, no stone was left unturned to deliver the best the world has to offer in the world of diagnostic imaging and interventional procedures. The foundation was laid by a team of the most highly qualified individuals backed by experience from some of the world's leading institutes. They made sure the department set off in the right direction and had the vision to take it to the peaks of optimized performance.

A workman is as good as his tools. To make sure expertise of the individuals could be delivered optimally to the patients, the department set out to acquire some of the latest state of the art machines available in the international market. This made the department home to the latest and first 320 slice CT scan in Pakistan. It also acquired the first wide bore 1.5 tesla MRI machine to cater to those with fear of narrow spaces. Yes! We care about our patients. The ultrasound department was further expanded to meet the growing requirements and evening staff added to offer extended services to minimize patient waiting time. The old machines were also replaced with only the highest end equipment to ensure each of our patient got uniform high end imaging. The radiography department was also upgraded with both CR and DR systems being engaged to offer the highest level of digital imaging. In-house nuclear department was also inaugurated to provide patient with complete imaging facility under one roof. Going beyond imaging, the interventional suit was also established and patients were given options of benefiting from this minimally invasive form of treatment which was lacking in the Islamabad region.

To take the department at par with the highest level of technological advancement, the old viewing stations were replaced with the best medical grade monitors so that the finest detail in each image would be manifested. The systems were integrated by PACS system so that all available imaging of the patient could be compared and correlated. Taking things to the next level, voice recognition system was acquired known as Dragon. This unique software would listen to each radiologist, recognizing his individual accent and within no time generate a written document of the dictation. This recent development and expansion of available staff members comes in line with our vision to reduce reporting time and make reports available to patients as soon as possible.

The department has become a benchmark institute and its services have been sought after to train and raise the standard of radiology practice in the more peripheral areas such as Gilgit Baltistan. At least 2 batches of radiologists have been trained in this regards and further batches are in the queue. Yes, we have stepped out to share our abilities with the rest so that the nation benefits! This is above and beyond the already in place radiology training program that churns out highly trained residents and fellows in diagnostic radiology, intervention and body imaging. Sharing is caring and we offer our services to other cities as well, such as Faisalabad, Lahore and Peshawar by means of teleradiology.



Pharmacy

The department of Pharmacy was one of the initial departments to be established at SIH. We have qualified pharmacists and technicians to serve the community with an aim to provide modern pharmaceutical care. We aim to provide cost effective, compassionate, quality pharmaceutical care through optimum support to all clinical areas with complete guidance information and counseling to health care providers & patients.

We have gradually developed into a multidisciplinary division looking after 450 inpatient beds including 100 critical care beds also Ambulatory care services for 200 plus consultants & 1200 plus out patients. We provide specialized services like Bone Marrow, Liver transplant and Kidney Transplant, Complex plastic & reconstructive surgery and Complex Orthopedic surgery including hip & knee replacement.

Critically ill patients require support beyond what a physician & nurse can provide alone. This support comes from several services that in many ways are core contributors of modern healthcare delivery system. Pharmacy is one of these pivotal clinical support services which are working to ensure safe, effective, patient-centered, efficient & equitable pharmaceutical care to each patient.

Our Pharmacists get trained to dispense evidence based medicines by thorough reviewing of each prescription, critically evaluating and intervening to rectify any prescribing error for safe medication. We are not limited to the traditional role of just dispensing medicines. Our first line Pharmacists, besides being involved as a active health care team member focusing on therapeutic drug monitoring (TDM) for better outcome of therapy & patient safety.

Each and every prescription is reviewed by the pharmacist for completeness and appropriateness of the medications and when required consult with physicians to modify and correct the prescriptions on standardize hospital formulary.

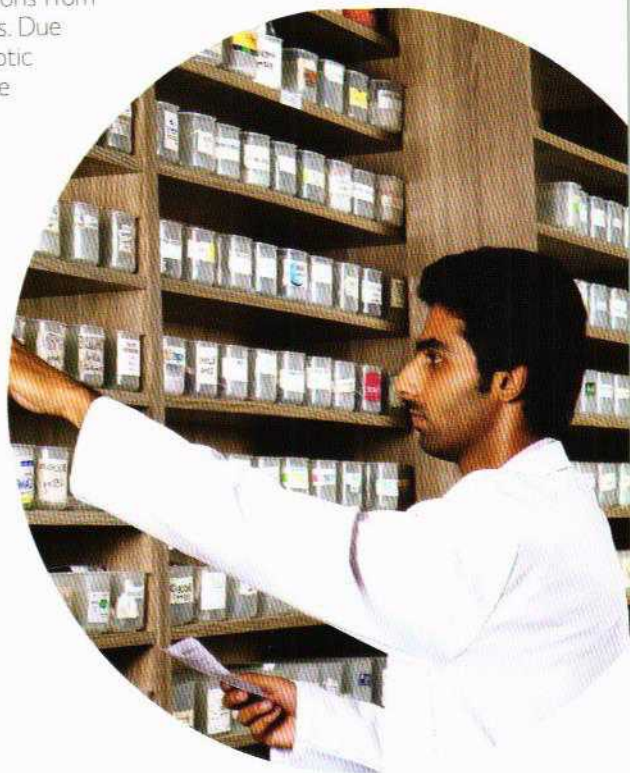
Clinical Pharmacy

Clinical Pharmacy in Pakistan is not a common term understood by patients but is used in Pharmacy practice globally. Clinical pharmacy is a health specialty which describes the activities and services of the clinical pharmacist to develop and promote the rational and appropriate use of medicinal products and devices. At Shifa, clinical pharmacy is a small but strong part of pharmacy services division.

The main focus of present day clinical pharmacist is on Antibiotic Stewardship. Antibiotics are the most widely prescribed drugs across the world. Infections from various microbes and other organisms occur on visit to hospital and clinics. Due to the irrational use of antibiotics, the most emerging danger for Antibiotic therapy is the development of resistance which is increasing over the years. To overcome the issue of resistance new antibiotic policy as per international guidelines has been implemented by division of pharmacy services. Restricted antibiotics are monitored and all antibiotics being used over 2 weeks require approval from Infectious disease specialist prior to further use. Ultimate goal is to prevent resistance to multiple antibiotics and to manage patient on evidence base antibiogram reports.

Drug allergy is the most common neglected part in health care delivery system leading to adverse drug reaction. Pharmacist at the time of admission make sure diagnosis and known drug allergy must extend in patient's profile which ensures and saves the patient from any drug induced reaction. Moreover, drug-drug interaction is a very important and sensitive part of pharmacist's services. To facilitate our bench pharmacist we have entered 1005 drug-drug interactions in to our system; and this process is still ongoing.

Holistically, the division of pharmacy services at Shifa International Hospital is playing its role as strong team member along with physicians, nurses, & other paramedics.



Operation Rooms

Over the span of 20 years, ORs excelled as one of the leading revenue generating departments in SIH. Shifa International Hospital. Currently has 14 operating rooms which are taking care of all minor and major surgeries. To meet the demand of our valued patients and surgeons and to avoid long waiting lists for surgeries, the Management of SIH realized a dire need to develop more Operation Rooms. We have designed 14 new JCI A standard operating rooms which will be functional from June 2014.

14660 surgeries were done in 2012-13 (July-June), and target of 15000 was set for the year 2013-14. It is worth mentioning that ORs is far ahead and with the grace of Almighty Allah will exceed the set target. With the growth rate of 12.1% 15708 surgeries performed in OR.

Liver Transplant and donor Hepatectomy surgeries were started in May 2012. Currently we are doing 4-6 liver transplant surgeries on average each month. New born baby handing over and verification of documents, sex, weight, tag, and thumb scan & foot scan has been implemented.

Theater Management System is developed in collaboration with IT department and will start working in new operating rooms. A big milestone for the past year is the development of new CSSD, designed according to JCI A standards at E-2 floor.

Some of our future plans include, inaugurating new operation rooms at E-2 floor, JCI A implementation in Pre Op, Anesthesia, ORs, Recovery Rooms and CSSD, automation of Pre-Op, Anesthesia, ORs, Recovery Rooms and CSSD (software development done) and online tracking and reporting mechanism in collaboration with IT department. Starting Operation Room Technologist program with the collaboration of STMU through SIMT is also in our pipeline.





Support

Food and Nutrition Services Department (FNSD)

FNSD is dedicated to fulfill the nutritional requirements of the patients, their attendants, employees and medical staff. A team of qualified dietitians regularly supervises the preparation of food including all special diets like NG feeds, Renal, Hepatic, Neutropenic, Diabetic and blenderized spoon feeding etc. Accordingly, it is ensured that right diet and hot meals are served to the patients at all times. FNSD ensures that a high standard of hygiene is maintained at all times. Food served to the patients, employees, medical staff and visitors is prepared in a strictly hygienic condition. This is accomplished by regular medical checkups of all food handlers at regular interval. Indoor air quality is maintained as per ASHRAE standard in coordination with maintenance department.

Patients' service food trolleys are electrically heated with digital temperature display and temperature control thermostats. During distribution, trolleys are plugged in at floors to ensure that meals remain hot at the time of serving.

We provide around 1500 meals to the in-patients daily. In between meals, appropriate snacks according to their dietary requirements are also provided regularly. Approximately 5000 meals are provided in four cafeterias and lounges for Consultants and Managers/MOs/PGs, serving sumptuous and healthy food for all. Shawarma and salad-bar in Cafeteria-1 is another delight for our customers. Subsidized/Economy meals for employees are always appreciated and praised.

To cater our clientele both in IPD and in the cafeterias, a fully equipped and well designed kitchen has been established to improve employees working conditions and to help them to perform their duties more efficiently. This newly designed kitchen has reduced the amount of injuries, discomfort and fatigue in the kitchen.

FNSD is ISO certified by the URS/UKAS. At present we are hopeful to achieve JCI certification in near future. Catering services are another unique part of the Food & Nutrition Services Department, where delicious cuisine is served at official seminars and functions with the same consideration for health and hygiene. The professionalism and culinary skills, of our qualified staff are always admired by food lovers.

Facility Management Services (FMS)

In line with the corporate policy of responsible and ethical business practices, FMS undertook various initiatives to conserve energy, promote safety and play its part in facilitating the patients.

Variable Frequency Drives have been installed in all new constructions involving high HP rating motors. Energy efficient lights were installed in new and renovated areas and replaced in old areas as well. All HVAC filters were cleaned at regular intervals to avoid clogging and thereby reducing electric consumption. Power factor of generators and IESCO was maintained at 1.0 and 0.9 respectively so as to avoid energy losses. Moreover, split units were set at 26 OC to conserve electricity consumption. Lights installed in various areas were re-arranged to reduce number of extra lights. Laundry boiler and domestic water heaters were chemically cleaned for scale removal and to ensure better heat exchange and improved performance. Waste Heat Recovery Design has been finalized and offers for supply & installation of requisite equipment were received and are being evaluated.

As a result of these steps, maintenance department was able to save Rs. 2,200,014 (2.2 M) per month during peak season. This is despite the fact that new areas of 2500 square feet were built and 213 tons air-conditioning were added.

When it comes to the environment, we take every required measure to protect it. Medical waste gets segregated at floor levels. This is in accordance to international standards on waste management. After that it gets transported to an air-conditioned room near Incineration site in covered trolleys. Post incineration, the medical waste ash gets disposed off in brick lined well in accordance to Ministry of Environment instructions. In case of non-operation of our Incinerators due maintenance activities, an alternate arrangement has been made with Attock oil refinery for safe disposal medical waste.

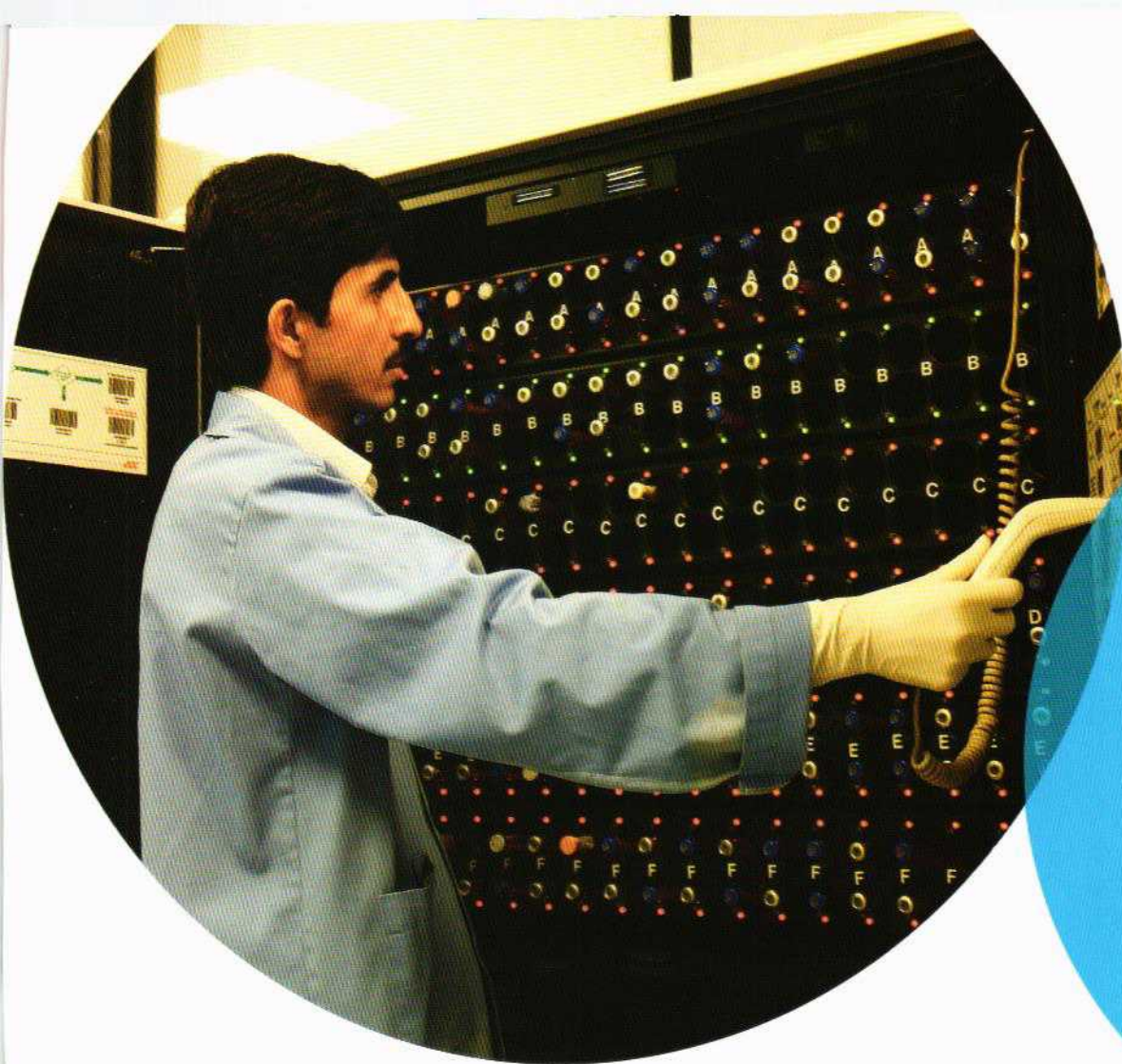
The Radiation facility fulfills the international standards and is regularly being inspected by Pakistan nuclear regulatory authority (PNRA) and International atomic energy Commission (IAEC). Moreover, proper waste management protocols are being followed for chemical usage in Laboratory, OT and housekeeping.

Occupational Safety & Health

The old and obsolete fire detection system is being replaced with state of the art addressable fire alarm system. We have recently laid fire cable in OPD and external areas have been accomplished. Smoke detector and exit signs will be put in place before end of September 2014 to facilitate patients, visitors and staff in the event of any emergency.

Moreover, the department has provided appropriate safety equipment to workers during construction work, safety and warning signs have been installed, inflectional control department carrying out the activities to identify any risks, hand rails installed at various locations of the hospital, exit evacuation plans placed in patient rooms, fire equipment has been procured, employees being vaccinated, appropriate Personal Protective Equipment (PPE) used in Lab (masks, goggles, head caps, gloves, lab coats, full attire (for infectious)) is available, and we make sure radiation workers get annual medical checkups.





Biomedical Engineering

Biomedical Engineering Services Department is responsible for operation, maintenance and repair of all held biomedical equipment. Our time and effort is spent in repair, maintenance, calibration and inspection of biomedical equipment to ensure its proper functionality and to avoid long down time. The Biomedical department with a team of qualified, trained, skilled and experienced team of Biomedical Engineers and support technicians managed over 96% uptime of biomedical equipment. Shifa International Hospital has around 2700 pieces of Biomedical Equipment on its inventory. This year total of 7357 repair request was received out of which 6697 were resolved. Only 209 pieces of equipment and minor components were declared defective.

All repairs of biomedical equipment are performed in a timely manner considering the criticality & urgency of equipment. To minimize down time of biomedical equipment, they are being monitored on daily basis. Biomedical Engineering Department adopts proactive approach, due to which it receives average 15 to 25 repair requests each days, majority of which are rectified on same day. In the following year Biomedical engineering department achieved over 96% uptime of 98% of biomedical equipment. The department is also responsible for inspecting all incoming newly inducted biomedical equipment.

We are also into enhancing technical skills and expertise to all support engineers and operational staff by providing trainings on newly inducted equipment through product experts of the supplying firms. Similarly, senior staff of Biomedical Department are assigned different topics to deliver lectures to share the knowledge and experience on biomedical equipment. Biomedical Engineering department is also focused to meet the quality objectives & support of patient care, JCI A procedures, enhance technical as well as professional standards to manage the equipment work flow.

Management Information Services

Management Information Services is the corner stone of all the Data for Shifa International Hospitals Ltd. The department has made it possible not only for physicians to access Health Records of the patients but even patients themselves can get access to it from electronic devices.

In addition to the records, the Management Information Services has introduced 1st time in Pakistan for the physicians to access radiology images at their offices and even their homes.

The major highlights of Last year has been the introduction of the EMR in the Emergency Room, EMR at selected clinics, Filmless at the Radiology department and Emergency Room, Filmless at selected Outpatient Departments and Inpatient Departments, Dragon (Speech to Text) for the Radiology reporting by the Radiologists. The department has also introduced the access of the Patient's Health record through Shifa's Portal for its Patients.

MIS is looking forward to bring further automation in Credit and Collection department, Supply Chain, Inpatient Services and to help our patients spend less time at the Cashier points to process their payments by the next year.

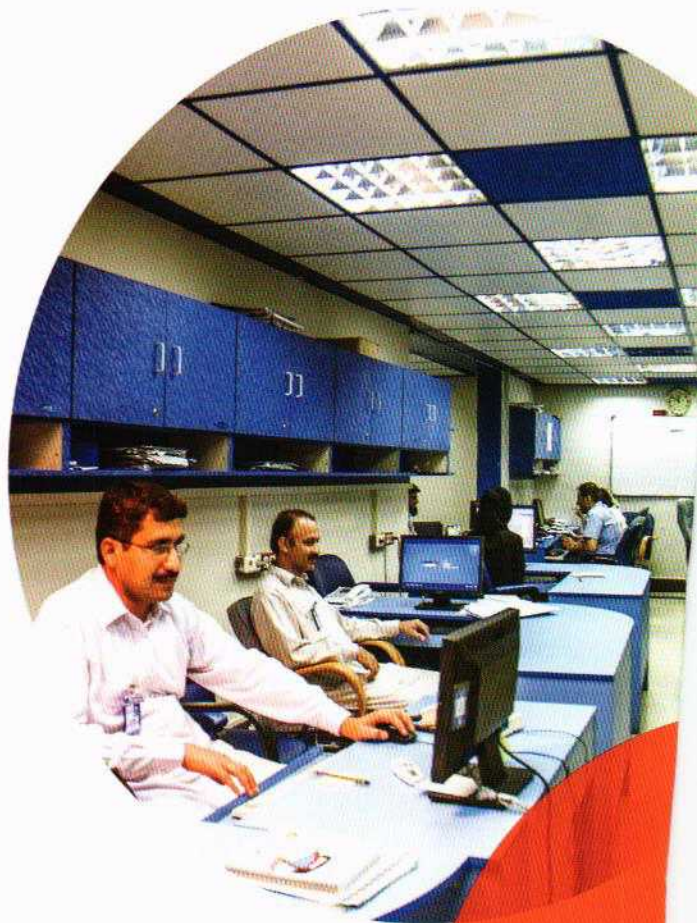
We have improved our delivery of services via Performance Improvement Services, Financial and Enterprise wide Data Analysis, Compliance with vigilant Monitoring, introducing New Technology and Technology Enabled services, aligning the needs of the MSA and other departments with software enhancements, invest in Technology (Software and Hardware) with short term and long term vision, smarter computing and putting in place Data intelligence by software for everyone to use under Oracle Database.

MIS software deployments are more business and clinic centric. By doing this, the end users are becoming more innovative, efficient and competitive through the help of IT solutions. The business model is not static; it is evolving as the needs of the end users are changing via various platforms of interactions, i.e. Strategic Planning, Business Planning, Center of Excellence and the Boards directives.

We at Shifa International Hospitals Ltd are following the International best practices of Software deployment. It is based on Three Tier Architecture. Our Workstations are predominantly Open source under Red Hat and our Servers are deployed on Red Hat Operating Systems.

Management Information Services is segmented in Software and Application Engineering team, Hardware support team, Systems and Network Engineering team, Database Administration team, PACS team and Software training and Operation team which are led by 2 Senior Managers, a General Manager and a Chief Information Officer.

Management Information Services is looking forward the next year in completing the EMR for ALL Clinics and in the In Patient Services and the entire hospital to filmless.





Supply Chain

The essence of our Supply Chain management is to ensure timely provision of quality material to various end users all over the hospital, while maintaining optimum inventory levels. The department deals with a wide range of supplies, from medical consumables to food and beverage, covering all the items necessary in the day to day operations of the hospital. Our team of dedicated professionals is equipped with automated solutions to ensure effective and efficient control over the entire supply chain. From need assessment to planning and monitoring stock levels, our supply chain is geared up to cater to the growing requirements and the challenges posed in the healthcare sector.

Procurement

Hospital operations cannot be successfully executed without an efficient Procurement department. All areas of a healthcare organization seek support from procurement for the timely arrangement of essential supplies and equipment. Shifa Procurement team is trained and specialized to manage the comprehensive purchasing process incorporating all internal and external stakeholders, taking in to considerations the potential risk factors which may jeopardize the organization interests. Procurement Department ensures cost effective hospital buying without compromising the quality. We make sure to purchase supplies and equipment from across the Globe well before stipulated deadlines.

We have launched SRM (Suppliers' Relationship Management) program where all suppliers have been categorized strategically according to their importance and business needs. The SRM program has resulted in significant and tangible improvements. All purchasing functions are integrated with main IT system, numerous system based reports have been included such as cost monitoring reports supplier evaluation reports, key performance indicators reports and many other. System up gradation is supporting all procurement individuals in order to efficiently monitor and plan their activities.

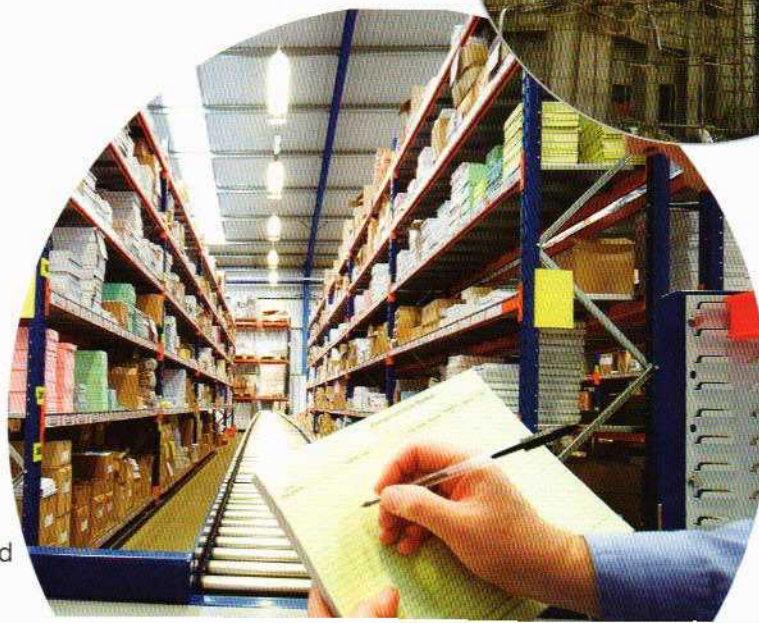
Security

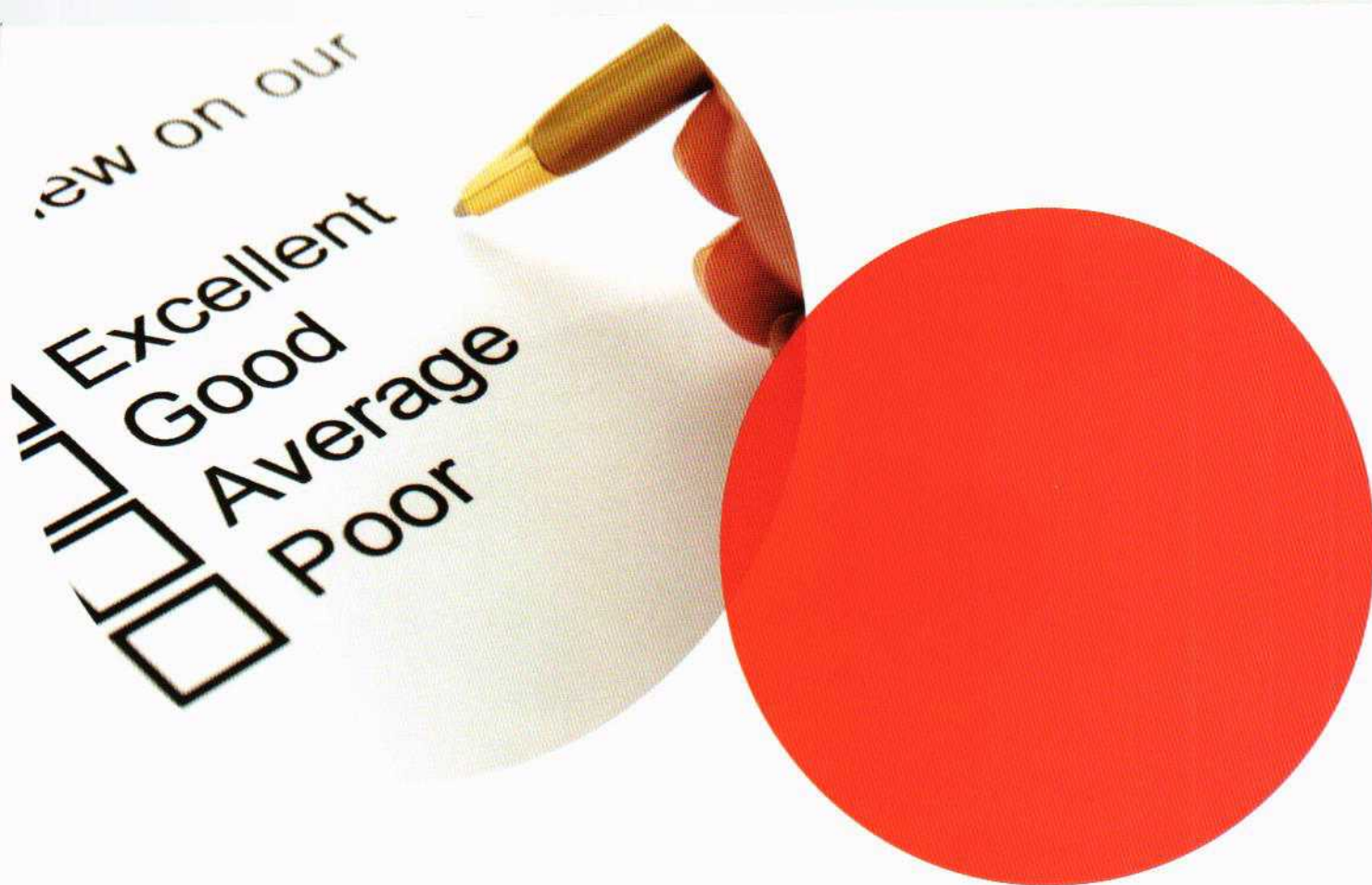
In the present day era, Safety and Security Department is confronted with lot many challenges. The dedication and pragmatic approach adopted by the department has enabled the department to sail through these challenges in a befitting manner. The department contributed positively in providing a safe and secure atmosphere enabling all members of the hospital to focus on their complex and extremely sensitive duties in an efficient fashion. The department is equipped with state of the art technology which helps in achieving their objectives efficiently. The department has successfully controlled the crime rate and on many occasions has apprehended the culprits who were causing harm to the hospital and its employees. Wall fences have been raised by 3 ft from corporate office to Gate 7 to avoid trespassing.

Project Department

The Project Department works throughout the year to plan and execute improvement and development of facilities at Shifa International Hospital. Following tasks were completed in the year 2013-14.

1. E-2, F-2, H-2, 14 Nos. Operation Theaters have been constructed. (40000 Sft. Area)
2. Development and addition in the Paeds Clinic.
3. Development and addition in the Cardiac Clinic.
4. Construction of a Cafeteria, Kitchen and Roti Plant.
5. Construction of offices for Department of Human Resource & Credit & Collection.
6. Construction of Link Bridge A-3/B-3.
7. Construction of PCR Lab, TB Lab, Offices at Block D-4.
8. Construction of New Area for Ophthalmology Clinic (Under Deck).
9. Addition of 3 No's 2000 Kva Transformers for wapda power.
10. Development and addition in the OBs/Gynecology area floor B-1.
11. Construction of Employee Health Clinic Under Deck area.
12. Construction of Executive Health Clinic Under Deck area.
13. Architectural and Structural design for F-Block extension work in progress.





Quality Assurance

Quality Assurance department is responsible for coordinating activities that are designed to fulfill the hospital's vision of delivering quality healthcare service through continuous monitoring and improving the quality of healthcare services provided to its patients.

In recent years, the increasing costs of healthcare in the presence of rising demands and limited resources has resulted in a greater emphasis on providing quality care to the patients. Achieving better results in healthcare means finding new and often innovative ways of looking at old and emerging problems ensuring that best practices are adopted and by appropriate utilization of all available resources.

Our mission is to ensure all patients receive exceptional care at Shifa International Hospitals Ltd. This is achieved by developing hospital-wide systems to deliver care based on current medical evidence and technology. Efficient processes with strong communication are developed. All the processes are designed to provide the most effective 'patient-centered' care possible. The Quality Assurance Department focuses on proactive systems to achieve these goals, and includes feedback from front-line staff as well as from patients.

We assist the hospital leadership to define priority areas for quality improvement and to measure and assess these priority clinical and management processes. The department is also actively involved in assisting departments and healthcare providers in the improvement of organizational performance and outcomes.

Quality Assurance is actively involved in various activities centered on process improvement, risk management and auditing and monitoring. It uses information from incidents report and complaints, monitoring activities and combined with accreditation requirements to identify room for improvement and to initiate Quality Improvement Projects.

Quality improvement is the responsibility of all departments and so Quality Assurance actively involves all hospital departments and services, and focuses on improved health outcomes and the prevention and reduction of medical errors. All of the quality assurance and performance improvement activities are based on the principles of safety, efficiency, effectiveness, timeliness and patient-centeredness.

Currently hospital is ISO 9001:2008 certified and working actively towards Joint Commission International Accreditation.

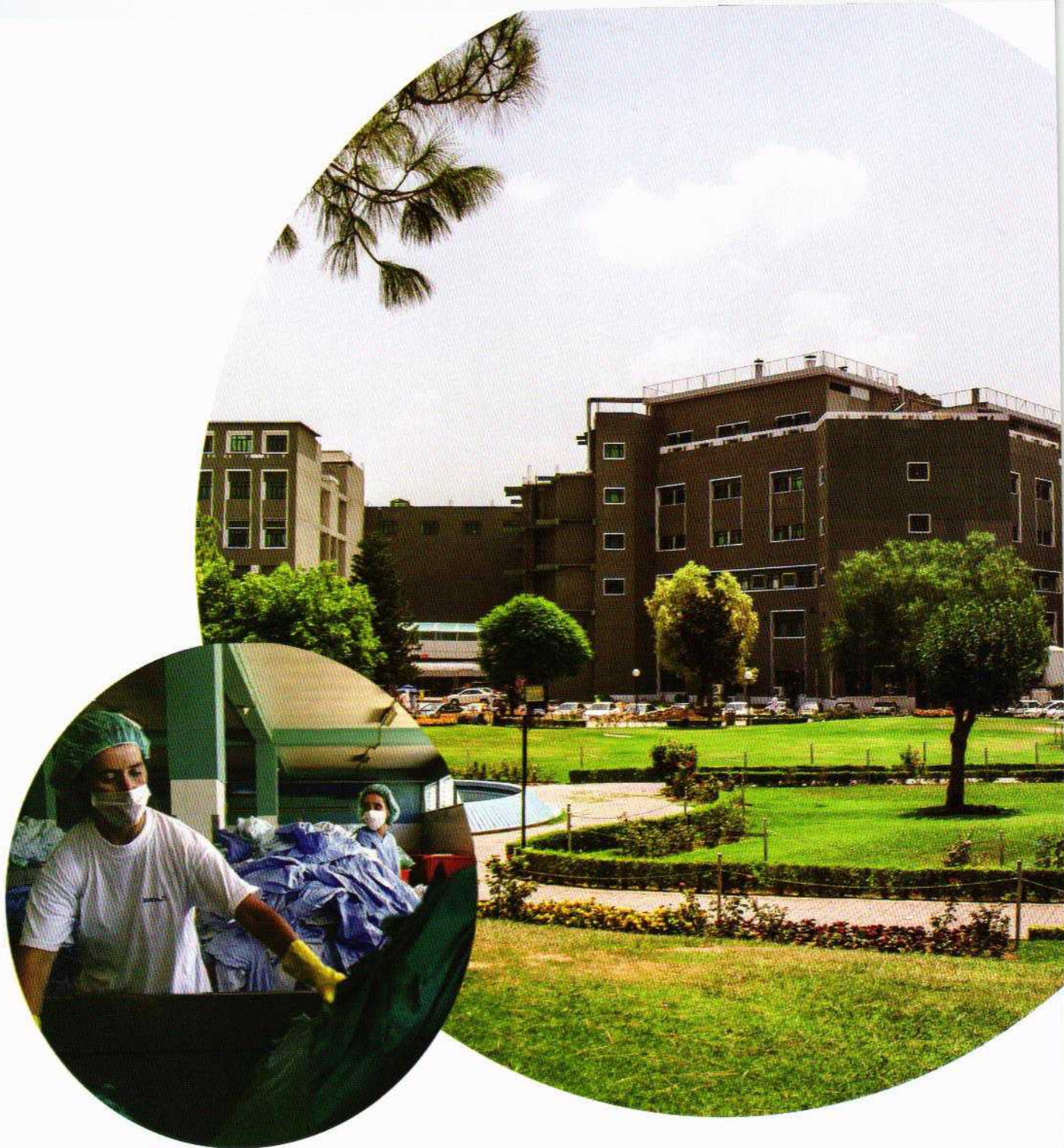
Nursing Education Services (NES)

Nursing is the largest health care profession and plays a vital role in provision of patient centered care and smooth running of health care system. Therefore, the department of Nursing Education Services (NES) provides the educational programs to the nurses and paramedical staff across the hospital in order to ensure safe and quality patient care. Health Care Education Division (HCED) is committed to provide rigorous training and grooming of our on board staff to enable them for clinical excellence round the clock by demonstrating caring and highly professional attitude towards the patients and families we serve.

Housekeeping

Housekeeping Department aims to provide clean safe and free from contamination environment and minimize the risk of exposure to infection. We focus on providing cleaning services to satisfy our valued patients, visitors and our hospital employees. The department puts its efforts in achieving the maximum efficiency possible in the care and comfort of the patients and in the smooth running of the hospital. Our daily tasks include dry and wet mopping of surfaces, scrubbing and polishing of all floors, sanitizing disinfection and spot cleaning of all area's (critical areas, sub critical and non critical), and waste management (collection, transportation, disposal of waste).





Horticulture

The Horticulture is an environment friendly department that is engaged in beautifying the premises. With 16 efficient and dedicated staff members, the department greatly contributes to appearance of the hospital and provides the services at an area of approximately 1,93,392' (sq/ft).

The team also actively participates in displaying plants on different occasions i.e. seminar, workshops, programs etc. of the hospital. In addition, Horticulture Department successfully manages a Green Area (outside of Shifa) for the Capital Development Authority (CDA) green belt i.e. City School U-Turn to Gate # 10 for the past 18 years.

Linen & Laundry

Linen and laundry is a recognized support service which not only ensures prevention and containment of hospital infection but also contributes to widen the image of the hospital in the eyes of public. Laundry staff provides on average more than 8000 per day washed and disinfected linen in the shape of bed sheets, blankets, staff uniform, operating room dresses, pillow covers etc.

Human Resource Development

Human capital development is one of our initiatives among our top imperatives. HR department provides a coherent approach to the support and development of the hospital's most important asset - our staff. Shifa employs more than 4000 people across many healthcare, medical, paramedical, support and administrative disciplines. We are committed to ensure that the culture, quality and commitment of staff continuously contribute to improving patient care and make a real difference to those we serve together.

We are proud of our successes in the past few years and in particular of our achievements as an employer. However, we are not complacent and recognize the need to continue to develop, innovate and improve as an employer in order to deliver better and better services. Shifa accords utmost importance to the development of human resource and hence the financial year 2013 - 14 too witnessed numerous initiatives and endeavors designed to enhance the company's human capital.

We are moving towards an integrated holistic HR strategy to encompass the traditional building blocks of HR into Strategic Business Units (SBUs). In recent years we have invested heavily in HRIS; now the direction is towards enhancing HR portfolio.

The rapidly transforming business landscape poses many human resource management challenges which will continue to evolve for years to come. During the next few years, a broad set of organizational challenges must be addressed that have management, workforce and development, technological, and especially financial implications. HR team is committed to understanding the business and professional needs of those we serve and to implement "Best practices" within the HR profession that support the organization.





External Services Division

Healthcare governance is still a big concern in Pakistan. The economic rapid growth has lifted millions out of poverty level in the country, years spending on healthcare and on other hand providing quality care is still lacking. Private sector is the only source which is stepping towards modernization and they are bringing new healthcare techniques to face the new disease challenges in the third world countries-Pakistan. Shifa is contributing for this cause. Recently Shifa has opened a new hospital at G-10/4 sector of Islamabad which will provide identical health care service like main Shifa in many specialties including OPD clinics, Dialysis, Neuro-rehab unit, In patient service of 30 Beds, operation theater, OBS & Gynea, Urology and many more. This is the objective of External Services Division to penetrate in the country and it has achieved another milestone.

Under the umbrella of ESD Faisalabad Hospital which was established in August 2011 has started Dialysis, ENT surgeries and has extended NICU last year. This year they have plans to start ERCP procedures as well. It would not be wrong if Shifa Claims that it has provided the top quality Healthcare services to the residents of Faisalabad.

In addition to the above two Hospitals, ESD has three medical centers in Rawalpindi/ Islamabad, Pharmacies in double digit and around 50 Lab Collection points in the provinces of Punjab, AJK & KPK.

Shifa Pharmacies:

Shifa Pharmacies are focused on optimized use of medicines supporting people to live healthier lives. There are 16 pharmacies nationwide providing easy access to local communities which are regularized through system documents; SOP's ensuring management discipline as well as quality in people & in products. Shifa does not compromise on quality of drugs hence: doctors have confidence sending patients to Shifa Pharmacies. This Shifa has achieved only in two to three years struggle working as market partners with its competitors. Shifa believes in sharing best practices, therefore, it provides training on various subjects/topics to the general public. Diabetic Club & Cardiac clubs are examples in which patients are registered. Shifa provides counseling and patients are monitored every time when they come to Shifa Pharmacies. It is because Shifa has experienced and qualified pharmacists and Shifa is proud of its colleagues.

Shifa LPPs:

Shifa International is Leading in the provision of quality & reliable Laboratory diagnosis. Shifa External Services Division is operating 45 Lab collection points nationwide with a mission of "high quality convenient outreach Laboratory services". Our Lab collection points provide personalized customer services with consultative support from affiliated pathologists and Lab professionals. LPP network is providing competitive Lab diagnostics services to community based physicians.



Mr. Abdul Majeed Motiwala
COO
External Services Division



Mr. Kamal Ahmed
COO
Shifa Distribution Network



Ms. Sabiha Feroze
CFO
External Services Division



Mr. Anjum Ehsan
Director Operations
Shifa G-10 Hospital



Mr. M. Atif Amin
Sr. Manager
External Services Division

Shifa Medical Centers:

Shifa medical centers are running successfully at following locations:

- Shifa medical centre F-11
- Shifa medical center PWD
- Shifa medical center saidpur road

Being focused on patients convenience pharmacies and lab pick up points are also established at these medical centers.

Shifa International Hospital - G-10, Islamabad

Clinical Services:

Shifa International Hospital - G-10, Islamabad soft launched has been initiated on August 11, 2014. Shifa G-10 has team of highly experienced consultants working across all specialties who ensure that all patients receive high quality, personalised care. Our consultants are supported by a dedicated team of nurses, radiographers, health care assistants and technicians.

1. Out Patient Services / Ambulatory Care

Shifa International G-10/4 has started outpatient clinics in the field of Internal Medicine, Pediatrics, Obstetrics & Gynecology, General Surgery, Nephrology, Urology and Dermatology.

2. IPD Services / Post Stroke

As a unique feature, Shifa G-10 Neuro Rehabilitation Center constitutes of 10 Bed specifically for post stroke patients who needs extended stay in the hospital. Shifa G-10 also consists of 13 bedded urology center supervised by the expert urology team in the region.

3. Diagnostic Facility

We are clinically led and quality driven and dedicated to providing our patients with the highest quality diagnostic imaging service possible. Our Services include Diagnostic Laboratory (LPP), Diagnostic Radiology, Portable X-Ray, Mammography, Ultrasound, DEXA Scan.

4. Pharmacy:

A well stocked pharmacy has been established within the hospital building which can provide all the quality medicine to the indoor and outdoor patients at discounted rates.

5. Services in Progress

2 Units of Dialysis

2 State of the art Operation Rooms

Mother & Child Care (Labor Room)



Shifa International Hospitals, Faisalabad

Located on main Jaranwala road, Shifa International Hospitals Faisalabad is accessible to patients round the clock even through public transport.

Out Patient Services: Highly trained foreign qualified consultants are available to treat the patients in different disciplines of medicine & surgery. Aesthetically planned consultant rooms are available for visiting consultant practice

In Patient Services: General Wards, Semi Private and Private Rooms with facilities like central Oxygen supply, central air conditioning, and electronic beds with TV and refrigerator are available for admission of patients.

Labor rooms and Operation Theatre: Fully equipped labor room and Operation Theatre is available to perform all kinds of planned & emergency surgeries.

Neonatal Intensive care unit (NICU): For New-borns requiring critical care a most modern NICU has been established which is equipped with Incubators, ventilators, infant warmers and phototherapy machines.

Diagnostic Services

Radiology: Besides Digital X-Ray machines for plain and contrast X-rays and ultra sound facilities, a 64-slices Toshiba CT Scan is fully functional for all kinds of plain and contrast CT scans. Highly qualified Radiologists report on CT scans. Open (1.5 Tesla) MRI machine is fully functional to provide best quality magnetic resonance imaging services. Both CT scan and MRI are linked with Shifa International Hospital Islamabad through PACS (Picture Archival and Communication system) for reliable case reporting and diagnosis. Mammography: A modern Mammography machine has been installed for early diagnosis and screening of breast cancer.

Clinical Lab Services: A modern clinical lab is equipped with sophisticated and advanced lab equipment to provide quality and reliability in clinical lab services. Shifa International Hospital Faisalabad performs tests in the disciplines of Haematology, Bio Chemistry, Microbiology, Chemical pathology and Histopathology. Lab also offers reliable blood transfusion services. Hospital Lab also serves to various Lab Pickup Points in satellite areas of the city to expand outreach of Shifa's quality services.

Pharmacy Services: A well stocked Pharmacy provides all the quality medicines and drugs to the indoor and outdoor patients at discounted rate.

Ambulance Service: A fully equipped ambulance is available for transportation of critically ill patients. Ambulance has been equipped with oxygen and ventilator to manage serious patients during transfer.

Electricity Backup: 640 KVA generator is available to ensure uninterrupted power supply to the admitted patients and hospital departments.





Our Colleagues - Our Pride



MR. MUHAMMAD ASLAM
GM Credit & Collection

DR. MALIK IMAD KHAN
GM Medical Services



MR. S. JAWAHER AHMED
Chief Information Officer

MALIK MUHAMMAD UZAIR
GM HR, Radiology & Clinical Services



MR. M. AHSAN HUSSAIN
GM MIS

MR. WAZIR MUHAMMAD,
FCA
GM Accounts & Finance



MR. IMRAN FAROOQI
GM Lab/Revenue Management

BRIG. (R) DR. LUBNA
GM IPD/Nursing Division



MR. SHAFQAT ALI HAMDANI
GM Pharmacy

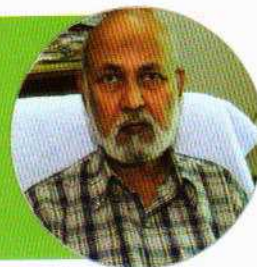
SYED ASIM ABBAS
GM Maintenance & Utilities





MR. MAHMOOD A. MIRZA
Director SP & BD

ENGR. ATEEQ AHMED
Project Director



MS. NUZHAT SULTANA
Director Nursing Education

MS. YASMEEN SAGGU
Director Clinical Nursing



DR. ZEESHAN BIN ISHTIAQUE
Director Quality Assurance

COL. (R) DR. M. NAEEM
Evening Administrator



MR. AQEEL MIR
Associate GM Purchase

MR. AFZAAL AHMED
Chief of Protocol



MR. AMER FAROOQ
Associate GM & Senior Editor
Media Division

DR. ALI SHAIKH
AGM Supply Chain



Our Colleagues - Our Pride



MR. AZMATULLAH QURAISHI
Sr. Manager Media Division



MR. M. ASLAM CHOHAN
Sr. Internal Auditor



MR. A. D. ZIA
Sr. Manager FNSD



MR. M. SHAFQAT IQBAL
Sr. Manager MIS



MR. AZIZ UR RASHID
Sr. Manager OPD



MR. M. ZAFAR IQBAL
Chief Engineer (E&H)



MR. SHAMS UR REHMAN
Senior Manager Accounts



MR. JAVED YAR KHAN
Sr. Manager MIS



MR. KASHIF KHAN
Senior Manager Rehab



MR. SHUJA RAUF
Senior Manager Marketing



MS. RAISA KAUSAR
Sr. Manager Nursing



MS. KALSOOM RAMAZAN
Sr. Manager Nursing



MR. NABEEL AHMAD MALIK
Sr. Manager Marketing &
Business Development



MR. M. RIZWAN AKHTAR
Sr. Manager Procurement
(Hospitals & Project)



MR. SALMAN FAISAL QURESHI
Associate Manager CEO Secretariat

Corporate Resource



MR. MUHAMMAD NAEEM
Company Secretary



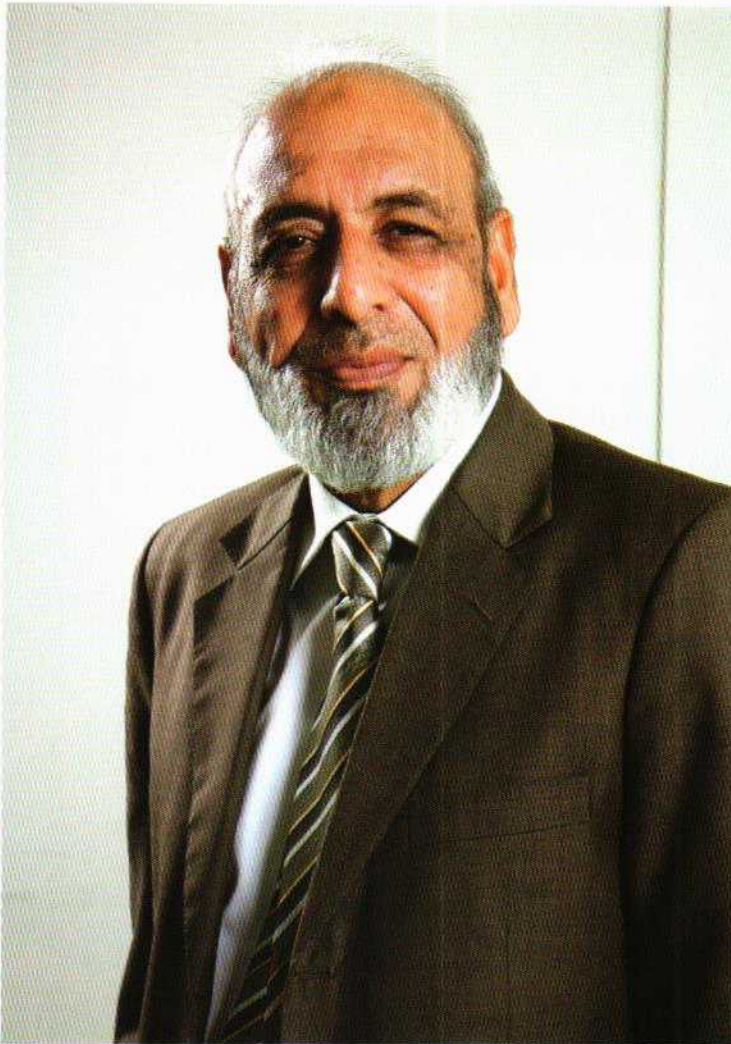
MR. MUHAMMAD SAEED
Head of Internal Audit

Shifa International Hospitals-Faisalabad



LT. COL. (R) DR. M. LATIF
Medical Director

Office of the CFO



Finance & Accounts department plays such a critical role in rapidly growing organizations like Shifa that cannot be overemphasized. Shifa International's operations have seen phenomenal operations in couple of years after diversification of Company's business and subsequent geographic expansion. This also led to increase in the activity and operations of Finance & Accounts department. The department is looking after all the segments of the Company, which are categorized in Shifa Hospital Islamabad, Shifa Hospital Faisalabad and at our other outlets having medical centers, lab pickup points and pharmacies located in Islamabad, Rawalpindi, Jhelum, Gujrat, Gujranwala, Lahore, Faisalabad and Peshawar. Finance and Accounts department has played its role in the development of the Company since its very beginning. The role of finance has been emerging from a conventional viewpoint to an innovation viewpoint. The transformation of the department involves Data Management, Planning and Budgeting, Performance Management and Business Intelligence. Finance department is of utmost importance as it is responsible for financial planning, thus ensuring that adequate funds are available for achieving the objectives of the Company. The functions of finance that includes tax, treasury, risk management which will contribute to the achievement of the strategic objectives and goals of the Company. Accounts department performs the

recording, retrieving, financial reporting and analyzing functions. The various stakeholders of the Shifa are directly or indirectly look towards Finance and Accounts department for its services. Management, employees, consultants, shareholders, vendors, bankers, regulatory authorities are the major stakeholders with which department regularly interacts. It also ensures compliance with a complex mix of regulatory requirements. These include legislative, financial, taxation, funding and governance matters and involve satisfying a wide range of agencies by designing processes, capturing or collecting information, preparing summary or analysis submissions and dealing with queries, either ad hoc or in response to information supplied. Department is also working on its strategic imperatives to enhance level of productivity in various departments of the Company. During the year under review, we closely coordinated with various other departments to cut the escalating costs and wastages. Finance & Accounts department regularly interacts with other departments for variance analysis as compared to previous periods and budgets. Costing of our services is also another important activity which is regularly carried out. Finance & Accounts department has to ensure that Company's financial statements are in compliance with various statutory, regulatory and International Financial Reporting Standards requirements. It is the prime focus of the department to ensure that Company maximizes its strategic capabilities and to create value from Shifa's capital budgeting, financing, and net working-capital activities.





Corporate
Social
Responsibility



In the memory of
DR. ZAHEER AHMAD (Late)
Founder

Shifa International Hospitals Ltd. | Shifa Foundation | Tameer-e-Millat
Shifa Tameer-e-Millat University
1948-2011

Shifa Tameer-E-Millat University

The leadership of Shifa International Hospitals, Shifa Foundation and Tameer-e-Millat Foundation conceived the idea of establishing a University to shoulder their part of responsibility in dealing with the nation building process.

The efforts of dedicated leadership along with tireless collaboration of Shifa family (Shifa International Hospitals, Ltd., Shifa Foundation and Tameer-e-Millat Foundation) have borne fruit with the incorporation of Shifa Tameer-e-Millat University (STMU). Shifa Tameer-e-Millat, being a not for profit entity, envisions to provide a platform for research oriented quality education to students from all over Pakistan and across the globe strictly on merit. The criteria for admission is independent of financial position and provides equal opportunities to all according to defined merit.

STMU is committed to excellence in the development and creation of knowledge. It aims to provide market-based modern education with highest possible standards in a wide range of disciplines to enable our talented youth to compete both within and outside the country.

STMU is a federally chartered, multi campus university. The campuses are equipped with state of the art facilities and equipment and highly qualified faculty. Shifa Tameer-e-millat University while working within its parameters of charter to create and disseminate knowledge in the fields of Health, Engineering, Business, Basic and Social Sciences. Character building of its students in keeping with our religious, historical and cultural ethos remain an integral part of the education.

Shifa College of Medicine and Shifa College of Nursing are constituent colleges of Shifa Tameer-e-Millat University.

STMU has established another important department by the name of Allied Health Services. It offers courses in Physical Therapy (DPT), Pharmacy (Pharma-D), Medical Lab Technologies (BSCMT) at undergraduate level. This department also offers professional development courses for Cancer Medical professionals, Leading MBA and MS degrees in Health Services Management. The University management comprises of highly qualified and experienced educationists and professionals with strategic visionary approach to make this university as one of the best in the country especially in the field of Health Sciences. The faculty of the university is foreign qualified, experienced and very much exposed to modern teaching techniques and conscious of the needs and demands of global trends in academic standards.



Shifa Foundation

Shifa Foundation was founded in 1991 and has ever since been providing quality healthcare services to the underprivileged people of Pakistan. SF offers a range of services dealing in healthcare provision, management of malnutrition, reestablishment and development of healthcare facilities, development of clean water facilities and Gender Based Violence (GBV). Work is also being done on imparting health and hygiene education, trainings in different fields and provision of consultation, OPD, IPD and surgeries (at a subsidized rate or free of cost) to the deserving.

Tertiary Healthcare Services are being provided since 2001 not only through free consultations but also with medicines, lab services and tests at subsidized rates. During 2005, SF assisted the Internally Displace Persons (IDPs), who were suffering from the trauma of the devastating Earthquake. To support these destitute, SF joined hands with many others by dedicating 110 beds, conducting 400 operations and successfully treating 260 patients.

After the country-wide flood emergency of 2010, SF streamlined its activities to aid the devastated population across the 4 provinces of Pakistan. Initially, envisioned to cater to emergency specific needs, the 'Humanitarian Assistance Program' was formed. These needs often coinciding with those of the poor population in general prompted SF to reform its original objective to address a wider range of socioeconomic issues, making it gradually transition into the development sector.

SF has till now treated more than 2 million deserving patients in far-flung areas of Pakistan for communicable, chronic



and acute diseases and other medical complications. We have also treated around 70, 000 malnourished patients and screened and treated 3, 000 students with eye diseases in Gilgit-Baltistan. We have improved healthcare service delivery through revitalization, refurbishment and modernization of 77 healthcare facilities and trained more than 600 Healthcare providers. The department has raised awareness on Health, Hygiene and Infant & Young Child Feeding through conventional and electronic means. Moreover, we have also supported Sindh and Gilgit-Baltistan Government Health Departments in Extended Program for Immunization (EPI) and Polio Eradication Initiative (PEI) campaigns and the government's efforts to combat dengue epidemics.

Healthcare

According to the official data, only 12,804 health facilities exist in Pakistan (which include DHQs, THQs and BHUs) to serve a large population of 180 million. The availability of already lacking healthcare services worsened during the floods in 2010, when 708 Government healthcare facilities within Sindh only, became un-operational. Realizing the need and the urgency, SF formed partnerships with International donors and began reestablishment efforts to restore these facilities and make them operational again. Due to the inaccessibility after flooding, SF also decided to run 19 Healthcare Mobile Units to reach out to the village level.

SF also provided Basic as well as Comprehensive Emergency Obstetrics, Neonatal and Child Healthcare services (EmONC) to the needy thus, strengthening the Maternal, Neonatal and Child Healthcare (MNCH) services (which include Antenatal care, postnatal, referral pathway, family planning and immunization/vaccination) in Sindh and Gilgit-Baltistan.

Moreover, SF has been trying to bring changes and innovation to the already existing healthcare structure in order to improve the healthcare services in the country. In line with this, SF operated a "Telemedicine" facility for hard-to-reach areas like Gilgit-Baltistan, which is sealed from the rest of the country for majority of the year. This facility is utilized by the residents consistently for online consultation from the highly qualified doctors of Shifa International Hospital. It is this idea that won the award of "Most Innovative Project" out of 1,364 projects during UNOCHA Internal Global Workshop. Due to the success, the program was also replicated in Mirpurkhas.

Furthermore, SF has aggressively worked to combat seasonal and communicable diseases such as Acute Respiratory Infection, Diarrhea/Cholera in the underdeveloped regions of Sindh, Punjab and Gilgit-Baltistan. SF also played its part in reestablishing the DEWs channel to preemptively combat any potential epidemic situation.

In addition to collaborated work to help the needy, SF's self-sustained Tertiary Services assist through consultations, IPDs, OPDs and surgeries to as many as 500 patients on daily basis. These ranges of services are being provided with respect to medicine, general surgery, pediatrics, Obs/Gyne, ENT, eye, family medicine and radiology.

Healthcare

Food and Nutrition

According to WHO, malnutrition is the underlying cause of more than half of child mortality and as per the 2010 Nutrition Survey, the nutrition indicators of Sindh alone are worse than of countries in Sub Saharan Africa. SF focused on managing the malnutrition of the women and children of the underdeveloped areas achieving it through a Community Based Model. It included screening, identifying and treating thousands of malnourished children and women within the targeted regions of Umerkot and Shaheed Benazirabad Districts. Based on the success of these two districts, SF has ventured into Sanghar as well, which is another district in Sindh.



Water Sanitation and Hygiene (WASH)

More than half the population of Pakistan is deprived of proper sanitation facilities, while 15.9 million people do not have access to safe drinking water. This causes deadly water-borne illnesses like diarrhea, worm infestation and skin diseases. SF contributed through raising awareness on these issues and has reached out to millions of people.

Furthermore, during a visit to Katpana, SF found various prevalent diseases such as severe diarrhea and other stomach illnesses that indicated presence of Arsenic in the drinking water. Arsenic is an odourless and colourless mineral that has been dubbed as "King of Poisons" due to its extreme potency and can prove to be fatal even in minute quantity. SF provided clean drinking water through a clean water bore, 21 sub-tanks and construction of a main water reservoir along with necessary plumbing, pipelining and primary as well as alternate water pumps.

Shelters and Non-shelter food items

Following the 2011 floods and rains in Pakistan, it was in Sindh only that, 796,861 houses were affected out of which 59% were damaged while the rest were destroyed completely. In these trying times, one of the immediate need SF identified was the lack of shelters and other life essentials. It provided more than 500 shelters to the unfortunate IDPs of Umerkot along with other essentials such as blankets, plastic sheets and kitchen sets.

Trainings

Shifa Foundation has invested considerable amount of resources in developing its training services which are now a part of SF's routine activities. Even currently, SF is running a training program for the entire Gilgit-Baltistan Health Network. These are primarily divided in 3 streams, namely Management, Technical and Clinical but further branches out into 17 more fields i.e. specialized trainings, radiology, Health Management, healthcare quality etc.

Media

SF recognizes the impactful role of media in bringing a positive behavioral change in population at large and thus, envisioned to go beyond conventional media ways. During the pursuit, SF developed its own in-house department, "Healthy Media" which started functioning in June, 2012. Healthy Media team comprises of professional producers, editors, cameramen, animators and designers.

This platform has been used to support the social, humanitarian and developmental services with the help of documentaries, videos, spots (Short documentaries for 30 seconds), commercials and promos. Healthy Media is equipped with state of the art equipment to produce documentaries, general video production, post-production editing, 2d and 3d graphics, special effects, print campaigns, advertising, seminars, conferences, training and event coverage.

Through Healthy Media, SF also created awareness on diseases such as pneumonia, diabetes, stroke, AIDS, cancer, tuberculosis as well as other areas such as patient rights & responsibilities, patient identification in healthcare settings and educational documentary for new mothers. Documentaries on World Health Day, diabetes and liver transplant have also been aired on Local Television Channels such as ATV and PTV. Moreover, training videos have been produced on themes such as nursing, pharmacy and JCIA (Joint Commission International Accreditation). 3-D technology is now being explored to develop detailed videos on Angiography, heart transplant and liver transplant.

Tameer-E-Millat Foundation

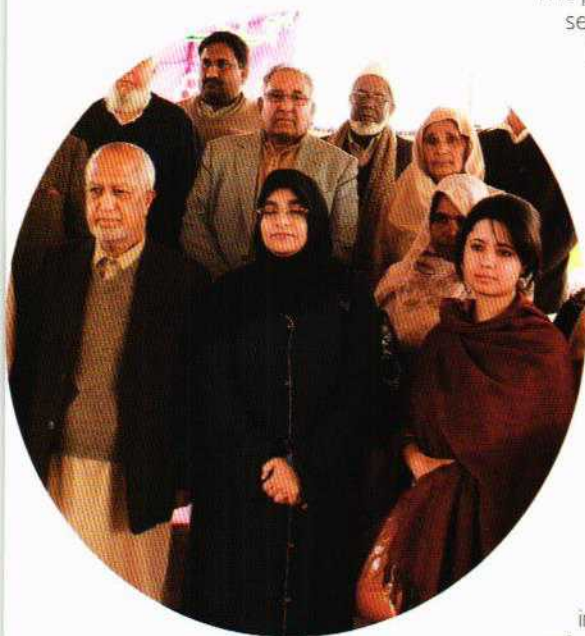
Tameer-e-Millat Foundation aims to provide quality education to every individual, in all academic and professional disciplines, without discrimination of gender, race, religion, socio economic status and ethnicity. We started out with just one school in 1987 and now have more than 200 schools in Pakistan. Our network comprises of 59 model schools, 180 community primary schools, 17, 508 students and 804 teachers.

FFCL sponsored transport facility for TMCE

Fauji Fertilizer Company Ltd. (FFCL) is a major stakeholder in the urea market of Pakistan since 1978. FFCL has been kind enough to continue its support for promoting education. Both FFCL and TMF agreed to jointly work out for transport facility and students' sponsorship at Tameer-e-Millat Institute of Technology (TMIT). FFCL took the initiative in this regards and sponsored four Suzuki Bolans and one Toyota Hiace as a transport facility for TMCE. Sona Foundation of FFCL had already donated Olive plants in 2012.

Dandka School Opened

On February 10, 2014, TMF organized a ground breaking inauguration ceremony of The Maria-Helena Tameer-e-Millat





Primary School in Village Dandka, Tehsil Phalia, District Mandi Bahaudin, Province Punjab.

Establishment of science labs in girls' schools

TMF established science labs in two of its schools, Hafiz Maqbool Elahi Tameer-e-Millat Girls High School, Pind Dadan Khan and Tameer-e-Millat Model School for Girls, Dharyala Jalip. This was made possible by the financial assistance of the Australian Direct Aid Program (DAP). The primary focus of both these schools is to uplift the female students of the underprivileged community by providing quality education so that they may contribute towards society.

TMF organized training program for in-service teachers

An inspiring and vested teacher is considered to be a vital asset of any school. Since its establishment in 1987, TMF has organized more than 250 Teachers' training programs and seminars which proved to be fruitful for the professional development of about 4,000 teachers.

Recognizing the commitment and dedication of the teachers and the dire need for continuous training programs for in-service teachers, Vice Chairperson Dr. Samea K. Ahmad, is determined to keep this tradition going in order to equip the teachers with the latest developments in teaching methods.

Collaboration With Punjab Skills Development Fund

Tameer-e-Millat Foundation in collaboration with the Punjab Skill Development Fund (PSDF) sponsored by UKAID has initiated skills development training. The prime purpose of this training is to remove poverty and dearth by producing skillful labor force. The training is intended to result employment and business opportunities to uplift living standards of the youth. This project is focused on the poor and vulnerable populations of the six poorest districts of South Punjab for improving their ability to find work or progress in their current employment. As an implementing partner, TMF through Tameer-e-Millat Institute of Technology (TMIT) trained 69 trainees in three trade groups i.e. Electrician, Repair & maintenance of Electrical Home Appliances and Quantity Surveyor. TMF remained among the highest achievers by successfully training 92% of the enrolled trainees. Now the second batch has started its training. TMF is determined to provide quality training to its trainees as per industry requirements and will also collaborate with various employers for job placement as well as assistance in establishing their own businesses.

Five Tameerian Girls Students won Dr. Abdul Salam Science Scholarships

TMF believes in true and honest struggle and has been appreciating these efforts rendered by brilliant Tameerians for the last two and half decades. TMF searches for possible donors to sponsor these shining stars. Maria Helena Foundation announced Dr. Abdul Salam Science Scholarships for such hardworking students and five of the Tameerian achieved sponsorship for their studies. It is worth mentioning that all the achievers are studying in 9th grade currently and are female students. One of these students is from Pir Muhammad Tameer-e-Millat Model high School Bhooman Batth and 4 from Imam Din Tameer-e-Millat High School, Mian Channu.



ACKNOWLEDGEMENT

I would like to thank our valued clients, every member of Shifa family, our business associates and shareholders for being a part of our success. May Allah (SWT) help us in accomplishing our mission further.

On behalf of the Board



Dr. Habib-Ur-Rahman
Chairman

ISLAMABAD
September 20, 2014



Notice of the 28th Annual General Meeting

Notice is hereby given that the 28th Annual General Meeting of the shareholders of Shifa International Hospitals Limited will be held at the registered office of the Company at Sector H-8/4, Islamabad on Saturday, October 25, 2014 at 1100 hours to transact the following business:

ORDINARY BUSINESS:

1. To confirm the minutes of the last Annual General Meeting of the Company held on October 26, 2013.
2. To receive, consider and adopt the audited accounts of the Company for the year ended June 30, 2014 together with the directors' and auditors' report thereon.
3. To approve the payment of cash dividend @ 30 % (Rs. 3.00 per share) for the year ended June 30, 2014 as recommended by the directors.
4. To appoint auditors for the year ending June 30, 2015 and to fix their remuneration.

SPECIAL BUSINESS:

5. To consider, and if thought fit, to pass, with or without modification the following resolutions as Special Resolution:

"Resolved that a consulting company under the name and style of "Shifa Consulting Services (Pvt.) Limited" be incorporated as a subsidiary company.

Further Resolved that the Company is hereby authorized to make investment of upto Rs. 18 million in the capital of the said consulting company over a period of two years from the date of incorporation.

Further Resolved that Chief Executive Officer and Company Secretary be and are hereby authorized singly or jointly, to give effect to this resolution."

6. To transact any other business with the permission of the Chair.

Statement of material facts u/s 160(1)(b) of Companies Ordinance, 1984 is annexed with this notice

By Order of the Board



MUHAMMAD NAEEM
Company Secretary

ISLAMABAD
September 20, 2014

NOTES:

- i) The share transfer books of the Company will remain closed from October 18, 2014 to October 25, 2014 (both days inclusive). No transfer will be accepted for registration during this period. Transfers received in order at the share registrar's office of the Company i.e. M/s Corplink (Pvt.) Limited situated at Wings Arcade, 1-K, Commercial, Model Town, Lahore at the close of business on Friday, October 17, 2014 will be considered in time for the purpose of payment of dividend to the transferees.
- ii) A member entitled to attend and vote at this meeting is entitled to appoint another member as his/her proxy to attend and vote for him/her. Proxies in order to be effective must be received at the registered office of the Company at Sector H-8/4, Islamabad, not less than 48 hours before the time of holding the meeting. Proxy form is attached.
- iii) Members are requested to notify any change in their registered addresses immediately.
- iv) CDC shareholders entitled to attend and vote at this meeting must bring their original CNIC or Passport along with the participant's ID numbers and account numbers to prove their identity. In case of proxy, the attested copy of CNIC or passport of the CDC shareholder must be enclosed. Representatives of corporate members should bring the usual documents required for such purpose.
- v) **SUBMISSION OF COPIES OF CNIC**

Pursuant to the directive of the Securities & Exchange Commission of Pakistan, CNIC numbers of shareholders are mandatorily required to be mentioned on dividend warrants. Shareholders are, therefore, requested to submit a copy of their CNIC (if not already provided) to the Company's Share Registrar, M/s Corplink (Pvt.) Limited.

vi) **PAYMENT OF CASH DIVIDEND ELECTRONICALLY (OPTIONAL)**

The Company wishes to inform its shareholders that under the law they are also entitled to receive their cash dividend directly in their bank accounts instead of receiving it through dividend warrants. Shareholders wishing to exercise this option may submit their application to the Company's Share Registrar, giving particulars relating to their name, folio number, bank account number, title of account and complete mailing address of the bank. CDC account holders should submit their request directly to their broker (participant)/ CDC.

vii) **DEDUCTION OF INCOME TAX FROM DIVIDEND**

Pursuant to the provision of Finance Act, 2014 the rates of income tax deduction from dividend payment under section 150 of the Income Tax Ordinance, 2001 have been revised as under:

- For filers - 10%
- For non-filers - 15%

All shareholders are requested to make sure that copy of their valid CNIC/NTN should be available with the Shares Registrar. Please also note that in case of non-availability of CNIC/NTN, the Share Registrar could not check their status from the Active Tax Payer List available on FBR Web Site and would be constrained to apply tax rate prescribed for non-filers.

Statement of Material Facts U/s 160(1)(b) of Companies Ordinance, 1984

The Board of Directors have approved establishment of a subsidiary consulting company under the name and style of Shifa Consulting Services (Pvt.) Limited which will focus on consulting services pertaining to the following services:-

- Healthcare facilities
- Medical staff
- Human resource
- Hospital quality

The consulting company will target all hospitals in the country for tertiary care hospitals to small clinics and nursing care homes.

As per requirements of the Companies (Investment in Associated Companies and Associated Undertaking) Regulations, 2012, following information is provided to the shareholders:

Sr. #	Description	Information Required
(i)	Name of the associated company or associated undertaking along with criteria based on which the associated relationship is established.	Shifa Consulting Services (Pvt) Ltd (Proposed) will be a subsidiary company.
(ii)	Purpose, benefits and period of investment.	To contribute in equity - to be long term investment.
(iv)	Maximum price at which securities will be acquired.	At par value of Rs. 10/- per share.
(v)	Maximum number of securities to be acquired.	1.8 million shares in the first two years.
(vi)	Number of securities and percentage thereof held before and after the proposed investment.	None at present. Afterward – 1.8 million shares (60%).
(vii)	In case of investment in listed securities, average of the preceding twelve weekly average price of the security intended to be acquired.	Not applicable
(viii)	In case of investment in unlisted securities, fair market value of such securities determined in terms of regulation 6(1).	Par Value of Rs. 10/- per share.
(ix)	Break-up value of securities intended to be acquired on the basis of the latest audited financial statement.	Not applicable
(x)	Earnings per share of the associated company or associated undertaking for the last three years.	Not applicable
(xi)	Sources of fund from which securities will be acquired.	Internal generation of resources.
(xii)	Where the securities are intended to be acquired using borrowed funds: 1. Justification for investment through borrowing; and 2. Details of guarantees and assets pledged for obtaining such funds.	Not applicable
(xiii)	Salient features of the agreement(s), if any, entered into with its associated company or associated undertaking with regards to the proposed investment.	Not applicable

Sr. #	Description	Information Required
(xiii)	Salient features of the agreement(s), if any, entered into with its associated company or associated undertaking with regards to the proposed investment.	Not applicable
(xiv)	Direct or indirect interest of directors, sponsors, majority shareholders and their relatives, If any, in the associated company or associated undertaking or the transaction under consideration.	Following will have interest:- i. Holding company will have equity interest and nomination of directors; ii. Mr. Sohail A. Siddiqi will have equity interest upto 40% of the total equity as well as to be the director and CEO of the proposed company.
(xv)	Any other important details necessary for the members to understand the transaction; and	None
(xvi)	In case of investment in securities of a project of an associated company or associated undertaking that has not commenced operations, in addition to the information referred to above, the following further information, is required, namely:- I. Description of the project and its history since conceptualization; II. Starting and expected dated of completion of work; III. Time by which such project shall become commercially operational; and IV. Expected time by which the project shall start paying return on investment.	Not applicable

The directors in their meeting held on September 20, 2014 signed the undertaking as required under sub regulation 3 of Regulation 3 of Companies (Investment in Associated Companies or Associated Undertakings) Regulation, 2012 and the duly signed recommendations of the due diligence report shall be available for inspection in the 28th Annual General Meeting of the Company scheduled to be held on October 25, 2014.

ISLAMABAD
September 20, 2014


MUHAMMAD NAEEM
Company Secretary

Directors' Report

OPERATING RESULTS

	2014	2013
	----- (Rupees in '000') -----	
Net revenue	6,393,105	5,315,589
Other income	56,127	40,540
Operating costs	(5,622,197)	(4,625,532)
Finance cost	(190,462)	(190,279)
Profit before taxation	636,573	540,318
Provision for taxation	(172,017)	(152,166)
Profit after taxation	464,556	388,152
Earnings per share-basic and diluted - (Rupees)	9.20	7.68

- 1- During the year under review your Company earned revenue to the tune of Rs. 6,393.1 million versus Rs. 5,315.6 million in the last year. However, operating cost with the more utilization of services entailed the increase in costs pertaining to salaries, wages & benefits, utilities, supplies, medicines, repair & maintenance etc., resultantly operating cost increased to Rs. 5,622.2 million against Rs. 4,625.5 million in the last corresponding year. Profit before taxation worked out to be Rs. 636.6 million as against Rs. 540.3 million in the last year. However, your Company posted net profit after taxation of Rs. 464.6 million as compared to Rs. 388.2 million in the last corresponding year.
- 2- During the year under review earnings per share increased from Rs. 7.68 to Rs. 9.20.
- 3- Your directors are pleased to declare cash dividend of Rs. 3.00 per share for the year ended June 30, 2014.
- 4- The financial statements, prepared by the management of Shifa International Hospitals Limited, present fairly its state of affairs, the results of its operations, cash flows and changes in equity.
- 5- Proper books of accounts of Shifa International Hospitals Limited have been maintained as required by the Companies Ordinance, 1984.
- 6- Appropriate accounting policies have been consistently applied (except for a change disclosed in note 3.12 of the notes to the financial statements) in preparation of the financial statements and accounting estimates are based on reasonable and prudent judgment.
- 7- International Accounting Standards, as applicable in Pakistan, have been followed in preparation of financial statements.
- 8- The system of internal control is sound in design and has been effectively implemented and monitored.
- 9- There has been no material departure from the best practices of corporate governance, as detailed in the listing regulations.
- 10- During the year under review, Dr. Habib-Ur-Rahman, Dr. Mohammad Salim Khan and Shah Naveed Saeed, Directors, have successfully completed the directors' training program that meets the criteria specified by the SECP.
- 11- There are no significant doubts upon Company's ability to continue as a going concern.
- 12- Summary of key operating and financial data of last six years has been given on page No 152.
- 13- Note 9.4 of the notes to the financial statements reflect the value of investments of gratuity fund account.
- 14- No director, CEO, CFO, Company Secretary, Executives and their spouses and minor children carried out the trade in the shares of the Company during the year under review. For the purpose of Code xvi (I) and Code xxiii

of the Code of Corporate Governance all the General Managers and above shall be considered executives of the Company besides CEO, COO, CFO, Head of Internal Audit & Company Secretary.

- 15- The Company has put in place a mechanism for the annual evaluation of the performance of its board.
- 16- During the year under review, five meetings of the Board of Directors were held on September 11, 2013, October 24, 2013, February 22, 2014, April 28, 2014 and June 23, 2014.

Number of meetings attended by each director is stated below:

Name of Director	Number of meetings held during the year	Number of meetings attended
Dr. Habib-Ur-Rahman	5	5
Dr. Manzoor H. Qazi	5	5
Mr. Muhammad Zahid	5	2
Dr. Abdul Razaq	5	-
Dr. Saeed A. Bajwa	5	-
Mr. Shafquat Ali Chaudhary	5	1
Dr. Mohammad Salim Khan	5	4
Shah Naveed Saeed	5	4
Mr. Qasim Farooq Ahmad	5	1
Dr. Samea Kauser Ahmad	5	5

Leave of absence was granted to the directors who could not attend the Board Meeting(s).

- 17- During the year under review, seven meetings of the Audit Committee were held. Shah Naveed Saeed, Dr. Habib-Ur-Rahman, Mr. Muhammad Zahid & Dr. Mohammad Salim Khan attended six, seven, one and seven meeting(s) respectively. Dr. Samea Kauser Ahmad was inducted in the Audit Committee on April 28, 2014 whereafter till June 30, 2014 no meeting of the Audit Committee was scheduled.
- 18- The pattern of shareholding and additional information regarding pattern of shareholding is given on page 199.
- 19- The present auditors M/s Anjum Asim Shahid Rahman, Chartered Accountants, retire at the conclusion of the 28th Annual General Meeting and being eligible have offered themselves for re-appointment. On the suggestion of the Audit Committee, the Board of Directors of the Company recommended the re-appointment of M/s Anjum Asim Shahid Rahman, Chartered Accountants, as the auditors of the Company for the year ending June 30, 2015.
- 20- All the related party transactions have been approved by the Board of Directors. The Company maintains a full record of all such transactions, along with the terms and conditions.
- 21- Shifa International Hospitals Limited is on the web and can be accessed at www.shifa.com.pk.
- 22- During the year under review, the Company's contribution to the national exchequer is as under:

Direct taxes	Rs. 146.0 million
Indirect taxes	Rs. 119.2 million
Tax deducted and deposited from suppliers, employees etc.	Rs. 310.2 million
Total	Rs. 575.4 million

- 23- During the year under review, the Company donated Rs. 10 million to Shifa Foundation and Rs. 18 million to Shifa Tameer-e-Millat University. Shifa Foundation is not for profit organization, providing medical treatment facilities to indigent and poor patients. The Company considers Shifa Foundation as its social arm for fulfilling corporate social responsibilities with respect to people and society. Whereas to ensure the credibility of the upcoming doctors and healthcare advocates, the three concerns namely Shifa International Hospitals Limited, Shifa Foundation and Tameer-e-Millat Foundation combined to sponsor their own Shifa Tameer-e-Millat University which would serve as an educational platform for the generations to come.
- 24- Company took following steps / initiatives to conserve electricity:
- Variable Frequency Drives have been installed in all new constructions involving high HP rating motors.
 - Energy efficient lights were installed in new / renovated areas and replaced in old areas as well.
 - All HVAC filters were cleaned at regular intervals to avoid clogging and thereby reducing electric consumption.
 - Power factor of generators and IESCO was maintained at 1.0 and 0.9 respectively so as to avoid energy losses.
 - Split units were set at 26°C to conserve electricity consumption.
 - Lights installed in various areas were re-arranged to reduce number of extra lights.
 - Laundry boiler and domestic water heaters were chemically cleaned for scale removal and to ensure better heat exchange / improved performance.
- As a result of these steps, Company was able to save 5092.625 KW (122,223 KWH) of electricity during peak season of June & July 2014 alone.
- 25- Company is equally mindful towards environment protection and its environmental protection measures meet the standards set by regulatory bodies in connection with hospital waste management and radiation.
- 26- In addition to our endeavor to install state of the art addressable fire alarm system the Company has been undertaking different activities to ensure occupational safety and health which include but are not limited to provision of appropriate safety equipment to workers during construction work, installation of safety & warning signs, installation of hand rails at various location of the hospital, vaccination of employees, annual medical checkup of radiation workers etc.
- 27- For the awareness of general public Company celebrated following days and also offered free seminars/ screenings to the general public during the year under review:
- World Hepatitis Day (July 31, 2013) - Free screening for Hepatitis B & C
 - World Heart Day (September 28, 2013) - Free seminar
 - Global Hand Washing Day (October 12, 2013)
 - World Stroke Day (October 29, 2013) - Seminar to highlight measures to prevent stroke.
 - World Diabetic Day (November 13, 2013) - Free screening
 - World Kidney Day (March 13, 2014)
 - World No Tobacco Day (June 1, 2014)
- 28- Shifa International Hospitals Limited has evolved to become one of the major providers of healthcare in Pakistan. We have extended our outreach in Faisalabad; with our state of the art Faisalabad Hospital providing the standardized quality services. We have lab pick up points and pharmacy outlets in various locations of Pakistan including Islamabad, Quetta, Mardan, Peshawar, Jhelum, Gujrat, Faisalabad, Gujranwala and Lahore. Besides for the promotion of medical tourism we have established representative offices in Dubai and Afghanistan.

- 29- During the year under review the Company has acquired on rent a building at G-10/4 for the establishment of a hospital which would offer primary care services and limited diagnostic and IPD services.
- 30- As tertiary care facility; critical care plays a vital role, our focus has been to sustain and expand a facility with improved and enhanced infection control measures and patient safety standards. In the wake of our said focus we have added 19 critical area beds in different specialities. The critical care facility has been expanded with the addition of Peads ICU (4 Beds), Peads Step Down (5 Beds) and Neuro Step Down (10 Beds). At Shifa we are now functioning with 121 Critical Area Beds. This includes 11 beds in SICU, 13 beds in SSD, 10 Beds in MICU, 10 beds in MSD, 32 Beds in NICU, 17 Beds in Cardiac Cath, 9 Beds in PICU, 5 beds in NSD, 4 Beds in Stroke Unit, 6 beds in E-4 Liver Transplant Unit and 4 beds in F-4 BMT.
- 31- F- Block extension consists of 2 basements comprising of Auditoriums, Conference Halls & Admin Block. As part of the same extension, existing F-1 radiology and F-2 OR will also be extended. Moreover around 100 Inpatient beds will be added at F-3 / F-4 area being part of F block extension.
- 32- As healthcare industry we are constantly taking effective measures to mitigate the risks and improve our quality control targets. For this purpose, we expanded our Central Sterile Services Department (CSSD) with cutting edge technology. The CSSD has been implemented with international standards which will help further in safe practices.
- 33- Cath Lab has also been expanded and shifted to F-3 floor. We have now three cath labs. Third floor of F-Block has been evolved as a composite cardiac care unit of Cath Lab & Cardiac Cath Unit (17 Beds).
- 34- New and improved state of the art lab facility with its segments Hematology, Biochemistry, Histopathology and Microbiology has been relocated at D-4. Previous lab was at 9,000 sq/ft at A-0 while new lab has an area of 17,700 sq/ft.
- 35- To cater the needs of our valued patients following planning / restructuring / expansion activities are being undertaken:
- It has been planned to extend Inpatient area by adding 33 surgical beds at A-2 / B-2.
 - Propositions have been designed for the construction of 5th & 6th floors. Floor 5 will be IPD area & floor 6 will have meeting halls, offices, consultants' offices & NES.
 - Our Outpatient facilities are also being aligned and revamped in terms of space, technology and ambiance. Following clinics have been upgraded:
 - a) Ophthalmology Clinic (Relocated from 3760 sq/ft to 5600 sq/ft)
 - b) Neurology Clinic (Relocated from 2671 sq/ft to 3790 sq/ft)
 - c) Peads Clinic (Expanded from 3000 sq/ft to 8000 sq/ft)
 - d) Cardiology Clinic (5 echo rooms have been shifted to this area, Expanded to 9,427 from 6,827 sq/ft)

We feel obliged to put on record appreciation for our staff, consultants who are full of determination and resolve to maintain our pre-eminence in the delivery of healthcare services with distinguishable quality and for the vendors, bankers, regulators and shareholders for their unremitting patronage

On behalf of the Board

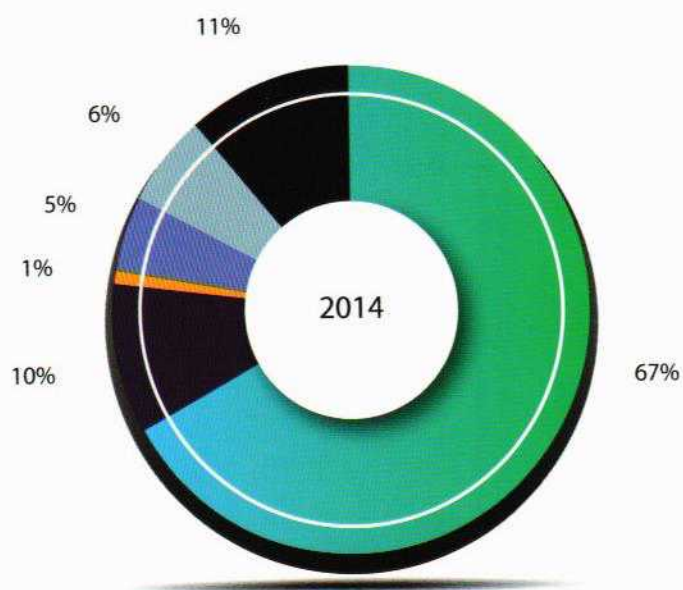


DR. MANZOOR H. QAZI
Chief Executive Officer

ISLAMABAD
September 20, 2014

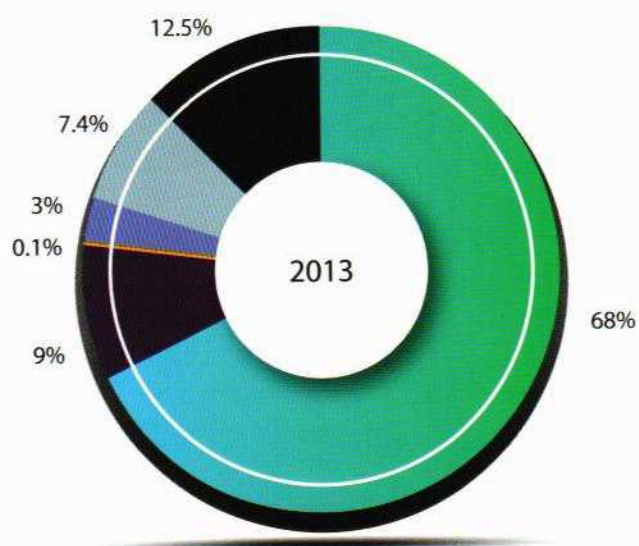
Statement of Value Addition

	2014		Restated	
	Rs. in '000'	%	2013	
			Rs. in '000'	%
Value added				
Total Revenue inclusive of other income	6,449,232		5,356,129	
Supplies and other operating costs	3,516,037		2,853,011	
Total value added	2,933,195		2,503,118	
Value allocated To employees				
Salaries, wages and other benefits	1,966,090	67	1,707,584	68
To Government				
Income tax, sales tax and federal excise duty etc.	291,251	10	220,259	9
To society				
Donation	28,000	1	1,872	0.1
To providers of capital				
Dividend to shareholders	151,541	5	75,771	3.0
Finance cost of borrowed funds	183,297	6	185,251	7.4
	334,838	11	261,022	10.4
Retained in the Company	313,016	11	312,381	12.5
Total value allocated	2,933,195	100	2,503,118	100



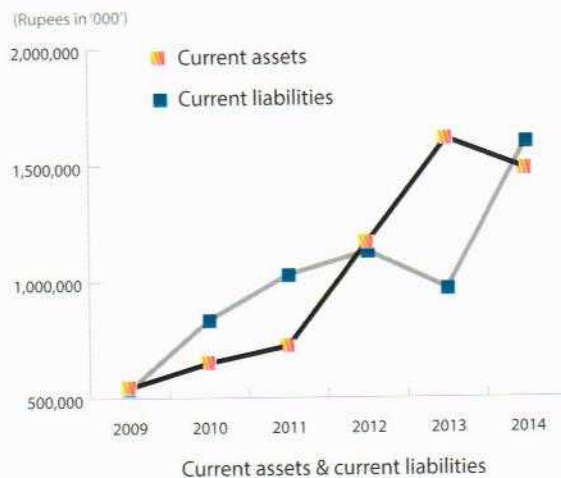
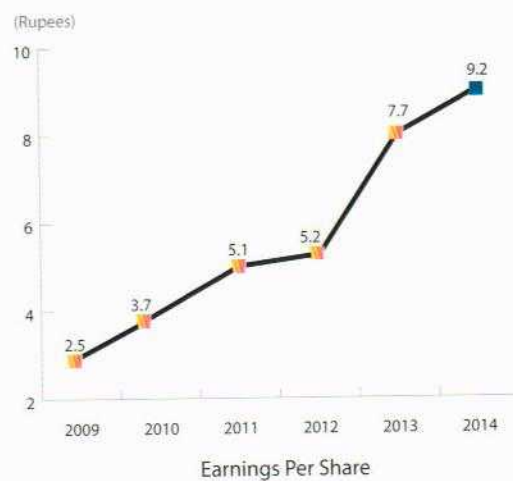
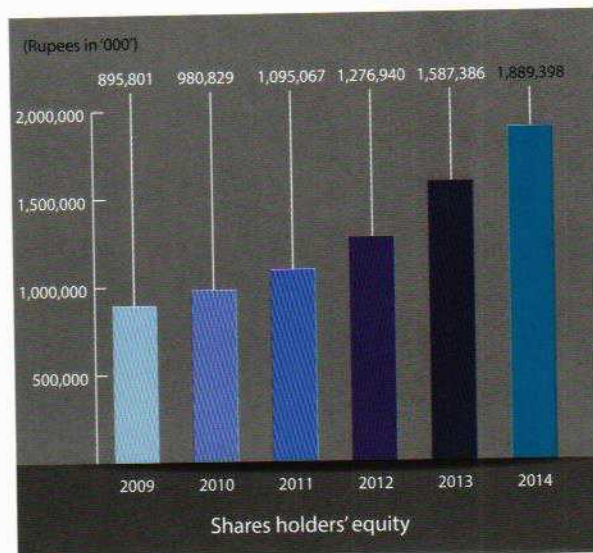
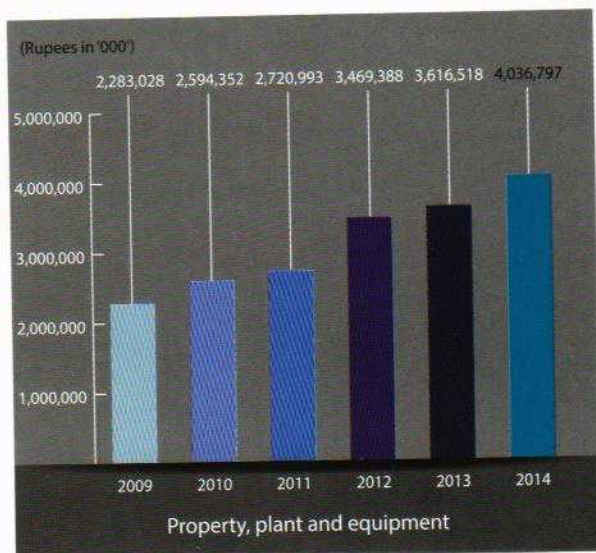
■ Salaries, wages and other benefits
■ Income tax and sales tax
■ Donation

■ Dividend to shareholders
■ Finance cost of borrowed funds
■ Retained in the Company



Six Years at a Glance

		2014	2013	2012	2011	2010	2009
			----- Restated -----				
PERFORMANCE							
Operating profit margin	%	12.94	13.74	11.72	14.16	16.10	16.23
Net profit margin	%	7.27	7.30	5.86	7.58	7.39	6.55
Return on equity	%	26.72	27.10	21.99	24.91	20.14	14.92
Return on assets	%	14.12	13.90	11.20	13.99	12.65	11.14
Asset turnover	Times	1.09	1.01	0.96	0.99	0.79	0.69
CAPITAL MARKET/CAPITAL STRUCTURE ANALYSIS							
Market value per share (year end)	Rs.	144.58	44.86	30.94	33.87	26.99	19.25
Breakup value per share	Rs.	37.40	31.42	25.28	21.68	19.42	17.73
Market price to breakup value	Times	3.87	1.43	1.22	1.56	1.39	1.09
Earning per share	Rs.	9.20	7.68	5.16	5.12	3.74	2.53
Price earning ratio	Times	15.72	5.84	5.99	6.62	7.21	7.62
Dividend per share (total)	Rs.	3	1.50	1.50	3.00	2.20	1.00
Dividend yield/effective dividend rate	%	2.07	3.34	4.85	8.86	8.15	5.19
Interest cover	Times	4.34	3.84	3.46	4.18	4.52	2.90
Debt : Equity	Ratio	44:56	52:48	54:46	36:64	43:57	42:58
LIQUIDITY							
Current ratio		0.93	1.66	1.04	0.70	0.78	1.01
Quick ratio		0.69	1.29	0.76	0.53	0.61	0.80
HISTORICAL TRENDS							
FINANCIAL POSITION							
			----- Rs in '000' -----				
Authorized capital		545,379	545,379	545,379	545,379	545,379	545,379
Paid up capital		505,138	505,138	505,138	505,138	505,138	505,138
Capital reserve - share premium		40,000	40,000	40,000	40,000	40,000	40,000
Unappropriated profit		1,344,260	1,042,248	731,802	549,929	435,691	350,663
Share holder's equity		1,889,398	1,587,386	1,276,940	1,095,067	980,829	895,801
Surplus on revaluation of PP&E		760,176	583,373	590,552	597,730	604,909	612,089
Non current Liabilities		1,608,133	2,118,224	1,663,787	732,354	832,994	794,603
Current Liabilities		1,597,824	968,684	1,128,439	1,027,811	833,642	536,835
Total		5,855,531	5,257,667	4,659,718	3,452,962	3,252,374	2,839,328
Property, plant and equipment		4,036,797	3,616,518	3,469,388	2,720,993	2,594,352	2,283,028
Long term deposits		40,651	31,041	22,066	10,296	8,820	12,170
Current assets		1,480,609	1,610,108	1,168,264	721,673	649,202	544,130
Non current assets held for sale		297,474	-	-	-	-	-
Total		5,855,531	5,257,667	4,659,718	3,452,962	3,252,374	2,839,328
OPERATING RESULTS							
			----- Rs in '000' -----				
Operating revenue		6,393,105	5,315,589	4,451,781	3,412,688	2,555,759	1,948,835
Operating costs		(5,622,197)	(4,625,532)	(3,944,838)	(2,942,407)	(2,155,203)	(1,652,684)
Other operating income		56,127	40,540	14,812	12,928	10,971	20,103
Operating profit		827,035	730,597	521,755	483,209	411,527	316,254
Finance cost		(190,462)	(190,279)	(150,800)	(115,680)	(91,041)	(109,119)
Tax		(172,017)	(152,166)	(110,161)	(108,929)	(131,506)	(79,478)
Net profit		464,556	388,152	260,794	258,600	188,980	127,657
CASH FLOW SUMMARY							
			----- Rs in '000' -----				
Net cash flows from operating activities		965,561	670,655	504,482	547,908	415,959	274,735
Net cash flows from investing activities		(832,500)	(404,875)	(987,042)	(307,126)	(482,221)	(201,684)
Net cash flows from financing activities		(385,228)	190,915	784,743	(277,029)	(15,571)	(124,734)
Changes in cash & cash equivalents (C&CE)		(252,167)	456,695	302,183	(36,247)	(81,833)	(51,683)
Effect of exchange rate changes on C&CE		(767)	399	53	(17)	89	291
Cash & cash equivalents - year end		510,612	763,546	306,452	4,216	40,480	122,224



Horizontal Analysis

BALANCE SHEET

	2014		2013	
	Rs in '000'	14 Vs. 13 %	Rs in '000'	13 Vs. 12 %
----- Restated -----				
EQUITY AND LIABILITIES				
Paid up capital	505,138	-	505,138	-
Capital reserve - share premium	40,000	-	40,000	-
Unappropriated profit	1,344,260	29	1,042,248	42
Shareholder's equity	1,889,398	19	1,587,386	24
Surplus on revaluation of PP&E	760,176	30	583,373	(1)
Non current Liabilities	1,608,133	(24)	2,118,224	27
Current Liabilities	1,597,824	65	968,684	(14)
Total	5,855,531	11	5,257,667	13
ASSETS				
Property, plant and equipment	4,036,797	12	3,616,518	4
Long term deposits	40,651	31	31,041	41
Current assets	1,480,609	(8)	1,610,108	38
Non current assets held for sale	297,474	100	-	-
Total	5,855,531	11	5,257,667	13
PROFIT & LOSS ACCOUNT				
Operating revenue	6,393,105 *	20	5,315,589	19
Operating costs	(5,622,197) **	22	(4,625,532)	17
Other operating income	56,127	38	40,540	174
Operating profit	827,035	13	730,597	40
Finance cost	(190,462)	0.1	(190,279)	26
Tax	(172,017)	13.04	(152,166)	38
Net profit	464,556	20	388,152	49

* Revenue earned during the year under review increased from Rs. 5,315.6 million to Rs. 6,393 million as compared to last year due to increased number of patient visits, procedures, tests, surgeries and increase in revenue of external pharmacies and lab pick up points.

** With rising inflation, increase in US\$ exchange rate vis-a-vis Pak Rupee, higher utility costs and increase in volume as well as increase in operating costs of the external pharmacies and lab pick up points, the operating cost has been increased to Rs. 5,622 million from Rs. 4,626 million.

2012		2011		2010		2009	
Rs in '000'	12 Vs. 11 %	Rs in '000'	11 Vs. 10 %	Rs in '000'	10 Vs. 09 %	Rs in '000'	09 Vs. 08 %
----- Restated -----							
505,138	-	505,138	-	505,138	-	505,138	-
40,000	-	40,000	-	40,000	-	40,000	-
731,802	33	549,929	26	435,691	24	350,663	30
1,276,940	17	1,095,067	12	980,829	9	895,801	10
590,552	(1)	597,730	(1)	604,909	(1)	612,089	174
1,663,787	127	732,354	(12)	832,994	5	794,603	(8)
1,128,439	10	1,027,811	23	833,642	55	536,835	26
4,659,718	35	3,452,962	6	3,252,374	15	2,839,328	22
3,469,388	28	2,720,993	5	2,594,352	14	2,283,028	27
22,066	114	10,296	17	8,820	(28)	12,170	7
1,168,264	62	721,673	11	649,202	19	544,130	6
-	-	-	-	-	-	-	-
4,659,718	35	3,452,962	6	3,252,374	15	2,839,328	22
4,451,781	30	3,412,688	34	2,555,759	31	1,948,835	18
(3,944,838)	34	(2,942,407)	37	(2,155,203)	30	(1,652,684)	23
14,812	15	12,928	18	10,971	(45)	20,103	64
521,755	8	483,209	17	411,527	30	316,254	(1)
(150,800)	30	(115,680)	27	(91,041)	(17)	(109,119)	25
(110,161)	1	(108,929)	(17)	(131,506)	65	(79,478)	2
260,794	1	258,600	37	188,980	48	127,657	(17)

Vertical Analysis

BALANCE SHEET	2014		2013	
	Rs in '000'	%	Rs in '000'	%
			----- Restated -----	
EQUITY AND LIABILITIES				
Paid up capital	505,138	9	505,138	10
Capital reserve - share premium	40,000	1	40,000	1
Unappropriated profit	1,344,260	23	1,042,248	20
Shareholder's equity	1,889,398	33	1,587,386	31
Surplus on revaluation of PP&E	760,176	13	583,373	11
Non current Liabilities	1,608,133	27	2,118,224	40
Current Liabilities	1,597,824	27	968,684	18
Total	5,855,531	100	5,257,667	100
ASSETS				
Property, plant and equipment	4,036,797	69	3,616,518	69
Long term deposits	40,651	1	31,041	0.6
Current assets	1,480,609	25	1,610,108	30.4
Non current assets held for sale	297,474	5	-	-
	5,855,531	100	5,257,667	100
PROFIT & LOSS				
Operating revenue	6,393,105	100	5,315,589	100
Operating costs	(5,622,197)	88	(4,625,532)	87
Other operating income	56,127	1	40,540	0.7
Operating profit	827,035	13	730,597	13.7
Finance cost	(190,462)	3	(190,279)	3.6
Tax	(172,017)	2.7	(152,166)	2.8
Net profit	464,556	7.3	388,152	7.3

2012		2011		2010		2009	
Rs in '000'	%	Rs in '000'	%	Rs in '000'	%	Rs in '000'	%
----- Restated -----							
505,138	11	505,138	15	505,138	16	505,138	18
40,000	1	40,000	1	40,000	1	40,000	1
731,802	16	549,929	16	435,691	13	350,663	12
1,276,940	28	1,095,067	32	980,829	30	895,801	31
590,552	12	597,730	17	604,909	19	612,089	22
1,663,787	36	732,354	21	832,994	26	794,603	28
1,128,439	24	1,027,811	30	833,642	25	536,835	19
4,659,718	100	3,452,962	100	3,252,374	100	2,839,328	100
3,469,388	74.5	2,720,993	79	2,594,352	79.7	2,283,028	80.4
22,066	0.5	10,296	0.3	8,820	0.3	12,170	0.4
1,168,264	25	721,673	20.7	649,202	20	544,130	19.2
-	-	-	-	-	-	-	-
4,659,718	100	3,452,962	100	3,252,374	100	2,839,328	100
4,451,781	100	3,412,688	100	2,555,759	100	1,948,835	100
(3,944,838)	88.6	(2,942,407)	86.2	(2,155,203)	84.3	(1,652,684)	85
14,812	0.3	12,928	0.4	10,971	0.4	20,103	1
521,755	11.7	483,209	14.2	411,527	16.1	316,254	16
(150,800)	3.4	(115,680)	3.4	(91,041)	3.6	(109,119)	5.5
(110,161)	2.5	(108,929)	3.2	(131,506)	5.1	(79,478)	4
260,794	5.8	258,600	7.6	188,980	7.4	127,657	6.5

Statement of Compliance with the Code of Corporate Governance

Shifa International Hospitals Limited - Year Ended June 30, 2014

This statement is being presented to comply with the Code of Corporate Governance contained in Listing Regulation No. 35 of Chapter XI of the Listing Regulations of Karachi, Lahore and Islamabad Stock Exchanges for the purpose of establishing a framework of good governance, whereby a listed company is managed in compliance with the best practices of corporate governance.

The company has applied the principles contained in the CCG in the following manner:

1. The Company encourages representation of Independent non-executive directors and directors representing minority interests on its board of directors. At present the board includes:

Category	Names
Independent Director	Shah Naveed Saeed
Executive Directors	Dr. Manzoor H. Qazi
	Dr. Mohammad Salim Khan
Non-Executive Directors	Dr. Habib-Ur-Rahman
	Mr. Muhammad Zahid
	Dr. Abdul Razaq
	Dr. Saeed A. Bajwa
	Mr. Shafquat Ali Chaudhary
	Mr. Qasim Farooq Ahmad
	Dr. Samea Kauser Ahmad

The independent director meets the criteria of independence under clause i (b) of the CCG.

2. The directors have confirmed that none of them is serving as a director on more than seven listed companies, including this Company.
3. All the resident directors of the Company are registered as taxpayers and none of them has defaulted in payment of any loan to a banking company, a DFI or an NBFIs or, being a member of a stock exchange, has been declared as a defaulter by that stock exchange.
4. No causal vacancy occurred in the Board during the year ended June 30, 2014.
5. The Company has prepared a "code of conduct" and has ensured that appropriate steps have been taken to disseminate it throughout the Company along with its supporting policies and procedures.
6. The Board has developed a vision/mission statement, overall corporate strategy and significant policies of the Company. A complete record of particulars of significant policies along with the dates on which they were approved or amended has been maintained.
7. All the powers of the Board have been duly exercised and decisions on material transactions, including appointment and determination of remuneration and terms and conditions of employment of the CEO, other executive and non-executive directors, have been taken by the Board.
8. The meetings of the Board were presided over by the Chairman and the board met at least once in every quarter. Written notices of the board meetings, along with agenda and working papers, were circulated at least seven days before the meetings. The minutes of the meetings were appropriately recorded and circulated.

9. There were no new appointments of CFO, Company Secretary or Head of Internal Audit during the year.
10. During the year under review, three directors of the Company namely Dr. Habib-Ur-Rahman, Dr. Mohammad Salim Khan and Shah Naveed Saeed acquired the certification under the directors training program that meets the criteria specified by SECP.
11. The directors' report for this year has been prepared in compliance with the requirements of the CCG and fully describes the salient matters required to be disclosed.
12. The financial statements of the Company were duly endorsed by CEO and CFO before approval of the board.
13. The directors, CEO and executives do not hold any interest in the shares of the Company other than that disclosed in the pattern of shareholding.
14. The Company has complied with all the corporate and financial reporting requirements of the CCG.
15. The Board has formed an Audit Committee which is comprised of five members, of whom four are non-executive directors. The chairman of the committee is an independent director.
16. The meetings of the Audit Committee were held at least once every quarter prior to the approval of interim and final results of the Company and as required by the CCG. The terms of reference of the committee have been formed and advised to the committee for compliance.
17. The Board has formed a Human Resource and Remuneration Committee which is comprised of three members, of whom two are non-executive director. The chairman of the committee is a non-executive Director.
18. The board has set up an effective internal audit function.
19. The statutory auditors of the Company have confirmed that they have been given a satisfactory rating under the quality control review program of the ICAP, that they or any of the partners of the firm, their spouses and minor children do not hold shares of the Company and that the firm and all its partners are in compliance with International Federation of Accountants (IFAC) guidelines on code of ethics as adopted by the ICAP.
20. The statutory auditors or the persons associated with them have not been appointed to provide other services except in accordance with the listing regulations and the auditors have confirmed that they observed IFAC guidelines in this regard.
21. The 'closed period' prior to the announcement of interim/final results, and business decisions, which may materially affect the market price of Company's securities, was determined and intimated to directors, employees and stock exchanges.
22. Material/price sensitive information has been disseminated among all market participants at once through stock exchanges.
23. We confirm that all other material principles enshrined in the CCG have been complied with.

ISLAMABAD
September 20, 2014



DR. MANZOOR H. QAZI
Chief Executive Officer



Grant Thornton

An instinct for growth™

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Review Report to the Members

On the Statement of Compliance with the Code of Corporate Governance

We have reviewed the enclosed Statement of Compliance with the best practices contained in the Code of Corporate Governance (the Code) prepared by the Board of Directors (the Board) of Shifa International Hospitals Limited, ("the Company") for the year ended June 30, 2014 to comply with the requirements of Listing Regulations No. 35 of Stock Exchanges, where the Company is listed.

The responsibility for compliance with the Code of Corporate Governance is that of the Board of Directors of the Company. Our responsibility is to review, to the extent where such compliance can be objectively verified, whether the Statement of Compliance reflects the status of the Company's compliance with the provisions of the Code and report if it does not and to highlight any non-compliance with the requirements of the Code. A review is limited primarily to inquiries of the Company's personnel and review of various documents prepared by the Company to comply with the Code.

As part of our audit of financial statements we are required to obtain an understanding of the accounting and internal control systems sufficient to plan the audit and develop an effective audit approach. We are not required to consider whether the Board's statement on internal control covers all risks and controls, or to form an opinion on the effectiveness of such internal controls, the Company's corporate governance procedures and risks.

The Code requires the Company to place before the Audit Committee, and upon recommendation of the Audit Committee, place before the Board of Director for their review and approval its related party transactions, distinguishing between transactions carried out on terms equivalent to those that prevail in arm's length transactions and transactions which are not executed at arm's length price and recording proper justification for using such alternative pricing mechanism. We are only required and have ensured compliance of this requirement to the extent of the approval of the related party transactions by the Board upon recommendation of the Audit Committee. We have not carried out any procedure to determine whether the related party transactions were undertaken at arm's length price or not.

Based on our review, nothing has come to our attention which causes us to believe that the Statement of Compliance does not appropriately reflect the Company's compliance, in all material respects, with the best practices contained in the Code as applicable to the Company for the year ended June 30, 2014.


ANJUM ASIM SHAHID RAHMAN

Chartered Accountants

Engagement Partner: Nadeem Tirmizi

Islamabad

Date: 20 September, 2014



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Auditors' Report to the Members

We have audited the annexed balance sheet of Shifa International Hospitals Limited, ("the Company") as at June 30, 2014 and the related profit and loss account, statement of comprehensive income, cash flow statement and statement of changes in equity together with the notes forming part thereof, for the year then ended and we state that we have obtained all the information and explanations which, to the best of our knowledge and belief, were necessary for the purposes of our audit.

It is the responsibility of the Company's management to establish and maintain a system of internal control, and prepare and present the above said statements in conformity with the approved accounting standards and the requirements of the Companies Ordinance, 1984. Our responsibility is to express an opinion on these statements based on our audit.

We conducted our audit in accordance with the auditing standards as applicable in Pakistan. These standards require that we plan and perform the audit to obtain reasonable assurance about whether the above said statements are free of any material misstatement. An audit includes examining, on test basis, evidence supporting the amounts and disclosures in the above said statements. An audit also includes assessing the accounting policies and significant estimates made by the management, as well as, evaluating the overall presentation of the above said statements. We believe that our audit provides a reasonable basis for our opinion and, after due verification, we report that:-

- a. in our opinion, proper books of accounts have been kept by the Company as required by the Companies Ordinance, 1984;
- b. in our opinion:-
 - i. the balance sheet and profit and loss account together with the notes thereon have been drawn up in conformity with the Companies Ordinance, 1984, and are in agreement with the books of accounts and are further in accordance with accounting policies consistently applied except for the changes stated in the note 3.12 with which we concur;
 - ii. the expenditure incurred during the year was for the purpose of the Company's business; and
 - iii. the business conducted, investments made and the expenditure incurred during the year were in accordance with the objects of the Company.
- c. in our opinion and to the best of our information and according to the explanations given to us, the balance sheet, profit and loss account, statement of comprehensive income, cash flow statement and statement of changes in equity together with the notes forming part thereof conform with approved accounting standards as applicable in Pakistan, and, give the information required by the Companies Ordinance, 1984, in the manner so required and respectively give a true and fair view of the state of the Company's affairs as at June 30, 2014 and of the profit, comprehensive income, its cash flows and changes in equity for the year then ended; and
- d. in our opinion, Zakat deductible at source under the Zakat and Ushr Ordinance, 1980 (XVIII of 1980), was deducted by the Company and deposited in the Central Zakat Fund established under section 7 of that Ordinance.

Anjum Asim Shahid Rahman

ANJUM ASIM SHAHID RAHMAN

Chartered Accountants

Audit Engagement Partner: Nadeem Tirmizi

Islamabad

Date: 20 September, 2014

Balance Sheet

AS AT JUNE 30, 2014

		2014	(Restated) 2013	(Restated) 2012
	Note	(Rupees in '000')		
SHARE CAPITAL AND RESERVES				
Share capital	4	505,138	505,138	505,138
Capital reserve	5	40,000	40,000	40,000
Unappropriated profit		1,344,260	1,042,248	731,802
		1,889,398	1,587,386	1,276,940
SURPLUS ON REVALUATION OF PROPERTY, PLANT AND EQUIPMENT				
	6	760,176	583,373	590,552
NON CURRENT LIABILITIES				
Long term financing - secured	7	1,166,667	1,669,500	1,218,086
Deferred taxation	8	441,466	448,724	445,701
		1,608,133	2,118,224	1,663,787
CURRENT LIABILITIES				
Trade and other payables	9	1,197,572	892,923	828,741
Markup accrued	10	1,458	5,761	41,096
Short term running finance - secured	11	39,675	-	-
Current portion of long term financing	7	337,833	70,000	258,602
Provision for taxation - net	12	21,286	-	-
		1,597,824	968,684	1,128,439
		5,855,531	5,257,667	4,659,718
CONTINGENCIES AND COMMITMENTS				
	13			

The annexed notes 1 to 40 form an integral part of these financial statements.


CHAIRMAN


CHIEF EXECUTIVE

		2014	(Restated) 2013	(Restated) 2012
	Note	(Rupees in '000')		
NON CURRENT ASSETS				
Property, plant and equipment	14	4,036,797	3,616,518	3,469,388
Long term deposits	15	40,651	31,041	22,066
		4,077,448	3,647,559	3,491,454
CURRENT ASSETS				
Stores, spare parts and loose tools	16	171,882	157,001	107,212
Stock-in-trade	17	212,538	205,482	201,801
Trade debts	18	343,029	337,976	348,672
Loans and advances	19	164,577	126,324	110,061
Trade deposits and short term prepayments	20	37,183	16,347	14,664
Markup accrued		1,113	552	296
Other financial assets	21	101,235	102,011	-
Tax refunds due from the government (net of provision)	22	-	2,880	79,106
Cash and bank balances	23	449,052	661,535	306,452
		1,480,609	1,610,108	1,168,264
NON CURRENT ASSET HELD FOR SALE				
	24	297,474	-	-
		5,855,531	5,257,667	4,659,718

Muneer Lubhani
CHIEF FINANCIAL OFFICER

Profit and Loss Account

FOR THE YEAR ENDED JUNE 30, 2014

		2014	(Restated) 2013
	Note	----- (Rupees in '000') -----	
Net revenue	25	6,393,105	5,315,589
Other income	26	56,127	40,540
Operating costs	27	(5,622,197)	(4,625,532)
Finance cost	28	(190,462)	(190,279)
Profit before taxation		636,573	540,318
Provision for taxation	29	(172,017)	(152,166)
Profit after taxation		464,556	388,152
Earnings per share - basic and diluted - (Rupees)	30	9.20	7.68

The annexed notes 1 to 40 form an integral part of these financial statements.


CHAIRMAN


CHIEF EXECUTIVE


CHIEF FINANCIAL OFFICER

Statement of Comprehensive Income

FOR THE YEAR ENDED JUNE 30, 2014

	2014	(Restated) 2013
	----- (Rupees in '000') -----	
Profit after taxation	464,556	388,152
Loss on remeasurement of staff gratuity fund benefit plan	(27,588)	(13,808)
Deferred tax credit relating to remeasurement of staff gratuity fund benefit plan	9,104	4,694
Loss on remeasurement of staff gratuity fund benefit plan (net of tax)	(18,484)	(9,114)
Surplus on revaluation of property, plant and equipment	184,284	-
Total comprehensive income for the year	630,356	379,038

The annexed notes 1 to 40 form an integral part of these financial statements.

Qasim M Rahman
CHAIRMAN

Marguerite H. Bey
CHIEF EXECUTIVE

Muneer Lubani
CHIEF FINANCIAL OFFICER

Cash Flow Statement

FOR THE YEAR ENDED JUNE 30, 2014

	2014	2013
Note	(Rupees in '000')	
CASH FLOWS FROM OPERATING ACTIVITIES		
Profit before taxation	636,573	540,318
Adjustments for:		
Depreciation / amortization of property, plant and equipment	318,571	272,984
Provision for doubtful debts	48,869	12,601
Property, plant and equipment written off	9,927	3,743
Loss / (gain) on disposal of property, plant and equipment	663	(1,835)
Provision for compensated absences	25,370	25,636
Provision for gratuity	50,389	26,061
Provision for slow moving	370	2,242
Liabilities written back	(992)	(1,797)
Profit on investments and bank deposits	(39,764)	(25,280)
Loss / (gain) on foreign currency translation	767	(399)
Finance cost	190,462	190,279
Operating cash flows before changes in working capital	1,241,205	1,044,553
Changes in working capital:		
(Increase) / decrease in current assets:		
Stores, spare parts and loose tools	(15,042)	(52,495)
Stock-in-trade	(7,056)	(3,682)
Trade debts	(53,922)	(1,255)
Loans and advances	(38,253)	(16,868)
Trade deposits and short term prepayments	(20,836)	(1,683)
Increase / (decrease) in current liabilities:		
Trade and other payables	263,922	32,670
Cash generated from operations	1,370,018	1,001,240
Finance cost paid	(194,765)	(225,614)
Income tax paid	(146,004)	(68,223)
Payment to gratuity fund	(46,737)	(21,788)
Compensated absences paid	(16,951)	(14,960)
Net cash from operating activities	965,561	670,655
CASH FLOWS FROM INVESTING ACTIVITIES		
Purchase of property, plant and equipment	(863,054)	(423,720)
Proceeds from disposal of property, plant and equipment	961	2,797
Profit received	39,203	25,024
Increase in long term deposits	(9,610)	(8,976)
Net cash used in investing activities	(832,500)	(404,875)
CASH FLOWS FROM FINANCING ACTIVITIES		
Long term financing - disbursements	-	1,500,000
- repayments	(235,000)	(1,237,188)
Dividend paid	(150,228)	(71,897)
Net cash (used in)/from financing activities	(385,228)	190,915
Net (decrease) / increase in cash and cash equivalents	(252,167)	456,695
Cash and cash equivalents at beginning of year	763,546	306,452
Effect of exchange rate changes on cash and cash equivalents	(767)	399
Cash and cash equivalents at end of year	510,612	763,546

36

The annexed notes 1 to 40 form an integral part of these financial statements.

Parvinder K. Rahman
CHAIRMAN

Marquand Singh
CHIEF EXECUTIVE

Muneer Lubhni
CHIEF FINANCIAL OFFICER

Statement of Changes in Equity

FOR THE YEAR ENDED JUNE 30, 2014

	Share capital	Capital reserve	Unappropriated profit	Surplus on revaluation of property, plant and equipment	Total
	(Rupees in '000')				
Balance at July 01, 2012 - as previously reported	505,138	40,000	742,132	590,552	1,877,822
Change in accounting policy for recognition of actuarial losses (note 3.12)	-	-	(10,330)	-	(10,330)
Balance at July 01, 2012 - restated	505,138	40,000	731,802	590,552	1,867,492
Total comprehensive income for the year					
Profit for the year	-	-	388,152	-	388,152
Other comprehensive income	-	-	(9,114)	-	(9,114)
Total comprehensive income for the year	-	-	379,038	-	379,038
Transfer of depreciation / amortization on incremental value arising on revaluation of property, plant and equipment attributed to current year	-	-	7,179	(7,179)	-
Distribution to owners					
Dividend 2012: Rs. 1.50 per share	-	-	(75,771)	-	(75,771)
Balance at June 30, 2013 - restated	505,138	40,000	1,042,248	583,373	2,170,759
Total comprehensive income for the year					
Profit for the year	-	-	464,556	-	464,556
Other comprehensive income	-	-	(18,484)	184,284	165,800
Total comprehensive income for the year	-	-	446,072	184,284	630,356
Transfer of depreciation / amortization on incremental value arising on revaluation of property, plant and equipment attributed to current year	-	-	7,481	(7,481)	-
Distribution to owners					
Dividend 2013: Rs. 3 per share	-	-	(151,541)	-	(151,541)
Balance at June 30, 2014	505,138	40,000	1,344,260	760,176	2,649,574

The annexed notes 1 to 40 form an integral part of these financial statements.

Davide M. Rahman

CHAIRMAN

Marguerite J. Singh

CHIEF EXECUTIVE

Muneer Lubhshi

CHIEF FINANCIAL OFFICER

Notes to the Financial Statements

FOR THE YEAR ENDED JUNE 30, 2014

1 STATUS AND NATURE OF BUSINESS

Shifa International Hospitals Limited ("the Company") was incorporated in Pakistan on September 29, 1987 as a private limited company under the Companies Ordinance, 1984 and converted into a public limited company on October 12, 1989. The Company is listed on all the three stock exchanges of Pakistan. The registered office of the Company is situated at Sector H-8/4, Islamabad.

The principal activity of the Company is to establish and run medical centres and hospitals in Pakistan. The Company has established its first hospital in 1993 in Islamabad and second hospital in 2011 in Faisalabad. Besides this, the Company is running medical centres, pharmacies and lab collection points in different cities of Pakistan.

2 BASIS OF PREPARATION

2.1 Statement of compliance

These financial statements have been prepared in accordance with approved accounting standards as applicable in Pakistan. Approved accounting standards comprise of such International Financial Reporting Standards (IFRS) issued by the International Accounting Standard Board as are notified under the Companies Ordinance, 1984, provisions of and directives issued under the Companies Ordinance, 1984. In case requirements differ, the provisions or directives of the Companies Ordinance, 1984 shall prevail.

2.2 Basis of measurement

These financial statements have been prepared under the historical cost convention, modified by:-

- revaluation of certain items of property, plant and equipment; and
- recognition of certain employee benefits at present value.

2.3 Functional and presentation currency

These financial statements are presented in Pak Rupees, which is the Company's functional and presentation currency.

2.4 Use of estimates and judgments

The preparation of financial statements in conformity with approved accounting standards requires management to make judgments, estimates and assumptions that affect the application of policies and reported amounts of assets, liabilities, income and expenses. The estimates and associated assumptions are based on historical experience and various other factors that are believed to be reasonable under the circumstances, the results of which form the basis of making judgment about carrying value of assets and liabilities that are not readily apparent from other sources. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which estimates are revised if the revision affects only that period, or in the period of the revision and future periods if the revision affects both current and future periods.

Judgments made by management in the application of the approved accounting standards that have significant effect on the financial statements and estimates with a significant risk of material adjustment in the next year are discussed in the ensuing paragraphs.

2.4.1 Property, plant and equipment

The Company reviews the useful lives of property, plant and equipment on regular basis. Any change in estimates in future years might affect the carrying amounts of the respective items of property, plant and equipment with a corresponding effect on the depreciation/ amortization charge and impairment.

Notes to the Financial Statements

FOR THE YEAR ENDED JUNE 30, 2014

2.4.2 Provision for doubtful debts

The Company estimates the recoverability of the trade debts and provides for doubtful debts based on its prior experience. The carrying amounts of trade debts and provision for doubtful debts are disclosed in note 18 to these financial statements.

2.4.3 Stock in trade / stores, spares and loose tools

The Company reviews the net realizable value of stock in trade and stores, spares and loose tools to assess any diminution in the respective carrying values. Net realizable value is determined with reference to estimated selling price less estimated expenditures to make the sale.

2.4.4 Employee benefits

The Company operates approved funded gratuity scheme covering all its employees who have completed the minimum qualifying period of service as defined under the scheme. The gratuity scheme is managed by trustees. The calculation of the benefit requires assumptions to be made of future outcomes, the principal ones being in respect of increase in remuneration and the discount rate used to convert future cash flows to current values. The assumptions used for the plan are determined by independent actuary on annual basis.

The amount of the expected return on plan assets is calculated using the expected rate of return for the year and the market-related value at the beginning of the year. Gratuity cost primarily represents the increase in actuarial present value of the obligation for benefits earned on employee service during the year and the interest on the obligation in respect of employee service in previous years, net of the expected return on plan assets. Calculations are sensitive to changes in the underlying assumptions.

2.4.5 Taxation

The Company takes into account the current income tax law and decisions taken by appellate authorities. Instances where the Company's view differs from the view taken by the income tax department at the assessment stage and where the Company considers that its view on items of material nature is in accordance with law, the amounts are shown as contingent liabilities.

2.4.6 Contingencies

The Company has disclosed significant contingent liabilities for the pending litigations and claims against the Company based on its judgment and the advice of the legal advisors for the estimated financial outcome. The actual outcome of these litigations and claims can have an effect on the carrying amounts of the liabilities recognised at the balance sheet date. However, based on the best judgment of the Company and its legal advisors, the likely outcome of these litigations and claims is remote and there is no need to recognise any liability at the balance sheet date.

2.5 New accounting standards, interpretations and amendments

During the year certain amendments to standards or new interpretations became effective, however, the amendments or interpretation did not have any material effect on these financial statements.

The following revised standards and amendments and interpretations to the approved accounting standards, as applicable in Pakistan, would be effective from the dates mentioned below against the respective standard.

Notes to the Financial Statements

FOR THE YEAR ENDED JUNE 30, 2014

		Effective date (annual periods beginning on or after)
IFRS 2	Share-based Payments (Amendments)	July 1, 2014
IFRS 3	Business Combinations (Amendments)	July 1, 2014
IFRS 8	Operating Segments (Amendments)	July 1, 2014
IFRS 10	Consolidated Financial Statements (Amendments)	January 1, 2014
IFRS 12	Disclosure of Interests in Other Entities (Amendments)	January 1, 2014
IFRS 13	Fair Value Measurements (Amendments)	July 1, 2014
IAS 16	Property, Plant and Equipment (Amendments)	July 1, 2014
IAS 19	Employee Benefits (Amendments)	July 1, 2014
IAS 24	Related Party Disclosures (Amendments)	July 1, 2014
IAS 27	Separate Financial Statements (Amendments)	January 1, 2014
IAS 32	Financial Instruments: Presentation (Amendments)	January 1, 2014
IAS 36	Impairment of Assets (Amendments)	January 1, 2014
IAS 38	Intangible Assets (Amendments)	July 1, 2014
IAS 39	Financial Instruments: Recognition and measurement (Amendments)	January 1, 2014
IAS 40	Investment Property (Amendments)	July 1, 2014
IFRIC 21	Leases	January 1, 2014

The management anticipates that the adoption of the above standards, amendments and interpretations in future periods, will have no material impact on the financial statements other than the impact on presentation/disclosures. The Company is yet to assess the full impact of the amendments.

Further, the following new standards and interpretations have been issued by the International Accounting Standards Board (IASB), which are notified by the Securities and Exchange Commission of Pakistan, for the purpose of their applicability on following dates in Pakistan:

IFRS 10	Consolidated Financial Statements	January 1, 2015
IFRS 11	Joint Arrangements	January 1, 2015
IFRS 12	Disclosure of Interests in Other Entities	January 1, 2015
IFRS 13	Fair Value Measurement	January 1, 2015

The following interpretations issued by the IASB have been waived of by SECP effective January 16, 2012:

IFRIC 4	Determining whether an arrangement contains lease
IFRIC 12	Service Concession Arrangements

3 SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

The accounting policies set out below have been applied consistently to all periods presented in these financial statements except a change disclosed in note 3.12 below.

3.1 Property, plant and equipment

Property, plant and equipment except freehold, leasehold land and capital work in progress are stated at cost less accumulated depreciation/ amortization and impairment in value, if any. Leasehold land is stated at revalued amount being the fair value at the date of revaluation, less any subsequent accumulated depreciation and impairment losses while freehold land is stated at revalued amount being the fair value at the date of revaluation, less any subsequent impairment losses, if any. Any revaluation increase arising on the revaluation of such assets is credited in 'Surplus on Revaluation of Property, Plant and Equipment'. A decrease in the carrying amount arising on revaluation is charged to profit or loss to the extent that it exceeds the balance, if any, held in the surplus on revaluation account relating to a previous revaluation of that asset. Leasehold land is amortized over the lease period extendable up to 99 years.

The surplus on revaluation of property, plant and equipment to the extent of incremental depreciation / amortization charged on the related asset is transferred to unappropriated profit.

Notes to the Financial Statements

FOR THE YEAR ENDED JUNE 30, 2014

Capital work-in-progress and stores held for capital expenditure are stated at cost less any impairment loss recognised, if any. All expenditure connected with specific assets incurred during installation and construction period are carried under capital work-in-progress. These are transferred to specific item of property, plant and equipment when available for intended use.

Subsequent costs are included in the asset's carrying amount or recognized as a separate asset, as appropriate, only when it is probable that future economic benefits associated with the item will flow to the Company and the cost of the item can be measured reliably. All other repairs and maintenance costs that do not meet the recognition criteria are charged to profit and loss account as and when incurred.

Depreciation/ amortization is charged to profit and loss account commencing when the asset is ready for its intended use, applying the straight-line method over the estimated useful life.

In respect of additions and disposals during the year, depreciation/ amortization is charged when the asset is available for use and up to the month preceding the asset's classification as held for sale or derecognized, whichever is earlier.

Assets are derecognized when disposed off or when no future economic benefits are expected to flow from its use. Gains and losses on disposal of an item of property, plant and equipment are determined by comparing the proceeds from disposal with the carrying amount of property, plant and equipment, and are recognized on net basis within "other income" in profit and loss account.

3.2 Leases

Leases are classified as finance lease whenever the terms of the lease transfer substantially all the risks and rewards of ownership to the Company. All other leases are classified as operating leases.

Finance leases as lessee

The Company recognizes finance leases as assets and liabilities in the balance sheet at amounts equal, at the inception of the lease, to the fair value of the asset or, if lower, at the present value of the minimum lease payments. In calculating the present value of the minimum lease payments the discount factor used is the interest rate implicit in the lease. Initial direct costs incurred are included as part of the amount recognized as an asset. The liabilities are classified as current and long term depending upon the timing of payment. Lease payments are apportioned between the finance charge and the reduction of outstanding liability. The finance charge is allocated to periods during the lease term so as to produce a constant periodic rate of interest on the remaining balance of the liability for each period. Finance charges are charged directly to profit and loss account.

Operating leases/ljarah contracts

As lessor

Rental income from operating leases is recognized on straight-line basis over the term of the relevant lease.

As lessee

Rentals payable under operating leases / ljarah are charged to profit and loss account on a straight-line basis over the term of relevant lease / ljarah.

3.3 Impairment

Non financial assets

The Company assesses at each balance sheet date whether there is any indication that assets except deferred tax assets and inventory may be impaired. If such indication exists, the carrying amounts of such assets are reviewed to assess whether they are recorded in excess of their recoverable amount. Where carrying values exceed the respective recoverable amounts, assets are written down to their recoverable amounts and the resulting impairment loss is recognized in profit and loss account except for the impairment loss on revalued assets, which is adjusted against the related revaluation surplus to the extent that the impairment loss does not exceed the surplus on revaluation of that asset. The recoverable amount is the higher of an asset's fair value less costs to sell and its value in use.

Notes to the Financial Statements

FOR THE YEAR ENDED JUNE 30, 2014

Where impairment loss subsequently reverses, the carrying amount of the asset is increased to the revised recoverable amount but limited to the extent of the carrying amount that would have been determined (net of depreciation/amortization) had no impairment loss been recognized for the asset in prior years. Reversal of impairment loss is recognized in profit and loss account.

Financial assets

Financial assets are assessed at each reporting date to determine whether there is objective evidence that they are impaired. A financial asset is impaired if objective evidence indicates that a loss event has occurred after the initial recognition of the asset, and that the loss event had a negative effect on the estimated future cash flows of that asset that can be estimated reliably. Objective evidence that financial assets are impaired may include default or delinquency by a debtor, indications that a debtor or issuer will enter bankruptcy.

3.4 Investments

All purchases and sales of investments are recognized using settlement date accounting. Settlement date is the date on which that investments are delivered to or by the Company. All investments are derecognized when the rights to receive cash flows from the investments have expired or have been transferred and the Company has transferred substantially all risks and rewards of ownership.

3.5 Investments held to maturity

Investments with fixed or determinable payments and fixed maturity that the Company has the positive intent and ability to hold till maturity are classified as investment held to maturity. These are initially recognized at cost inclusive of transaction cost and are subsequently carried at amortized cost using the effective interest rate method less impairment loss, if any. This method uses an effective interest rate that exactly discounts estimated future cash receipts through the expected life of the investment to its net carrying amount.

3.6 Stores, spare parts and loose tools

These are valued at cost, determined on moving average cost basis, or net realizable value, whichever is lower, less allowance for obsolete and slow moving items. For items which are slow moving and/or identified as surplus to the Company's requirement, a provision is made for excess of book value over estimated net realizable value. The Company reviews the carrying amount of stores, spare parts and loose tools on a regular basis and provision is made for obsolescence, if there is any change in usage pattern and physical form of related stores, spare parts and loose tools.

3.7 Stock-in-trade

Stock-in-trade is valued at lower of cost, determined on moving average basis or net realizable value. The Cost includes expenditure incurred in acquiring the stock items and other cost incurred in bringing them to their present location and condition.

3.8 Trade debts and other receivables

Trade debts and other receivables are carried at original bill amount less an estimate made for doubtful receivables based on review of outstanding amounts at the year end. Balances considered bad and irrecoverable are written off against provision.

3.9 Cash and cash equivalents

Cash and cash equivalents are carried in the balance sheet at cost. For the purpose of cash flow statement, cash and cash equivalents comprise cash in hand, cheques in hand, balances with banks and highly liquid short term investments that are readily convertible to known amounts of cash and which are subject to insignificant risk of change in value with maturity of three months or less from the date of acquisition and short term borrowings.

Notes to the Financial Statements

FOR THE YEAR ENDED JUNE 30, 2014

3.10 Financial instruments

Financial assets and liabilities are recognized when the Company becomes a party to the contractual provisions of the instrument. These are derecognized when the Company loses control of contracted rights that comprise the financial assets and in the case of financial liabilities when the obligation specified in the contract is discharged, cancelled or expired. Any gain or loss on derecognition of financial assets and financial liabilities is included in profit & loss account currently.

The particular recognition methods adopted by the Company are disclosed in the individual policy statements associated with each item of the financial instruments.

3.11 Offsetting

A financial asset and a financial liability is offset and the net amount is reported in the balance sheet, if the Company has a legal enforceable right to set-off the recognized amounts and intends either to settle on net basis or to realize the asset and settle the liability simultaneously.

3.12 Employee benefits

Defined benefit plan

The Company operates approved funded gratuity scheme for all its employees who have completed the minimum qualifying period of service as defined under the respective scheme. Provision is made annually to cover obligations under the scheme on the basis of actuarial valuation and is charged to income. The most recent valuation was carried out as at June 30, 2014 using the "Projected Unit Credit Method". The results of actuarial valuation are summarized in note 9.4 of these financial statements.

The amount recognized in the balance sheet represents the present value of defined benefit obligations as reduced by the fair value of plan assets.

Consequent to the revision of IAS 19 "Employees Benefits" which is effective for annual periods beginning on or after January 01, 2013, the Company has changed its accounting policy wherein, the actuarial gains and losses (remeasurement gains / (losses) on Employees' Gratuity Fund benefit are recognized immediately in Other Comprehensive income. Previously, the actuarial gains or losses in excess of corridor limit were recognized in profit and loss over the remaining service life of the employees. In accordance with the transitional provisions of IAS 19, the change in accounting policy has been accounted for retrospectively and the comparative figures have thereby been restated as below. The adoption of above accounting policy has no effect on the cash flow statement.

	Effect for the year ended June 30, 2013 (Rupees in '000')
Profit and Loss Account	
Decrease in operating costs	(429)
Increase in provision for taxation	150
	<u>(279)</u>
Other Comprehensive Income	
Increase in loss on remeasurement of staff retirement benefit plans	(13,808)
Decrease in deferred tax charge relating to remeasurement of staff retirement benefit plans	4,694
Decrease in other comprehensive income - net of tax	<u>(9,114)</u>
Increase in earnings per share - basic and diluted - (Rupees)	<u>0.01</u>

Notes to the Financial Statements

FOR THE YEAR ENDED JUNE 30, 2014

	Cumulative effect upto June 30, 2013	Cumulative effect upto June 30, 2012
	----- (Rupees in '000') -----	
Balance Sheet		
Increase in trade and other payables	(29,701)	(13,939)
Decrease in trade deposits and short term prepayments	-	(1,954)
	(29,701)	(15,893)
Decrease in deferred tax liability	10,257	5,563
Decrease in capital work in progress	(6)	-
Increase in taxation	(150)	-
Decrease in equity	(19,600)	(10,330)

Calculation of gratuity requires assumptions to be made of future outcomes which mainly include increase in remuneration, expected long term return on plan assets and the discount rate used to convert future cash flows to current values. Calculations are sensitive to changes in the underlying assumptions.

Compensated absences

The Company provides for compensated absences of its employees on unavailed balance of leaves in the period in which the leave is earned. Accrual to cover the obligations is made using the current salary levels of the employees.

3.13 Trade and other payables

Liabilities for trade and other amounts payable are measured at cost which is the fair value of the consideration to be paid in the future for goods and services received.

3.14 Provisions

Provisions are recognized when the Company has a present legal or constructive obligation as a result of a past event, it is probable that an outflow of resources embodying economic benefits will be required to settle the obligation and a reliable estimate of the amount can be made. However, provisions are reviewed at each balance sheet date and adjusted to reflect the current best estimates.

3.15 Taxation

Taxation for the year comprises current and deferred tax. Taxation is recognized in the profit and loss account except to the extent that it relates to items recognized directly in equity or in other comprehensive income.

Current

Provision for current taxation is based on taxable income at the current rates of tax after taking into account applicable tax credits, rebates, losses and exemptions available, if any.

Deferred

Deferred tax is accounted for using the balance sheet liability method in respect of all taxable temporary differences arising from differences between the carrying amount of assets and liabilities in the financial statements and the corresponding tax bases used in the computation of taxable profit. Deferred tax liabilities are recognized for all taxable temporary differences and deferred tax assets are recognized to the extent that it is probable that taxable profits will be available against which the deductible temporary differences, unused tax losses and tax credits can be utilised. Deferred tax assets are reviewed at each reporting date and are reduced to the extent that is no longer probable that the related tax benefit will be realized.

Notes to the Financial Statements

FOR THE YEAR ENDED JUNE 30, 2014

Deferred tax is calculated at the rates that are expected to apply to the period when the differences reverse, based on tax rates that have been enacted. Deferred tax assets and liabilities are offset if there is a legally enforceable right to offset current tax liabilities and assets and they relate to income taxes levied by the same tax authority on the same taxable entity or on different tax entities but they intend to settle current tax liabilities and assets on a net basis or their tax assets and liabilities will be realised simultaneously.

3.16 Foreign currencies

Transactions in currencies other than Pak Rupees are recorded at the rates of exchange prevailing on the dates of transactions. At each balance sheet date, monetary assets and liabilities that are denominated in foreign currencies are retranslated at the rate prevailing on the balance sheet date. Gains and losses arising on retranslation are included in net profit or loss for the year.

3.17 Revenue recognition

Revenue is measured at the fair value of the consideration received or receivable and represents amounts received or receivable for goods and services provided in the normal course of business. Revenue is recognised in the accounting period in which the services are rendered and goods are delivered and it is probable that the economic benefits associated with the transactions will flow to the Company and the amount of the revenue can be measured reliably.

Interest income is accrued on a time basis, by reference to the principal outstanding and at the effective interest rate applicable, which is the rate that exactly discounts estimated future cash receipts through the expected life of the financial asset to that asset's net carrying amount.

Rental income is recognized on a straight line basis over the term of the rent agreement.

Scrap sales and miscellaneous receipts are recognised on realised amounts.

3.18 Borrowings

Borrowing are recognized initially at fair value net off transaction cost incurred and are subsequently measured at amortized cost using the effective interest rate method. Borrowings are classified as current liabilities unless the Company has an unconditional right to defer settlement of liability for at least twelve months after the balance sheet date.

3.19 Borrowing costs

Borrowing costs which are directly attributable to the acquisition, construction or production of a qualifying asset are capitalised as part of the cost of that asset. All other borrowing costs are charged to profit or loss.

3.20 Earnings per share

The Company presents basic and diluted earnings per share (EPS) data for its ordinary shares. Basic EPS is calculated by dividing the profit or loss attributable to ordinary shareholders of the Company by the weighted average number of ordinary shares outstanding during the period. Diluted EPS is determined by adjusting the profit or loss attributable to ordinary shareholder and weighted average number of ordinary shares outstanding for the effects of all potential ordinary shares.

3.21 Dividend

Dividend is recognised as a liability in the period in which it is declared.

3.22 Non current asset held for sale

Non-current assets are classified as held for sale when their carrying amounts are expected to be recovered principally through a sale transaction and a sale is considered highly probable. They are stated at the lower of carrying amount immediately prior to their classification as held for sale and fair value less cost to sell. Once classified as held for sale, the assets are not subject to depreciation or amortization.

Notes to the Financial Statements

FOR THE YEAR ENDED JUNE 30, 2014

4 SHARE CAPITAL

Issued, subscribed and paid up capital

2014	2013		2014	2013
Number			----- (Rupees in '000') -----	
<u>50,513,800</u>	<u>50,513,800</u>	Ordinary shares of Rs. 10 each fully paid in cash	<u>505,138</u>	<u>505,138</u>

4.1 The Company has only one class of ordinary shares which carries no right to fixed income. The shareholders are entitled to receive dividends as declared from time to time and are entitled to one vote per share at meetings of the Company. All shares rank equally with regard to the Company's residual assets.

4.2 The Company has no reserved shares for issuance under options and sales contracts.

Authorized capital

This represents 54,537,900 (2013: 54,537,900) ordinary shares of Rs. 10 each amounting to Rs. 545,379,000 (2013: Rs. 545,379,000).

5 CAPITAL RESERVE

This represents premium of Rs. 5 per share received on public issue of 8,000,000 ordinary shares of Rs. 10 each in 1994. This reserve cannot be utilised except for the purposes mentioned under section 83 of the Companies Ordinance, 1984.

6 SURPLUS ON REVALUATION OF PROPERTY, PLANT AND EQUIPMENT

	2014	2013
	----- (Rupees in '000') -----	
Balance at beginning of year	583,373	590,552
Addition during the year due to revaluation	184,284	-
Transferred to unappropriated profits in respect of incremental depreciation charged during the year	(7,481)	(7,179)
Balance at end of year	<u>760,176</u>	<u>583,373</u>

6.1 Surplus on revaluation of fixed assets in respect of leasehold / freehold land, which was revalued in 1999, 2004, 2009 and 2014 as disclosed in note 14.1. Due to revaluation of leasehold / freehold land, incidence of related deferred tax liability does not arise.

7 LONG TERM FINANCING - SECURED

From banking and non-banking companies

	Note	2014	2013
		----- (Rupees in '000') -----	
Meezan Bank Limited - DM III	7.2	-	220,000
First Habib Modaraba	7.3	4,500	19,500
Syndicated Islamic Finance Facility	7.4	1,500,000	1,500,000
		<u>1,504,500</u>	<u>1,739,500</u>
Less: Current portion		<u>337,833</u>	<u>70,000</u>
		<u>1,166,667</u>	<u>1,669,500</u>

Notes to the Financial Statements

FOR THE YEAR ENDED JUNE 30, 2014

- 7.1 The Company has fully availed all the above facilities.
- 7.2 This represented Diminishing Musharika (DM III) facility obtained on markup basis at 3 months KIBOR plus 1.25% (2013: 3 months KIBOR plus 1.25%) per annum of four tranches of Rs. 75 million, Rs. 48 million, Rs. 52 million and Rs. 45 million, repayable in 12 equal quarterly installments. The sanctioned limit for DM III was Rs. 220 million (2013: Rs. 220 million) which was repaid on April 22, 2014. The financing was secured by first pari passu charge on present and future fixed assets of the Company amounting to Rs. 786 million. The financing was further secured by personal guarantees of chief executive and two directors of the Company along with first exclusive charge of Rs. 334 million by way of token registered mortgage of Rs. 100,000 and rest against equitable mortgage of Plot No. 5 located at F-11, Markaz, Islamabad.
- 7.3 This represents Diminishing Musharika facilities obtained on markup basis at 6 months KIBOR plus 1% (2013: 6 months KIBOR plus 1%) per annum, repayable by November 27, 2014 in 12 equal quarterly installments. The aggregate sanctioned limit is Rs. 45 million (2013: Rs. 45 million). The financing is secured by charge on specific fixed assets of the Company amounting to Rs. 50 million.
- 7.4 This represents syndicated islamic finance facility, arrange and lead by Meezan Bank Limited, obtained on markup basis at 3 months KIBOR plus 1.25% (2013: 3 months KIBOR plus 1.25%) per annum, repayable in 18 equal quarterly installments. The sanction limit of this facility is Rs. 1,500 million (2013: Rs. 1,500 million) which shall be repaid by December 28, 2018. The financing is secured by ranking charge upgraded into first pari passu charge on all present and future fixed assets of the Company (excluding plot No. 5, F-11 Markaz, Islamabad) amounting to Rs. 2,000 million.

		2014	(Restated) 2013
8	DEFERRED TAXATION	Note	----- (Rupees in '000') -----
	Deferred tax liability	8.1	492,063 474,548
	Deferred tax asset	8.2	(50,597) (25,824)
	Net deferred tax liability		<u>441,466</u> <u>448,724</u>
8.1	Deferred tax liability on taxable temporary differences:		
	Accelerated depreciation allowance		<u>492,063</u> <u>474,548</u>
8.2	Deferred tax asset on deductible temporary differences:		
	Specific provisions		(31,236) (15,567)
	Retirement benefit obligation		(19,361) (10,257)
			<u>(50,597)</u> <u>(25,824)</u>

Notes to the Financial Statements

FOR THE YEAR ENDED JUNE 30, 2014

8.3 Movement in deferred taxation

Deferred tax liabilities/(assets)

	As at July 1, 2013	Profit and loss	Comprehensive income	As at June 30, 2014
	(Rupees in '000')			

The balance of deferred tax is in respect of the following temporary differences:

Effects of taxable temporary differences

Accelerated depreciation allowance	474,548	17,515	-	492,063
------------------------------------	---------	--------	---	---------

Deductable temporary differences

Provision for doubtful debts	(15,567)	(15,669)	-	(31,236)
Retirement benefit obligation	(10,257)	-	(9,104)	(19,361)
	448,724	1,846	(9,104)	441,466

Deferred tax liabilities

	As at July 1, 2012	Profit and loss	Comprehensive income	As at June 30, 2013
	(Rupees in '000')			

The balance of deferred tax is in respect of following temporary differences:

Effects of taxable temporary differences

Accelerated depreciation allowance	463,181	11,367	-	474,548
------------------------------------	---------	--------	---	---------

Deductable temporary differences

Provision for doubtful debts	(11,917)	(3,650)	-	(15,567)
Retirement benefit obligation	(5,563)	-	(4,694)	(10,257)
	445,701	7,717	(4,694)	448,724

(Restated)

2014

2013

Note ----- (Rupees in '000') -----

9 TRADE AND OTHER PAYABLES

Creditors		521,486	357,753
Accrued liabilities		158,055	151,433
Advances	9.1	96,861	30,781
Compensated absences		59,513	50,809
Medical consultants' charges		211,858	208,709
Payable to related parties - unsecured	9.2	5,488	2,044
Security deposits	9.3	51,851	33,466
Unclaimed dividend		22,738	21,425
Retention money		5,611	4,093
Payable to Shifa International Hospitals Limited (SIHL)			
Employees' Gratuity Fund	9.4	64,111	32,410
		1,197,572	892,923

9.1 Advance payments include Rs. 30 million received as token money for non current asset held for sale [ref: note: 24]

9.2 This represent payables to Tameer-e-Millat Foundation and Shifa Foundation having common directorship with the Company. Maximum amount due at the end of any month during the year was Rs. 3,665.1 thousand (2013: Rs. 1,648.5 thousand) and Rs. 2,931.7 thousand (2013: Rs. 340.9 thousand) respectively. Detail of balances of each related party are as under:

Notes to the Financial Statements

FOR THE YEAR ENDED JUNE 30, 2014

	2014	2013
Note	(Rupees in '000')	(Rupees in '000')
Tameer-e-Millat Foundation	2,767	1,658
Shifa Foundation	851	386
Shifa Tameer-e-Millat University (STMU)	1,870	-
9.2.1	5,488	2,044
9.2.1	Maximum amount due to STMU at the end of any month during the year was 6,107 thousand.	
9.3	This represents customers' and employees' security deposits that are repayable on termination of respective agreements.	
	2014	(Restated) 2013
Note	(Rupees in '000')	(Rupees in '000')
9.4	The amounts recognized in the balance sheet are as follows:	
	2014	2013
Present value of defined benefit obligations	231,089	170,372
Fair value of plan assets	(166,978)	(137,962)
	64,111	32,410
9.4.1	Movement in the present value of funded obligation is as follows:	
	2014	2013
Present value of defined benefit obligation at beginning	170,372	132,858
Interest cost	16,896	17,272
Current service cost	32,200	24,639
Past service cost	17,737	-
Benefits paid	(18,581)	(13,641)
Benefits payable	(327)	(183)
Non refundable loan to employees adjustable against gratuity	(10,925)	(84)
Remeasurement of defined benefit obligation	23,717	9,511
Present value of defined benefit obligation at end	231,089	170,372
9.4.2	Movement in the fair value of plan assets is as follows:	
	2014	2013
Fair value of plan assets at beginning	137,962	118,919
Expected return on plan assets	15,983	15,460
Contributions	46,737	21,788
Benefits paid	(18,581)	(13,641)
Benefits payable	(327)	(183)
Non refundable loan to employees adjustable against gratuity	(10,925)	(84)
Remeasurement of plan assets	(3,871)	(4,297)
Fair value of plan assets at end	166,978	137,962
9.4.3	Charge for the year is as follows:	
	2014	2013
Current service cost	32,200	24,639
Past service cost	17,737	-
Interest cost	16,896	17,272
Expected return on plan assets	(15,983)	(15,459)
	50,850	26,452

Notes to the Financial Statements

FOR THE YEAR ENDED JUNE 30, 2014

	2014	(Restated) 2013
	----- (Rupees in '000') -----	
9.4.4 The charge has been allocated as follows:		
Salaries, wages and benefits	50,389	26,055
Capital work in progress	461	397
	<u>50,850</u>	<u>26,452</u>
9.4.5 Remeasurements recognized in Other Comprehensive Income (OCI) during the year		
Remeasurement loss on obligation	23,717	9,511
Remeasurement loss on plan assets	3,871	4,297
Remeasurement loss recognized in OCI	<u>27,588</u>	<u>13,808</u>
9.4.6 Movement in liability recognised in balance sheet:		
Balance at beginning of year	32,410	13,939
Cost for the year	50,850	26,452
Total amount of remeasurement recognized in OCI during the year	27,588	13,808
Contributions during the year	(46,737)	(21,788)
Balance at end of year	<u>64,111</u>	<u>32,410</u>
9.4.7 Plan assets comprise of:		
Accrued mark up	-	2,848
Term deposit receipts	128,891	66,000
Cash and bank balances	38,596	69,297
Payable to outgoing members	(509)	(183)
	<u>166,978</u>	<u>137,962</u>
9.4.8 The principal actuarial assumptions used in the actuarial valuation are as follows:	2014	2013
Discount rate	10.5%	13.0%
Expected rate of salary growth		
Salary increase FY 2014	NA	9.5%
Salary increase FY 2015 onward	12.25%	9.5%
Mortality rate	SLIC 2001-2005 set back 1 year	EFU 61-66
Withdrawal rates	age based (per appendix)	age based (per appendix)
Retirement assumption	Age 60	Age 60
9.4.9 Sensitivity analysis		

The calculation of the defined benefit obligation is sensitive to assumptions set out above. The following table summarizes how the impact on the defined benefit obligation at the end of the reporting period would have increased / (decreased) as a result of a change in respective assumptions by one percent.

Notes to the Financial Statements

FOR THE YEAR ENDED JUNE 30, 2014

		Defined benefit obligation	
		Effect of 1% increase	Effect of 1% decrease
		----- (Rupees in '000') -----	
	Discount rate	214,692	249,917
	Future salary growth	249,917	214,417
9.4.10	Projected benefit payments from fund are as follows:		
	FY 2015	44,556	-
	FY 2016	49,528	-
	FY 2017	46,037	-
	FY 2018	46,610	-
	FY 2019	44,222	-
	FY 2020	41,097	-
	FY 2021	42,071	-
	FY 2022	51,993	-
	FY 2023	60,497	-
	FY 2024	45,104	-
	FY 2025 onwards	4,020,453	-
9.4.11	The average duration of the defined benefit obligation as at June 30, 2014 is 7 years.		
10	MARKUP ACCRUED	2014	2013
		----- (Rupees in '000') -----	
	Long term financing - secured	1,408	5,761
	Running finance facility - secured	50	-
		<u>1,458</u>	<u>5,761</u>
11	SHORT TERM RUNNING FINANCE - SECURED		
	Short term running finance facility has been availed from the bank under markup arrangement. This carried markup at the rate of 3 months KIBOR plus 1% (2013: NIL) per annum repayable quarterly, calculated on daily product basis. The aggregate sanctioned limit of facility is Rs. 90 million (2013: NIL). The facility is secured by first pari passu charge on all present and future current assets of the Company of Rs. 202 million.		
12	PROVISION FOR TAXATION - NET	2014	2013
		Note: ----- (Rupees in '000') -----	
	Balance at beginning of year (tax refundable) - restated	2,881	-
	Income tax paid/deducted at source during the year	146,004	-
		<u>148,885</u>	<u>-</u>
	Less: provision for taxation for the year	29 170,171	-
	Balance at end of the year	<u>21,286</u>	<u>-</u>

Notes to the Financial Statements

FOR THE YEAR ENDED JUNE 30, 2014

		2014	2013
	Note	----- (Rupees in '000') -----	-----
13	CONTINGENCIES AND COMMITMENTS		
13.1	Contingencies		
	Claims against the Company not acknowledged as debts:		
	Patients	13.1.1 183,303	161,000
	Others	13.1.2 20,000	20,000
	Letter of guarantee	13.1.3 34,443	26,943
13.1.1	This represents claims lodged by patients and their heirs against the Company for alleged negligence on part of the consultants/doctors. The management is contesting the claims which are pending in courts and believes that the contention of the claimants will not be successful and no material liability is likely to arise.		
13.1.2	This represents the penalty imposed by Competition Commission of Pakistan to each Gulf Cooperation Council's (GCC) Approved Medical Centres (GAMCs) including SIHL on account of alleged non competitive practice/ arrangement of territorial division and equal allocation of GAMCs customers. Management of the Company and other GAMCs are jointly contesting the matter and firmly believe that the case will be decided in favour of the GAMCs including SIHL.		
13.1.3	This represents letters of guarantees issued by bank in favour of Sui Northern Gas Pipelines Limited (SNGPL) and Ministry of Economy U.A.E. in ordinary course of Company's business.		
13.2	Commitments	2014	2013
		----- (Rupees in '000') -----	-----
13.2.1	Capital expenditure contracted	24,371	39,665
13.2.2	Letters of credit	81,603	34,029

Notes to the Financial Statements

FOR THE YEAR ENDED JUNE 30, 2014

14. PROPERTY, PLANT AND EQUIPMENT

Particulars	Owned assets (Rupees in 000)												
	Freehold land	Leasehold land	Building on leasehold land	Leasehold improvements	Biomedical equipment	Air conditioning equipment and machinery	Electrical and other equipment	Furniture and fittings	Construction equipment	Computer installations	Vehicles	Capital work in progress (note 14.6)	Total
Balance as at July 01, 2012	193,050	891,786	1,377,074	78,710	1,435,311	123,037	239,276	72,418	8,671	72,387	68,951	129,250	4,689,981
Additions	-	-	-	2,124	174,376	6,704	58,495	16,934	-	52,830	16,231	97,709	425,403
Disposals	-	-	-	-	(620)	(261)	(202)	(109)	-	(188)	(3,723)	-	(5,103)
Write offs	-	-	-	(1,983)	(22,284)	-	(1,337)	(820)	-	(1,674)	-	-	(28,078)
Transfers	-	-	83,949	-	-	-	-	-	-	-	-	(83,949)	-
Balance as at June 30, 2013	193,050	891,786	1,461,023	78,871	1,586,783	129,540	296,232	88,423	8,671	123,355	81,459	143,010	5,092,233
Balance as at July 01, 2013	193,050	891,786	1,461,023	78,871	1,586,783	129,540	296,232	88,423	8,671	123,355	81,459	143,010	5,092,233
Additions	7,800	-	-	-	229,157	54,078	43,085	19,934	-	79,439	23,364	407,127	863,994
Revaluation	50,000	134,284	-	-	-	-	-	-	-	-	-	-	184,284
Accumulated depreciation eliminated due to revaluation	-	(36,323)	-	-	-	-	-	-	-	-	-	-	(36,323)
Disposals	-	-	-	-	(65)	(148)	(2,396)	(723)	-	(1,648)	-	-	(2,609)
Write offs	-	-	-	(4,949)	(17,807)	-	(1,039)	-	-	-	-	-	(23,166)
Reclassified as held for sale	-	(316,666)	-	-	-	-	-	-	-	-	-	-	(316,666)
Transfers	-	-	332,042	-	-	-	-	-	-	-	-	(332,042)	-
Balance as at June 30, 2014	250,850	673,081	1,793,065	73,922	1,798,038	183,470	335,892	107,634	8,671	201,146	104,823	218,095	5,748,717
Depreciation/ amortization													
Balance as at July 01, 2012	-	25,404	258,077	7,911	596,087	78,784	118,320	30,439	7,627	51,963	45,979	-	1,220,591
Charge for the year	-	16,861	40,309	15,815	134,358	11,308	26,140	7,327	587	11,725	9,143	-	273,573
On disposals	-	-	-	-	(451)	(109)	(109)	(29)	-	(61)	(3,383)	-	(4,142)
On write offs	-	-	-	-	(20,421)	-	(1,292)	(765)	-	(1,418)	-	-	(23,896)
Transfers	-	-	-	(441)	-	-	-	-	-	-	-	-	(441)
Balance as at June 30, 2013	-	42,265	298,386	23,285	709,573	89,983	143,059	36,972	8,214	62,209	51,739	-	1,465,685
Balance as at July 01, 2013	-	42,265	298,386	23,285	709,573	89,983	143,059	36,972	8,214	62,209	51,739	-	1,465,685
Charge for the year	-	14,763	47,287	15,528	150,211	10,721	33,004	8,564	400	27,776	10,717	-	318,971
On disposals	-	-	-	-	(8)	(46)	(929)	(564)	-	-	-	-	(983)
On write offs	-	-	-	(1,816)	(11,431)	-	(989)	(564)	-	(1,438)	-	-	(16,238)
On revaluation	-	(36,323)	-	-	-	-	-	-	-	-	-	-	(36,323)
Eliminated due to reclassification as held for sale	-	(19,192)	-	-	-	-	-	-	-	-	-	-	(19,192)
Balance as at June 30, 2014	-	1,513	345,673	36,997	848,345	100,658	174,145	44,972	8,614	88,547	62,456	-	1,771,920
Carrying value as at June 30, 2013	193,050	849,521	1,162,637	55,586	877,210	39,557	153,173	51,451	457	61,146	29,720	143,010	3,615,518
Carrying value as at June 30, 2014	250,850	671,568	1,447,392	36,925	949,723	82,812	161,747	62,662	57	112,599	42,367	218,095	4,036,797
Annual rate of depreciation %	-	1.34-3.03	2.5-10	20	10	10-15	10-15	10	10-20	15-30	20	-	-

Notes to the Financial Statements

FOR THE YEAR ENDED JUNE 30, 2014

- 14.1 The Company had its leasehold land revalued in 1999, 2004, 2009 and 2014 Freehold land in 2009 and 2014 by an independent valuer, using fair market value. These revaluations resulted in net surplus of Rs. 180,873 thousand, Rs. 63,891 thousand, Rs. 377,743 thousand, Rs. 184,284 thousand respectively. The revaluation surplus amounting to Rs. 770,468 thousand has been included in the carrying value of the respective assets. Out of the revaluation surplus, an amount of Rs. 760,176 thousand (2013: Rs. 583,373 thousand) remains undepreciated as at June 30, 2014.

Had there been no revaluation the carrying value would have been as under:

	Cost at June 30	Accumulated amortization at June 30	Carrying value at June 30
Leasehold land	(Rupees in '000')		
2014	8,399	2,121	6,278
2013	325,065	14,031	311,034
Freehold land			
2014	155,968	-	155,968
2013	148,168	-	148,168

- 14.2 Property, plant and equipment include items with aggregate cost of Rs. 21,416 thousand (2013: Rs. 20,607 thousand) representing fully depreciated assets that are still in use of the Company.
- 14.3 Property, plant and equipment of the Company are encumbered with banking Companies and non-banking financial institutions under financing arrangements, as disclosed in note 7 and 11.
- 14.4 The depreciation / amortization charge for the year has been allocated as follows:

	Note	2014 (Rupees in '000')	2013 (Rupees in '000')
Operating costs	27	318,571	272,984
Capital work in progress	14.6.1	400	587
		<u>318,971</u>	<u>273,571</u>

- 14.5 Detail of property, plant and equipment disposed off during the current year:

Sr. No.	Asset particulars	Cost	Carrying value	Sale proceeds	Purchaser	Mode of disposal
		(Rupees in '000')				
1	NIBP Monitor	65	57	57	Nursing Staff	Negotiation
2	Diesel Generators	2,180	1,332	695	Mr. Rizwan Haseeb	Negotiation
3	Electric Generators	216	135	41	M/S Sana Traders	Negotiation
4	Split Air Conditioner	148	102	170	Mr. Gulfiaz	Negotiation
	June 30, 2014	<u>2,609</u>	<u>1,626</u>	<u>963</u>		

- 14.5.1 Property, plant and equipment having cost and book value of Rs. 5,103 thousand and Rs. 962 thousand respectively, were disposed off for Rs. 2,797 thousand during the year ended June 30, 2013.

Notes to the Financial Statements

FOR THE YEAR ENDED JUNE 30, 2014

		2014	2013
	Note	----- (Rupees in '000') -----	
14.6 Capital work in progress			
Construction work in progress - at cost	14.6.1	74,255	90,937
Stores held for capital expenditure	14.6.2	34,942	12,454
Installation of equipment in progress	14.6.3	108,898	39,619
		<u>218,095</u>	<u>143,010</u>
14.6.1 Construction work in progress - at cost			
This represents cost of civil works mainly comprising of cost of materials, payments to contractors and salaries and benefits pertaining to different blocks of hospital building in H-8/4, Islamabad which are currently under construction. Given below is the break-up of these blocks:			
		2014	2013
	Note	----- (Rupees in '000') -----	
Block "D"		7,080	46,116
Block "E"		9,334	25,492
Block "F"		3,771	15,171
Wapda substation		40,771	3,571
Other constructions		12,899	587
Depreciation capitalised during the year	14.4	400	-
		<u>74,255</u>	<u>90,937</u>
14.6.2 Stores held for capital expenditure			
Stores held for capital expenditure		39,768	17,071
Less: provision for slow moving items	14.6.2.1	4,826	4,617
		<u>34,942</u>	<u>12,454</u>
14.6.2.1 Balance at beginning of the year		4,617	5,081
Charged/ (reversed) during the year		209	(464)
		<u>4,826</u>	<u>4,617</u>
14.6.3 Installation of equipment in progress			
Washer disinfectant drying cabinet		10,023	-
Digital radiography system		34,476	-
Cleaning and washing units & steam sterilizers		-	21,420
Medical gas supply system		-	7,209
C-Arm		-	8,465
Air conditioning chiller		-	2,525
Linear accelerator		56,874	-
LED/LCD monitors		3,881	-
SCD Kendal Compression Device		3,644	-
		<u>108,898</u>	<u>39,619</u>

Notes to the Financial Statements

FOR THE YEAR ENDED JUNE 30, 2014

		2014	2013
	Note	----- (Rupees in '000') -----	
15 LONG TERM DEPOSITS			
Lease key money deposits	15.1	4,439	5,253
Less: current portion of lease key money deposits	20	1,955	1,301
		2,484	3,952
Security deposits	15.2	38,167	27,089
		<u>40,651</u>	<u>31,041</u>
15.1	This represents lease key deposits adjustable on expiry of respective ijarah financing arrangements against transfer of titles of relevant assets.		
15.2	This represents security deposits given to various institutions / persons and are generally refundable on termination of relevant services / arrangements.		
		2014	2013
	Note	----- (Rupees in '000') -----	
16 STORES, SPARE PARTS AND LOOSE TOOLS			
Stores		155,022	149,598
Spare parts		24,041	14,665
Loose tools		747	505
		<u>178,810</u>	<u>164,768</u>
Less: provision for slow moving items	16.1	7,928	7,767
		<u>171,882</u>	<u>157,001</u>
16.1	Balance at beginning of the year		
		7,767	5,061
		Charge for the year	161
		<u>7,928</u>	<u>2,706</u>
		<u>7,928</u>	<u>7,767</u>
17 STOCK-IN-TRADE			
This represents medicines being carried at moving average cost.			
18 TRADE DEBTS			
Considered good - unsecured			
Related party - Shifa Foundation	18.1	4,670	14,185
Related party - Shifa Tameer-e-Millat University (STMU)	18.2	-	7,332
Others		338,359	316,459
Considered doubtful			
Others		94,655	45,786
		<u>437,684</u>	<u>383,762</u>
Less: provision for doubtful debts	37.1.3	94,655	45,786
		<u>343,029</u>	<u>337,976</u>
18.1	Maximum amount due from Shifa Foundation at the end of any month during the year was Rs. 19,713 thousand (2013: Rs. 19,135 thousand).		
18.2	Maximum amount due from STMU at the end of any month during the year ended June 30, 2013 was 23,054 thousand.		
18.3	Trade debts are provided on estimated irrecoverable amounts, on the basis of past experience of the management of the company.		

Notes to the Financial Statements

FOR THE YEAR ENDED JUNE 30, 2014

		2014	2013
	Note	(Rupees in '000')	(Rupees in '000')
19 LOANS AND ADVANCES			
Considered good - unsecured			
Employees - executives	19.1	7,129	7,791
- other employees		26,128	15,631
		33,257	23,422
Consultants		4,817	4,710
Suppliers		126,503	98,192
		<u>164,577</u>	<u>126,324</u>
19.1 Reconciliation of carrying amount of advances given to executives:			
Balance at beginning of year		7,791	5,044
Disbursements during the year		24,174	18,958
		31,965	24,002
Less: Repayments during the year		24,836	16,211
Balance at end of year		<u>7,129</u>	<u>7,791</u>

The above advances were given in accordance with the Company's service rules. The maximum amount due from executives at the end of any month during the year was Rs. 8,996 thousand (2013: Rs. 8,458 thousand).

		2014	2013
	Note	(Rupees in '000')	(Rupees in '000')
20 TRADE DEPOSITS AND SHORT TERM PREPAYMENTS			
Current portion of lease key money deposits	15.1	1,955	1,301
Other deposits		2,560	2,560
Short term prepayments		32,668	12,486
		<u>37,183</u>	<u>16,347</u>
21 OTHER FINANCIAL ASSETS (Held To Maturity Investment)			
MCB Bank Limited	21.1	-	102,011
Faysal Bank Limited	21.2	101,235	-
		<u>101,235</u>	<u>102,011</u>

21.1 This represented a term deposit receipt (TDR) of MCB Bank Limited having face value of Rs. 100 million with three months maturity, encashed on July 01, 2013. TDR carried an effective profit rate of 8 % per annum.

21.2 This represents two term deposit receipt (TDRs) of Faysal Bank Limited having face value of Rs. 50 million each (2013: Rs. Nil) with three months maturity, due on July 23, 2014 and August 28, 2014 respectively. These TDRs carry an effective profit rate of 8.75 % (2013: Nil) per annum.

Notes to the Financial Statements

FOR THE YEAR ENDED JUNE 30, 2014

		2014	(Restated) 2013
	Note	----- (Rupees in '000') -----	
22 TAX REFUNDS DUE FROM THE GOVERNMENT (NET OF PROVISION)			
Balance at beginning of year		-	79,106
Income tax paid/ deducted at source during the year		-	68,223
		-	147,329
Less: provision for taxation for year	29	-	144,449
Balance at end of year		-	2,880
23 CASH AND BANK BALANCES			
Cash at banks in:			
Current accounts (local currency)		39,145	49,147
Saving accounts:			
- Local currency		401,656	598,868
- Foreign currency		271	823
	23.1	401,927	599,691
	23.2	441,072	648,838
		-	4,563
Cheques in hand		7,980	8,134
Cash in hand		449,052	661,535
23.1	These carry effective profit rates ranging from 4.23% - 8.23% and 0.1% (2013: 5% - 8 % and 0.1%) per annum in respect of local and foreign currency accounts respectively.		
23.2	Balances with banks includes Rs. 51,751 thousands (2013: Rs. 33,466) in respect of security deposits (note 9.3).		
24 NON CURRENT ASSET HELD FOR SALE			
This represents carrying amount of a plot located at Sector F-11, Islamabad which the management of the Company has decided to sell and accordingly made a formal agreement with the buyer and expects to complete the sale (sublease) within the year 2014.			
25 NET REVENUE			
	Note	2014	2013
		----- (Rupees in '000') -----	
Inpatients		3,000,929	2,407,714
Outpatients		1,598,888	1,343,010
Pharmacy	25.1	1,630,934	1,406,890
Cafeteria		166,635	159,199
Rent of building	25.2	27,814	25,847
Other services		32,144	24,391
		6,457,344	5,367,051
Less: discount		64,239	51,462
Net revenue		6,393,105	5,315,589
25.1	This includes revenue of Rs. 489,826 thousand (June 2013: Rs. 433,480 thousand) from external pharmacy outlets.		
25.2	This mainly includes rental income on operating leases to related parties.		

Notes to the Financial Statements

FOR THE YEAR ENDED JUNE 30, 2014

		2014	2013
	Note	----- (Rupees in '000') -----	
26 OTHER INCOME			
Income from financial assets:			
Profit on investments and bank deposits		39,764	25,280
(Loss) / gain on foreign currency translation		(767)	399
Income from other than financial assets:			
(Loss) / gain on disposal of property, plant and equipment		(663)	1,835
Liabilities written back		992	1,797
Miscellaneous	26.1	16,801	11,229
		<u>56,127</u>	<u>40,540</u>

26.1 This represents sale of Shifa News (magazine of Shifa Publications), advertisement income from Shifa News and sale of scrap.

		2014	2013
	Note	----- (Rupees in '000') -----	
27 OPERATING COSTS			
Salaries, wages and benefits	27.1	1,966,090	1,707,584
Utilities		229,940	176,500
Supplies consumed		1,086,878	853,808
Medicines		1,366,808	1,163,246
Communication		27,264	22,763
Travelling and conveyance		12,807	8,646
Printing and stationery		44,037	48,006
Repairs and maintenance		278,567	174,674
Auditors' remuneration	27.2	1,940	1,775
Legal and professional		10,254	10,699
Rent		69,995	51,631
Rates and taxes		4,533	5,849
Advertising and sales promotion		23,477	20,761
Fee, subscription and membership		5,659	5,041
Vehicle and equipment rentals	27.3	8,181	9,854
Laundry charges		10,235	7,997
Cleaning and washing		38,981	34,217
Insurance		9,137	7,648
Property, plant and equipment written off	27.4	9,927	3,743
Provision for doubtful debts		48,869	12,601
Provision for slow moving stores		370	2,242
Depreciation / amortization	14.4	318,571	272,984
Donation	27.5	28,000	1,872
Other expenses		21,677	21,391
		<u>5,622,197</u>	<u>4,625,532</u>

27.1 This includes employee retirement benefits (gratuity expense) of Rs. 50,389 thousand (2013: Rs. 26,061 thousand), expense for accumulating absences of Rs. 25,370 thousand (2013: Rs. 25,636 thousand) and provision for bonus to employees of Rs. 93,751 thousand (2013: Rs. 80,405 thousand).

		2014	2013
		----- (Rupees in '000') -----	
27.2 Auditors' remuneration			
Annual audit fee		1,210	1,100
Half yearly review fee		484	440
Other certifications		125	125
Out of pocket expenses		121	110
		<u>1,940</u>	<u>1,775</u>

Notes to the Financial Statements

FOR THE YEAR ENDED JUNE 30, 2014

- 27.3 This includes Rs. 7,873 thousand (2013: Rs. 9,591 thousand) on account of ujrah payments under an Ijarah. As required under IFAS 2 "Ijarah" (notified through SRO 431(I) /2007 by Securities & Exchange Commission of Pakistan) ujrah payments under an Ijarah are recognised as an expense in the profit and loss account on straight line basis over the Ijarah term.

The amounts of future ujrah payments and the periods in which these will be due are as follows:

	2014	2013
	----- (Rupees in '000') -----	
Within one year	5,744	8,098
After one year but not more than five years	1,848	6,196
Total ujrah payments	7,592	14,294

- 27.4 These represent assets written off that are determined to be irreparable after carrying out detailed physical verification exercise by the management.

	2014	2013
	----- (Rupees in '000') -----	

27.5	Shifa Foundation	10,000	1,872
	Shifa Tameer-e-Millat University (STMU)	18,000	-
		28,000	1,872

Shifa Foundation and Shifa Tameer-e-Millat University are related parties due to common directorship and related information is as under.

Name of common directors	Interest in donee	Name & address of the donee
Dr. Manzoor H. Qazi	Director	Shifa Foundation/STMU, H-8/4, Islamabad
Dr. Habib-Ur-Rahman	Director	Shifa Foundation, H-8/4, Islamabad
Mr. Muhammad Zahid	Director	Shifa Foundation, H-8/4, Islamabad

28 FINANCE COST

Markup on:

Long term loans	183,203	183,668
Running finance and murabaha facilities	94	1,583
Credit card payment collection charges	5,871	4,282
Bank charges and commission	1,294	746
	190,462	190,279

	2014	2013
	----- (Rupees in '000') -----	

29 PROVISION FOR TAXATION

Current

- for the year	170,171	141,939
- prior year	-	2,510

Deferred

12	170,171	144,449
8.3	1,846	7,717
	172,017	152,166

	2014	(Restated) 2013
	----- (Rupees in '000') -----	

Notes to the Financial Statements

FOR THE YEAR ENDED JUNE 30, 2014

	2014	(Restated) 2013
	----- (Rupees in '000') -----	
29.1 Reconciliation of tax charge for the year		
Profit before taxation	636,573	540,318
Applicable tax rate	34.00%	35.00%
Add: Tax effect of amounts taxed at lower rates/ others	15.42%	21.47%
Less: Net tax effect of amounts that are deductible for tax purposes	22.40%	28.31%
Average effective tax rate charged on income	27.02%	28.16%
30 EARNINGS PER SHARE - BASIC AND DILUTED		
30.1 Basic		
Profit for the year - (Rupees in 000)	464,556	388,152
Weighted average number of shares in issue during the year - (No in 000)	50,514	50,514
Earnings per share - basic and diluted - (Rupees)	9.20	7.68
30.2 There is no dilutive effect on the basic earnings per share of the Company.		
31 CAPACITY UTILIZATION		
The actual inpatient room occupancy of SIHL Islamabad and SIHL Faisalabad was 119,634 bed days (2013: 114,109 bed days) and 2,773 bed days (2013: 2,885 bed days) out of available 172,810 bed days (2013: 170,082 bed days) and 14,202 bed days (2013: 15,947 bed days) during the operational year which comes to 69.23 % (2013: 67.09%) and 19.53% (2013: 18.09%) of total capacity, respectively. The under utilization reflects the pattern of patient turnover which is beyond the management's control.		
	2014	2013
	----- (Rupees in '000') -----	
32 UNAVAILED CREDIT FACILITIES		
Unavailed credit facilities at year end are as under:		
Running / Murabaha financing	100,325	100,000
Letter of credit	98,510	90,971
Ijara financing	7,369	4,465
Letter of guarantee	-	4,400
	206,204	199,836
33 NUMBER OF EMPLOYEES		
The Company had 3,755 employees (2013: 3,509) at the year end and average number of employees during the year were 3,614 (2013: 3,367).		
34 RELATED PARTIES TRANSACTIONS		
The related parties comprise of directors, major shareholders, key management personnel, SIHL Employees' Gratuity Fund and the entities over which directors are able to exercise influence. The amounts due from and due to these undertakings are shown under trade debts, loans and advances and trade and other payables. Other transactions with the related parties are given below:		

Notes to the Financial Statements

FOR THE YEAR ENDED JUNE 30, 2014

		2014	2013
	Note	----- (Rupees in '000') -----	
Shifa Foundation: (Related party by virtue of common directorship)			
Revenue from services earned by the Company	34.1	26,587	24,537
Revenue from rent		404	404
Donation given by the Company		10,000	1,872
Tameer-e-Millat Foundation: (Related party by virtue of common directorship)			
Revenue from rent		44	44
Other supplies provided to the Company		11,297	3,331
Other services provided to the Company	34.2	5,267	3,105
SIHL Employees' Gratuity Fund			
Payments made by the Company during the year		46,737	21,788
Shifa Tameer-e-Millat University			
Revenue from services earned by the Company		-	12
Revenue from rent		22,346	21,735
Expenses paid by and reimbursed to the Company		19,130	17,064
Donation given by the Company		18,000	-
Remuneration including benefits & perquisites of key management personnel		163,799	138,804
34.1	Revenue earned from related parties includes medical, surgical and clinical services rendered to referred inpatients and outpatients, sale of medicines and provision of cafeteria services.		
34.2	Other services are received by the Company for training and development of prospective paramedics staff and employees' children education.		

Notes to the Financial Statements

FOR THE YEAR ENDED JUNE 30, 2014

35 REMUNERATION OF CHIEF EXECUTIVE, DIRECTORS AND EXECUTIVES

The aggregate amount charged in these financial statements in respect of remuneration and allowances, including all benefits, to chief executives, directors and executives of the Company are given below:

	Chief Executive		Executive Director		Non Executive Directors		Executives	
	2014	2013	2014	2013	2014	2013	2014	2013
	(Rupees in '000')							
Managerial remuneration	22,830	20,169	6,179	5,500	4,586	3,973	122,005	93,816
Rent and utilities	7,260	7,301	2,000	2,000	1,400	1,400	40,068	30,809
Bonus and incentives	1,815	1,650	-	-	-	-	11,602	9,069
Gratuity	-	-	-	-	-	-	20,447	6,695
Medical insurance	45	36	-	36	45	36	2,404	1,774
Leave encashment	-	-	-	-	-	-	3,522	3,230
	31,950	29,156	8,179	7,536	6,031	5,409	200,048	145,393
Number of persons	1	1	1	1	2	2	67	57

35.1 The chief executive is provided with a Company maintained car, while another director and forty seven executives availed car facility.

35.2 Non executive directors' remuneration include Rs. 920 thousand (2013: 240 thousand) in respect of director fee paid to an independent director.

		2014	2013
	Note	----- (Rupees in '000')	-----

36 CASH AND CASH EQUIVALENTS

Cash and bank balances	23	449,052	661,535
Other financial assets	21	101,235	102,011
Short term running finance - secured	11	(39,675)	-
		510,612	763,546

37 FINANCIAL RISK MANAGEMENT

The Company has exposure to the following risks from its use of financial instruments:

Credit risk
Liquidity risk
Market risk

This note presents information about the Company's exposure to each of the above risks, the Company's objectives, policies and processes for measuring and managing risk and the Company's management of capital. Further quantitative disclosures are included throughout these financial statements.

The Board of Directors has overall responsibility for the establishment and oversight of the Company's risk management framework and policies.

The Company's risk management policies are established to identify and analyse the risks faced by the Company, to set appropriate risk limits and controls and to monitor risks and adherence to limits. Risk management policies and systems are reviewed regularly to reflect changes in market conditions and the Company's activities. The Company through its training and management standards and procedures aims to develop a disciplined and constructive control environment in which all employees understand their roles and obligations.

Notes to the Financial Statements

FOR THE YEAR ENDED JUNE 30, 2014

The Audit Committee oversees how management monitors compliance with the Company's risk management policies and procedures and reviews the adequacy of the risk management framework in relation to the risks faced by the Company. The Audit Committee is assisted in its oversight role by Internal Audit. Internal Audit undertakes both regular and adhoc reviews of risk management controls and procedures, the results of which are reported to the Audit Committee.

37.1 Credit risk

Credit risk is the risk of financial loss to the Company if a customer or counterparty to a financial instrument fails to meet its contractual obligations. The Company manages credit risk in trade debts by limiting significant exposure to the customers not having good credit history. Furthermore, the Company has credit policy in place to ensure that services are rendered to customers with an appropriate credit history.

The Company is also exposed to credit risk from its operating and short term investing activities. The Company's credit risk exposures are categorised under the following headings:

37.1.1 Counterparties

The Company conducts transactions with the following major types of counterparties:

Trade debts

Trade debts are essentially due from government companies/institutions, private companies (panel companies) and individuals to whom the Company is providing medical services. Normally the services are rendered to the panel companies on agreed rates and limits from whom the Company does not expect any inability to meet their obligations. The Company manages credit risk in trade debts by limiting significant exposure to the customers not having good credit history. Furthermore, the Company has credit policy in place to ensure that services are rendered to customers with an appropriate credit history.

The Company establishes an allowance for impairment that represents its estimate of incurred losses in respect of trade debts. This allowance is based on the management's assessment of a specific loss component that relates to individually significant exposures.

Cash and investments

The Company limits its exposure to credit risk by investing in liquid securities and maintaining bank accounts only with counterparties that have a credit rating of at least A3 and BBB. Given these credit ratings, management does not expect any counterparty to fail to meet its obligations.

37.1.2 Exposure to credit risk

The carrying amount of financial assets represents the maximum credit exposure. The maximum exposure to credit risk at the reporting date was:

	2014	2013
	----- (Rupees in '000') -----	
Long term deposits	38,167	27,089
Trade debts	343,029	337,976
Loans and advances	38,074	28,132
Trade deposits	2,560	2,560
Markup accrued	1,113	552
Other financial assets	101,235	102,011
Bank balances	441,072	653,401
	<u>965,250</u>	<u>1,151,721</u>

Notes to the Financial Statements

FOR THE YEAR ENDED JUNE 30, 2014

The maximum exposure to credit risk for trade debts at the reporting date by type of customer was:

	2014	2013
	----- (Rupees in '000') -----	
Government companies	77,374	91,216
Private companies	101,186	127,737
Individuals	157,549	91,443
Related parties	4,670	21,517
Others	2,250	6,063
	<u>343,029</u>	<u>337,976</u>

37.1.3 Impairment losses

The aging of trade debts at the reporting date was:

	2014		2013	
	Gross debts	Impaired	Gross debts	Impaired
	----- (Rupees in '000') -----			
Not past due	168,704	-	153,958	-
1 - 4 months	104,339	-	100,493	-
5 - 7 months	12,098	605	12,308	615
8 - 12 months	52,962	1,804	68,215	2,901
13 - 18 months	75,656	68,321	41,972	35,454
19 - 23 months	23,925	23,925	6,816	6,816
	<u>437,684</u>	<u>94,655</u>	<u>383,762</u>	<u>45,786</u>

The movement in the allowance for impairment in respect of trade debts during the year was as follows:

	Note	2014	2013
		----- (Rupees in '000') -----	
Balance at beginning of year		45,786	34,049
Provision made during the year		48,869	12,601
Less: bad debts written off		-	864
Balance at end of year	18	<u>94,655</u>	<u>45,786</u>

The allowance account in respect of trade debts is used to record impairment losses where the Company is satisfied that no recovery of the due amount is possible, at that point the amount considered irrecoverable is written off against the financial asset.

37.1.4 The Company believes that no impairment allowance is necessary in respect of loan and advances, accrued markup, deposits and other financial assets as the recovery of such amounts is possible.

37.2 Liquidity risk

Liquidity risk is the risk that the Company will not be able to meet its financial obligations as they fall due. The Company's approach to managing liquidity is to ensure, as far as possible, that it will always have sufficient liquidity to meet its liabilities when due, under both normal and stressed conditions, without incurring unacceptable losses or risking damage to the Company's reputation. For this purpose the Company has credit facilities as mentioned in notes 7, 11 and 32 to the financial statements. Further liquidity position of the Company is monitored by the Board through budgets, cash flow projections and comparison with actual results.

Notes to the Financial Statements

FOR THE YEAR ENDED JUNE 30, 2014

Following is the maturity analysis of financial liabilities:

	Carrying amount	Six months or less	Six to twelve months	One to two years	Two to five years	Above five years
----- (Rupees in '000) -----						
2014						
Long term financing	1,504,500	171,167	166,667	666,667	500,000	-
Trade and other payables	1,100,711	1,100,711	-	-	-	-
Mark up accrued	1,458	1,458	-	-	-	-
Short term running finance - secured	39,675	39,675	-	-	-	-
	<u>2,646,344</u>	<u>1,313,011</u>	<u>166,667</u>	<u>666,667</u>	<u>500,000</u>	<u>-</u>
2013						
Long term financing	1,739,500	25,833	44,167	817,833	851,667	-
Trade and other payables	862,142	862,142	-	-	-	-
Mark up accrued	5,761	5,761	-	-	-	-
	<u>2,607,403</u>	<u>893,736</u>	<u>44,167</u>	<u>817,833</u>	<u>851,667</u>	<u>-</u>

37.3 Market risk

Market risk is the risk that changes in market prices, such as foreign exchange rates, markup rates and equity prices will affect the Company's income or the value of its holdings of financial instruments. The objective of market risk management is to manage and control market risk exposures within acceptable parameters, while optimizing the return on risk. The Company is exposed to currency and mark up rate risk.

37.3.1 Foreign currency risk

Exposure to foreign currency risk

Foreign currency risk arises mainly where receivables and payables exist due to transactions with foreign undertakings and cash in foreign currency bank account. The transactions and balances in foreign currency are very nominal therefore the Company's exposure to foreign currency risk is very minimal. The Company's exposure to foreign currency risk is as follows:

	2014 ----- (Rupees in '000') -----	2013 ----- (Rupees in '000') -----	2014 ----- (US\$ in '000') -----	2013 ----- (US\$ in '000') -----
Bank balances	271	823	3	8
Letter of credit (US \$)	(41,051)	(22,292)	(416)	(226)
Letter of credit (Euro)	-	(1,217)	-	(9)
	<u>(40,780)</u>	<u>(22,686)</u>	<u>(413)</u>	<u>(227)</u>

The following significant exchange rates applied during the year:

	Average rate		Closing rate	
	2014	2013	2014	2013
----- (Rupees) -----				
US \$ 1	102.89	96.80	98.75	98.80
Euro 1	-	124.20	-	129.11

Notes to the Financial Statements

FOR THE YEAR ENDED JUNE 30, 2014

Foreign currency sensitivity analysis

A 10 percent variation of the PKR against the US \$ and Euro at June 30 would have effected equity and profit or loss by the amounts shown below. This analysis assumes that all other variables, in particular markup rates, remain constant.

	Change in Foreign Exchange Rates %	Effect on Profit (Rupees)	Effect on Equity (Rupees)
2014			
Foreign currencies	+10%	(4,078)	(4,078)
Foreign currencies	-10%	4,078	4,078
2013			
Foreign currencies	+10%	(2,269)	(2,269)
Foreign currencies	-10%	2,269	2,269

37.3.2 Markup rate risk

The markup rate risk is the risk that the fair value or future cash flow of a financial instrument will fluctuate due to changes in the market markup rates. Sensitivity to markup rate risk arises from mismatches of financial assets and liabilities that mature in a given period. The Company's exposure to the risk of changes in market markup rates relates primarily to Company's long term debt obligations with floating markup rates.

The Company analyses its markup rate exposure on a dynamic basis. Various scenarios are simulated taking into consideration refinancing, renewal of existing positions, alternative financing. Based on these scenarios, the Company calculates the impact on profit and loss of a defined markup rate shift. For each simulation, the same markup rate shift is used for all currencies. The scenarios are run only for liabilities that represent the major markup-bearing positions.

The Company adopts a policy to ensure that markup rate risk is minimized by investing its surplus funds in fixed rate investments like TDRs.

Profile

At the reporting date the markup rate profile of the Company's markup-bearing financial instruments is:

	Note	2014 ----- (Rupees in '000') -----	2013 -----
Financial assets			
Other financial assets	21	101,235	102,011
Bank balances	23	401,927	599,691
		503,162	701,702
Financial liabilities			
Long term financing	7	1,504,500	1,739,500
Short term running finance - secured	11	39,675	-
		(1,041,013)	(1,037,798)

The effective markup rates for the financial assets and liabilities are mentioned in respective notes to the financial statements.

Markup rate sensitivity analysis

If markup rates had been 50 basis points higher / lower and all other variables were held constant, the Company's profit for the year ended June 30, 2014 would decrease / increase by Rs. 8,389 thousand (2013: decrease / increase by Rs. 8,013 thousand). This is mainly attributable to the Company's exposure to markup rates on its variable rate borrowings.

37.4 Fair value of financial instruments

Fair value is the amount for which an asset could be exchanged, or a liability settled, between knowledgeable willing parties in an arms length transaction. The carrying values of all financial assets and liabilities reflected in the financial statements approximate their fair values except investment held to maturity which are carried at amortized cost.

Notes to the Financial Statements

FOR THE YEAR ENDED JUNE 30, 2014

37.5 Capital management

The Company's objectives when managing capital are to safeguard the Company's ability to continue as a going concern so that it can continue to provide returns for shareholders and benefits for other stakeholders and to maintain a strong capital base to support the sustained development of its business. In order to maintain or adjust the capital structure, the Company may adjust the amount of dividend to ordinary shareholders. There were no changes to the Company's approach to capital management during the year.

37.5.1 Debt-to-adjusted capital ratio

The Company monitors capital on the basis of the debt-to-adjusted capital ratio. This ratio is calculated as net debt divided by adjusted capital. Net debt is calculated as total debt (as shown in the balance sheet) less cash and cash equivalents. Adjusted capital comprises all components of equity (i.e. share capital, share premium, and unappropriated profit) and includes some forms of subordinated debt. The debt-to-adjusted capital ratios as at June 30 were as follows:

	Note	2014 ----- (Rupees in '000') -----	(Restated) 2013
Total debt	7 & 11	1,544,175	1,739,500
Less: Cash and cash equivalents	36	510,612	763,546
Net debt		1,033,563	975,954
Total equity		1,889,398	1,587,386
Adjusted capital		2,922,961	2,563,340
Net debt-to-adjusted capital ratio		0.35	0.38

The decrease in the debt-to-adjusted capital ratio during the current year resulted primarily due to decrease in debt and increase in equity.

38 GENERAL

38.1 Corresponding figures, wherever necessary, have been rearranged and reclassified for the purposes of comparison and better presentation. However, these are not considered material enough to be disclosed separately.

38.2 Figures have been rounded off to the nearest one thousand Pak Rupees unless otherwise stated.

39 EVENTS AFTER BALANCE SHEET DATE

The Board of Directors in their meeting held on September 20, 2014 have proposed a final dividend of Rs. 3 per share.

40 DATE OF AUTHORIZATION FOR ISSUE

These financial statements have been authorized for issue by the Board of Directors of the Company on September 20, 2014.


CHAIRMAN


CHIEF EXECUTIVE


CHIEF FINANCIAL OFFICER

Pattern of Shareholding

AS AT JUNE 30, 2014

Number of Shareholders	Size of holding of shares		Total shares held
	From	To	
75	1	100	2,971
1,294	101	500	636,299
267	501	1,000	256,776
250	1,001	5,000	607,634
88	5,001	10,000	758,591
43	10,001	15,000	515,856
35	15,001	20,000	654,459
15	20,001	25,000	340,846
16	25,001	30,000	444,372
15	30,001	35,000	486,809
11	35,001	40,000	427,667
4	40,001	45,000	168,120
9	45,001	50,000	437,162
6	50,001	55,000	311,305
5	55,001	60,000	292,010
2	60,001	65,000	124,650
3	65,001	70,000	205,000
3	70,001	75,000	219,772
5	75,001	80,000	396,390
3	80,001	85,000	247,510
2	85,001	90,000	174,970
1	90,001	95,000	94,446
15	95,001	100,000	1,500,000
3	100,001	105,000	304,322
1	105,001	110,000	107,012
1	110,001	115,000	113,600
1	115,001	120,000	115,210
5	120,001	125,000	618,710
3	125,001	130,000	380,425
2	130,001	135,000	266,890
4	135,001	140,000	548,562
1	140,001	145,000	142,630
1	145,001	150,000	146,000
1	150,001	155,000	152,230
1	155,001	160,000	159,600
1	160,001	165,000	161,040
1	165,001	170,000	168,800
1	170,001	175,000	170,300
1	175,001	180,000	177,000
1	190,001	195,000	190,229
1	195,001	200,000	200,000
2	200,001	205,000	408,855
1	205,001	210,000	207,625
1	215,001	220,000	219,755
1	225,001	230,000	226,154
1	230,001	235,000	234,911
1	235,001	240,000	238,110
1	240,001	245,000	243,840

Number of Shareholders	Size of holding of shares		Total shares held
	From	To	
2	265,001	270,000	535,560
1	275,001	280,000	279,799
1	285,001	290,000	285,436
1	295,001	300,000	300,000
4	300,001	305,000	1,208,002
1	305,001	310,000	306,800
1	310,001	315,000	313,650
1	320,001	325,000	320,060
1	335,001	340,000	335,810
2	345,001	350,000	697,260
1	350,001	355,000	354,370
1	390,001	395,000	392,000
1	415,001	420,000	415,304
1	430,001	435,000	433,400
1	435,001	440,000	440,000
1	440,001	445,000	442,900
1	450,001	455,000	452,850
1	455,001	460,000	459,320
1	475,001	480,000	476,000
2	500,001	505,000	1,003,278
2	515,001	520,000	1,030,937
1	540,001	545,000	544,927
1	545,001	550,000	550,000
2	555,001	560,000	1,113,448
1	745,001	750,000	746,951
1	795,001	800,000	800,000
1	950,001	955,000	953,961
1	1,235,001	1,240,000	1,239,000
1	1,245,001	1,250,000	1,250,000
1	1,360,001	1,365,000	1,363,250
1	1,580,001	1,585,000	1,584,627
1	1,635,001	1,640,000	1,637,832
1	1,885,001	1,890,000	1,885,205
1	2,220,001	2,225,000	2,223,837
1	3,455,001	3,460,000	3,457,343
1	5,475,001	5,480,000	5,475,258
2,249			50,513,800

Categories of shareholders	Number	Shares held	Percentage
INDIVIDUAL	2,213	40,675,157	80.523
FINANCIAL INSTITUTION	1	10,400	0.021
JOINT STOCK COMPANY	16	257,300	0.509
OTHERS	19	9,570,943	18.947
Total	2,249	50,513,800	100.000

Disclosure in Connection with the Pattern of Shareholding as Required by the Code

Categories of shareholders	Number	Shares held	Percentage
Directors, Chief Executive Officer, and their spouses and minor children *	11	9,959,721	19.717
Associated Companies, Undertakings and related parties **	02	8,255,543	16.343
Banks, Development Financial Institutions, Non Banking Financial Institutions	1	10,400	0.021
Share holders holding 5 % or more voting interest ***	2	11,256,547	22.284
Joint Stock Companies	16	257,300	0.509
Executives	12	96,400	0.191

* No. of Shares held by Directors, CEO and their spouses

Dr. Manzoor H. Qazi	954,961	1.890
Dr. Habib-Ur-Rahman	442,900	0.877
Mrs. Shahida Rahman W/o Dr. Habib-Ur-Rahman	12,150	0.024
Mr. Muhammad Zahid	400,072	0.792
Dr. Abdul Razaq	533,400	1.056
Dr. Mohammad Salim Khan	226,154	0.448
Dr. Saeed A. Bajwa	303,380	0.601
Mr. Shafquat Ali Chaudhary	1,637,832	3.242
Shah Naveed Saeed	12,530	0.025
Mr. Qasim Farooq Ahmad	1,878,890	3.720
Dr. Samea Kauser Ahmad	3,557,452	7.043

** Shares held by related parties

Shifa Foundation	556,448	1.102
Tameer-e-Millat Foundation	7,699,095	15.242

*** Shareholders with 5 % or more voting interest

Dr. Samea Kauser Ahmad	3,557,452	7.043
Tameer-e-Millat Foundation	7,699,095	15.242

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Form of Proxy

28th Annual General Meeting
Shifa International Hospitals Ltd

I/We _____

of _____

being a member of Shifa International Hospitals Ltd. (Folio No./CDC A/c No. _____)

No. of Shares _____) hereby appoint _____

of _____ Folio No./CDC A/c No. (_____)

or failing him/her _____

of _____ Folio No./CDC A/c No. _____

who is a member of the Company as my/our proxy in my/our absence to attend and vote for me/us and on my/our behalf at the 28th Annual General Meeting of the Company to be held at 1100 hours on Saturday, October 25, 2014, and at any adjournment thereof.

As witness my hand this _____ day of _____ 2014

Signed by the said _____

**Revenue
Stamp**

(Signature must agree with the
SPECIMEN signature
registered with the Company)

Witnesses:

1 Signature _____

Name _____

Address _____

CNIC/Passport No. _____

1 Signature _____

Name _____

Address _____

CNIC/Passport No. _____

Important:

1. This form of Proxy, duly completed, signed and stamped must be deposited at the Company's Registered Office, Sector H-8/4 Islamabad, not less than 48 hours before the time of holding the meeting.
2. If a member appoints more than one proxy and more than one instruments of proxy are deposited by a member with the Company, all such instruments of proxy shall be rendered invalid.
3. CDC account holder, sub account holder/shareholder may appoint proxy and the proxy must produce attested copy of his/her CNIC or original passport at the time of attending the meeting.

AFFIX
CORRECT
POSTAGE

The Company Secretary
Shifa International Hospitals Limited
Sector H-8/4, Islamabad,
Pakistan



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International
Hospitals Ltd.

Sector H-8/4, Islamabad, Pakistan.
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